

All the steam railways in New Zealand are owned and operated by the government.

Right Living

Wholesome food is a most important part of right living. Sleep and fresh air come to us, but we must select our own foods.



Maple-Flake is the only wheat food that is actually All the Wheat, even to the outer "Laminar" Bran coat with its essential mineral salts.

NEW Maple-Flake

Delicious as the Name Sounds. COSTS A LITTLE MORE BUT BETTER VALUE.

SAYS BODY IS A POISON FACTORY

URGES EVERYONE TO DRINK GLASS OF HOT WATER BEFORE BREAKFAST.

Just as coal, when it burns, leaves behind a certain amount of combustible material in the form of ashes, so the food and drink taken day after day leaves in the alimentary canal a certain amount of indigestible material.

Those who are subject to sick headache, colds, biliousness, constipation, others who wake up with bad taste, foul breath, gastric stiffness, or have a sour, gassy stomach after meals, are urged to get a quarter pound of limestone phosphate from the drug store, and begin practicing internal sanitation.

Resinol



healed her itching skin

"I had a terrible case of eczema which covered both my hands. My fingers began to itch, then tiny water blisters came which formed sores all over my hands. I suffered for two years, getting very little rest or sleep because of the terrible itching.

QUICK RELIEF FROM CONSTIPATION

Get Dr. Edwards' Olive Tablets

That is the joyful cry of thousands since Dr. Edwards produced Olive Tablets, the substitute for calomel.

Dr. Edwards, a practicing physician for 17 years and calomel's old-time enemy, discovered the formula for Olive Tablets while treating patients for chronic constipation and torpid livers.

Dr. Edwards' Olive Tablets do not contain calomel, but a healing, soothing vegetable laxative.

No gripping is the "keynote" of these little sugar-coated, olive-colored tablets. They cause the bowels and liver to act normally. They never force them to unnatural action.

If you have "dark brown mouth" now and then—a bad breath—a dull tired feeling—sick headache—torpid liver and are constipated, you'll find quick, sure and only pleasant relief from one of two little Dr. Edwards' Olive Tablets at bedtime.

Thousands will find relief in two days just by keeping right. Try them: 10c and 25c per box. All druggists.

SHY ON CANDIDATES

DEMOCRATIC TICKETS HAVE VA-CANT PLACES IN SEVERAL COUNTIES IN IOWA.

SIX VACANCIES ON SENATORIAL TICKETS

Five Counties Have No Democratic Aspirants For State Representatives—Republican Nominees to Be Unopposed—Mixed Ticket in Dubuque, Where Republicans Have No Senatorial Nominees.

Special to Times-Republican.

Des Moines, Oct. 25.—There are six senatorial districts in the state, including a total of fourteen counties, which have no democratic candidates for state senator and five counties which have no democratic candidates for state representative.

The six districts which have no democratic candidates for state senator are: Sixth, including Adams and Taylor counties; Eighth, Mills and Montgomery; Thirty-second, Woodbury county; Thirty-ninth, Bremer and Butler; Fortieth, Allamakee and Fayette; Forty-seventh, Clay, Dickinson, Emmet, Kosuth and Palo Alto.

The counties which have no democratic candidates for state representative are Benton, Butler, Kosuth, Louisa and Worth. In Dubuque county, where two representatives are named, B. J. Horchem was voted on both on the republican and democratic tickets at the primary but he filed notice after his nomination that he was a democrat and withdrew from the republican ticket.

Some Unopposed.

In Benton county David E. Mackie, of Mount Auburn, republican, is the only man out for state representative. In Butler county O. L. Mead, of Shell Rock, republican, has a clear field. In Kosuth county T. P. Harrington, of Algona, is the republican nominee and W. T. Peters is running on the progressive ticket.

Among the senatorial nominees Benjamin J. Gibson, of Cornish, republican, is the only nominee in the Sixth senatorial district comprising the counties of Adams and Taylor. In the Eighth senatorial district comprising the counties of Mills and Montgomery W. C. Ratcliff, of Red Oak, republican, is opposed by William Ross, socialist. In the Thirty-

Advertisement.

Southern Iowa Items

Creston.

Creston will have a Boy Scout military band if the plans under way succeed. Twenty have already enlisted in the band. The scoutmaster is Rev. O. D. McClung of the Baptist church.

Fairfield.

While Henry A. Oliver, prominent business man and three children were attending Sunday morning services at St. Mary's church Mrs. Oliver died suddenly at the family residence while in bed with her 2-weeks-old daughter.

Exira.

The corn crop in this vicinity is extremely good this year and several farmers have reported their fields yielding 100 bushels to the acre. The huskers are getting 5 cents per bushel for husking, when they board themselves and 4 cents and board.

Des Moines.

A dispute over 10 cents in a card game cost the life of William Vaun, negro, 30 years old, at Carney Sunday. Sheriff John Griffin is holding Fred Coates, another negro, for the killings. According to Coates Vaun struck him, knocking him down, and Vaun pointed a Red Oak, republican, is opposed by William Ross, socialist. In the Thirty-

Advertisement.

Keokuk.

Mrs. S. Elizabeth Matheny, of Keokuk, has been secretary of the Rebekah lodge of Iowa for twenty-five years. When she returned from the convention at Clinton she brought with her a substantial testimonial of her silver anniversary. The Rebekahs gave her a shower of 100 silver dollars in recognition of her long service.

Indiana.

Gorham A. Worth, 81 years of age, one of the most prominent men of this city, died Sunday evening at 6 o'clock from heart trouble. Worth was writing a letter to his son, Craig, at Helena, Mont., when he dropped dead. Mr. Worth has been a Mason for the past sixty years as well as a resident of this city for the same length of time.

Des Moines.

Inquiries made to the state dairy and food department indicate that many of the Iowa farmers do not intend to feed the high priced corn to cattle and hogs this winter. The farmers who generally feed cattle and hogs are inquiring about the cheaper feeding materials from the south. The state will protect the feeders from fraud in these purchases.

Fairfield.

Local business men were ready to send out an S. O. S. call because of new boilers being installed in the electric power plant, which left the city without power. All factories were closed Monday and newspapers unable to get out editions, and Sunday night congregations were dismissed from church services. The power gave out in the midst of the evening services in all the churches Sunday night.

Williamsburgh.

Bernard Kuhnele, of Lenox township, bought the 160-acre farm of Neil Larson, which was sold at auction for \$480 an acre or \$41,600 for the farm. The farm was purchased twenty-two years ago for \$45 an acre, and at that time many people declared it was "an awful price." Mr. Larson is yet undecided as to his future plans, but the winter will be spent in California with his wife and family.

Des Moines.

It was a bad day for John G. Davis, a colored man, when he snatched Miss

ninth district comprising the counties of Bremer and Butler W. T. Evans is running on the republican ticket. In the Fortieth senatorial, Albert M. Fellows, of Lansing, republican, is opposed by J. E. Grauer, progressive. The counties in this senatorial district are Allamakee and Fayette. In the Forty-seventh senatorial, Henry C. Adams, of Algona, republican, is opposed by M. L. Slaeth, of Emmet county, progressive, and J. Anderson, of Ruthven, socialist.

Friends of the constitutional amendment are urging the voters to ascertain whether or not their candidates for the senate and the house will vote "dry." Notwithstanding the fact that there has been considerable said about it both by the newspapers and public speakers, many of the voters are not clear about the course of the constitutional amendment on prohibition. Judging from inquiries which come to state officials, the prohibitory constitutional amendment has to pass the next general assembly and then be voted on by the people.

ORGANIZE DIAGONAL TRAIL.

Iowa and Illinois Road Boosters Take Great Interest in New Highway.

Iowa City, Oct. 25.—Great interest in the improvement of the highways of Iowa and Illinois continues to be shown. A. E. Nissen, general organizer of the Diagonal Trail, and secretary of the Burlington Way, discovered this fact at a recent successful meeting of the Diagonal Trail boosters at Bloomington, Ill. Permanent organization of the Peoria, Bloomington, Champagne, Urbana and Danville divisions was effected.

Temporary officers were chosen and the permanent officers will be named and financial arrangements made at another meeting, to be held in Champagne on Oct. 28.

All the divisions of the Diagonal Trail have endorsed Mr. Nissen for secretary-treasurer, and he will doubtless be elected to that important post, and Iowa City or Cedar Rapids will be made the headquarters of the whole Diagonal Trail—ranging from Seattle, Wash., to Miami, Fla.—approximately 1,400 miles being thoroughly organized, and 5,400 miles in all being scheduled for organization. In the latter event the trail will be the longest organized trail in the world.

Business Change at Story City.

Special to Times-Republican. Roland, Oct. 25.—C. N. Christiansen has sold his dry goods and clothing store to H. T. Haug, of Ossian, and will retire from active business as soon as the invoice taking has been completed. Mr. Christiansen has identified himself with several business ventures in Story City. He is one of Story City's oldest business men taken from a standpoint of continuous service.

The Best Laxative.

To keep the bowels regular the best laxative is outdoor exercise. Drink a full glass of water half an hour before breakfast and eat an abundance of fruit and vegetables, also establish a regular habit and be sure that your bowels move once each day. When a medicine is needed take Chamberlain's Tablets. They are pleasant to take and mild and gentle in effect. For sale by all dealers. Advertisement.

SCHIERMANN TO IOWA

HOBO MUSICIAN EXTRADITED FROM CALIFORNIA AND IS NOW IN JAIL.

SAYS HE IS READY TO TAKE PUNISHMENT

Man Who Broke Into Society Because of His Talents and Who Forged Checks at Villisca Says He Fell From Grace While Visiting in Omaha and Was Drugged.

Villisca, Oct. 25.—Marshal J. H. Horton, tired and weary from a three days' ride from Porterville, Cal., arrived in this city, bringing with him Prof. Paul Francis Schiermann, Villisca's famous hobo musician, to answer to the charge of uttering forged drafts and bad checks.

Marshal Horton left here for California on the 11th with a requisition for Schiermann. As Schiermann, alias Panoost, was being held there for a similar crime it is remarkable that Marshal Horton was able to secure his man. It is presumed that Governor Johnson, when issuing the order for his extradition, did not know that he was being held there for a crime and only thought that he was a detained fugitive from justice.

Schiermann had, on his arrival in Porterville, secured a position as pianist in a moving picture show and later as pipe organist in a theater, and had just negotiated for a break into good society by being elected pipe organist in the Congregational church of that city, when his frenzied finance spirit obtained the mastery of him.

Make His Excuses.

Asked in the city jail, while still clad in his pajamas, trying to court a much-needed but elusive sleep, if he wished to make any statement, if there was any good reason why, in the fact of such apparent prosperity and good treatment as he was enjoying here in Villisca he should go wrong, he answered that there was. That on the day of his last visit to Omaha, while sitting in the lobby of the Fontenelle Hotel a stranger, a traveling salesman, invited him to participate in the destruction of several cocktails at the bar. Afterward he complained of a headache and the obliging stranger said he would fix it in a minute as he took from his pocket a bottle and rolled some "cock" crystals to a powder and thereafter gave him another pill. That put the fixing to Schiermann, he says, and the next thing he knew he was on a train out of Kansas City, leaving Iowa behind him.

Ready to Take Punishment.

He could not exactly harmonize the facts with his alleged forgery of drafts three weeks earlier than this event, however, nor with the similar trouble in California. He said he was glad that his trouble was about over and he was ready to take his punishment. As an indictment was returned against him last week his trial will be a mere formality and he is thought he will go at once before Judge Rockafellow, who is holding court in Red Oak this week, and receive his sentence.

ROMANCE SHORT LIVED.

Veteran Marries in Haste and Is Soon in Divorce Court.

Special to Times-Republican. Ida Grove, Oct. 25.—Otto Nack aged 80, a veteran of the civil war, met Mrs. Nancy Wittenburg while they were both sojourning at Hot Springs, S. D., because of rheumatism. Three weeks after forming an acquaintance, Aug. 13, 1916, they were united in marriage and came to Ida Grove, Ia., Monday, Tuesday to attend Judge Rockafellow's court, claiming that the husband had been cruel and used foul and insulting language in her presence. Nack, who has lived in Ida county since 1880, claims that the wife has been married four times. The wife asserts that Nack told

her that he was well-to-do and owned a fine home in Ida Grove and was situated financially to keep her in comfort and ease, but that since her marriage she found that such was not the case.

MOTHERS' CONGRESS CONVENES.

Annual Meeting Opens at Iowa City For Three Days' Session.

Special to Times-Republican. Iowa City, Oct. 25.—The annual convention of the Iowa Congress of Mothers and Parent-Teachers Association and the child welfare conference (the latter under the auspices of the university of Iowa extension division) opened here today, and will continue through Friday. The address of welcome was delivered today by Mrs. G. T. W. Patrick, of Iowa City, and the response was made by Mrs. E. P. Schoentgen, of Council Bluffs. The work of the County Child Welfare Association was discussed by Mrs. E. E. Sherman, Keosauqua; Dr. Clara L. Cronk, Bloomfield; Mrs. Robert Willetts, Mt. Pleasant; and Mrs. Charles Brenton, Dallas Center. Miss Adah L. Horshey, Des Moines; Prof. Macy Campbell, Grinnell, and Miss Bessie A. McClenahan, S. U. I., discussed community betterment themes. Dr. W. A. Jessup, president of the university, will deliver an address of welcome this afternoon, and Superintendent W. L. Kuser, of the Eldora school for delinquents, will give an address. Other speakers this afternoon will be Dr. Florence Brown Sherbon, Colfax, and Mrs. Isaac Lee Hillis, Des Moines.

ELDORA ELEVEN'S CLAIMS.

Ask Consideration as Contender For Premier Football Honors.

Special to Times-Republican. Eldora, Oct. 25.—The Eldora high school football team is in the race for the state championship. Its claim to consideration is based upon its record and comparative scores. It has not been scored on by a high school team since two of the teams which were in the race for the northern Iowa championship, Clarion was beaten by a score of 13 to 0 and Hampton by a score of 21 to 0. Neither of these teams has been defeated by any other team, although they have played some of the fast teams of northern Iowa. Eldora defeated Iowa Falls by a decisive score of 20 to 0, while Iowa Falls played East Waterloo a 7 to 7 tie game, and East Waterloo held Des Moines to a 13 to 7 victory. Eldora is anxious to play other claimants for the championship on either of two dates, Nov. 4 or Nov. 11.

IOWANS CHRONICLE HISTORY.

Professors Macy and Steiner, of Grinnell Write Historical Volumes.

Special to Times-Republican. Grinnell, Oct. 25.—Professors Macy and Steiner, of Grinnell, each have been invited to write one of the volumes of the "Chronicles of America" series now being prepared by the Yale University press.

Dr. Steiner's book is entitled "The Foreigner" and Professor Macy's contribution called "The Crusade Against Slavery." Both professors are now working on the books.

The "Chronicles" series when completed will treat the important forces in the development of America, in a detailed and comprehensive manner. The fifty volumes of the series are being written by experts in various fields all over the country.

News of Montour.

Special to Times-Republican. Montour, Oct. 25.—J. P. Howard returned from his Illinois trip in time to be the guest of honor at his 81st birthday celebration at the home of his daughter, Mrs. L. C. Knudson, west of LeGrand, today. All the children and grandchildren were present to make it a happy time.

Mrs. I. L. Walters returned to her home in Waterloo Tuesday after a few weeks' visit with her daughter, Mrs. Cleon Millard.

Station Agent J. J. Davis is enjoying a visit from his father, William Davis, of Center Junction.

Ereel Blum started for Des Moines Tuesday to assist his brother-in-law, Dr. C. H. Harmon, in his dental office. Mrs. George Ward and daughter, Miss Viola Ward, are visiting this week with Dr. G. B. Ward and family in Gilman.

Mr. and Mrs. John Bennett, of South Beaver Dam, Wis., who have been visit-

ing their son, Ray Bennett, left for home Sunday evening.

Mr. and Mrs. Ernest Spickler are enjoying a visit from the latter's brother, Arthur Gillett, of Cumberland, Wis.

Mr. and Mrs. E. I. Wilcox returned Tuesday afternoon from a visit with their daughter, Mrs. Jesse Brinkehoff, at Waterloo, and son Ed at Rowley.

Those attending the grand chapter of the Eastern Star at Cedar Rapids this week are Mrs. A. M. Dobson, Mrs. Fred Fish, Mrs. Dora Wanser, Mrs. John Alden and Mrs. W. G. Dobson.

Sorry She Spoke.

"John," she said sternly, "father saw you this morning going into a pawnbroker's with a large bundle."

Her sutor flushed. Then he replied in a low voice:

"Yes, that is true. I was taking the pawnbroker some of my old clothes."

You see, he and his wife are awfully hard up."

"Oh, John, forgive me!" exclaimed the young girl. "How truly noble you are!"



Shirley's Lexicon of ARROW COLLARS

SHINOLA

Get the home care of shoes habit—it pays

Well dressed people always have well shined shoes. SHINOLA, with the key for opening the box, its quick shining qualities and the handy



SHINOLA HOME SET for polishing, makes the home care of shoes a pleasure.

BLACK—TAN—WHITE SHINE WITH SHINOLA AND SAVE

SAVINGS ACCOUNTS

Table Talk

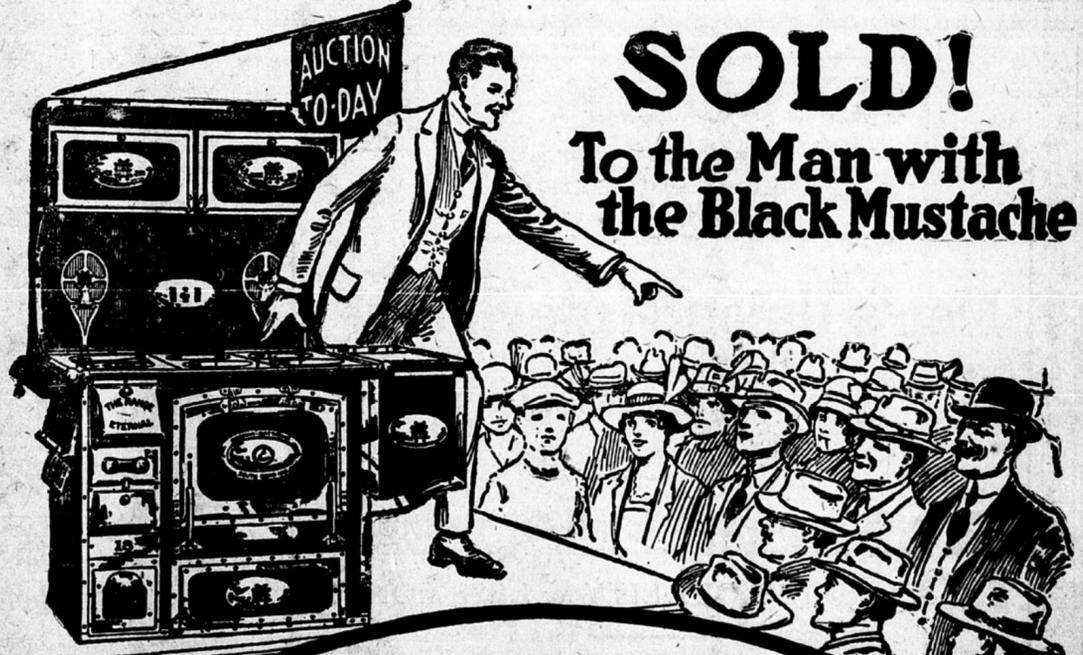


With a check book of her own, your wife will find it unnecessary to keep much money in the house, and will avoid the trouble of making change. Paying household bills by check is a safe, convenient and satisfactory method. Besides it gives her business experience. TALK IT OVER—START NOW—in the oldest bank in Central Iowa.

First National Bank

Capital \$200,000 Member of Federal Reserve Bank.

SAVINGS ACCOUNTS



A Man Named Hays

in an Ohio town—held a public auction sale of his household effects. Among the articles offered, was a Range Eternal which he had purchased in 1914.

After spirited bidding, the Range Eternal was sold to Mr. Albert Ferguson of Grove City, O., for only 50c less than Hays originally paid for it. But that is not all. Later on, four of those who bid for Hays' Range Eternal, bought new ones from the local dealer. All of which simply goes to prove that the Range Eternal is "legal tender" and has an established reputation for kitchen SERVICE.

See "The Range Eternal" at Your Local Dealer's

the same kind of range that Mr. Hays sold at such a record breaking price. Your dealer will explain, one by one, the 32 points of Eternal Excellence which make the service the Range Eternal so delightful—and so economical.

ENGMAN-MATTHEWS RANGE COMPANY (Two generations of Malleable Range Builders) SOUTH BEND INDIANA