

WHEN YOU WAKE UP DRINK GLASS OF HOT WATER

Wash the poisons and toxins from system before putting more food into stomach.

Wash yourself on the inside before breakfast like you do on the outside. This is vastly more important because the skin pores do not absorb impurities into the blood, causing illness, while the bowel pores do.

For every ounce of food and drink taken into the stomach, nearly an ounce of waste material must be carried out of the body.

A splendid health measure is to drink before breakfast each day, a glass of real hot water with a teaspoonful of limestone phosphate in it.

A quarter pound of limestone phosphate costs but very little at the drug store but is sufficient to may anyone an enthusiast on inside-bathing.

BENJAMIN FRANKLIN SAID "Money makes money, and the money that money makes makes more money."

It is certainly important that men and women invest their money where the returns are best and the money safe.

While we do not offer the opportunity for large investment, we do offer the best paying investment on small amounts.

\$10 SHARE We give you an absolute guarantee as to its great earning power.

As in the past this store is conducted on a CASH BASIS. However, all owners of stock will be entitled to credit to the full amount of stock held by them.

Read T. R. Want Ads

Times-Republican

CITY IN BRIEF

Dr. Graham, osteopath, Masonic temple Eastman Kodaks, Bowen's Kodakery.

Phone us your drug needs, we deliver promptly. Peter Mayer & Son. We will be pleased to have your account. Try this store. Parlor Grocery.

Mrs. Lora Woodbury has gone to Minneapolis for a two weeks' visit with Mrs. Alice Warner.

Bath towels, 25-cent values, 10 cents Saturday night 8 o'clock. One Cent to 99-Cent Variety Store.

Special for one week, guaranteed hot water bottle and pair rubber gloves \$1.01. Peter Mayer & Son.

For that spring sewing—a New Home sewing machine from Schmidt's hardware, \$18 and up—Advertisement.

Mrs. Ben Campbell, of Winterset, returned home this morning after a visit here with her daughter, Mrs. G. D. Buffett.

Mrs. J. C. Hoffman, of Iowa Falls, returned home Thursday after visiting here with her sister, Mrs. L. C. Neuman.

Mrs. Anna W. Thayer, of Sioux City, arrived in the city Thursday night for a month's visit at the home of her son, G. F. Thayer.

New potatoes, head lettuce, cauliflower, cucumbers, tomatoes, green peppers, green onions and celery. Parlor grocery.

Mrs. A. C. Kluck, of Mason City, was in the city today on her way to Tama to visit her parents, Mr. and Mrs. Thomas Everett.

We have one slightly used Eureka electric vacuum cleaner we are offering for \$14. Come in and see it. Schmidt's hardware.

We have for Saturday business, a fine assortment of fresh fruits, oranges, bananas, apples, grape fruit, and plectant. Sanitary grocery.

A musical program will be given Saturday morning at 10 o'clock at the public library for the children of the lower grades of the public schools.

Miss Anna Alexander, of Union, who has been visiting in Cedar Falls, Iowa City and Greene, returned home Thursday. Her mother, Mrs. J. R. Alexander, of Union, was in the city Thursday.

Klondike incubators have won the favor of many Marshall county poultry raisers. Have you yours? Let us show you the construction of the Klondike all the way thru. Schmidt's hardware.

Clark Bowen, of Mt. Vernon, was in LeGrand today visiting friends. W. M. Gaunt, of LeGrand, returned home this morning after visiting here with his parents, Mr. and Mrs. O. E. Gaunt, at the soldiers' home.

The Norwegian Ladies Aid will have an exchange at the Temple of Economy Saturday at 10 o'clock. They will sell cake, bread, beans, cookies, doughnuts, cold tongue, cream putts with whipped cream. Committee.

Everist, opposite the Methodist church, is showing the finest selection of 5, 7 1/2 and 10-cent wall papers that can be found in central Iowa. Twenty more rooms on short notice. Everist's wall paper house.

Mr. and Mrs. Embert Setra, of Waterloo, who have been visiting at the home of Mr. Setra's sister, Mrs. R. Rasmussen, for a few days went to Nevada Thursday to visit at the home of Mr. and Mrs. R. M. Madison.

The walls of the Strand Theater are covered with Silk-Tone, the beautiful. It is washable, sanitary, water-proof and germ-proof. It is cheaper than paper or calcimine. You have your choice of eighteen beautiful colors. John B. Simmons sells it.—Advertisement.

Thirty members of the Excelsior Aid Society spent a profitable afternoon Thursday at the home of Mrs. John Twigg, 1006 West Boone street. Mrs. Twigg was assisted in entertaining by Mrs. G. W. Crawford. A pleasant afternoon was spent sewing for the hostesses. In serving refreshments the hostesses were assisted by Mrs. John Corrick and Mrs. O. B. Weeks.

There was an attendance of sixty-five at the meeting of the Ladies' Auxiliary of the Y. M. C. A., held Thursday afternoon at the Y. M. C. A. The business disposed of, an hour was spent visiting while refreshments were served by the hostesses, Mesdames A. R. and G. W. Doty, Charles Delahoyde, W. S. Devine, D. S. Dewitt, James DeBates, W. E. Dalbey, and Miss Mabel Drum.

Mrs. George Pepper was chosen president at the meeting of the Harmony Aid Society, held Thursday afternoon at the home of Mrs. Walter T. Hubler, 502 North First avenue. Other officers elected were Mrs. Rose Carney, vice president; Mrs. Martin Lull, secretary; and Mrs. Albert Cory, treasurer. The guests sewed and visited, and assisted by Mrs. E. G. Hubler and Mrs. George Pepper the hostess served a lunch.

No children in arms will be admitted to the Odeon Theater during the engagement of "The Birth of a Nation." All children must have tickets and every child in America over 6 years of age should see this mighty spectacle. Nothing to compare with it will ever be offered again from an educational standpoint. There are still plenty of good seats left for all performances and at all prices. No telephone orders taken. Buy your tickets now, do not delay or you will be disappointed. Odeon.

Bring your watches in. Hodges. Farm loans. William Mattin, 410 North First avenue.

Use Kellatone. Water proof stuco, sold by T. G. Cartwright. George R. Norris, fire, lightning, and tornado insurance. Over 25 West Main.

Come to the big market sale tomorrow, March 25. Plumb Bros., Mason and Shoemaker.

To make sewing easier, try one of our So-easy sewing machine motors. Schmidt's hardware.

White laundry soap, large bars, best grade, nine bars for 25 cents Saturday, One Cent to 99-Cent Variety Store.

Misses Martha and Alice Potgieter, of Roland, went this morning to Steamboat Rock to visit over Sunday.

Bath towels, 25-cent values, fancy borders, 10 cents Saturday night 8 o'clock. One Cent to 99-Cent Variety Store.

Mrs. W. F. David and daughter, Miss Lella David, left Thursday afternoon for Chicago, where they will visit with friends for two weeks.

Redmen dance in Redmen's hall Saturday night, March 26. Admission 10 cents. Evening tickets 50 cents. Everybody welcome. Committee.

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Bring your butter and eggs to Egbert's grocery and get the highest market price. We are paying 13 cents for eggs and 30 cents for butter.

Do not buy your canned goods by the dozen until you get our prices. Let us carry the stock. Get them when you are ready to use them. Parlor grocery.

New potatoes, green peppers, cauliflower, head and leaf lettuce, fresh tomatoes, celery, green onions, pea plant, radishes, grape fruit, bananas, etc., for our Saturday trade. Overturf's grocery.

We carry a full line of insurance, life, fire, automobile, accident and health, bonds, liability, etc. Before buying insurance call us. Phone 568. Shove-Bay Insurance Company, rooms 300-301, Masonic temple.

Just received another shipment of canned goods, and those who did not take advantage of the special sale prices offered last week, may do so now. We will save you money on canned goods by the dozen. Overturf's grocery.

For the man who is building new fence or repairing old, we advise an inspection of our American steel post. It is heavier, it lasts longer. It is easier to use. In fact the most satisfactory post to buy. See them here. Schmidt's hardware.

Do you realize we are giving you 33 1-2 cents on the dollar on all orders of \$1 or more, accompanied by cash? Then why don't you take advantage of it and have your spring cleaning, pressing and repairing done. Phone 735. The Cleaners.

We have been giving "S. & H." green trading stamps since January 1. Some people are aware of this and are buying their groceries here, and as groceries are quite an item in the home, they are filling their stamp books rapidly. Why not you? Sanitary grocery.

Come and see the articles on my bargain counters; also remember I have some of those American Wonder and Little Gem peas at 20 cents per quart, and four kinds of sweet corn at 10 cents a quart. Some job lots of dishes at bargain prices. Cully's the grocer.

Mrs. E. H. Clay, 410 East State street, was hostess Thursday afternoon to the members of the Lila Crochet Club. Mrs. G. W. Kinney and Mrs. L. Bousum were presented with cut glass bowls, the occasion being in honor of their birthday anniversaries.

In serving a two-course lunch, the hostess was assisted by Mrs. A. R. Toobey. Mrs. Betty Doane, of State Center was a guest from away.

"TIZ" FOR SORE TIRED FEET--AH!

"TIZ" IS GRAND FOR ACHING, SWOLLEN TENDER, CALLOUSED FEET OR CORNS



Ab! what relief. No more tired feet; no more burning feet; no more swollen, aching, tender, sweaty feet. No more soreness in corns, callouses, bunions.

No matter what ails your feet or what under the sun you've tried without getting relief, just use "Tiz." "Tiz" is the only remedy that draws out all the poisonous exudations which puff up the feet.

"Tiz" cures your foot trouble so you'll never limp or draw up your face in pain. Your shoes won't seem tight and your feet will never hurt or get sore and swollen. Think of it, no more foot misery, no more agony from corns, callouses or bunions.

Get a 25-cent box at any drug store or department store and get instant relief. Wear smaller shoes. Just once try "Tiz." Get a whole year's foot comfort for only 25 cents. Think of it.

The Men and Millions Team

Will Have Charge of the Services at the Central Church of Christ SUNDAY EVENING AT 7:30 O'CLOCK

Four of the sixteen national workers will speak. This is a rare privilege to see and hear the men who have a national reputation in such a movement.

These men will give an account of one of the most complete and far-reaching programs of Christian work ever undertaken by any religious body. This work is being carried on by the Disciples of Christ. No offering will be called for in this service.

Everyone is cordially invited to attend this meeting.

See our new line of sozies. Peter Mayer & Son. Try Colonial Inn coffee at 25 cents a pound. Real coffee. Parlor Grocery.

White laundry soap, nine bars for 25 cents Saturday. One Cent to 99-Cent Variety Store.

Attend our soap sale Saturday, nine bars white laundry soap for 25 cents. One Cent to 99-Cent Variety Store.

Why not have better bread? Buy Tip-Top here—it costs no more. White, whole wheat, and rye—fresh every day. Sanitary grocery.

Fresh vegetables, head and leaf lettuce, asparagus, radishes, onions, cut-cumbers, tomatoes, celery, cabbage, parsnips, carrots, rutabergers, and sweet potatoes. Now choose your vegetables for that Sunday dinner. Sanitary grocery.

You can get my blend of coffee that 25 cent Peaberry and a limited quantity of Rose Japan tea, the 60 cent grade, at 50 cents a pound. Also that one pound tin of real Moca and Java. I have plenty of bulk coffee, but limited supply of others. Cully's, South First avenue.

At the Hospital. A Cesarean section was performed on Mrs. William McKee, of Reinbeck, at the Deaconess Thursday evening, after eclampsia had set in. The babe, a boy, was taken from the mother dead. Mrs. McKee is in a serious condition.

Mrs. Ferdinand E. Schmidt, 104 South Fifth avenue, underwent an operation for appendicitis at the Deaconess this morning. Her condition is good.

Kent Switzer, of Union, is a patient at the Deaconess for treatment. Harley, son of R. N. Lawrence, of Union, submitted to the drainage of a bad abscess on his left hand at St. Thomas hospital this morning. The abscess was due to infection received into a slight scratch.

J. W. Bales, of Eldora, who underwent an operation for an abscess of the lung at the Deaconess Wednesday, is slightly improved. His condition is still serious, however.

State Center Property Sold. The Margaret Pfantz residence and lot in State Center was sold at a reference sale at State Center for \$3,100 to Margaret Goodman, of Rhodes.

Triple Celebration at Lamolla. Rev. and Mrs. Henry F. Horton, of Lamolla, were surprised by about fifty of their friends and neighbors at their home last evening in honor of their sixth wedding anniversary. March 23 is also the birthday of both Rev. Mr. Horton and Mrs. Horton, so the celebration

was a triple one. The guests brought their lunch, and a pleasant social evening was enjoyed. Later D. V. McLean, in behalf of the other guests presented Rev. and Mrs. Horton with a rooking chair.

Archie's Neck. Little Willie—in small boy stories the central figure is nearly always named Little Willie—came running into the house, stuttering in his excitement.

"Sommer," he panted, "do you know Archie Sloan's neck?" "Do I know what?" asked his mother.

"Do you know Archie Sloan's neck?" repeated her offspring. "I know Archie Sloan," answered the puzzled parent; "so I suppose I must know his neck. Why?"

"Well," said Willie, "he just now fell into the water up to it."—Saturday Evening Post.

Identified. Binks-Shafer, do you know that woman across the street? Shafer—She certainly looks familiar. Let me see. It's my wife's new dress, my daughter's hat and my mother-in-law's parasol—sure! It's our cook!—Mason News.

GRAY HAIR BECOMES DARK AND BEAUTIFUL

TRY GRANDMOTHER'S OLD FAVORITE RECIPE OF SAGE TEA AND SULPHUR.

Almost everyone knows that Sage Tea and Sulphur, properly compounded, brings back the natural color and lustre to the hair when faded, streaked or gray. Years ago the only way to get this mixture was to make it at home, which is messy and troublesome.

Nowadays we simply ask at any drug store for "Wyeth's Sage and Sulphur Compound." You will get a large bottle of this old time recipe improved by the addition of other ingredients for about 50 cents. Everybody uses this preparation now, because no one can possibly tell that you darkened your hair, as it does it so naturally and evenly. You dampen a sponge or soft brush with it and draw this thru your hair, taking one small strand at a time; by morning the gray hair disappears, and after another application or two, your hair becomes beautifully dark, thick and glossy and you look years younger.

Wyeth's Sage and Sulphur Compound is a delightful toilet requisite. It is not intended for the cure, mitigation or prevention of disease.

An Urgent Call For You

To Attend the Bible School at the Central Church of Christ SUNDAY MORNING AT 9:45 O'CLOCK

Efficient teachers for every class. Cordial fellowship. Music by the orchestra. Fine singing by the school. It matters not what your age, we have a good class for you. We need six more young married people to make the enrollment of the class 100.

We Want 500 in the Bible School Sunday. W. M. BAKER, Minister. A. H. WELKER, Supt.

BIRTH OF A NATION

E. R. LAY Dry Goods, Carpets, Rugs, Linoleums, Trunks, Mattings and Draperies.

THE NEW ENGLAND Trade at Headquarters—It's Safe

BIRTH OF A NATION Burch Bros Co. Leaders in Women's Millinery and Children's Ready to Wear and Millinery.

THOUSANDS

Will visit this city next week to see the BIRTH OF A NATION

We Want You to Make Our Store Your Headquarters

Meet your friends here. Leave your packages here. Make yourself at home here.

We Offer You the Following Advantages We Have the Only Store Next to the Opera House

During the next week we will make a special display of our immense stock of Rugs, Draperies, Art Goods, Dress Goods, Silks, Trimmings, Laces, Embroideries, Linens, Etc.

We want you to inspect these lines whether or not you wish to make any purchases.

E. R. LAY Sole Agency for Butterick Patterns—The best paper patterns published.