

Health and Beauty Hints

BY MRS. MAE MARTYN.

L. E. H.: I don't quite understand what you mean when you say you "do not want to resort to artificial means to preserve your hair." Surely you can have no reasonable objection to using a good quinine hair tonic to stop your hair from coming out. I will give you a recipe for a remedy that works in a perfectly natural way, for it clears the scalp pores, strengthens and gives new life to the hair roots because the way is cleared for healthy growth. Get from your druggist one ounce of quinine, dissolve it in one-half pint of alcohol, then add one-half pint of water. Rub this tonic into the scalp two or three times a week, and it will prevent forming of scale and dandruff and stop your hair from falling out. It is just fine for excessively oily hair. It refreshes and invigorates the scalp, gives up dull and brittle hair, restores natural color, and encourages long, thick, abundant and glossy growth.

P. C.: In your quest for beauty you could use all the complexion powders, creams and lotions on the market, but you will never have a smooth and beautiful complexion as long as you are troubled with indigestion, poor appetite and a sluggish liver. What you really need is a good, cleansing, system tonic to purify your blood, give you an appetite and clear up your skin of pimples, sores and liver blotches. Take before each meal a tablespoonful of a tonic made by dissolving one-half cup of sugar and one ounce of kaffir in one-half pint of alcohol, then adding enough hot water to make a quart. This is a inexpensive tonic that has done wonders for many of my friends in restoring them to good health and good looks.

A. E.: Yes, eye-glasses give any girl the appearance of being older than she really is. Do not wear them until you must. Get an ounce of crystals from your druggist, take it home and dissolve it in a pint of water and you will have an eye tonic that will relieve redness, soreness and inflammation. Drop one or two drops in each eye whenever your eyes feel tired, weak or sore. This tonic strengthens weak sight and makes the eyes clear and bright.

Patience: Your complexion will become clear, pure and refined—the admiration of all who see you, or know you—only when you give it the attention it deserves. Massaging with almond cream-jelly is the best black-head remover and open pore cure I know, so get from your druggist one ounce of almond, dissolve it in a half-pint of cold water, add two teaspoonfuls of glycerine, stir well and let stand over night. Use this daily for massaging and as a face cream. The simplicity of this safe treatment and the speed with which it clears the complexion of blackheads, roughness, redness, etc., are almost beyond belief. Almond makes the flesh firm and fair and the skin soft and satiny.

A. S.: You have my sympathy. I can imagine how embarrassed you feel when you think people are looking at your "mustache." Why don't you try delatone to remove those wild hairs? I have never known it to fail. Just rub a little of the powder with a little water, so as to make a paste. Apply to the surface from which you wish to remove the hairs, let remain two or three minutes, then wipe off the paste and wash the skin thoroughly with warm water. Delatone is rather expensive, and your druggist will charge a dollar for one ounce, but it is much cheaper than electrolysis. Repeat the application of delatone if the hairs should return. They will be thinner and lighter each time until they finally go for good. Mix the paste fresh for each application.

Mrs. J.: Very few of the so-called "egg-shampoos" contain eggs in any appreciable quantity. A shampoo with eggs is a rather difficult and "mussy" undertaking. Why don't you use plain canthrox? Then your shampoo will be a pleasure instead of a torment. Your hair will be absolutely clean, and your head will be beautifully soft and pliant. Just dissolve a teaspoonful of canthrox in a cup of hot water, pour a little on the head at a time, rub as you would with any other shampoo; then rinse your scalp and hair in the clear warm water. Canthrox makes plenty of rich, creamy lather, cleanses thoroughly, removes dandruff and relieves itching. It will not fade the hair, make it dry or brittle, or cause it to break, like some soaps do. After a canthrox shampoo your hair dries quickly, and it is fluffy and bright so that you can dress it quickly and neatly.

Q.: Yes, I know what the sun and heat have been doing to your complexion. Use this beauty lotion and you won't be so discouraged. Dissolve four ounces of spargum in a half-pint of water, add two teaspoonfuls of glycerine and let cool. Apply to the face, neck and forehead with the palm of the hand, rubbing gently until dry. Spargum refreshes, cools and whitens the skin. It removes freckles, tan, dryness, sallowness, chapping and cracked lips. Use it freely; it won't rub off or show like powder.

Mrs. K. C.: You should begin taking a good, safe, flesh-reducing remedy at once, as the tendency is for one to take on extra flesh during the winter months. By dissolving four ounces of parnotis in 1 1/2 pints hot water and taking a tablespoonful before each meal, you will remove your excess flesh rapidly without any ill effects and have a more shapely figure. This remedy is harmless and has proven a wonderful source of relief to many, many ladies who were troubled with over-fatness.

YOUNG AND DEEMER

NEW SENATOR MAY STAND IN WAY OF PROMOTION FOR IOWA JURIST.

YOUNG LONG AT OUTS WITH SUPREME COURT

Attitude of Senator Being Awaited With Interest—Every Other Influence Backing Deemer For United States Supreme Court and Taft Once Disposed to Appoint Him.

Special to Times-Republican. Des Moines, Nov. 29.—By reason of the death of Senator Dolliver, and consequences following, Iowa will probably be deprived of the honor of placing on the bench of the highest court in the world one of the most brilliant jurists the state has ever known and the Eighth judicial district, comprising most of the upper Mississippi valley, will be left without representation on the final court of appeals of the United States. In the person of Justice Horace E. Deemer Iowa has presented to the appellate powers one who is not only a great student of the law and a great judge but one whose sympathies are all with the common people, one who measures every question affecting the rights of property by the high standard of the rights of men. Justice Deemer is the ideal man to go upon a bench that must decide many questions at an early date going to the fundamentals of free government. He has been presented with the unanimous approval of Iowa people without regard to party.

The situation in regard to the candidacy of Justice Deemer has been highly favorable to his success. He not only has the indorsement of Iowa but that of congressmen and eminent lawyers of other states in this district even in states having local aspirants. The indorsements which have gone forward in his behalf leave no doubt that the appointment of Justice Deemer would please the people of the entire district. This, also, is true, that President Taft has had in mind to come west of the Mississippi river for one of the places vacant. Justice Brewer's death left vacant the place long occupied by one from this district. There are some other active candidates in the district, but every one of them is in the federal bench. Justice Vandevanter of Wyoming is one, and he is a fine man. Justice Sanborn of the court of appeals, resident of St. Paul, is another; and also Justices Hook and Pollock of Kansas, among others. But the Kansas influence is divided and not all of either the men named, and the St. Paul man is pretty well along in years. Under the circumstances, and considering the fine backing of Justice Deemer there was no doubt whatever that the president was giving serious consideration to his candidacy prior to his departure on the Panama trip. It is expected the matter will be settled in a few days.

What Will Young Do? While every member of congress, and every other influential member of the legislature, is back of the candidacy of Justice Deemer, there is some speculation as to what will be the attitude of Senator Young. He has been sent for by President Taft and will go to Washington at once. The matter of the appointment must pass through the hands of Attorney General Wickersham, whose view of what the court ought to stand for is probably not that of Justice Deemer. There is no doubt that if Senator Young will say the word to Taft that the appointment of Justice Deemer will be made. That is the one task ahead of the president which is giving him most concern just now. He has not asked for a conference with any other Iowa congressman. But it is recalled that Senator Young and the Iowa supreme court have disagreed radically in the past, the disagreement starting from a certain decision rendered by the court in protection of the state treasury of an individual and in disapproval of long established customs of extracting money from the treasury without compensation. Out of that grew a bitter personal feeling toward the court which has cropped out on several occasions in the most savage attacks upon the court in fact, a terrible tragedy was narrowly averted which would have been the direct result of the severe strictures upon members of the court.

Next Few Weeks Will Tell. As to whether or not this personal ill will which the new senator has in the past entered into the minds of members of the Iowa court will stand in the way of the success of the movement to elevate Justice Deemer to this highest bench can only be known by what happens in the next few weeks. Members of the bar of Iowa are hoping that the change in the personnel of the Iowa supreme court will result in depriving the state of the high honor which has been so well earned. They admit, however, that the sudden change in the situation is not favorable.

Justice Deemer has not himself taken any active part in pushing his candidacy. He has just been re-elected for another six-year term following a unanimous renomination. While not very much has been said about the matter there are a great many who are deeply interested, not alone because of personal admiration for the eminent Iowa jurist but out of consideration for the federal supreme bench and with sincere desire to maintain there the highest standards. CARROLL REMITS FINE. Interesting Case Involving Operation of Saloon Outside Corporate Limits. Council Bluffs, Nov. 29.—Notice was received in Council Bluffs Monday from the governor's office in Des Moines that the fine assessed against W. H. Beck for violation of the state liquor laws had been remitted. Beck was fined \$200 in the September term of the Pottawattamie county district court for violation of an injunction and the case was carried to the supreme court as a test case. For many years Beck had a saloon at Leawards, outside the corporate limits of Council Bluffs. He paid the mule tax to the county and for a long time it was supposed that this fact allowed

allowed him to operate just as saloons do in incorporated towns and cities. But a case was brought against him on the ground that saloons could not be operated outside an incorporated city or town. The district court affirmed this view and the case was taken to the supreme court where the district court was affirmed. Mr. Beck retired from the business. The remission of the fine was recommended by all the officials having anything to do with the case besides many prominent citizens of Council Bluffs. With this evidence before him Governor Carroll remitted the fine.

DISTINCT LOSS TO DENISON. Charles Tabor, Leading Business Man and Philanthropist, Goes West. Special to Times-Republican. Denison, Nov. 29.—Mr. Charles Tabor, one of the oldest business men of Denison, having disposed of his extensive law and loan interests, took his departure for California today. On Saturday night his friends to the number of 150 arranged a banquet in his honor at the Hotel Denison. The surprise was complete. Over two hours were spent at the table. Brief talks were made by Judge J. P. Conner and Mr. P. E. C. Lally on behalf of the friends, and the response of Mr. Tabor was with much feeling.

Mr. Tabor came to Denison in 1873 with his brother to engage in the law and business. He retired one of the wealthiest men of the county. For years his gifts to schools for the colored people of the south, for the orphan's home at Council Bluffs and other institutions have been large and constant. In the person of Justice Horace E. Deemer Iowa has presented to the appellate powers one who is not only a great student of the law and a great judge but one whose sympathies are all with the common people, one who measures every question affecting the rights of property by the high standard of the rights of men. Justice Deemer is the ideal man to go upon a bench that must decide many questions at an early date going to the fundamentals of free government. He has been presented with the unanimous approval of Iowa people without regard to party.

Items From Tracer. Special to Times-Republican. Tracer, Nov. 29.—Stephen Bowman of Maquoketa, a cousin of Harry Kelly, was here last week trying to get a corn. He wanted to buy ten carloads, but could not get a bushel for what he was willing to pay, 35 cents. Mr. Christianson expects to spend the winter in Denmark, his boyhood home. Chalk Lambert, wife and four younger children, left Tuesday night for Loveland, Colo. They will spend an indefinite time there for the benefit of the little girl Bernice, who is not strong. They have rented a house and will spend the winter, they hope to be able to return March 1. Roy Thomas will have charge of the Lambert farm in their absence. His parents, of Illinois, have come to keep house to him.

John Stiffin and family leave the first of the year for California to spend the balance of the winter. Elvira Campbell, who has been critically ill of pneumonia, is recovering. Miss Lulu Leslie, a daughter of Tom Leslie, formerly of this county but now of Independence, Kan., was recently married to a young farmer at Wilmer, Minn. The couple arrived here the latter part of the week and will spend a couple of weeks visiting before returning to their home.

Mr. and Mrs. Hugh McCreath sail Dec. 10 for Scotland. They both have relatives there and will spend a year at least at the old home.

N. & N. W. to Soon Run. Special to Times-Republican. Lake City, Nov. 29.—An official of the Fort Dodge, Des Moines & Southern electric railroad, while in the county last week, gave out the information that the intention of the company was to have the line between Rockwell City and Fort Dodge, the old Newton & Northwestern steam line, in running order by Dec. 5. The first car is scheduled to leave Rockwell City at 6 o'clock a. m. of that date, giving this county a two hourly service to Des Moines. A movement is on foot by the business men of Rockwell City to commemorate the event in some appropriate manner. The city feels deeply appreciative of that fact, that while other towns were expending time and money to secure an interurban, it was able to secure one without the least trouble.

Will Take Your Wheat. The Steamboat Rock roller mills having been destroyed by fire, and not going to be rebuilt, I hereby announce to the people of Hardin and the adjoining counties, that on and after the first day of December, 1910, I will take in wheat in exchange for flour, and will also have on hand all kinds offered. Will keep a supply of the best brands of flour, corn meal, bran, and tankage. Your patronage is solicited and satisfaction guaranteed. H. Pottinger, Steamboat Rock.

A Woman Night Prowler. Special to Times-Republican. Lake City, Nov. 29.—Leaverville, the town east of Lake City, is considerably excited over the appearance of a "lady in black" in that city. The woman, who does all her prowling after night-fall, is described as tall and totally disguised. It is not known whether she is dangerous or not. The citizens are alarmed, and will probably wreak vengeance on the mysterious visitor if she is apprehended.

SUNNY MONDAY Sunny Monday contains a dirt-starter which has a two-fold virtue—it saves rubbing and saves your clothes. Moreover, the dirt-starter in Sunny Monday stays there—it will do just as good work with the last wafer of the cake as when the bar is new. You get the benefit of it, too, in any kind of water, at any temperature. Sunny Monday contains nothing to harm the hands or the clothes. It is the most economical laundry soap made. THE N. K. FAIRBANK COMPANY CHICAGO

SHEARER JURY SWORN

GOOD PROGRESS BEING MADE IN TRIAL OF MASON CITY MAN ON MURDER CHARGE.

ACQUAINTANCES OF DEFENDANT REJECTED BY ATTORNEYS

Jury Composed Almost Wholly of Farmers—Defense Evidently Fears Effect of Testimony of Harry Parsons—State Has Thirty-Two Witnesses—Defense to Set Up Alibi.

Special to Times-Republican. Mason City, Nov. 29.—The jury that will hear the evidence of the now celebrated murder trial of J. S. Shearer, accused of the murder of Henry Lucas, has been selected and the evidence is being taken. At 6 o'clock last evening, after the examination of thirty-eight veniremen, the following named stood and were sworn: Frank Emmett, farmer; John Carroll, farmer; Gustav Nelson, carpenter; Sam Sturgeon, farmer; W. F. Paul, farmer; W. G. McGowan, farmer; W. F. Sherwood, farmer; W. F. McClelland, real estate agent; B. A. Belmont, farmer; David A. McEwen, laborer; Ernest Manton, mail carrier; S. C. Schumaker, farmer. Acquaintances Eliminated. Quite a number of things were made evident in the examination of the jury-men by the defendant's attorneys. They struck off every resident of Mason City with the exception of B. A. Belmont, who has retired from his farm. Those who profess to have known Shearer, the accused, were very quickly dismissed from the trial of this case. And another point which was questioned very closely was the present condition of the mind of the veniremen and whether or not they could keep from forming an opinion as to the guilt or innocence of the accused until the evidence was all in.

Fear Parsons' Testimony. This was unquestionably to fortify him against the evidence of the young man Harry Parsons, who will early in the trial relate the story of how Harry Shearer killed the man. This is the young man who does not have a very strong mind but he tells the story of what he says actually occurred, without a flinch, and his story corresponds perfectly to the latter findings. Some of the law-ers claim that Parsons can not be considered an accomplice, as there is no evidence that he knew what Shearer was going to do, when he went with him, and that the only thing that the defense can do is to make him an accessory after the fact, and this does not need the corroborative evidence the former demands. The state goes into the case well satisfied with the evidence it has at its disposal. It will have thirty-two witnesses that will be put on the stand. The defendant will largely depend upon ability to establish an alibi.

Hippie Trial at Rockwell City. Special to Times-Republican. Lake City, Nov. 29.—The case of the state of Iowa versus J. J. Hippie, of

Lake City, wherein the defendant is charged with an assault upon the person of Mrs. Martha Ingham last month with intent to rob, was put on trial Monday Nov. 28, at 1 P. M., before Judge Frank M. Powers. The case is of general interest and the most important of the present session. Hippie was arrested Oct. 18, upon information furnished by two men who had come upon him the previous night in a small clump of trees near Mrs. Ingham's home, as he was struggling with her and she was screaming for help. Mrs. Ingham is a demented and feeble old woman and altogether unable to protect herself. Hippie was bound over to the grand jury the next morning in Mayor Toller's court and was released on bonds, which were signed by a member of the board of supervisors. The grand jury, at its session last week, returned an indictment against him.

TEN YEARS FOR ARSON. Fred S. Robinson, of Waterloo, Sentenced by Judge Ransier. Waterloo, Nov. 29.—Denying his guilt and accusing the state's witnesses of not having told the truth, Fred S. Robinson, convicted by a jury on a charge of arson, was sentenced by Judge C. E. Ransier to a maximum of ten years in the penitentiary at Fort Madison for his crime.

When asked if he had anything to say why sentence should not be pronounced, Robinson, who is about 45 years old, rose and said he did not complain of the work of the county attorney nor the court, but he declared he was not guilty of the charge and said some of the state's witnesses, probably referring to his stepdaughters, had not told the truth. The court said that the defense had the opportunity of trying to impeach the witnesses, but no effort had been made along that line. The court also stated that Robinson's attorneys had defended him skillfully and well. "I have nothing to do about the witnesses," said Judge Ransier. "The jury-men must pass on the weight of the testimony, and they alone." Then the court passed sentence. Robinson was smoothly shaven when he appeared in court yesterday. He had cut off his heavy black mustache. Mrs. Robinson, indicted jointly with her husband, will have her trial this week.

PROVES A DESERTER. Man Arrested For Light Offense Wanted by Government. Council Bluffs, Nov. 29.—Herbert York, a porter at the Union Pacific hotel at this city, was arrested by Special Officer T. J. Hathman, of the Union Pacific on a charge of having attempted to take clothing from the room of a resident of the hotel. Investigation at the station revealed the fact that York is a deserter from the United States army, having deserted from Troop B, Seventh cavalry, at Fort Des Moines, June last. A circular in the possession of the police gives York's photograph and a complete description of the man, and when confronted with the evidence York admitted the charge. He will probably be turned over to the federal authorities.

GALLUP'S FAST PACE. Young Railroad Man Faces Larceny Charge and Accused of Bigamy. Sioux City, Nov. 29.—R. M. (Dick) Gallup, a young railroad man, will be arraigned in justice court this afternoon on a charge of larceny, preferred by A. J. Bany, who alleged that Gal-

lup stole overcoats and a pair of cuff links and a revolver from his room in the Boyd hotel. While out on bonds on the larceny charge, Gallup was served with a warrant charging him with bigamy, sworn out by August Hoenstein, of Oelwein, father of the young woman with whom Gallup had been living at the Boyd hotel as his wife. When they registered at the hotel Gallup flashed a wedding certificate which seemed to prove that they were married in Omaha on Oct. 21. It has been ascertained that this was a fake marriage license, and the bigamy charge will probably not be prosecuted. The father of the young woman was quite enraged, stating at the time that Gallup already had a wife in Council Bluffs. Gallup was formerly a resident of Council Bluffs, and his parents are still living there. He has a wife and child in that city, living with her parents.

Jewell News Jettings. Special to Times-Republican. Jewell, Nov. 29.—Corn shelling has commenced. John Glamon and the Ostrem Bros. are hauling in the first new corn this year to the market. George Long, who has been working for John Ziann the past season, returned to his home at Muscatine yesterday. Hans Hendrickson shipped a car of fat steers to Chicago Sunday of his own feeding. They were considered the best shipped out of here for some time.

Miss May Kelley, former trimmer for Miss Adel Foval, who has been trimming at Dows, stopped over Saturday enroute to Woodward. Miss Beattie Seidenstucker, who is attending college at Grinnell, spent Thanksgiving vacation at home, returning yesterday. Mrs. Pinkney, of Sulk City, Minn., returned home yesterday. Mrs. John Jewell accompanied her to Webster City. Gus Myers, who has been pumping nights for the Northwestern, has been transferred to Gladbrook. Ed Crossley has been in New York with a car of live poultry the past week. Oscar Johnson was taken to Webster City to be operated on for appendicitis last night. Local trappers are having extra good luck this fall. Some of them have caught as high as 200 muskrats.

State of Ohio, City of Toledo, Lucas County, ss. Frank J. Cheney makes oath that he is senior partner of the firm of F. J. Cheney & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of Catarrh that can not be cured by the use of Hall's Catarrh Cure. FRANK J. CHENEY. Sworn to before me and subscribed in my presence, this 5th day of December, A. D. 1886. [SEAL] A. J. GLEASON, Notary Public. Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces of the system. Send for testimonials free. F. J. CHENEY & CO., Toledo, O. Sold by all druggists, 75c. Take Hall's Family Pills for constipation.

Truth in a Few Words. It is better for a man to be thrown on his own resources than upon the resources of his friends.—Exchange.

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Start Them Early REMEMBER some of the trials and worries of your own life that were due to a flat pocket book. Also some of the opportunities that were financially just out of your reach, and were taken advantage of by some more provident man. Think it over, and then start little bank accounts for your children, and teach them to save for themselves. There is a pleasant sense of responsibility connected with a bank account that encourages children to become worthy and useful citizens. Children with bank accounts are apt to become early acquainted with the best business methods and win the respect and friendship of business men, who are in position to forward their interests in after life. One dollar will open an account in this bank, and its officers will heartily second your efforts to start the children on the road to competence and success.

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