

Not a Bite of Breakfast Until You Drink Water

Says a glass of hot water and phosphate prevents illness and keeps us fit.

Just as coal, when it burns, leaves behind a certain amount of incombustible material in the form of ashes, so the food and drink taken day after day leaves in the alimentary canal a certain amount of indigestible material...

Men and women who can't get feeling just right must begin to take inside baths. Before eating breakfast each morning drink a glass of real hot water with a teaspoonful of limestone phosphate in it to wash out of the thirty feet of bowels the previous day's accumulation of poisons and toxins...

Those who are subject to sick headaches, colds, biliousness, constipation, others who wake up with bad taste, foul breath, backache, rheumatic stiffness, or have a sour, gassy stomach after meals, are urged to get a quarter pound of limestone phosphate from the drug store, and begin practicing internal sanitation...

Remember inside bathing is more important than outside bathing, because the skin pores do not absorb impurities into the blood, causing poor health, while the bowel pores do. Just as soap and hot water cleanses, sweetens and freshens the skin, so hot water and limestone phosphate act on the stomach, liver, kidneys and bowels.

Clothes on line before nine

Soak clothes overnight in Peosta suds—dirt all loosened by the Naptha and Peosta Solvent—almost no rubbing—washing done in a jiffy—with



GEO. O. COBURN

Fuel Flour Feed Cement Charcoal Sewer Pipe

Phones 140-554 502 South Center St.

UNDERTAKING

J.W. PURSEL Mrs. J.W. Purssel FUNERAL DIRECTORS AND EMBALMERS

A Bald Head Only Indicates that the scalp has been neglected. We recommend that you use

Rexall Hair Tonic

Factory to Utilize Tin Scraps.

DRY FARMING IN WEST

C. E. WILSON CONTRASTS CONDITIONS IN IOWA AND COLORADO.

PROSPERITY NOT SO APPARENT IN THE WEST

Smaller Homes and Fewer Farm Buildings Required on Irrigated Lands—Smaller Fields and Greater Diversity in Crops—West Found to Be Peopled With Former Iowans.

Doors, Nov. 23.—Farming is farming; men plow, plant and harvest, whether in regions warm or cool, wet or dry; but striking contrasts nevertheless present themselves to the car-seated spectator of agricultural activities when, after looking on Iowa farm scenes for hours, he next morning resumes his place in the coach and looks again on the work of the soil tiller of western Colorado.

Those who are subject to sick headaches, colds, biliousness, constipation, others who wake up with bad taste, foul breath, backache, rheumatic stiffness, or have a sour, gassy stomach after meals, are urged to get a quarter pound of limestone phosphate from the drug store, and begin practicing internal sanitation...

Along the railroad track almost all the land appears to be under irrigation. Little fields of corn, sugar beets, cabbage and oats or wheat have been raised and alfalfa meadows are everywhere in evidence.

As the afternoon train speeds round the great curved way on its return from this wonderful region, north, northeast, then east from Denver, the sun drops from sight behind the dark cloudlike bank, the foothills of the Rocky mountains, and contemplation of these interesting farm scenes so different from those in the states where agriculture is supreme among human occupations, gives way to speculation as to the value that men place on such farm holdings as these that profits them receive from their labors, what kind of social life they live and what kind of struggle must have been necessary to establish the conditions that made profitable farming in semi-arid Colorado a possibility.

A statistical table showing just what percentage of residents and visitors in western states have at one time called Iowa "home," if such a thing could be compiled, would perhaps astonish everyone who might study it. And if all such were to return for a visit, all at one time this state would surely be densely populated while the homecoming lasted. Everywhere, in city, town or country, are the men and women formerly of Iowa. One illustration, last Wednesday forenoon two men and a woman were walking around the upper portions of the capitol building in Denver getting "birds-eye views" of the city and surrounding country. An employee of the build-

GIRLS! MOISTEN A CLOTH AND DRAW IT THROUGH HAIR

IT BECOMES BEAUTIFULLY SOFT, WAVY, ABUNDANT AND GLOSSY AT ONCE. SAVE YOUR HAIR! ALL DANDRUFF GOES WITH HAIR STOPS COMING OUT.

Surely try a "Danderine Hair Cleanser" if you wish to immediately double the beauty of your hair. Just moisten a cloth with Danderine and draw it carefully thru your hair, taking one small strand at a time; this will cleanse the hair of dust, dirt or any excessive oil—in a few minutes you will be amazed. Your hair will be wavy, fluffy and abundant and possess incomparable softness, lustre and luxuriance.

Besides beautifying the hair, one application of Danderine dissolves every particle of dandruff; invigorates the scalp, stopping itching and falling hair. Danderine is to the hair what fresh showers of rain and sunshine are to vegetation. It goes right to the roots, invigorates and strengthens them. Its exhilarating, stimulating and life-producing properties cause the hair to grow long, strong and beautiful.

DRYS TO CELEBRATE

SPECIAL SERVICES PLANNED FOR CHURCHES OF STATE ON NEW YEAR'S EVE.

GOVERNOR TO BE ASKED TO ISSUE PROCLAMATION

Ministerial Association and Reform Organizations Asked to Arrange For Special Services—Saloons Go Out of Existence at Midnight, Dec. 31—Des Moines to Lose Distinction.

Des Moines, Nov. 23.—Prohibition forces of Iowa have begun a movement to celebrate the repeal of the mullet law with special watch meetings in the churches of every city on New Year's eve.

The action of the Thirty-sixth general assembly in adopting the Clark-law will close all grog shops in Iowa at 9 p. m., Dec. 31. The ministerial associations and reform organizations of the state have been asked to adopt resolutions favoring special services of thanksgiving on the night the saloons close permanently.

Will Ask Governor to Help. These resolutions, the leaders say, will be presented to Governor Clarke with the request that he issue a proclamation calling attention to the victory of the prohibition forces.

On Jan. 1, 1916, the new prohibition law will go into effect in Washington. Then Scott will take from the largest dry city in the world outside of Russia, the prohibition forces say.

Claims Twenty Dry States. The Antisaloon League of the United States now claims twenty dry states. They are Iowa, Maine, Kansas, North Dakota, Utah, Oklahoma, Mississippi, North Carolina, Tennessee, West Virginia, Arizona, Colorado, Oregon, Washington, Alabama, Arkansas, Idaho, Virginia, South Carolina and Georgia.

The prohibition forces of Iowa are preparing to meet reported opposition seven days. When the final settlement is made, he will be "docked" \$70, being fifty-seven days at \$10 per day. That being the difference in time between the contract date and the actual completion of the work.

Davenport. Peter Bein, 18 North Pine street, Davenport, age 50, an employe of the Kohrs Packing Company, sustained a fractured hip and severe lacerations of the scalp about 10:30 Friday morning when he was struck by a Rock Island passenger train at Fourth and Division streets and hurled several yards to the ground, immediately after the accident he was removed to St. Luke's hospital where he was attended by Dr. George M. Middleton. It is not thought that the injuries will prove fatal, although the victim will be confined to his bed for several weeks.

Indianola. It is noted the saloon that was closed this time, for Indianola never did boast of a saloon, but it is the restaurants and ice cream parlors that received the blow. The city council has passed a decree forbidding places of business to open on Sunday. Every ice cream parlor will be closed promptly at midnight and will remain closed until Monday morning. The restaurants will be given a short time to open in order to serve their customers but they, too, will be forced to keep "closed shop."

Davenport. Mrs. Mary Beck, 704 Gaines street, sustained serious and perhaps fatal injuries about 6 o'clock Thursday evening at Eighth and Gaines streets when she was struck by an auto truck owned by the Northwest Davenport Auto Company, and driven by George Trendel, proprietor of the company. Dr. T. D. Starbuck was called to attend the woman and announced that she was suffering from a severe concussion of the brain and was badly bruised around the body. Witnesses to the accident carried Mrs. Beck to her home, a few doors from the scene, immediately after its occurrence, in a temporary hospital. The extent of her injuries or the probable outcome has not yet been determined. According to Mr. Trendel, driver of the truck, the aged woman had just alighted from a street car and the main cause of the accident was her seeing her. As he started up, Mrs. Beck stepped directly in front of the car and was thrown heavily to the pavement. Mr. Trendel says that the accident was unavoidable.

Shenandoah. M. J. Welch, or Mike as they call him, an employe at Ernest Fischer's farm east of Shenandoah, finds himself transformed from an ordinary farm-hand to a well-fixed young farmer as the result of a romance up to date, in which he has the promise of a bride and a 160-acre farm. Previous to Oct. 1, he was employe of a well-known, wealthy farmer near Shenandoah, Iowa. Young Welch fell in love with Ella, the farmer's pretty daughter, and the affection was returned. But fearing parental displeasure the young man skipped out about Oct. 1 and came to Shenandoah, where he secured employment on the farm of Ernest Fischer. He proved a good hand and seemed like an industrious, agreeable and intelligent young man. Wednesday Mr. Segelka and two daughters arrived here on their way to Excelsior Springs, Mo., where the elder daughter will take treatment for rheumatism. Learning that Mr. Welch was employed here the father and daughters drove out to the Fischer farm and found the young man and brought him to town and made arrangements for a wedding.

Des Moines. Chief Field Deputy United States Marshal N. Arison, L. was rewarded a valuable \$150 diamond ring on a train en route from Ottumwa to Des Moines, has recovered his jewelry. He has looked the robbery theory and is now looking for some practical joker who threw a lot of newspaper notoriety his way. Mr. Arison found the diamond ring in his watch pocket today. While he was slumbering on the train jokers removed the ring from his finger and deposited it in the trousers pocket.

Burlington. The city fathers have grown weary of giving warnings to contractors who make no attempt to complete their work within the time specified in the contract. Elmer Gochenaur, of Grand View, overran his time on the pavement of Sumner street, between Dodge and Dunham streets, by fifty-

COULTER RESIDENT DEAD.

Nicolay Christiansen, Wealthy Land Owner, Passes Away.

Special to Times-Republican. Coulter, Nov. 23.—Nicolay Christiansen, aged 64, for many years a resident of this community, died Tuesday after a short illness, the result of a paralytic stroke. Funeral services were held at the Lutheran church Friday afternoon.

Mr. Christiansen, a well known farmer, being the owner of several fine farms near Coulter, but his life was plain and simple and his heart generous to those less favored than him.

His death removes another of that group of hardy men whose energy and industry did so much to make the prosperous community that it is.

Two Children Had Croup. The two children of J. W. Nix, merchant, Cleveland, Ga., had croup last winter. One was a boy of 6, the other a girl of 3 years. Mr. Nix writes: "Both got so choked up they could hardly breathe and couldn't talk. I gave them Foley's Honey and Tar and nothing else and it entirely cured them."

This reliable medicine should be in every home for it gives immediate relief from colds, coughs and croup, hives, raw inflamed throat and locous phlegm. McBride & Will Drug Co.

Southern Iowa Items

Woodbine. Edgar Major, 50 years old, died Friday night from injuries resulting from a runaway one week ago. Since that time he had been unconscious except for an occasional moment. A rupture of a blood vessel caused his death. He leaves his widow and five young children.

Hancock. The condition of Mrs. Wesley King, who was shot by a farm hand a few weeks ago, is improving and she is able to get about. Mrs. King says that when the young man came to the house he demanded that she give him a check for \$100, this she refused to do and he hit her over the head with a broom stick. When she ran he shot at her three times, two bullets taking effect.

Ottumwa. Ottumwa will soon entertain the state grange meeting at which there will be 200 delegates besides scores of visitors from all over the state. The sessions will be held in the armory on Dec. 14, 15, 16 and 17. The local grange is headed by Albert Blum, the state organizer for the grange, and he says that the Ottumwa meeting has all indications of being one of the best that has ever been held.

Columbia Junction. J. A. Knight, the Majestic Theater manager of this place, after a serious accident Thursday afternoon while breaking up coal. He was using a pick for the purpose when the handle broke and the pick flew up, striking him in the left eye. The eye ball was out. An operation was performed at Bellevue hospital, where it is possible that he may lose the sight of the injured eye.

Halbur. A distressing accident happened to E. W. Rogers. He was operating a husking machine when a stalk of corn got caught in the elevator. When he reached over to pull it out his hand was thrust between the rollers and terribly crushed. At once he was rushed to the Carroll hospital where every effort is being made to save a part of the hand. He is a young married man and farms his father's farm.

Pella. Last Tuesday while C. G. Van Gorp, living north of this city, was doing some carpenter work at his home, a nail which he was driving, flew up and struck him in the eye. Dr. Aschenbrenner was called and every effort possible was made to save the eye but it was necessary that it be removed in order to save the other. Mr. Van Gorp and Dr. Aschenbrenner went to Oskaloosa Monday, where Drs. Roberts and Aschenbrenner removed the injured eyeball.

Tipton. There was a heavy run of stock from this point Tuesday. The Northwestern had a livestock special out that afternoon with eleven cars, the shippers being Charles Nebergall, four cars hogs, B. B. Long one car hogs, Garey & Garey two cars cattle, R. D. Wingert one car cattle, Wendell White & Son one car cattle, George Walton one car cattle. An extra engine had been sent here to relieve the regular engine for shop repairs and the two double-headed out with the load.

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SAM MIKE BOUND OVER.

Greek Held on Charge of Assault With Intent to Commit Murder.

Special to Times-Republican. Mason City, Nov. 23.—Sam Mike, a Greek, was Monday bound over to the grand jury for assault with intent to commit murder. He is the man who is

alleged to have shot thru the foot at Sheriff Marsh and Deputy Knapp, the ball missing the sheriff by only inches. In connection with this round up James Thermitis was bound over for carrying concealed weapons. Mike Dilis for maintaining a liquor nuisance, and Dick Caltralis was held as a witness in bonds of \$100.

PLAN CIVIC IMPROVEMENTS. Several Large Municipal Contracts to Be Let in Hardin County. Special to Times-Republican. Iowa Falls, May 23.—Several of the cities and towns of this county will go in big for civic improvements the coming year if the plans now outlined mature and it seems probable they will. Eldora and Iowa Falls like their experiment with paving so well that they will go in for more of this sort of improvement in 1916. It is now planned to put in sixty blocks of paving in this city besides paving several alleys in the business district. When completed the city will have over seven miles of paved streets.

Eldora is figuring on adding twelve blocks to her paving. At Ackley, the preliminary steps have been taken towards installing a city sewer system and the resolution of necessity has been published. It is probable that with this improvement installed that a movement will be started for paving there.

A special election is being held at Eldora today to vote on the question of a bond issue of \$98,000 with which to build a new grade school on the site of the present grade building. Several of the contracts for these improvements will be let this winter so that work can commence on them as early in the spring as the weather will permit.

CAUSE OF SUGAR ADVANCE. Iowa Wholesaler Believes Closing of Panama Canal Boosted Prices. Special to Times-Republican. Mason City, Nov. 23.—Carl C. Vitgil, manager of the Letts-Spencer-Smith wholesale grocery of this city, when asked Monday the cause of the rapid advance of sugar said that it was largely due, he thought, to nature in the slide that temporarily destroyed traffic thru the Panama canal. He said that thousands of pounds were in transit to England and France and now it is all backed up on the other side, with no telling when it would get thru England and France, seeing their predicament, bought heavily in America, causing the present scarcity. Cuban sugar would not be on the market until the middle of January, he said, but beet sugar from our own country was now coming in and this might be sufficient to prevent the further rise of sugar until the Cuban sugar was placed on the market or the canal opened for traffic. In four weeks the advance had been 80 cents per hundred.

FARM IN THREE TOWNSHIPS. Ole C. Harris, of Hardin County, Acquires Large Homestead. Special to Times-Republican. Iowa Falls, Nov. 23.—It is rather unusual for an Iowa farmer to own a farm that is located in three different townships, yet such is the situation in the southwestern part of the county where Ole C. Harris owns a farm that lies in Ellis, Buckeye and Sherman townships. The farm in the other corner township belongs to a brother-in-law, Mr. Harris. This farm is one of the modern farms of the county and is thoroughly equipped and stocked. Mr. Harris by hard work and persistent effort graduated from a renter to a landlord and is one of the heavy and owners of the county. He was born in Minnesota and was reared to manhood in Winnebago county, Iowa. He came to Hardin county as a renter and has shared in the advance and the prosperity of the county.

OPEN COMMUNITY CAMPAIGN. George E. Jay to Conduct Meetings at Nevada in Interests of Boys. Special to Times-Republican. Nevada, Nov. 23.—George Ellingwood Jay opened his community campaign here to a crowded house at the Methodist church. He spoke upon "The Dawn of a Better Day." He will make his plans for the boy life of the community each evening this week at a union meeting at the church and during the afternoons he will have a period at the high school assembly hall at which he will talk to the boys alone. His subjects for the union meetings follow: Monday night, "The Human Plant in the Home"; Tuesday, "The Boy Problem as We Face It"; Wednesday, "The Unity of the Educational Process"; Thursday, "The Closing Period of Childhood"; Friday, "Training by Art of Contact."

"OO-y! My Corn-n!" H-m, Use 'Gets-It'

Then You'll Have No Corns to Bump! Your Corns Will Come "Clean Off," Quick!

Did you ever see a corn peel off after you've used "Gets-It" on it? Well, it's a moving-picture for your life! And

"See Corn Bumped Off" After Using "Gets-It" Corns Vanish!

you hardly do a thing to it. Put a little "Gets-It" on it, it dries at once. There's nothing to stick. Put shoes and stockings on right over it. No pain, no fuss, 48 hours—corns gone. "Gets-It" never hurts the true flesh, never makes toes sore. If you have tried almost everything else for corns, you will be much more surprised to see how quickly and easily your corns and calluses will come right off with "Gets-It." Quit limping and wrinking up your toes with corn-wrinkles. Try "Gets-It" tonight on that corn, callus, wart or bunion, and you'll be glad you read this.

"Gets-It" is sold by all druggists, 25c a bottle, or sent direct by E. Lawrence & Co., Chicago. Sold in Marshalltown and recommended as the world's best corn remedy, by McFried & Will Drug Co., A. T. Elder, Peter Mayer & Son, and Old-Reliable Drug Co.

Let us figure on wiring your home for electric lights.

If you want some new lighting fixtures we have a large line to show you.

Buchanan-Boughton Co. 20 North Center Street

Semi-Anthracite THAT'S THE COAL WE LIKE TO SELL BECAUSE IT Always Satisfies

Gregory Coal, Coke & Lime Co.

The Great Western

IS THE "Get-to-Bed Before Midnight Line"

To Chicago leave Marshalltown 10:35 p. m., arrive Chicago 7:50 a. m. Thru steel sleepers.

To St. Paul and Minneapolis leave Marshalltown 11:30 p. m., arrive St. Paul 7:30 a. m., Minneapolis 8:05 a. m. Thru steel sleepers.

YOUR TELEPHONE IS HANDY. H. H. LAVINE, Ticket Agent C. G. W. Depot, Marshalltown, Iowa Phone 150.

Chicago Great Western (Emphasize the "Great")

"For Aes and Want Save While You May"

Valuable Papers Should Not Be Kept at Home

This Bank has installed Safety Deposit Boxes

To provide protection for important and valuable papers.

For Only \$1.00 Per Year

You may rent one of these boxes that will be large enough to hold the papers of the average individual and you may save yourself LOSS and WORRY.

Fidelity Savings Bank MARSHALLTOWN, IOWA.

ELECTRIC WIRING

Let us figure on wiring your home for electric lights.

If you want some new lighting fixtures we have a large line to show you.

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