

# WESTERN CANADA'S CEREAL CROP

### One of the Best Ever Harvested.

The cereal crop of Western Canada for 1917 was the most valuable one ever harvested; the returns from all classes of live stock have been equally satisfactory. The wool clip was not only greater than in any previous year, but the price obtained was double that of 1916, which in turn was almost double that of the year before.

As was the case in 1915 and 1916, many farmers were able to pay for their land outright with the proceeds of their first year's crop. Further evidence of the prosperity of Western Canada is shown by the fact that one in every twenty of the population is now the owner of an automobile. If the farming community alone is taken, it will be found that the proportion of automobile owners is still greater. The bank clearings of the leading cities of Western Canada were consistently higher than they were in the corresponding periods of 1916, and then they were higher than the year preceding. In Winnipeg \$500,000,000 more was cleared in the 11 months ending November 30 than in the same months a year ago.

The entry of the United States into the war has strengthened the bonds between that country and Canada. We are now working together for the same ends. Those who are not fighting are promoting a greater production of foodstuffs. In this connection Western Canada offers a wonderful opportunity. Not only can larger quantities of staple foodstuffs be produced, but the cost of production is lower and the remuneration greater than where land is more expensive. Notwithstanding the fact that the price of farm products has doubled during the past three years, there are millions of acres of arable land in Western Canada which can still be bought at a low price.

Western Canada has an enormous acreage prepared for seeding to wheat in 1918. It is larger than in 1917, and will probably surpass the record area put into crop in the year 1915, when the largest crop ever known in the West was harvested. The year 1918 should also see a further increase in live stock activity.

Farmers have been investing considerable sums in cattle; the high prices secured for wool and mutton have opened the eyes of Western farmers to the possibilities of sheep, and such was the demand for breeding animals last fall that it was impossible to meet it adequately; the campaign for greater hog production is expected to yield an increase of between 25 and 50 per cent in 1918.

Those who are contemplating coming to Western Canada cannot do better than come early in the spring when they can put in a crop and harvest it in the fall. In this way they will be able to achieve something that will not only be of great benefit to themselves, but also to the great cause for which the Allies, including the United States, are now fighting.—Advertisement.

### Two Views.

"Man," chirped the optimist, "is the animal that laughs."  
"And," growled the pessimist, "he has little enough to laugh about at that."

### GREEN'S AUGUST FLOWER

has been a household remedy all over the civilized world for more than half a century for constipation, intestinal troubles, torpid liver and the generally depressed feeling that accompanies such disorders. It is a most valuable remedy for indigestion or nervous dyspepsia and liver trouble, bringing on headache, coming up of food, palpitation of heart and many other symptoms. A few doses of August Flower will immediately relieve you. It is a gentle laxative. Ask your druggist. Sold in all civilized countries.—Adv.

### A Mistake.

"A laboring man has very little choice of occupations."  
"There you are mistaken. He can always take his pick."

**Piles Cured in 6 to 14 Days**  
Druggists refund money if Pazo Ointment fails to cure itching, blind, bleeding or protruding Piles. First application gives relief. See

### An Easy End.

Hi Perkins—As fer me, I want to die rich. I never yet heard of a rich feller being hung or electrocuted.

Coated tongue, vertigo and constipation are relieved by Garfield Tea. Adv.

### Well, Why Not?

"Pa, why do we pray for potatoes?"  
"Why?"  
"Why don't we pray for potatoes?"

### Most Likely One.

"On what ground did she sue him for divorce?"  
"Somewhere in South Dakota, I believe."

It is usually the silly woman who succeeds in duping the wise man.

### PATENTS

Watson E. Coleman, Washington, D.C. Books free. High class references. Best results.

### BRONCHIAL TROUBLES

Soothe the irritation and you relieve the distress. Do both quickly and effectively—by promptly using a dependable remedy—

### PISO'S

# THE KITCHEN CABINET

True bravery is shown by performing without witness what one might be capable of doing before all the world.—La Rochefoucauld.

### SOMETHING TO EAT.

The following is a new recipe which many mothers will enjoy making for the kiddies.



**Clover Leaves.**—Take seven tablespoonsful of butterine, or any fat, a cupful of sugar, a half teaspoonful of salt, two beaten egg yolks, one beaten white, a half teaspoonful of lemon juice and the grated peel, two cupfuls of flour and two tablespoonsful of baking powder. Knead lightly, roll out and cut with a club cutter. Brush the cookies as placed in the pan, brush over the other egg white beaten slightly, sprinkle with chopped almonds and sugar.

**Farina Date Pudding.**—While cooking farina or any of the fine cereals, sweeten and add a cupful of chopped dates. Finish cooking, stir in a teaspoonful of lemon juice and pour into a fancy mold to harden. Let stand until firm and serve with cream and sugar.

**Clam Pie.**—Mix two tablespoonsful of shortening into a quart of flour until it is like meat, adding two tablespoonsful of baking powder, a pinch of salt and ice water to the consistency of pie crust. Roll out and bake like a shortcake. Split butter while hot and turn over the sauce and clams. Scald the clams in their own liquor, strain them out and reserve them. To the broth add a tablespoonful of flour mixed with two of fat, salt and pepper to taste. Return the clams to the sauce, boil up and pour over the shortcake. Oysters may be used in a similar fashion.

**Baked Savory Eggs.**—Cook in the shells as many eggs as there are people to serve. Prepare rounds of toast, butter slightly and put on the platter to be used for serving. Cut the eggs in halves lengthwise, and take out the yolks. Put two halves on each piece of toast. Have ready some bits of tongue finely minced and cream it with the egg yolks, season with salt, pepper and butter and refill each egg white, making it round up in a small mound. Have a cupful of white sauce, thickened and seasoned with tomato catsup. Turn this hot over the toast around the eggs. Serve hot at once.

Many a man gets a reputation for dignity when he really is suffering from a stiff neck.

### GOOD THINGS FOR THE TABLE.

Two or three bunches of green onions, cooked stems and all, and served on toast with a rich white sauce, makes a most tasty dish. Arrange as asparagus is served.

**Sour Cream Omelet.**—Separate the yolks and whites of six eggs, add a teaspoonful of salt and a little pepper, beat thoroughly, add three-fourths of a cupful of sour cream and beat again. Whip the whites stiff, fold into the yolk mixture and pour into the omelet pan with a tablespoonful of hot fat. Cook gently until browned on the bottom, then set in the oven to cook on top. Fold and serve on a hot platter.

**Chicken en Ramekins.**—Take a cupful of diced chicken, add two chopped plimatoes, and a cupful and a half of rich white sauce. Fill buttered ramekins and cover with buttered crumbs, place a whole almond in the center of each dish and brown in a hot oven.

**Mary Pickford's Fried Chicken.**—Dress and quarter two chickens. Beat two eggs, adding two teaspoonfuls of salt and a few dashes of pepper. Dip the chicken first in this, then in flour. Melt a half cupful of sweet fat in a hot pan and when sizzling hot add the chicken, brown well. Slice one onion and sprinkle over the chicken, then cover tight and simmer for one hour. Remove the chicken and add four tablespoonfuls of flour, a pint each of heavy cream and milk. Let it boil up once and season well. Pour over the chicken and serve or serve the gravy in a separate dish.

**Bean Scallop.**—Soak a generous cupful of dried Lima beans over night. Drain off this water in the morning, cover with fresh water with a teaspoonful of salt and simmer well covered four hours, then add three onions cut in slices and cook another hour. Drain off most of the liquor, put into a baking dish, turn in a can of tomatoes, cover the top with buttered crumbs and bake in a moderate oven until the top is well browned.

**Pot Cheese With Chives.**—Wash and cut the chives as fine as possible, then mix with cottage cheese, adding cream from time to time as needed. Make into balls and turn over them a little sweet, thick cream.

**Fruit Salad.**—Cut a half-pound of marshmallows into small pieces. Cut up a few slices of pineapple, two or three bananas and an apple, all mixed with sweetened and flavored whipped cream. Garnish with cherries.

Only what we have brought into our character during life can we take away with us.—Humboldt.

Light is the task when many share the toll.—Homer.

### A PLATE OF PANCAKES.

There are many delectable pancakes with unexpected bits of finely chopped apple or a variety of spices and flavoring to offer a choice to the most exacting palate.

**French or Jelly Pancakes.**—Beat the yolks and whites of three eggs separately. To the yolks add one teaspoonful of sugar and a half teaspoonful of salt and a half cupful of milk. Stir in a half cupful of sifted flour, another half cupful of milk, one tablespoonful of melted fat and lastly the stiffly beaten whites of the eggs. One less egg and one-half a teaspoonful of baking powder may be used. Bake on a hot griddle, making the cakes slightly larger than usual. Spread each cake with jelly and roll while hot. Place on a platter and sprinkle with sugar, with a red-hot wire toaster scorch lines on the sugared cakes. This gives an attractive appearance and a slight flavor of burnt sugar.

**Potato Pancakes.**—Peel, wash and grate the potatoes, drain and to every two cupfuls allow one beaten egg, two tablespoonfuls of flour and sufficient milk to make a stiff batter. Season with salt, pepper and onion juice. Cook in a frying pan in hot fat until well browned on both sides. Serve with meat and gravy.

**Corn Pancakes With Tomato Sauce.**—To each cupful of canned corn, allow one beaten egg, a teaspoonful of melted butter, salt, pepper and sufficient flour and milk to make a batter. The quantities differ, varying as to the moisture of the corn. Fry on a hot griddle and serve with hamburger steak and tomato sauce. Place a round of the hamburger on each cake cover with tomato sauce and serve.

**Layer Pancakes.**—Mix two well-beaten eggs with two cupfuls of milk and add gradually sufficient flour and milk to make a batter. Add a half teaspoonful each of salt and baking powder just before starting to bake the cakes. Make the cakes the size of a dessert plate and spread with butter and maple sugar. Keep hot until five are ready. Arrange like a layer cake and cut in wedge-shaped pieces when serving. With ten or more this makes a nice luncheon dish.

A true diplomat can say something pleasant to a collector, even though he hopes never to see him again.

### ECONOMICAL DISHES.

The following dishes will be found, many of them rather unusual, but worthy a place among the good things.

**Potato Nut Croquettes.**—Mix together in one dish two cupfuls of sweet potatoes cooked and mashed with half a cupful of fresh chopped coconut. In another dish mix a cupful of mashed white potatoes with three tablespoonfuls of finely chopped blanched almonds. Separate the yolks and whites of two eggs, beat the yolks slightly. Form the white potato mixture into small balls using the whites of the eggs, dust with white pepper. Roll the sweet potato mixture moistened with egg yolks around the white balls, forming them with the hands; dust with paprika and roll in finely minced parsley. Fry in deep fat. Drain and paper and serve hot.

**East India Meat Balls.**—Chop a pound of raw beef, two stalks of celery, one small onion, a tablespoonful of finely chopped parsley, a teaspoonful of curry powder, two eggs, a half cupful of boiled rice, salt and cayenne pepper to taste. Make into balls and cook in deep fat. Serve with a border of cooked rice and pour over all a highly seasoned tomato sauce.

**Piquant Cheese Sandwiches.**—Beat three eggs, and a cupful of sweet cream, a tablespoonful of sugar, a little cayenne and a teaspoonful of mustard. Cook over boiling water until thick. Heat three tablespoonfuls of mild vinegar and add it to the cream mixture. Cook a minute then add a pound and a half of rich cheese and four tablespoonfuls of finely chopped green or red peppers with a teaspoonful of salt. Just let the cheese melt. This makes dressing enough to spread several dozen sandwiches.

**Pottage.**—Chop four small onions and cook in two tablespoonfuls of fat until soft and yellow. Add a can of red kidney beans, a can of tomatoes, simmer until soft enough to force through a sieve and when ready to serve add a pinch of soda and thin with hot milk. Season well with salt and pepper.

Bananas browned in a little hot fat or cooked until well heated, then served as a vegetable with steak, makes a most tasty dish.

Nellie Maxwell

# Prayer for Glory of God

By REV. L. W. GOSNELL  
Assistant Dean, Moody Bible Institute, Chicago

TEX—After this manner therefore pray ye: Our Father which art in heaven, hallowed be thy name. Thy kingdom come. Thy will be done in earth as it is in heaven.—Matthew 6:9, 10.

This prayer consists of an invocation, seven petitions and a doxology. The seven petitions may be divided into three, dealing with the glory of God, and four, dealing with the needs of man. This is significant, for three is the number of the Creator and four the number of the creature, while seven is the number of perfection.



The invocation consists of the words, "Our Father which art in heaven." It directly invokes God's aid.

It is a great thing to know God as Father. The heathen do not so know him and even the Old Testament reveals him only as Father of Israel as a nation. Christ has shown us the Father. As Creator, God is the Father of all men; yet Jesus said to some who were children of God in this sense, "Ye are of your father the devil." To pray the Lord's prayer aright we must be born again and thus enabled to cry, "Abba, Father."

Our Father is "in heaven" or, literally, "in the heavens." In the Bible three heavens are recognized. First, there are the atmospheric heavens where the birds fly and the clouds float; our Father is there and holds the dying sparrow. Then, there are the planetary heavens, where the stars burn; our Father governs all this host. Finally, there is the "third heaven," the heaven of heavens, where God dwells in a special sense. If we pray to such a Father, we should be reverent, for he is in heaven and we are on earth; we should be confident, for he is of unlimited power; we should be spiritual in our worship, not confining it to forms or places.

When we say "our" Father, we join in prayer with the whole family of God.

The first petition is, "Hallowed be thy name." The name of God is his revealed character. This is made known in nature, in the Bible and, above all, in Jesus Christ, who said, "He that hath seen me hath seen the Father." The meaning of the petition is given thus by Samuel Rutherford: "We pray that God would make all men know and glorify him in his holy nature, word and works; and that we may glorify him by a holy life, and that his enemies that dishonor him were confounded."

A Story of John Fletcher of Madeley. An example of truly hallowing God's name is found in John Fletcher of Madeley, a leader in early Methodism. He carried with him the very air of heaven. Once, when some friends rode up to his door, he called for refreshment and, after the custom of the day, cake and wine were brought. As he passed the cake he said reverently, "The body of our Lord Jesus Christ," and as he passed the wine, "The blood of our Lord Jesus Christ." It would be sacrilege for most Christians to do that, but it seemed fitting for him, for he did all things to the glory of God.

The second petition is, "Thy kingdom come." The very "come" in the Greek is in a tense which implies a sudden catastrophe, and not a gradual coming. Indeed, as the commentator, H. A. W. Meyer, points out, the petition refers primarily to that kingdom of the Messiah which will be ushered in when the Messiah appears. We usually speak of it as the millennium, when Christ with his glorified church will rule over the redeemed earth.

For the Christian this petition is synonymous with, "Come, Lord Jesus," for the kingdom will come with the king. An American scientist once said to Doctor Kelman of Scotland, "America needs an emperor." Doctor Kelman expressed surprise at such a statement and remarked that America would need an infallible emperor. "Precisely," replied the scientist, "but we know the man and are waiting for him; his name is Jesus." "The thrill of that reply," says Doctor Kelman, "will never leave me."

### The Joy of Doing God's Will.

The final petition is, "Thy will be done." We usually associate this with the thought of trial and our minds revert to Christ's agony and prayer in Gethsemane. But we should not forget his words at the well of Sychar after talking with the sinful woman of Samaria. "My meat is to do the will of him that sent me." Indeed we find the secret of joy only in the will of God, for our hearts were made for him and are restless until they rest in him. In Mr. Moody's room in the Moody Bible Institute hangs a motto, wonderfully illustrated in his own life, "He that doeth the will of God abideth forever."

The phrase, "On earth, as it is in heaven," seems to belong to all three of the petitions. We pray that his name may be hallowed, his kingdom come and his will be done on earth as it is in heaven. Happy day when the prayer is fulfilled!

# YOU NEED NOT SUFFER WITH BACKACHE AND RHEUMATISM

For centuries GOLD MEDAL Haarlem Oil has been a standard household remedy for kidney, liver, bladder and stomach trouble, and all diseases connected with the urinary organs. The kidneys and bladder are the most important organs of the body. They are the filters, the purifiers of your blood. If the poisons which enter your system through the blood and stomach are not entirely thrown out by the kidneys and bladder you are doomed.

Weariness, sleeplessness, nervousness, despondency, backache, stomach trouble, headache, pain in loins, and lower abdomen, gall-stones, gravel, difficulty when urinating, cloudy and bloody urine, rheumatism, sciatica, lumbago, all warn you to look after your kidneys and bladder. GOLD MEDAL Haarlem Oil Capsules are what you need.

They are not a "patent medicine" nor a "new discovery." For 200 years they

have been a standard household remedy. They are the pure, original imported Haarlem Oil your great-grandmothers used, and are perfectly harmless. The healing, soothing oil soaks into the cells and lining of the kidneys and through the bladder, driving out the poisonous germs. New life, fresh strength and health will come as you continue this treatment. When completely restored to your usual vigor, continue taking a capsule or two each day. They will keep you in condition and prevent a return of the disease.

Do not delay a minute. Delays are especially dangerous in kidney and bladder trouble. All reliable druggists sell GOLD MEDAL Haarlem Oil Capsules. They will refund the money if not as represented. In three sizes, sealed packages. Ask for the original imported GOLD MEDAL. Accept no substitutes.



—that's what thousands of farmers say, who have gone from the U. S. to settle on homesteads or buy land in Western Manitoba, Saskatchewan or Alberta is especially attractive. She wants farmers to make money and happy, prosperous homes for themselves by helping her raise immense wheat crops to feed the world.

**You Can Get a Homestead of 160 Acres Free** or other lands at very low prices. Where you can buy good farm land at \$15 to \$30 per acre that will raise 20 to 45 bushels of \$2 wheat to the acre—it's easy to become prosperous. Canadian farmers also grow wonderful crops of Oats, Barley and Flax. Mixed Farming is fully as profitable an industry as grain raising. The excellent grasses, full of nutrition, are the only food required either for beef or dairy purposes. Good schools and churches; markets convenient; climate excellent. Write for literature and particulars as to reduced railway rates to Supt. of Immigration, Ottawa, Canada, or to

W. S. NETHERY, Room 82, Interurban Sta. Bldg., Columbus, O. Canadian Government Agent

### THE AUTO SALVAGE COMPANY, INC.

The largest dealers in America having used parts and new accessories for over 150 makes of cars and offer you 50% to 75% SAVINGS

FREE Write today to our nearest office for our free new catalog listing parts and accessories. It will save you money.

THE AUTO SALVAGE COMPANY, INC. Kansas City, Mo., 1701 Main St. St. Louis, Mo., 2623 Locust St. Cincinnati, Ohio, 314 East 3rd St.

### The Oldest Living Creature.

Among the oldest life forms on the globe is the shellfish, known as the lingula, a specimen of which was taken from Manila bay several years ago. The genus, according to scientists, has remained practically unaltered for more than a hundred million years. With the extraordinary changes of climate and environment since the world began most forms of life with which science is familiar have been transformed or have altogether disappeared since the geologic ages. "That the genus lingula," says the Journal of Heredity, "should have survived for all these ages, and undergone virtually no change, is striking evidence of the fact that the germ plasm, which under some conditions, as in the case of the horse and the dog, is capable of extraordinary variation, is under other conditions remarkably constant."

### "Cold In the Head"

is an acute attack of Nasal Catarrh. Persons who are subject to frequent "colds in the head" will find that the use of HALL'S CATARRH MEDICINE will build up the system, cleanse the blood and render them less liable to colds. Repeated attacks of Acute Catarrh may lead to Chronic Catarrh. HALL'S CATARRH MEDICINE is taken internally and acts through the blood on the Mucous Surfaces of the System. All Druggists Sec. Testimonials free. \$1.00 for any case of catarrh that HALL'S CATARRH MEDICINE will not cure. F. J. Cheney & Co., Toledo, Ohio.

Had Similar Falling. Mistress—It's only fair to warn you, Bridget, that my husband swears a little sometimes. Bridget—That's all right, mum. So do I.—Life.

"Certainly," says the average man, "if all the fools were dead our ideas would soon become universal."

Many Children Are Sickly. Mother Gray's Sweet Powders for Children break up Colic in 24 hours, relieve Feverishness, Headache, Stomach Troubles, Teething Disorders, move and regulate the bowels, and destroy Worms. They are so pleasant to take children like them. Used by mothers for 31 years. All Druggists, Sec. Sample FREE. Address, A. B. Diamond, Le Roy, N. Y.

Justifiable Ignorance. The Newcomer—Did you ever shoot a man? The Old-Timer—Aye. "What did it feel like?" "I donna ken. He never spoke afterwards."—Judge.

Wright's Indian Vegetable Pills contain nothing but vegetable ingredients, which act gently as a tonic and purgative by stimulation and not by irritation. Adv.

The bachelor is the prune of the human family and the spinster is the preserved peach.

When a man sets a good rule of life, often he feels like exhausting the exceptions to prove the rule.

For a disordered liver, take Garfield Tea, the Herb laxative. All druggists. Adv.

Lots of men would rather swindle a fellow man out of a nickel than earn a dollar by honest labor.

When a man pays the price of fame he never gets as much change back as he expected.

The best husker doesn't always make the most racket in the fodder.

### MOTHERS

Keep the family free from colds by using VICK'S VAPORUB!



**For Constipation Carter's Little Liver Pills will set you right over night. Purely Vegetable Small Pill, Small Dose, Small Price**

### Carter's Iron Pills

Will restore color to the faces of those who lack iron in the blood, as most pale-faced people do.

### ABSORBINE

Reduces Strained, Puffy Ankles, Lymphangitis, Puff Swellings, Boils, Swellings; Stops Lameness and allays pain. Heals Sores, Cuts, Bruises, Boot Chafes. It is a SAFE ANTISEPTIC AND GERMICIDE. Does not blister or remove the hair and horse can be worked. Pleasant to use. \$2.50 a bottle, delivered. Describe your case for special instructions and Book 5 R free. ABSORBINE, JR., antiseptic thimble for washed, reduce Strains, Painful, Kneads, Swollen Veins. Concentrated—only a few drops required at an application. Price \$1.25 per bottle at dealers or direct. W. F. YOUNG, P. O. F., 210 Temple St., Springfield, Mass.

W. N. U., CINCINNATI, NO. 5-1918.