Baker's Cocoa

stands all tests of laboratory and home. It is pure, it is delicious, it is healthful.

Walter Baker & Co. Ltd.
ESTABLISHED 1780 DORCHESTER, MASS

Canadian Farmers Profit From Wheat

The war's devastation of European crops has caused an unusual demand for grain from the American Continent. The people of the world must be fed and wheat near $2 a bushel offers great profits to the farmer. Canada's invitation is therefore especially attractive. She wants settlers to make money and happy, prosperous homes for themselves by helping her raise immense wheat crops.

You can get a Homestead of 160 acres FREE and other lands at remarkably low prices. During many years Canadian wheat fields have averaged 20 bushels to the acre many yields as high as 45 bushels to the acre. Wonderful crops also of **Oats, Barley and Flax.**

Mixed farming as profitable an industry as grain raising. The excellent grasses full of nutrition are the only food required for beef or dairy purposes. Good schools, churches, markets convenient, climate excellent.

Military service is not compulsory in Canada, but there is an extra demand for farm labor to replace the many young men who have volunteered for the war. The Government is urging farmers to put extra acreage into grain. Write for literature and particulars as to reduced railway rates to Supt. of Immigration, Ottawa, Canada, or

W. S. NETHERY, Room 82, Interurban Sta. Bldg., Columbus, O.

Canadian Government Agent

Queer Preference.

"It is very odd that baldheaded men always want to sit in the front at the theater."

"Yes, one would think they'd want to get further away from the flies."

"CASCARETS" ACT ON LIVER; BOWELS

No sick headache, biliousness, bad taste or constipation by morning.

Get a 10-cent box.

Are you keeping your bowels, liver, and stomach clean, pure and fresh with Cascarets, or merely forcing a passageway every few days with Salts, Cathartic Pills, Castor Oil or Purgative Waters?

Stop having a bowel wash-day. Let Cascarets thoroughly cleanse and regulate the stomach, remove the sour and fermenting food and foul gases, take the excess bile from the liver and carry out of the system all the constipated waste matter and poisons in the bowels.

A Cascaret to-night will make you feel great by morning. They work while you sleep—never gripe, sicken or cause any inconvenience, and cost only 10 cents a box from your store. Millions of men and women take a Cascaret now and then and never have Headache, Biliousness, Coated Tongue, Indigestion, Sour Stomach or Constipation. Adv.

Getting Her Own Back.

"So the lawyers got about all of the estate. Did Edith get anything?"

"Oh, yes; she got one of the lawyers."

To Make Dirty Water Clean.

When we started for our trip to Mt. Kilimanjaro I had told Jeremiah, one of our African boys, to fix six barrels with water and have it clean. But when I opened the first barrel, it was covered with soapsuds, I asked the boy what was wrong with the water. He said: "Very clean water, master. I put soap in every barrel to make it clean." So we drank soapsuds all the way.—Peter MacQueen in World Outlook.

Important to Mothers

Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it

Bears the Signature of Chas. H. Fletcher

In Use for Over 30 Years.

Children Cry for Fletcher's Castoria

Opposed to Woman's Rights.

Patience—You say she's an anti-suffragist?

Patrice—Indeed, she is.

"Doesn't believe in woman's rights?"

"No, and her prejudice goes to such a length that on Christmas eve she'll never hang up any but the left stocking."

Some folks think that castor oil should follow a dose of Vermifuge. Not so with Dr. Peery's "Dead Shot." A single dose not only eradicates Worms or Tapeworm, but tones up the digestion as well. Adv.

All Rich.

"I understand Mr. Granerby has a great many wealthy patients."

"Yes, indeed. Why he thinks nothing of ordering ten or fifteen to Palm Beach in the course of a single day."

Indigestion produces disagreeable and sometimes alarming symptoms. Wright's Indian Vegetable Pills stimulate the digestive processes to function naturally. Adv.

One out of four Australians has a substantial bank account.

TO LIVE LONG!

A recipe given by a famous physician for long life was: "Keep the kidneys in good order! Try to eliminate thru the skin and intestines the poisons that otherwise clog the kidneys. Avoid eating meat as much as possible; avoid too much salt, alcohol, tea. Try a milk and vegetable diet. Drink plenty of water, and exercise so you sweat—the skin helps to eliminate the toxic poisons and uric acid."

For those past middle life, for those easily recognized symptoms of inflammation, as backache, scalding "water," or if uric acid in the blood has caused rheumatism, "rusty" joints, stiffness, get Anuric at the drug store. This is a wonderful eliminator of uric acid and was discovered by Dr. Pierce of Invalids' Hotel, Buffalo, N. Y. If your druggist does not keep it send 10 cents to Dr. Pierce for trial package and you will find that it is many times more potent than lithia and that it dissolves uric acid as hot water does sugar.

NOTHING STANDS AS HIGH, as a remedy for every womanly ailment, as Dr. Pierce's Favorite Prescription. It's the *only* medicine for women certain in its effects.

"Favorite Prescription" is an invigorating, restorative tonic, a soothing and strengthening nervine, and a complete cure for all the functional derangements, painful disorders, and chronic weaknesses peculiar to the sex.

For young girls just entering womanhood; for women at the critical time; nursing mothers; and *every* woman who is "run-down," tired or overworked—it is a special, safe, and certain help.

Dr. Pierce's Pleasant Pellets regulate and invigorate stomach, liver and bowels. Sugar-coated, tiny granules, easy to take as candy.

How to preserve health and beauty is told in Doctor Pierce's Common Sense Medical Adviser. It is *free*. Send Dr. Pierce, Buffalo, N. Y., four dimes, or stamps, to cover wrapping and mailing.

Ten Minute Classics

Famous Tales and Legends Told in Brief Form

Literature's Finest Story of England's Greatest Sea Fight

By J. W. MULLER

Copyright by J. W. Muller

Land's End, the Lizard, the Needles, Portsmouth, Calais, Dunkirk, the North sea and the Orkneys—all the places that figure today in the submarine and other naval news of the two huge watching sea powers, figure thrillingly in the last and greatest scene of Charles Kingsley's famous sea story, "Westward Ho!"

When Don Guzman Maria Magdalena Sotomayor de Soto won and carried away from Devon, Rose Salterne, whom all the young blades called the Rose of Torridge, Amyas Leigh of Bideford swore a great oath. He swore that he would kill the Spanish grandee, though he hunted him around the earth's globe and though a thousand times a thousand salt tides should pass before he found him.

He sailed his tall ship Rose to the Spanish Main and failed to meet his foe. But he left the ship's bones there with those of his brother, and he returned home knowing that Rose was dead in Venezuela. It made his hatred all the more black, seeing that there was little left to him except that hatred.

He prayed often thereafter—an awful prayer. It was that Don Guzman might not die before they met.

A wild joy was his when one day Sir Richard Grenville stormed into his house and brought news that a great Armada of Spain was sailing toward the coast of England to break the island kingdom forever.

He sailed out of Bideford into the Bristol channel and around Land's End up the English channel to Plymouth, where were gathered ships of Francis Drake, John Hawkins, Frobisher, Raleigh and a dozen more of Queen Elizabeth's Spain-hating gentlemen-adventurers. None hated Spain more than did the crew of Amyas Leigh's ship, the Vengeance.

They waited till the Armada was spied sweeping up Channel past the Lizard in formation half-moon-wise and full seven miles from wing to wing.

Then they put out.

They banged and ran away and banged and fled again, their little ships hanging to the Spaniard's high seacastles as snapping whippets might hang to a herd of Andalusian bulls.

They shuffled the huge fleet past Plymouth and down the coast to Portsmouth. From the Needles poured English ship after ship to join the fight that shook the white chalk cliffs. Past Brighton cliffs, Beachy head, Hastings and Dungeness it roared with clouds of sulphur smoke and vast painted silk banners shining high above.

The Vengeance was in the press of it. Amyas Leigh was at the helm, and by his side fierce old Salvation Yeo, who had been with John Oxenham at Panama and had only one wish in all the world—to pay back the Spaniards for hanging that beloved captain.

Through smoke and bangings and battles, now of single ships, now of confused squadrons, these two steered the Vengeance ever again toward one Spanish ship, a great galleon whose banners flaunted the bright coat-of-arms of De Soto. And Don Guzman was not remiss. Shining in silvery mail, his brave figure stood on the poop, beckoning to Amyas Leigh with a hungry sword.

The sea-fight drove down on Calais, and toward yellow Dunkirk sands, and of a sudden northward and out into the North sea. Then the English fleet knew that the great Armada was running. Past Yarmouth and the mouth of the Humber and Flamborough head they drove the fleeing ships. The Scottish coast came in sight. My Lord Thomas Howard hung to them and drove them beyond the tempting shelter of the Firth of Forth.

Once past there, it was all over. The avalanche that was to overwhelm England had melted helplessly and pitiably away.

One by one the English ships dropped off, to pillage prizes or carry them into port. At last only one ship remained in chase. It was the Vengeance, and the ship she chased was the galleon Santa Catherine—shottorn, gale-battered, her gold tarnished and her bright silken banners ragged, but unbeaten still and commanded still by the undaunted Don Guzman.

They raced around Scotland and the Orkneys. Then the Vengeance forced him south again, down between the Hebrides and Scotland and past the Isle of Skye, whose wild inhabitants howled with glee. Into the Irish sea they raced, and southward past Holyhead into Cardigan bay. Four times they fought, and still Don Guzman evaded a grapple. So on the sixteenth day of the chase the two came around St. David's head and into the opening of Amyas Leigh's own Bristol channel.

They turned eastward—toward home, the home whence the Spaniard had taken the Rose of Torridge. Amyas Leigh exulted that his revenge should be so finely staged. But one on board said: "Eastward Ho never brought us luck!" and at that moment a tearing squall broke from a long, black cloud.

The two ships were wrapped in a gray whirlwind as they staggered helplessly to lee. "Can you see the chase?" yelled Amyas, and then: "Hurrah!"

There was the Santa Catherine, flying with splitten canvas.

"Range alongside, though it blow live imps and witches!" bellowed Amyas.

Salvation Yeo leaped to the helm. "Port! For the love of God, port your helm!"

Amyas and Yeo leaned to the helm like yoked steers. The Vengeance careened, but she swung around. Within two hundred yards was the Spaniard, and in front of him loomed a huge, dark mass that was not rain or cloud.

"Lundy!" screamed Yeo. "The Isle of Lundy! Hard aport, and may the Lord have mercy on us! Look at the Spaniard!"

Between them and the wall of granite the galleon loomed dimly, struggled to obey her helm, fell away, and rushed to her doom.

"Lost! Lost!" cried Amyas Leigh, madly. He hurled his sword far into the sea. "Shame! To lose my right, my right! When it was in my very grasp! Unmerciful!"

A crack rent the sky. There was a world of bright flame against which stood out every mast and sail, the sinking galleon and Salvation Yeo, bright and fearful, the tiller in his hand. Then Salvation Yeo dropped dead on deck and utter darkness fell—a black, black night that never lifted again for Amyas Leigh of Devon. The great flash of lightning had struck him blind.

It is not too much to say that this story, written by a churchman, is one of the very finest sea stories ever produced in any language or in any age. Whoever has followed the course of the Spanish Conquistadores and their English enemies over the Spanish Main, bears witness not only to the beauty of Charles Kingsley's descriptions of Caribbean tropics, but to their wonderful accuracy. Yet Kingsley never saw the American tropics until 1870, and he wrote "Westward Ho!" in 1855. He got almost all his material from Hakluyt and English histories; but he had the imagination of genius, whose mark is that in its farthest flight it still grips undeviatingly at the truth.

ONLY NOBLES AND PEASANTS

Russia a Country Where There Is No Middle Class, as in the Rest of Europe.

Contrary to the laws existing in England and Sweden, in Russia when a lady belonging to a titled family marries a Russian gentleman without a title she takes her husband's name entirely, and the only right left to her of her former title is to write on her visiting cards and official papers, "Mrs So-and-So, born Princess, Countess or Baroness So-and-So." Her children are called by their father's name. There are only a few exceptions to this rule, according to London Tit-Bits.

In Russia no middle class or gentry are known. There are only nobles and peasants. The czar, however, grants sometimes for special merit the right to be styled a nobleman, and also for the same reason the titles of count and baron, and occasionally that of prince.

All those merchants who have kept firms flourishing for a hundred years have the right to receive the title of baron. This law was made by Peter the Great over 200 years ago, but the merchants very seldom accept this German title and generally decline the privilege.

In former days when the peasants were still slaves they had no family names, but were called by their father's Christian name. Peter's son was called son of Peter—in Russian Petrov. So also Smirnov—Simon's son; Ivanov—Ivan's (John) son; and so on. When slavery was abolished and the emancipation proclaimed by the Emperor Alexander II, they all kept these names. Since then many of them have received the right to belong to the class of nobles.

The Russian clergy, belonging to the class of peasants, for it very seldom happens that nobles become priests, have special family names. Their names mean always a feast day, or a precious stone, or something connected with the church. In former days the clergy was a class apart, and a son of a clergyman was bound to be a clergyman, and when they first entered the church they chose a name for themselves.

Different View.

"Did you see where they arrested a motorist because he wasn't lit up?"

"And they arrested me because I was."

Comparative Ease.

"Why did you enlist, John, and go into all this fighting and danger?"

"Sure, I did it to get some peace and comfort in me life."

THOUSANDS HAVE KIDNEY TROUBLE AND DON'T KNOW IT

Weak and unhealthy kidneys cause so much sickness and suffering and when through neglect or other causes, kidney trouble is permitted to continue, serious results may be expected.

Your other organs may need attention—but your kidneys should have attention first because their work is most important

If you feel that your kidneys are the cause of your sickness or run down condition commence taking Dr. Kilmer's Swamp-Root, the great kidney, liver and bladder remedy because if it proves to be the remedy you need and your kidneys begin to improve they will help all the other organs to health.

Prevalency of Kidney Disease.

Most people do not realize the alarming increase and remarkable prevalency of kidney disease. While kidney disorders are among the most common diseases that prevail, they are almost the last recognized by patients, *who usually content themselves with doctoring the effects*, while the *original disease* constantly undermines the system.

A Trial Will Convince Anyone.

Thousands of people have testified that the mild and immediate effect of Swamp-Root, the great kidney, liver and bladder remedy, is soon realized and that it stands the highest for its remarkable results in the most distressing cases.

Symptoms of Kidney Trouble.

Swamp-Root is not recommended for everything but if you suffer from annoying bladder troubles, frequently passing water night and day, smarting or irritation in passing, brick-dust or sediment, headache, backache, lame back, dizziness, poor digestion, sleeplessness, nervousness heart disturbance due to bad kidney trouble, skin eruptions from bad blood, neuralgia, rheumatism, lumbago, bloating, irritability, worn-out feeling, lack of ambition, may be loss of flesh or sallow complexion, kidney trouble in its worst form may be stealing upon you.

Swamp-Root is Pleasant to Take.

If you are already convinced that Swamp-Root is what you need, you can purchase the regular fifty-cent and one-dollar size bottles at all drug stores.

SPECIAL NOTE—You may obtain a sample size bottle of Swamp-Root by enclosing ten cents to Dr. Kilmer & Co., Binghamton, N. Y. This gives you the opportunity to prove the remarkable merit of this medicine. They will also send you a book of valuable information, containing many of the thousands of grateful letters received from men and women who say they found Swamp-Root to be just the remedy needed in kidney, liver and bladder troubles. The value and success of Swamp-Root are so well known that our readers are advised to send for a sample size bottle. Address Dr. Kilmer & Co., Binghamton, N. Y. When writing be sure and mention this paper.

SPOHN'S DISTEMPER COMPOUND

Puts a ... Stop to all Distemper

CURES THE SICK

And prevents others having the disease no matter how exposed. **50 cents and $1 a bottle, $5 and $10 a dozen bottles.** All good druggists and turf goods houses.

SPOHN MEDICAL CO.,
Chemists and Bacteriologists, Goshen, Ind., U. S. A.

Proving His Metal.

"The trouble with you, Gadspur, is that you are too easily discouraged," remarked his friend, Glithers.

"I don't think so," answered Gadspr. "For instance, yesterday I wanted to borrow the small sum of ten dollars."

"Yes?"

"I delivered a neat little speech to exactly twelve people before I got the money. That strikes me as xtraordinary perseverance."

GIRLS! GIRLS! TRY IT, BEAUTIFY YOUR HAIR

Make It Thick, Glossy, Wavy, Luxuriant and Remove Dandruff—Real Surprise for You.

Your hair becomes light, wavy, fluffy, abundant and appears as soft, lustrous and beautiful as a young girl's after a "Danderine hair cleanse." Just try this—moisten a cloth with a little Danderine and carefully draw it through your hair, taking one small strand at a time. This will cleanse the hair of dust, dirt and excessive oil and in just a few moments you have doubled the beauty of your hair.

Besides beautifying the hair at once, Danderine dissolves every particle of dandruff; cleanses, purifies and invigorates the scalp, forever stopping itching and falling hair.

But what will please you most will be after a few weeks' use when you will actually see new hair—fine and downy at first—yes—but really new hair—growing all over the scalp. If you care for pretty, soft hair and lots of it, surely get a 25 cent bottle of Knowlton's Danderine from any store and just try it. Adv.

A Pertinent Query.

"Can't you spare me a dime, mister?"

"Not today."

"I hain't had a bite since yesterday."

"Can't help it."

"Why can't yer do a little fer me?"

"I haven't any change."

"No change?"

"That's what I said."

"Den why ther dickens don't yer go to work?"—Boston Evening Transcript.

The occasional use of Roman Eye Balsam at night upon retiring will prevent and relieve tired eyes, watery eyes, and eye strain. Adv.

Idle Curiosity.

"A hotel lobby may be half full of millionaires and no one gives them a second look."

"That's true. This is a prosperous country."

"But let a man enter with a queer piece of baggage in his hands and hundreds of necks are stretched to the limit."

Didn't Need It.

The farm hands were taking turns at the pump for their morning wash. All scrubbed off except the new man.

"Joe," said the boss, "aren't you going to wash up this morning?"

"Shucks!" was the reply. "It don't make me dirty to sleep."—Pathfinder.

An Unsettled Question.

Little Lemuel—Say, paw, does "Hon." in front of a man's name mean that he is honest?

Paw—Sometimes it does, son, and then again sometimes it doesn't.

Dr. Pierce's Pleasant Pellets are the original little liver pills put up 40 years ago. They regulate liver and bowels.—Adv.

One lighted gas jet consumes as much oxygen as five adult persons.

The best jokes told about a man are those he never heard.

Chip Off the Old Block.

"There goes a millionaire who brags about his son to everbody who will listen."

"Evidently the young fellow is not like the average heir to great wealth."

"No, indeed. The old gentleman was trimmed in the stock market last week and when he discovered that his own son had turoned the trick he was the proudest man in the United States."

Making Lessons Mean Something.

Agriculture and domestic science in the schools will mean most to boys and girls when the lessons taught are used in the work on the farm and home.

A bad boy seldom inherits his badness from his father. The old man usually hangs on to all he has.

Ask for and Get
SKINNER'S
THE HIGHEST QUALITY
SPAGHETTI
36 Page Recipe Book Free
SKINNER MFG. CO., OMAHA, U.S.A.
LARGEST MACARONI FACTORY IN AMERICA

If you have a cheap stomach and can not eat what you want without suffering the tortures of dyspepsia, if you have headaches and feel mean all over, if your liver and bowels are on a strike it is up to you to get those organs in proper condition to receive and assimilate food by at once using

Green's August Flower

Which for 51 years has been a favorite household remedy in many thousands of homes for all stomach disorders, acid eructation, nervous indigestion, constipation and biliousness. 25c and 75c sizes at all Druggists and Dealers.

CHILDREN WHO ARE SICKLY

TRADE MARK

Mothers who value the health of their children should never be without **MOTHER GRAY'S SWEET POWDERS FOR CHILDREN,** for use when needed. They tend to Break up Colds, Relieve Feverishness, Worms, Constipation, Headache, Teething disorders and Stomach Troubles.

Don't accept any Substitute. *Used by Mothers for 30 years.* Sold by Druggists everywhere 25 cts. Trial package FREE. Address THE MOTHER GRAY CO., LE ROY, N. Y.

ASTHMA

DR. J. D. KELLOGG'S ASTHMA REMEDY for the prompt relief of Asthma and Hay Fever. Ask your druggist for it. 25 cents and one dollar. Write for FREE SAMPLE. Northrop & Lyman Co., Inc., Buffalo, N.Y.

A Dr. J. D. KELLOGG'S ASTHMA REMEDY

Virginia Farms and Homes
FREE CATALOGUE OF SPLENDID BARGAINS
R. H. CHAFFIN & CO., Inc., Richmond, Va.

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