

HEALTH HINTS.

A. J. Booker, M. D.

"We would love each other better, if we only understood" just what the other fellow's viewpoint is. What in us is a "peculiarity" in the other fellow is "the devil"; what in us is excusable in the other fellow is unreasonable. So it goes down the line. But did you ever stop to place yourself in the other fellow's place? How would you like for someone to think of you as you think of them; how would you act if things were going with you as they are with your neighbor?



It is a fine habit to put yourself in the other fellow's place once in a while and imagine how you would feel under the same circumstances. The other fellow is just as human as you are, has as many trials, perhaps more, tries to get along as best he can and wants to be happy. You may think some people choose poor means to reach their ends, but they are just as you are in some other particular. We cannot have the same experiences, and emotions, consequently our actions differ. If we were reared under identical circumstances, had the same temperament and met the same conditions under exactly the same circumstances, then we would act the same and the person who deviated from the standard would be justly censured if they did not come out of the conflict unscathed.

But do you use the golden rule? Perhaps you will not steal, but will you cheat the street car conductor if he does not see you? Will you drop a plug in the meter and think it is a smart trick; will you advertise a found article? Perhaps you will not lie; but will you evade the truth? Will you pass a choice morsel of gossip along, hoping it will reach a vulnerable spot? Or perhaps you do not drink. Will you make it easy for people to get a little dope; will you pass a man (who is a human being nevertheless) who fell down in the snow because he was drunk? It may be that you would not shed human blood, but will you be more cruel than a murderer by killing character by insinuation or innuendo; or do you always smile with your eyes when a child or innocent person looks at you in either kindness or distress? It is likely that you honor your parents. But do you treat those who have only the past to look upon with courtesy and humility, wondering what spiritual fire they have been tried by and why their hands are so knotty or their eyes so dim because of repressed tears? Most likely you are chaste and virtuous; but can your soul stand naked before the world and God and you not shrink; have the "wicked" been more foolishly courageous than you, or are you "lucky?"

There is a difference between being peculiar, temperamental, or having individuality or whatever you call it, and being worthy. If you are really worthy and belong to the world's elect, there may be some excuse for your being utterly and absolutely exact—that is if you are uncharitable. Only the most good and those without charity can afford to be disgusted

with any of the Master's children. If you are dead sure that you are perfect and can afford to say anything about anybody, at any time because of your superior virtues, be thankful, fall upon your knees, ask God as one of His most favored children to take you quickly, for even angels have fallen.

COUNCIL BLUFFS, IOWA.

The Silver Leaf club met Tuesday night at the church. Ice cream was served and a nice program rendered by the members.

The Mission Circle met Friday at the home of Mrs. Jacob Fountain, 112 South Thirteenth street. Lunch was served.

The Pastor's Aid club met Friday night. A large number were present. Mrs. Henry Walker has returned to her home in Davenport, Iowa, after a visit in the city as the guest of Miss A. Louis.

Miss Goldie Nealy is visiting her mother, Mrs. Ellen Rose.

Mrs. Clara Johnson left Friday for her home in Kansas City, Mo. She was called to the city on account of the illness of her daughter, Mrs. Wm. Givens, who is doing nicely at this writing.

Mr. Tom Wright is still on the sick list.

Mr. Joe Thompson is on the sick list.

The strongest recommendation any article may receive is a favorable word from the user. It is the recommendations of those who have used it that makes Chamberlain's Cough Remedy so popular. Mrs. Amanda Gierhart, Waynesfield, Ohio, writes, "Chamberlain's Cough Remedy has been used in my family off and on for twenty years and it has never failed to cure a cough or cold." Obtainable everywhere.

No More Desire for Tobacco

Arthur Krouse is a locomotive fireman who had been using tobacco since he was a boy. About two years ago he began to have a spell of illness. His memory was getting very bad and his eyes bothered him a good deal. He had tried in vain to conquer the habit, until he got a certain book and now he is freed from the thrall of tobacco and his health is wonderfully improved. Anyone who desires to read the book can obtain it absolutely free by writing to Edward J. Woods, 1529 A. Station, New York City. It tells how the habit of smoking, chewing or snuff taking can be conquered in three days.

FREE STYLE BOOK
--- HAIR ---
To Colored Women
We are the largest manufacturers of Colored Women's Hair. Our latest book showing new styles in hair dressing sent free. Every colored woman should have one. We sell thousands of hair and toilet articles, satisfaction guaranteed or money back.
We make the best BRASSIERES!
LONG combs, with extra heavy back, fully guaranteed. With each comb we give lamp cap.
Send money order or stamps. MONEY BACK IF NOT SATISFACTORY. See, postpaid.
POSTPAID 85c.
Hair nets, brushes, combs and toilet articles manufacturers' prices. Send two-cent stamp.
Agents Wanted. Address as follows:
HUMAN HAIR COMPANY.
101-187 Park Row, New York City.
Dept. 61

If I Send You This Suit

made to your measure, in the latest style, would you be willing to spend your money and to show it to your friends and let them see our beautiful samples and dashing new styles?
Could you use \$5.00 a day for a little spare time? Perhaps I can offer you a steady job. If you will write me a letter or a postal at once and say: "Send me your special offer." I will send you a variety and styles to select from and my surprising liberal offer. Address: **E. A. HENRY, President, Banner Tailoring Co., Chicago, Ill.** Dept. 536



ORIGINAL NOTICE.

In the district court of Polk county, Iowa.

Maude B. Crow, plaintiff,

vs.

Arthur M. Crow, defendant.

To Arthur B. Crow, Defendant: You are hereby notified that the petition of the plaintiff in the above entitled cause is now filed in the office of the clerk of the district court of Polk county, Iowa, claiming of you a divorce on the grounds of cruel and inhuman treatment and asking that she have restored to her her maiden name of Maude B. Andrews.

For full particulars see petition filed as above stated.

And that unless you appear and defend on or before noon of the second day of the next term of this court, which will commence at Des Moines, Iowa, on the 5th day of March, 1917, default will be entered against you and judgment and decree rendered thereon.

Dated at Des Moines, Iowa, this 29th day of January, 1917.

McHenry & DeFord, Attorneys for Plaintiff.

ORIGINAL NOTICE.

In the district court of Polk county, Iowa.

May Johnson, plaintiff,

vs.

E. C. Johnson, defendant.

To E. C. Johnson, Defendant:

You are hereby notified that the petition of the plaintiff in the above entitled cause is now filed in the office of the clerk of the district court of Polk county, Iowa, claiming of you a divorce on the grounds of desertion.

For full particulars see petition filed as above stated.

And that unless you appear and defend thereto on or before noon of the second day of the next term of this court, which will commence at Des Moines, Iowa, on the 5th day of March, 1917, default will be entered against you and judgment and decree rendered thereon.

Dated at Des Moines, Iowa, this 29th day of January, 1917.

McHenry & DeFord, Attorneys for Plaintiff.

When in Davenport Stop At
Mr. & Mrs. Ensy Green
110-114 East 5th Street
First Class Restaurant and Rooming House
Davenport, Iowa

KINKY HAIR
Becomes Straight, Soft, Glossy, Long by Using **HEROLIN**
HAIR DRESSING. NEW DISCOVERY—NOT STICKY OR GUMMY
You see the kinks in your hair disappear. All your wavy, coarse, stubborn kinky hair made straight, smooth, silky, glossy. Herolin Hair Dressing makes hair grow fast, long and beautiful, stopping dandruff and itching of the scalp and falling hair of loss. Stop using hot irons. Apply Herolin instead.
Send 25c (stamp or coin) for a big can of Herolin. Money back if Herolin doesn't satisfy you.
HEROLIN MEDICINE CO., Atlanta, Ga.
AGENTS WANTED WRITE FOR TERMS.

ORIGINAL NOTICE.

In the district court of the state of Iowa, in and for Polk county, March term, A. D. 1917.

Lucile Terry, plaintiff,

vs.

William T. Terry, defendant.

To William T. Terry:

You are hereby notified that on or before the 25th day of January, A. D. 1917, the petition of the plaintiff in the above entitled cause will be filed in the office of the clerk of the district court of the state of Iowa, in and for Polk county, Iowa, claiming of you an absolute divorce from the bond of matrimony now and heretofore exist-

ing between you, on the grounds of infidelity inconsistent with his marriage vows, and cruel and inhuman treatment by being abusive, and failing to support plaintiff.

For further information see petition on file in the office of the clerk of the district court of the state of Iowa, in and for Polk county.

And unless you appear thereto and defend before noon of the second day of the next term, being the March term of said court, which will commence at Des Moines on the 5th day of March, 1917, default will be entered against you and judgment and decree rendered thereon.

Dated this 24th day of January, 1917.

J. B. Rush, Attorney for Plaintiff.

ORIGINAL NOTICE.

In the district court of the state of Iowa, in and for Polk county, March term, A. D. 1917.

Reolia F. Jackson, plaintiff,

vs.

Jesse Jackson, defendant.

To Jesse Jackson:

You are hereby notified that on or before the 26th day of January, A. D. 1917, the petition of the plaintiff in the above entitled cause will be filed in the office of the clerk of the district court of the state of Iowa, in and for Polk county, Iowa, claiming of you an absolute divorce from the bond of matrimony now existing between you on the ground of willful desertion without a just cause.

For further information see petition on file in the office of the clerk of the district court of the state of Iowa, in and for Polk county.

And unless you appear thereto and defend before noon of the second day of the next term, being the March term of said court, which will commence at Des Moines on the 5th day of March, 1917, default will be entered against you and judgment and decree rendered thereon.

Dated this 25th day of January, 1917.

J. B. Rush, Attorney for Plaintiff.

defend before noon of the second day of the next term, being the March term of said court, which will commence at Des Moines on the 5th day of March, 1917, default will be entered against you and judgment and decree rendered thereon.

Dated this 25th day of January, 1917.

Attorney for Plaintiff.

J. B. Rush,

ORIGINAL NOTICE.

In the district court of the state of Iowa, in and for Polk county, March term, A. D. 1917.

Ida M. Nay, plaintiff,

vs.

Herald Nay, defendant.

To Herald Nay:

You are hereby notified that on or before the 26th day of January, A. D. 1917, the petition of the plaintiff in the above entitled cause will be filed in the office of the clerk of the district court of the state of Iowa, in and for Polk county, Iowa, claiming of you an absolute divorce from the bond of matrimony now existing between you on the ground of willful desertion without a just cause.

For further information see petition on file in the office of the clerk of the district court of the state of Iowa, in and for Polk county.

And unless you appear thereto and defend before noon of the second day of the next term, being the March term of said court, which will commence at Des Moines on the 5th day of March, 1917, default will be entered against you and judgment and decree rendered thereon.

Dated this 25th day of January, 1917.

J. B. Rush, Attorney for Plaintiff.

"Torturing Headaches—don't suffer—Stop them!"

Long hours, close and tedious work are very apt to result in Headaches or other Pains. Don't suffer.

DR. MILES' ANTI-PAIN PILLS will quickly drive your Pain away, and **Dr. Miles' Nervine** will assist you by relieving the Nerve Strain.

IF FIRST BOX, OR BOTTLE, FAILS TO BENEFIT YOU, YOUR MONEY WILL BE REFUNDED.

DIZZY SPELLS.
"My nerves became all worn out. I had had headaches and severe dizzy spells. I could not sleep and my appetite was poor. I began using Dr. Miles' Anti-Pain Pills and they always gave me instant relief no matter what the pain. Then I used Dr. Miles' Nervine regularly and was soon in perfect health again."
MRS. S. L. YOUNG,
324 Pittsburgh St.,
Newcastle, Penn.

Why Willie Wibbinkounter Is Still Yelling C-A-A-A-SH!

