

Published Tuesdays and Fridays

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W. P. WALTON

Oat Meal as Food.

The use of oat meal as food for human beings is rapidly extending in this country. Fifty years ago there was not a bushel of oats per annum used for any other purpose than for horse feed in the United States. Now there are mills owned and run by millionaires, in this and other States, which are exclusively employed in making oat meal exclusively for diet for men and women. It is well known that this commodity has been a favorite kind of food in Scotland and other parts of Europe over a hundred years. Bobby Burns, in his poems, more than once celebrates the virtues of "porridge" as the resting of brassy men and healthful women. But, so fixed are national prejudices, that the use of a new article of food, however desirable and meritorious, is slower than it ought to be so that to find a family which has oatmeal on the table once a day is the exception rather than the rule in this country, and so simple as the preparation of a good dish of the material is, one rarely meets a cook or a housekeeper who knows how to make it well. During the Irish famine some 30 years ago, we recollect that a cargo of corn, which was shipped from Marie Is, in Oahu, to Cork, and offered as a bounty to the poor people to prevent starvation, was rejected, with scorn, at first, as food only fit for swine. "Oats is only fit for horse feed," say our scornful American youth; "for our part we are satisfied with beetsteak, boiled ham, eggs, hot cakes and coffee." And thus they gorge themselves with viands and drinks which induce dyspepsia and other diseases, in proportion as they are taken hastily and in excess. The writer was partaken many a good, satisfactory and nourishing breakfast on oatmeal and cream and can warmly commend their use as producing brassy men and beautiful, healthy women. Physiologists and economists attribute to the Scotch much of their energetic and effective character to the healthy porridge on which their youth is mainly reared, and we are inclined to believe there is much in the claim.—Ex

A Glimpse of Lincoln.

Mrs. Hancock gives us an interesting glimpse of "The Martyr President." "Mr. Lincoln's careworn face I recall to-day as vividly as then. At one of his levees, in passing him I remarked that it would be showing a greater consideration if I were to refuse his proffered hand, as he must be weary enough of hand shaking. To this he replied in never to be forgotten words: 'Ab, if this were all that I was asked upon to do, how willingly would it be done for all time; but to say "no" to the six million who come to me in the belief that I am all powerful to pronounce that little word of only three letters, and who do not and will not understand that I cannot act always as I wish, but have others to consult—this keeps me always unhappy.' Mr. Stanton frequently said to me: 'Mr. Lincoln has the biggest heart of any man in the world, and for that reason we have to watch him, or the southern women with their winning ways, would get his permission to carry with them enough contraband goods to supply the southern army.'"

The odious and mischievous Blair Bill with its premium on illiteracy, by its proposal to start the Government into the school business, ought to be killed on principle, of course. Facts point the same way. In the South, for which portion of the country with its mass of illiterate colored people the bill was especially intended, there were six years ago 45,031 schools with 43,026 teachers and an attendance of 1,428,320 pupils. Now the number of schools is 61,582; teachers 59,993 with an attendance of 2,089,920. Six years ago the South expended \$6,415,700 for common school purposes; now she spends \$11,545,000. What the South would seem to need in this particular is to be let alone.—[Idiotopolis News]

The overwhelming sentiment of the teacher's convention set in the direction of Christian truth, and Christian methods and Christian aims. Materialism, atheism, in-fidelity, agnosticism, are clearly at a discount in the estimation of a large number of our educators. It is one of the shining tokens of the time that there are so many in this great body of teachers whose influence is simply measureless, who feel that they can not get on without a personal faith in a personal God.—[Advance]

Prof. Hermann's newest trick is said to consist of a piece of tissue paper covering a small paper box suspended in air, upon which he sketches a silkworm. In a moment, the Professor at a great distance, the tissue paper bursts, and reveals a cocoon or silkworm, oblong in form and two feet in diameter. The box frame then lowers itself to a chair and the cocoon opens, displaying a beautiful young lady, garbed as a moth.

A Frenchman caused no little comment by driving into Waterville, Me., a large Newfoundland dog attached to a small two-wheeled cart which the faithful animal had hauled inside of three days from a town in Canada, a distance of 150 miles. The owner had his steed under perfect control, and felt confident that he could outstrip, in a day's journey the best of horses.

CRAB ORCHARD, LINCOLN COUNTY.

—There comes a message from the world of hearts that another wedding is soon to occur here.

—The ball at Dripping Spring last Saturday was very much enjoyed by everybody until it came to the lemonade treat.

—Mrs. Flora H. Hawes, with a competent assistant, will commence school in Crab Orchard Academy Monday, the 26th.

—Last week the types made us say that Miss Basuregard James was visiting in Lexington, when it should have been Miss Basuregard Stuart.

—Miss Mollie Brooks is now teaching a class in painting at her home. Mrs. Bettie Buchanan, Misses Alice Ward and Laura Doore are among her pupils.

—Little Lottie Dillon continues very ill and suffers a great deal. Miss Averilla Payne is quite sick too from the effects of the picnic lemonade she drank.

—Mrs. Harris is having some repairs and improvements made in the lower end of the hotel, preparatory to Mrs. Steger opening a dress-making establishment there.

Horseback riding is now the order of the day here and almost every evening a party of young ladies and their escorts are seen indulging in this delightful exercise.

—Died, on the 8th inst., Miss Sallie Roberts, of consumption. She was buried in the yard at her mother's home and Rev. Stephen Collier conducted the burial services.

—Mrs. W. P. Tatem has been suffering a great deal for several months from an abscess formed in the roof of her mouth. About a week ago a bone two inches long worked out of it, leaving a large cavity there and now it is with much difficulty that she can talk or be understood.

—Mrs. Eliza Carson is visiting in Mr. Vernon. Mr. Lou Pettus has gone to Birmingham, Alabama. Mr. James Gover and bride have been the guests of Mrs. Joe Bainsworth. Mrs. Charlotte Adams, of Nicholasville, is visiting Mr. W. F. Dillon's family. Mr. Bowen Gover attended the Somerset fair. Mrs. Mattingly, of Lorettis, who has been the guest of her sister in law, Mr. W. M. O'Bryen, has returned home, accompanied by the latter. Mr. James Fish and family are talking of going to Florida to live.

Going to Panama.

A party of railroad men, about a dozen in number, will leave Atlanta, Georgia, for Panama in a month or six weeks. The party will consist of conductors, engineers and train-dispatchers, who will take positions on the Panama railroad, which is under the management of Colonel Reeves, formerly connected with the Richmond & Danville. Good railroad men are in great request in Panama and they command very high salaries. For example, conductors get \$175 a month in gold, engineers from \$150 to \$175 and train hands \$75 per month.

Since the original survey of the gorge in 1841, the science of geology has made surprising progress. It has been able perhaps to reduce the age of Niagara from 200,000 years to less than 20,000. The falls, it now tells us, instead of cutting their way up the gorge from Lewiston, began their existence as one cataract not more than a mile north of where they now are.—[Jane Meade Welch in Harper's Magazine.]

How IT ROLLS IN IOWA.—General St. John says the "wave of prohibition is mightily rolling through the length and breadth of the land." Let us see how it rolls in Iowa. There are in that State 116 wholesale and 3,415 retailers, paying special license fee to the United States government and carrying on a lively liquor traffic. That kind of rolling isn't very healthful for the "wave."—[St. Paul Pioneer Press]

A young man who was about to enter a drinking saloon suddenly stopped, and with a set look upon his face walked rapidly away. "Sir," said an old gentleman, who had observed his movements, "you fill my heart with joy. You have resolved never to enter that accursed place again." "I won't at present, at least, sir," responded the youth; "you see it suddenly occurred to me that I owe the proprietor 75 cents."—[Lid-B]

The courts decided some time since that a man can be restrained from keeping a barking dog or a crowing cock to the injury of his neighbors by depriving them of their natural rest. In Massachusetts they are now called on to decide whether the proprietor of a paper mill can run it at night if the noise prevents people living in the vicinity from sleeping.

Prohibition, as the probe: Waiter—"Angry mo', sah?" Guest—"Yes, bring me a— (winks) "you know" (winks). Waiter—"Can't do it, sah; dis am a prohib hum town, sah, 'n you're a stranger." Guest—"What of th'?" Waiter—"De boss says winks don't count for nuffin' onless we's 'quainted wid 'em."—[Harper's Weekly.]

"What would you say, young man," said an eminent prohibitionist, "if I were to tell you that I never entered a whiskey saloon in my life?" "What would I say?" repeated the young man, slowly and thoughtfully, "well, sir, I would say that the drug stores in your vicinity have been playing in big luck."

In one pew of a Des Moines church sit the widows of seven preachers, yet there are only two women in the pew. One is a relic of three and the other the relic of four divines.

To keep a woman out of sulks the easiest way is to keep her in silks. Only a slight difference between U and I.—[Boston Transcript.]

FROM FOREIGN FIELDS.

The Queen of England spent five hundred thousand dollars in celebrating her jubilee.

The culinary department of Queen Victoria's household gives employment to forty-three persons.

A collection of thirteen thousand seals of the royal families of Europe was recently sold for about three thousand dollars.

According to a late census, Chili has a population 3,324,476. The increase in ten years was 322,083. The number of foreigners domiciled in that country is over 40,000.

A company for the production of a liquor from bananas either in alcoholic or non-alcoholic form, has been organized in India. The liquor can be used in simple form or diluted with hot or cold soda water.

A plant has been discovered in India which is said to destroy the power of tasting sugar. It will be useful in counteracting a morbid appetite for sweetsmeats, which is an affliction known as indigestion.

Another plant found in Madras destroys the relish for cigars and tobacco. Thus two important curatives are added to the materia medica.

Bathing in France is not the thing that it is in the United States. There the habit of the seaside attracts himself for himself in very elaborate costumes and parades the beach in close proximity to the water, allowing himself to be splashed by the waves.

The remains of a cemetery belonging to the age of the Gauls have recently been discovered in Paris. Fifty-two tombs have been found, with skeletons, most of which are skeletons of women and children. Only two were skeletons of men. Many weapons and implements have also been discovered, swords, lances, shields and bronze and iron instruments of all descriptions.

The solemn inauguration of the great bell of the Cologne Cathedral, known as the Kaiserz Glocke or Emperor's bell, recently took place amid great pomp and splendor. The weight of the bell is over twenty-six tons and a half, the clapper alone weighing fifteen hundred and seventy-five pounds.

Twenty-two cannons taken from the French were used by the directions of Emperor William in his manufacture.

Ever since the time of George Washington a Howard Fox has been United States Consul at Richmond, Eng. The present occupant of the position was commissioned by President Grant in 1874. The Fox family is English and they cling to the office with true British conservatism. There is no salary attached to the position and the fees are about \$2,000 annually. The Consul always spends more than that entertaining Americans.

It is told by a London paper that young men blessed with mustaches, who have presented themselves for ordination at Worcester have returned to their friends shaven and shorn. This is due to one of the Bishop's chaplains, Canon Mandell Crofton, being unable to withstand every effort to get up a passable mustache upon his upper lip, so, like the fox without his tail, he has to give up his candidature for ordination at Worcester, becoming fourth with mustaches.

A reason why the population of Ireland does not increase like England and Scotland may perhaps be found in some other quarter than in considering the statistics of immigration. In England the annual excess of births over deaths is seventy-one per cent. In Ireland only twenty-seven per cent.

The former percentage is more than large enough to counterbalance the losses by immigration; the latter is not. Again, the immigrants into Great Britain exceed those into Ireland almost in the ratio of fifty to one.

Over six hundred railway cars, composed almost wholly of steel and iron, are being built in England for the railways of Hindostan. The climate conditions of India are as destructive to wooden cars as is the climate of this country, where cars require continual repairs, and wear out even faster when not in use than when actively employed. Car repair here is a large item in the expenditures of the railway companies, and one not easily reduced. The experience of the East Indian railways in the use of steel cars will be noted with interest.

MERRY MINUTIA.

How to get fat—go to the butcher-shop and buy it.

You can't have the last word with a chemist; he always has a retort.

Lady (jokingly): Tommy, when are you going to marry? Tommy (eight years old and very susceptible): Well, I don't think I'll ever marry. I love so many girls, if I married one all the rest would be jealous.

"What is the matter?" asked a lawyer of his clientman. "The horses are running away, sir." "Can't you pull them up?" "I am afraid not." "Then," said the lawyer, after judicial delay, "run into some thing cheap."

A boy who comes of a chronically borrowing family went to a neighbor for a cup of sour milk. "I haven't got any thing but sweet milk," said the woman, pettishly. "I'll wait till it sours," said the obliging youth, sinking into a chair.

A CERTAIN professor, who was noted for his absent-mindedness, was deeply engaged in his studio when a servant entered and announced an important family event. "A little stranger has arrived." "Oh?" "There is a little boy." "Little boy? Well, ask him to go to his room."

CONFIDENTIAL curtain parties! My heart with my piazza. They strew with greasy crumbs.

And when they fling around them Their sly banana peels. Again I say: "Confound them!" As upward go my heels.

—Hotel Mill.

A CROOKED tree: "The tree was cut by the owner because it made the cows in the pasture so cross-eyed to look at that the butter from their milk made the children tongue-tied. The tree never leaved out till fall, because it took the sap all summer to find its way up to the branches. When the log was placed on the ground it immediately began to roll all around the premises, being too crooked to lie still.

It is told about a Dakota man that he has invented a machine to pump smoke down a gopher hole, where it is expected it will kill the gopher. The only drawback seems to be that, while you are inserting smoke in the hole the gopher went into, he will come out of another and sit up and whistle at you, and tell you he has smoked ever since he was ten years old.

She thought him a hero in gimpalls. That youth from old Harvard's cloisters. He quoted such beautiful verses. And sighed like sixteen meters. But her parent said: "Eva, you mustn't! That youth could not gather his salt. No eud that wears specs and talks Latin Can ever do aught but drink mack." She threw aside a dutiful daughter. And resolved not to sigh or to moan; Now she walks on the sands in the evening With a man who is rolling in soap.

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Notice of Incorporation!

The undersigned, John Karl, John Keeber, Chas. Engelen, Adam Spelberger, Phillip Anton and C. M. Kuhn have associated themselves together to become incorporated under the name and style of the German Evangelic Lutheran Evangelical Congregation of Ottensheim, Lincoln County, Kentucky, and its principal place of trading business will be Ottensheim, Lincoln County, Ky.

The nature of the business to be transacted is to organize, establish and maintain a Christian Church of the Lutheran Congregation of those professing the work of God as it is laid down and explained in the symbolic book of Concord, 1580, especially in the enlarged Augsburg Confession and the smaller Catechism of Luther, and a School House and Cemetery.

The amount of capital stock shall not be less than \$500 nor more than \$5,000, divided into shares of \$5 each, and shall be paid in such installments as the officers of the church may determine.

The corporation shall commence on the 1st day of September, 1887, and terminate on the 1st day of September, 1887.

The affairs of this corporation shall be conducted by a minister, a secretary, a cashier, who shall be ex-officio trustees, and two other trustees, who shall be elected, first, on the 1st Saturday in September, 1887, and thereafter on the 1st Saturday in January of each year.

The highest amount of indebtedness or liability to which this corporation shall at any time subject itself shall be \$500.

The private property of the members of this corporation shall be exempt from its corporate debts.

This corporation shall have all the powers, rights and privileges provided for by chapter 56 of the General Statutes of Kentucky, Title, Incorporated Companies.

This corporation desires and intends to be recognized in organic union with the German Evangelic Lutheran Synod of the State of Iowa, and shall be governed by the regulations and rules of discipline prescribed thereby, where the same are not in conflict with the Constitution and laws of Kentucky, Lincoln Co., Ky., 12, 1887.

OTTO KEHR, Minister. JOHN KARL, Secretary. ADAM SPELBERGER, Cashier. JOHN KARL, Treasurer. CHAS. ENGELEN, PHILLIP ANTON.

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Leve Louisville	7:30 p.m.	6:50 a.m.
Arr Lexington	11:00 p.m.	11:50 a.m.
Richmond	12:00 p.m.	12:00 p.m.
Charlottesville (V M Junction)	5:10 p.m.	11:40 a.m.
Richmond	5:40 p.m.	3:50 p.m.
Newport News	10:40 p.m.	6:35 p.m.
Old Point Comfort	11:00 p.m.	7:00 p.m.
Norfolk	11:40 p.m.	7:40 p.m.
Washington	9:40 p.m.	8:25 p.m.
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