

THE BYSTANDER

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JOHN L. THOMPSON, EDITOR

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We are prepared to do first class job work at reasonable prices. All of our work is guaranteed.

Official organ of the M. W. U. Grand Council of Iowa, A. F. & A. M., and International Grand Congress of Heroes of Jericho of America, and Western Baptist Association.

We will not return rejected manuscript, unless accompanied by postage stamps.

Communications must be written on one side of the paper only and be of interest to the public. "Brevity is the soul of wit," remember.

The Iowa State Bystander is the oldest Afro-American journal published in Iowa. It was established in 1894, and is read by nearly all the colored people of Iowa. We have correspondents in the following towns:

- Albia.....Miss May Davis
Washington.....N. L. Black
Monmouth, Ill.....Mrs. Bernice Madlock
Clifton.....A. A. Bush
Macon, Mo.....Lucy Harris
St. Paul, Minn.....Mrs. Hatde Hicks
Rock Island Ill.....
Davenport.....Miss Berna Edmunds
Oskaloosa.....Mrs. Cora Moore
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Keokuk, Iowa.....Mrs. George Caldwell
Chillicothe, Mo.....V. E. Williams
Sioux City.....Mrs. M. Askew
Clarinda.....Mrs. G. N. Nowling

This notice applies to all writers contributors, agents and correspondents. Sign all articles, write only upon one side of paper, write a plain hand and spell accurately. Do not send in names of persons at parties event. Do not give an eulogy or write your personal comment upon classes, all societies, all religious or political in a brief, simple manner and let the readers of The Bystander comment. Write the news of all personal whims or ideas.

EDITORIALS

Camp Dodge to Have Training School for Infantrymen.

Colored Soldiers of Present Regiments Eligible.

Washington, D. C., May 2.—Schools for the training of colored officers are to be opened May 15 at Camp Meade, Md., and Camp Dodge, Iowa, the war department announced today.

The two schools will be similar to the officers' training schools at all other cantonments, although the students will be drawn from the seven camps where regiments of colored conscripts are located and from Wilberforce University, Wilberforce, O., the only colored school recognized by the war department to furnish students to the camps.

Colored men in the regular army also are eligible for admission to the camps, the total enrollment of which will not exceed 2 per cent of the total number of Negroes in the service. The graduates of the two schools will qualify for commissions as second lieutenants and be eligible for the rank when vacancies occur among colored troops.

A GREAT RALLY.

There was one of the greatest and most unique gatherings at the city Auditorium on Sunday, April 28, ever known in this state or city, when more than three thousand people crowded into the Auditorium, representing the eight colored churches of Des Moines. These churches came together in a union competitive rally, and for the purpose of forming a closer relationship and mutual understanding, at such a time as this, when all men should be displaying the truest bonds of brotherhood.

The meeting accomplished its purpose. Never before has there been a meeting of any kind held in this city where so much of the real brotherhood and sisterhood spirit was shown.

All the choirs of the various churches

under excellent direction of Miss Ethel Bower joined in one great melodious chorus and thrilled the audience with their harmonious voices, showing that their two months of hard practice had been well spent.

Dr. H. E. Wilson of Texas gave a most inspiring address, using as the basis of his discourse, "The people had a mind to work."

Then each pastor of the eight churches made five minute appeals for financial assistance. Then the finance was taken and was reported as follows:

Table with 2 columns: Church Name, Amount. Includes The Union Baptist, Rev. J. H. Reynolds, pastor \$92.50; W. Robinson, pastor \$51.50; Union Congregational, Rev. H. E. King, pastor \$30.50; First A. M. E. Zion, Rev. E. S. Hodge, pastor \$57.00; Maple Street Baptist, Rev. S. Bates, pastor \$212.00; Asbury M. E., Mr. White, officiating \$54.00; Bethel A. M. E., Rev. H. A. Perry, pastor \$412.50; St. Paul A. M. E., Rev. S. L. Birt, pastor \$425.00.

Total contributions \$1,335.00. Everyone was overjoyed and a broad smile seemed to mark every face.

Then Rev. H. A. Perry read the following resolutions:

Whereas we are living in a new and progressive age, and Whereas, we are a distinct race, called from the diamond fields of Africa to the cream of civilization, and Whereas, this race is being lynched, burned at the stake and variously persecuted, at such a time as this when this nation should be cemented as one great unit, the severing bombs are being dropped almost continuously, especially in the Southland, where here and there mob violence reigns.

Therefore be it resolved, that this race proclaim and celebrate the first Saturday in August as a national racial holiday, that this day shall be held annually as a day of review of the events of injustice meted out to the race during the past year, and that epistles of protest be sent to every authority in the nation, state and county and even country places wherever the uneven hand of justice is used, and that this day shall be held sacred to us, until mob violence shall be driven from the face of the earth.

Signed: H. A. Perry, Geo. W. Robinson, Samuel Bates, S. L. Birt, E. S. Hodge, Joe Reynolds, H. E. King, H. R. Wilson, M. Turney.

I desire to announce that I am a candidate for nomination for a second term as State Senator from Polk County, subject to the republican primaries June 3, 1918. ADDISON M. PARKER.

FINAL NOTICE OF CANCELLATION OF CONTRACT.

To John F. Greve, John Frederick Greve and Mrs. John F. Greve:

You, and each of you, are hereby notified that you have failed to perform the contract and agreement entered into by you, John F. Greve, with J. Levitt on the 3rd day of November, A. D. 1918, for the purchase of the following described real estate situated in Polk county, Iowa, to-wit:

Lot 6, block 22, Highland Park, an addition now included in and forming a part of the city of Des Moines.

Your failure to perform said contract and agreements consists of the following matters, to-wit:

Amount of principal interest, taxes and insurance, which should have been paid to this date according to contract, \$75.00.

Amount which has been paid, as per payments made, \$45.00.

Amount past due and unpaid, \$30.00.

And by reason thereof the said J. Levitt does now, in accordance with said contract and the provisions of section 4299, chapter 7, title 21, of the code of Iowa (1897) as amended, cause this notice to be served upon you of his intention to forfeit and cancel the said contract after thirty days (30) from the completed service of this notice, and that unless you within the said thirty (30) days perform all the obligations of said contract on your part delinquent and make all payments of principal, interest, taxes and insurance and as above set forth, and also pay the cost of serving this notice, that said contract and all your rights therein and thereunder, in and to said real estate described, shall be declared null and void and forfeited and shall cease and determine, and you will govern yourselves accordingly.

The aforesaid contract is recorded in Book 751, page 117, of the records of Polk county, Iowa.

Dated at Des Moines, Iowa, this 10th day of April, A. D. 1918.

J. Levitt.

Put the Dollar to Work.

When a manufacturer or other producer of real wealth does a profitable business and turns his profits back into the business, he gives employment to men and creates more real wealth as he progresses year by year. He does more real good for his fellowmen than he would if he gave all his profits in charity, because it is better to make people self-supporting and independent than it is to give them something for nothing no matter how worthy the motives may be.

The True and the False.

The president of a bank, when asked by a young clerk how he could distinguish the counterfeit bills from the good, said: "Get familiar with the good bills, and you will recognize the bad bills at sight." Here is a vast volume of general wisdom summed up in a single sentence.—Christian Herald.

In Other Days.

Until a New Jersey man tried to corner the potato crop of his neighborhood the mosquito was considered the most undesirable predatory insect produced in that section of the country.

GROGERS HELP IN 50-50 PLAN

SIGN PLEDGE TO CARRY OUT FOOD ADMINISTRATION PROGRAM.

POST CARDS IN STORES.

Explain New Wheat Ruling to Thousands of Customers—Insures Greater Food Saving.

Grocers of the nation have accepted enthusiastically the 50-50 basis for the purchase of wheat flour and are doing their utmost to explain the new regulation to the housewife. This ruling by the U. S. Food Administration requires each purchaser of wheat flour to buy one pound of cereal substitute, one kind or assorted, for every pound of wheat flour. It was necessary to restrict the use of wheat flour in order that the allies and our fighting forces abroad might be assured of an adequate supply of wheat to meet their vital needs. This supply must come from our savings because we have already sent our normal surplus.

Wheat saving pledge cards were forwarded by the Food Administration to all retail food merchants, and these are being signed and posted in stores throughout the country. This card states, "We pledge ourselves loyally to carry out the Food Administration program. In accordance with this order we will not sell any wheat flour except where the purchaser buys an equal weight of one or more of the following, a greater use of which in the home will save wheat:

"Cornmeal, corn flour, edible corn starch, hominy, corn grits, barley flour, potato flour, sweet potato flour, soy bean flour, feterita flour and meals, rice, rice flour, oatmeal, rolled oats and buckwheat flour."

Some confusion has resulted on the part of the consumer in construing this "50-50" ruling to mean that an equal amount in value of substitutes must be purchased with wheat flour. This is a mistaken idea. The ruling states that the consumer in purchasing flour shall "buy at the same time an equal weight of other cereals."

One exception to this ruling is concerning graham flour and whole wheat flour, which may be sold at the ratio of three pounds to five pounds of wheat flour. This provision is made because approximately 25 per cent more of the wheat berry is used in the manufacture of these flours than standard wheat flour.

Another exception is that concerning mixed flours containing less than 50 per cent of wheat flour, which may be sold without substitutes. Retailers, however, are forbidden to sell mixed flours containing more than 50 per cent of wheat flour to any person unless the amount of wheat flour substitutes sold is sufficient to make the total amount of substitutes, including those mixed in flours, equal to the total amount in wheat flour in the mixed flour. For instance, if any mixed flour is purchased containing 60 per cent wheat flour and 40 per cent substitutes it is necessary that an additional 20 per cent of substitutes be purchased. This brings it to the basis of one pound of substitutes for each pound of wheat flour.

A special exemption may be granted upon application in the case of specially prepared infants' and invalids' food containing flour where the necessity is shown.

Some misunderstanding seems to exist on the part of consumers in assuming that with the purchase of wheat flour one must confine the additional 50 per cent purchase to one of the substitutes. This is not the case. One may select from the entire range of substitutes a sufficient amount of each to bring the total weight of all substitutes equal to the weight of the wheat flour purchased. For instance, if a purchase of 24 pounds of wheat flour is made a range of substitutes may be selected as follows:

Cornmeal, 8 pounds; corn grits, 4 pounds; rice, 4 pounds; buckwheat, 2 pounds; corn starch, 1 pound; hominy, 2 pounds; rolled oats, 3 pounds.

These substitutes may be used in the following manner:

Cornmeal, 8 Pounds.—Corn bread, no flour; corn muffins or spoon bread, one-fourth flour or one-third rice or one-third hominy; 20 per cent substitutes in whole bread.

Corn Starch, 1 Pound.—Thickening gravy, making custard, one-third substitute in cake.

Corn Grits, 4 Pounds.—Fried like mush, used with meal in making corn bread.

Rolls Oats, 3 Pounds.—One-fourth to one-third substitutes in bread, one-half substitute in muffins; breakfast porridge, use freely; oatmeal cookies, oatmeal soup.

Buckwheat Flour, 2 Pounds.—One-fourth substitute in bread, buckwheat cakes.

Hominy, 2 Pounds.—Baked for dinner, baked for dinner, with cheese sauce.

Rice, 4 Pounds.—One-fourth substitute in wheat bread, one-third substitute in corn bread, boiled for dinner (a bread cut), as a breakfast food, to thicken soups, rice pudding instead of cake or pie, rice batter cakes.

Several grocers have stated that their customers who strictly observe the 11 wheatless meals each week find it necessary to buy substitutes in addition to those ordered under the 50-50 plan.

ALLIES DEMAND MORE CEREALS

American Meat Restrictions Relaxed to Effect Greater Wheat Savings.

ARGENTINE ARRIVALS SHORT.

Meat Supply Here Considerably Enlarged—Food Administration, However, Warns Against Wastage.

The allies have made further and increased demands for breadstuffs, these enlarged demands being caused to some degree by shortage in arrivals from the Argentine. It is, therefore, necessary for the U. S. Food Administration to urge a still further reduction in the consumption of bread and breadstuffs generally if we are to meet our export necessities. The Food Administration has issued a statement explaining the situation in detail, particularly the reasons which lead it, for the purpose of centering effort for the time being upon the cereal situation to relax temporarily the restrictions on meat consumption.

Experience shows, this statement says, that the consumption of breadstuffs is intimately associated with the consumption of meat. For various reasons our supplies of meat for the next two or three months are considerably enlarged, and we can supply the allies with all of the meat products which transportation facilities render possible and at the same time somewhat increase our own consumption. In these circumstances the Food Administration considers it wise to relax the voluntary restrictions on meat consumption to some extent with a view to further decreasing bread consumption.

Conservation of food must be adjusted to meet necessities from time to time, for neither production, nor allied demands are constant factors, nor can any of these factors be anticipated for long periods in advance in the disturbed conditions in which we at present live. While the world situation is not one that warrants any relaxation in the efforts to eliminate waste or to relax economy in food, the Administration desires to secure better adjustment in food balances.

So long as the present conditions continue the only special restrictions we ask are the beefless and porkless Tuesday.

The meatless meal and the porkless Saturday are no longer asked.

The farmers of the United States are responding to the national call to increase hog production. Their increase, to all appearances, is being attained more rapidly. Of more immediate importance, however, are several complex factors which have effected an immediate increase in meat supplies.

The transportation shortage before the government took over the railroads, the bad weather in January and early in February, the large percentage of immature corn in the last harvest and the necessity of feeding this corn as rapidly as possible to save it from decay, have not only resulted in backing up the animals—particularly hogs—on the farms for a longer period of feeding, but have resulted in a great increase in their average weight and will result, with improved transportation conditions, which already appear, in larger than normal arrivals at market for the next two or three months.

The weight of hogs coming to the market for the past two weeks indicates an increase in weight of from an average of 203 pounds last year to the almost unprecedented average of 232 pounds, or a net increase in their meat value of over 15 per cent. This is a distinct addition to the nation's meat supply. It therefore now seems certain that we have such enlarged supplies for at least some months to come, that we can not only increase our exports to the allies to the full extent of their transportation facilities, but at the same time can properly increase our domestic consumption.

The response of the public to our requests for reduced consumption of meat during the past few months has been most gratifying, and this service alone has enabled the government during this period to provide such supplies as transportation to the allies permitted.

The Administration also suggests that in those parts of the country where the old fashioned home preservation of pork is still the custom, this practice should be extended at the present time, as it will relieve the burden upon transportation to and from the packing houses and is economically sound as saving the cost of packing operations and at the same time will provide home supplies of pork to last over the months of decreased supplies.

The Food Administration desires to repeat that it does not want to give the impression that these are times when simplicity and moderation of living are not critically necessary, but that its sole desire is to secure an adjustment between our different food supplies and meet changing conditions from time to time and to keep the public fully and frankly advised of its position with the full confidence and reliance that whenever it becomes necessary renewed appeals for saving will meet the same loyal response as in the past.

Madam M. Brook's Magic Hair Grower



This magic hair grower, scalp preserver and dandruff remover is one of the very latest on the market and it has been a wonderful success. It is sanitary, helpful and does not destroy the hair nor injure the scalp. It can be used without straightening irons. Price per box, 50c, and glossing for straightening, 35. Agents wanted in every town in the U.S. Write to

Madam M. Brooks Des Moines, Iowa 1623 Searle Street.

Plymouth Rock Chick Food

The Best Food for Young Chicks

Made of choice clean grain in fine granulated form without dirt, dust or meal. Is not "loaded" with grit or shell. We make it ourselves and know its quality.

This food is a balanced ration containing all the elements required by the growing chicks to six weeks old, after which they may be fed on Plymouth Rock Hen Food. Prices quoted on request. We also offer a full line of poultry supplies which are illustrated and described in our catalogue which will be furnished free on application. Ask for one.

Iowa Seed Company 209-211 Walnut Street Des Moines, Iowa

As Age Advances the Liver Requires occasional slight stimulation. CARTER'S LITTLE LIVER PILLS correct CONSTIPATION. Colorless or Pale Faces usually indicate the absence of iron in the blood, a condition which will be greatly helped by Carter's Iron Pills.

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FINAL NOTICE OF CANCELLATION OF CONTRACT.

To Owen Delaney and Mrs. Owen Delaney:

You, and each of you, are hereby notified that you have failed to perform the contract and agreement entered into by you, Owen Delaney, with J. E. Loan on the 29th day of September, A. D. 1916, for the purchase of the following described real estate situated in Polk county, Iowa, to-wit: Lot 153 in L. M. Mann's 1st addition to Oak Park, now included in and forming a part of the city of Des Moines.

Your failure to perform said contract and agreements consists of the following matters, to-wit:

Amount of principal interest, taxes and insurance, which should have been paid to this date according to contract, \$135.

Amount which has been paid, as per payments made, \$85.00.

Amount past due and unpaid, \$50.00.

And by reason thereof the said J. Levitt, present owner of contract, does now in accordance with said contract and the provisions of section 4299, chapter 7, title 21, of the code of Iowa (1897) as amended, cause this notice to be served upon you of his intention to forfeit and cancel the said contract after thirty days (30) from the completed service of this notice, and that unless you within the said thirty (30) days perform all the obligations of said contract on your part delinquent and make all payments of principal, interest, taxes and insurance and as above set forth, and also pay the cost of serving this notice, that said contract and all your rights therein and thereunder, in and to said real estate described, shall be declared null and void and forfeited and shall cease and determine, and you will govern yourselves accordingly.

Dated at Des Moines, Iowa, this 10th day of April, A. D. 1918.

J. Levitt.

SAM. BURNS TAILOR & CLEANER

We have now a special sale on Men's Shirts, Caps, and Athletic Union Suits. COME IN AND SEE THEM 772 West 9th St.

When in Buxton, Iowa GO TO Mrs. Hattie Watkins

No. 11 West 1st Street ONE BLOCK WEST OF POST OFFICE FOR GOOD MEALS AND GOOD ROOMS PHONE CALLS GIVEN PROMPT ATTENTION BUXTON, IOWA

Look for and pay for your paper now when we call.

SAVE 15 to 30% on all the well-known advertised Proprietary Remedies. Standard Toilet Articles and Drug Store Goods at sensational cut prices. Send for Complete Cut Price Bargain Catalog FREE. You should have it. Write TO-DAY. BLANCHARD SALES Co. Adm. Leok.

Relieves CATARRH of the BLADDER and all Discharges in 24 HOURS. SANTAL MIDY CAPSULES. Each capsule bears the name of MIDY. Beware of cheap imitations. Sold by all druggists.

NO NEED TO HAVE KINKY HAIR. Simply apply to your hair and scalp HEROLIN POMADE HAIR DRESSING. It makes stubborn, coarse, snappy, or kinky hair soft, pliable, silky, fluffy, long and wavy, so you can easily comb and brush it any style. Herolin stops falling hair, dandruff and itching scalp, and makes new hair crop out all over your head so your hair becomes long, soft and beautiful. Herolin is up to date and is not sticky or gummy. Pleasantly perfumed—easy to apply. Best made. SEND 25c (Stamps or coin) for a box. Always get HEROLIN MEDICINE CO., Atlanta, Ga.

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