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Millions of housewives know this is the truth—they realize the cost of a single bake-day failure. That's why they stick to Calumet.

Be on the safe side—avoid disappointments—use Calumet next bake-day—be sure of uniform results—learn why Calumet is the most economical to buy and to use. It's pure in the can—pure in the baking. Order now!

Received Highest Awards
New Cook Book Free—See Slip in Front of Can.

Be Safe—Use



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Fuel Flour Feed

Cement Charcoal Sewer Pipe

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VAN'S SHOES WEAR BETTER,

Men's and boys' shoes—\$1.98 to \$3.48.
Men's oxfords—black and tan, \$2.98.
Men's rubber boots—\$2.98 and \$3.88.
Call in and take a look before you buy.
It will pay you because we can save you money.
I make a specialty of all kinds of shoe repairing.

VAN
The Modern Shoe Repair Man
11 North First Street.

Rexall
"93" Hair Tonic
stops the hair from falling out.
McBride & Will Drug Co.

LOCAL WORK COUNTS

SUFFRAGE WORKERS MUST CONVINCE WOMEN OF STRENGTH IN STATE.

PUBLICITY WORK IS SHOWING GOOD RESULTS

Expect to Get Enormous Vote When Iowa Women Realize Strong Sentiment Favoring Equal Rights—Mabel Lodge Tells Convention of Organization Work.

[Correspondence of Associated Press.]

Des Moines, Oct. 21.—We will get an enormous vote in this state when we convince the women that sentiment strongly favoring suffrage is here, and that all they need do is to start working at once to crystallize this sentiment," said Miss Mabel Lodge, state organizer, before the Iowa Equal Suffrage convention here this afternoon.

"In every town I have visited people are surprised when a canvasser is taken to find the big percentage favorable to suffrage," she continued. "The most efficient work which the women of our community can do is to canvass the sentiment of the voters in that community. A personal canvass by local women is all important. First, it gives the canvasser definite information as to public sentiment on the question; second, it develops the canvasser for other work. A canvasser who learns more in half a day about what people actually think than what she would learn in a year of speech making."

Local Work All Important.
"It's the local work that counts. Our county chairmen are among our most important officials, but they are hampered in their work if they do not have active workers in every locality—a woman on the spot, as it were, to take advantage of every opportunity to put equal suffrage before the voters."

According to Miss Lodge, whose work, she said, took her into every part of the state, the attitude of both men and women on equal suffrage was most encouraging. Her report showed a number of new local organizations formed.

Election of officers was the principal business before the association at its closing session. This afternoon organization plans were to be finally acted upon. Reports were made by Mrs. Rose Lawless Gayer, of Des Moines, chairman of the publicity bureau, and by county chairmen and committees. Miscellaneous business was held after the program.

Successful Advertising Schemes.
An interesting portion of the morning program aside from the election of officers was the review of "suffrage stunts which have succeeded" in which delegates to the convention told of publicity and advertising schemes which were tested in different localities in the state.

"The suffragists of Iowa have been particularly fortunate in this campaign in having the hearty support and cordial co-operation of the many editors who have been presenting suffrage truths and suffrage laws to their readers in so generous a manner," said Mrs. Gayer in her report on "Press and Publicity Work."

"The press bureau has been in existence for just three months," she continued, "but when one considers the limited money we have had at our disposal the press and publicity work has been wonderfully effective. Just now we are confronted with the necessity of doing even greater work if we are to reach every voter in the most convincing manner. What has gone before has been simply the laying of the foundation for the work that is to come."

"A weekly news letter has carried the news of suffrage activities practically to every town and community in the state, largely because of the spirit of co-operation found in so many newspaper offices."

State Press For Suffrage.
With very few exceptions the press of the state is for women's suffrage. Letters received from many editors express the desire upon their part even to go out of their way to ad-

FEEL FINE! DON'T BE SICK, BILIOUS OR CONSTIPATED

ENJOY LIFE! STOP THE HEAD-ACHES, COLDS, BAD BREATH, SOUR STOMACH.

10-CENT "CASCARETS" IS BEST CATHARTIC FOR MEN, WOMEN, CHILDREN.



Cascarets are a treat! They lighten your liver, clean your thirty feet of bowels and sweeten your stomach. You eat one or two Cascarets like candy before going to bed and in the morning your head is clear, tongue is clean, stomach sweet, breath right, and cold gone and you feel grand.

Get a 10 or 25-cent box at any drug store and enjoy the nicest, gentlest liver and bowel cleansing you ever experienced. Stop sick headaches, bilious spells, indigestion, furred tongue, offensive breath and constipation. Mothers should give cross, peevish, feverish, bilious children a whole Cascaret any time. They are harmless and never gripe or sicken.

INSTALL NEW PREXY

CHARLES W. FLINT TO BE INAUGURATED PRESIDENT OF CORNELL NOV. 19.

MANY NOTABLES TO PARTICIPATE IN PROGRAM

Inauguration Week to Be Memorable One in History of College—Noted Educators and Public Men Scheduled to Make Addresses—"Home-Coming Day" to Close Busy Week, Nov. 20.

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Methodist Episcopal church; Rev. C. W. Maggart, D. D., in the afternoon Mr. Alderman's talk upon "Lutheran Brotherhood," and in the evening the service or ordination by Rev. A. B. Leamer.

Monday forenoon there will be an address upon "The Consolidation of the Church Boards—Church Extension and Home Missions," by Rev. H. L. Yarger, D. D., and general business, while the afternoon will be devoted to the reports of the committees and adjournment.

INTERURBAN TO NEWTON.
Des Moines Company Plans to Extend Colfax Line.

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The first extension will be from Colfax thru Metz to Newton, a distance of about twelve miles. The preliminary work for the extension has already been commenced by the Interurban company. Surveys are being made from Colfax east and options for right of way are being secured.

It is expected that an all new line will be constructed from Colfax to Newton and that the company will abandon the old plan of purchasing a portion of the Newton-Northwestern road from Metz to Newton. All materials are to be contracted for winter delivery and the heavier grading will be done thru the winter with the view of having the extension ready for operation in July of next year.

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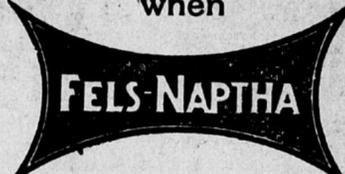
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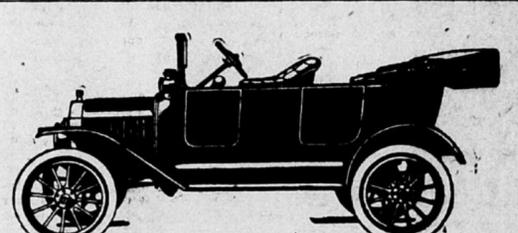
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The average washday is over at 12 o'clock noon when



does the hard part of the work for you. The naptha in combination with other cleansers dissolves the grease and loosens the dirt, so that a few rubs will make the clothes snowy white and perfectly clean.

Use Fels-Naptha for all soap-and-water work.



Ford
THE UNIVERSAL CAR

Performance vs. Possibilities. Ford cars are giving satisfactory service to more than 900,000 owners representing all classes in business and professional life, on the farm and for pleasure it is "The Universal Car." Sturdy and reliable, easy to understand and drive, and economical to operate and maintain. Prices lower than ever. Runabout \$410, Touring Car \$460, f. o. b. Marshalltown. Why pay more? On sale at

RUDE AUTO CO.
18 South Second Avenue
LOCAL AGENTS FOR CADILLAC AND FORD.

On the Side of Science — Grape-Nuts!



Certain elements are necessary for building stout bodies and active brains. The great majority of these all-important elements for life and health are supplied by Nature in her field grains, wheat and barley. But white flour products lack the essential elements—Why?

Because the miller to make his flour look white and pretty throws out about 4-5ths. of the mineral content of the wheat necessary for building brain, nerve and muscle.

Scientific opinion is on the side of

Grape-Nuts

FOOD for supplying balanced nutritive values.

Not only does this famous pure food supply all the sound nourishment of the wheat, including the vital mineral elements—sturdy builders of brain, nerve and muscle—but of malted barley as well.

Grape-Nuts is easily digested, generally in about an hour—white flour products require about three hours.

Grape-Nuts is always ready to eat direct from the dust-proof, moisture-proof, germ-proof packet—delicious and economical!

Not alone from the scientific side but from the view-point of better health thousands have come to know

"There's a Reason" for Grape-Nuts

Sold by Grocers everywhere.



Dustless Sweeping Is Now Possible

You know about dustless dusting, but do you know about dustless sweeping?

Then listen: There is a sweeping compound—a powder called Nomordust. You simply spread a little across the room—then sweep it ahead of you as you go.

Not a particle of dust will fly up to choke your—your ornaments will be as dust free after you sweep as before. Nomordust collects the dust—ordinary sweeping spreads it.

But this is not all. Nomordust enables you to sweep a room clean in half the time and you only have to sweep half as often, for you get all the dirt each time—it clings to the powder; this gives you much time for leisure.

As one housekeeper said, "Now that I use Nomordust, it's just as though I had another maid." Yet Nomordust costs but a few pennies a month.

Nomordust makes carpets look like new—it brings out the original color. Fine for wood floors and linoleum.

A Nomordust home is a sanitary home, for in dust clouds lurk dangerous disease germs, and a Nomordust home is a dustless home.

Try Nomordust at our risk. Get a 10c can to-day. If you're not more than pleased, the grocer will refund your money without question.



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