

### The Home

JENNIE LESTER HILL, Editor

#### Colds: Their Prevention and Cure.

Being asked so often the question, What is good for a cold? my answer, and the most efficient remedy is, "Prevention."

If we carefully follow a very simple rule we can almost always prevent a cold, where after it is acquired it is more difficult to cure. One reason that so many people take hard colds is bad air. They do not seem to realize that if they sleep or sit in a room without having the air thoroughly oxygenated they will have headache, sore throat, and be certain of taking cold. When children sleep two, three, and is often the case, four in one bed, it will be found that these children are more liable to colds than others. And the reason is that an over zealous parent is afraid they will take cold, and closes up the room so carefully as to exclude the life giving air, and this being done, they are forced to breathe and rebreath the foul air, and the blood supply is deprived of its proper oxygen and many ills result.

Ventilation of a sleeping room is not a hard task if one is careful to have the bed so placed as to avoid draughts. One can sleep with a door or window wide open, better than a mere crack, if they so arrange to have no direct draughts, and are well covered. Another common source of many ills is cold feet, and if it is impossible to get a hot water bag to warm them there are many simple home devices, such as a hot brick, flat iron or plate heated, and in an emergency a lamp chimney is very good, though of course it does not remain hot very long.

By being careful not to get overheated nor chilled, and by keeping the bowels thoroughly open and regular, and last, though by no means least, by daily sponge baths, we can easily avoid many colds.

If we find that we have taken cold, the certain way to lessen, if not altogether cure it, is, when going to bed, to take a good warm soap and water bath, followed by a brisk rubbing, and whether we think it necessary or not to take a good cathartic (preferably a tablespoonful or two if necessary of castor oil.) Then after the bath and, cathartic, soak the feet in a large bowl of hot water.

When one awakens from a sleep after this treatment, they will find their cold broken, if not altogether gone. If the daily baths are continued the circulation will improve, and the liability of colds lessened 99 per cent.

### The School

JOHN WIRT DINSMORE, Editor

#### PLAN BIG EXHIBIT.

Meeting of School Superintendents Gives Impetus to the Work for an Educational Exhibit at World's Fair.

"1793-1904!" This is the period to be covered by Kentucky's educational exhibit at the World's Fair in St. Louis next year. The first date is the year in which Transylvania was founded at Lexington. From that time to the present will be shown the growth of education in the State. The public school system was inaugurated in 1827. The committee has as its chairman Prof. E. H. Mark, Superintendent of the Louisville Public Schools. Upon the invitation of Prof. Mark, a number of the leading educators of the State recently visited Louisville, and in a meeting held for the purpose went on record as being in hearty sympathy with the movement and ready to give all aid necessary in making the educational display one worthy of the State.

Prof. Mark has decided to assign the work among the different sections of the State, giving each school full credit for what comes in the way of exhibits. All drawings as done in the different grades, will be shown in specially constructed cabinets.

It is Prof. Mark's hope to be able to show every side of educational life in Kentucky. Besides the public schools, he is looking to the colleges and universities, the industrial schools, the normal and business schools, and blind and deaf and dumb institutes

and the kindergartens. He is also arranging for exhibits from the medical and dental colleges and the theological seminaries.

Photographs are to form a chief feature of the exhibit and all teachers are urged to see Official World's Fair photographers, appointed by the Exhibit Association, and have their schools taken. In those counties where photographers have not been appointed teachers are asked to arrange with the best photographers for this work.

### The Farm

SILAS CHEEVER MASON, Editor

#### Ground and Unground Feed

Opinions differ as regards the advantages of grinding grain. For horses which are out of the stable during the day and worked hard, it is quite generally believed that all grains, with the possible exception of oats, should be ground, and for those at extremely hard work, all grain should be ground and mixed with chaffed hay. For idle horses oats or grain should not be ground, nor should hay or straw be chaffed. In other words, provided the animals have time to masticate their ration thoroughly, grinding is not necessary. When this is not the case, grinding takes the place of thorough mastication to some extent, and increases the assimilation of the ration.

When whole oats were compared with ground wheat and bran at the North Dakota Station, the horses fed the former ration ate somewhat more and showed a slight loss in weight, while doing a little less work than those fed the ground grain. At the Utah Station, tests of the comparative merits of ground and unground corn, oats, and wheat fed under different experimental conditions indicated that the ground and unground grains were equally satisfactory. When whole and ground oats, corn, and barley were compared for colts at the Iowa Station, somewhat larger gains were made on the ground feed.

The comparative digestibility of different ground and unground feeding stuffs was tested at the Maryland Station. It appeared that ground corn and oats were more thoroughly digested than the unground grain. In this connection it may be noted that similar results have been obtained in tests with other farm animals, but it is commonly believed that the difference in digestibility is often not sufficient to pay for the cost of grinding.

From all the American tests, and those which have been made in Europe, it appears fair to say that there is no very marked advantage in grinding grain for healthy horses with good teeth.—U. S. Department of Agriculture. Farmers' Bulletin No. 170.

#### BE QUICK

Not a minute should be lost when a child shows symptoms of croup. Chamberlain's Cough Remedy given as soon as the child becomes hoarse, or even after the croupy cough appears, will prevent the attack. It is pleasant and safe to take. For sale by S. E. Welch, Jr.

A pair of ladies' or men's house slippers, a pair of gloves, a tie or a muffler makes a handsome and acceptable Christmas present. They can be had in endless variety at Rice & Arnold's, Richmond Ky.

#### YOU CAN NOT

Detect the bad odor coming from your own nose or head if you have catarrh, but your wife or friends can. Do not disgust them by such trouble. Use Paracamp. It will relieve instantly and cure or money refunded. For sale by S. E. Welch, Jr. druggist.

#### Cleveland Positively Declines.

New York, Nov. 28.—In a letter addressed to the Brooklyn Eagle former President Cleveland announced that he would not be a candidate for the Democratic nomination for the presidency. The Eagle, which has advocated the nomination of Mr. Cleveland, states that it will hereafter support Judge Alton B. Parker of the New York supreme court for the nomination.

#### BOYS AND GIRLS

Meet with many accidents during Christmas celebrations. Paracamp relieves instantly Burns, Cuts and Bruises and heals without leaving ugly scars. So, mothers, be sure to keep a bottle of Paracamp in your house. For sale by S. E. Welch, Jr. druggist.

### SWEPT DOWN BY GALE

Hundreds of Chinese Fishing Junks Lost Off Swatow.

#### THOUSANDS OF MEN DROWNED.

Fifty-seven Disabled Vessels Sighted by Steamer Stanley—Government Boats Sent Out to Rescue the Fishermen.

Victoria, B. C., Nov. 20.—Advices were received from South China by the Athenian of the loss of thousands of lives as a result of the destruction of several hundred fishing junks in a typhoon off Swatow. The havoc was awful when the gale swept down on the Chinese vessels. For days disabled junks drifted helplessly about, their occupants suffering thirst and hunger. The Hongkong government tenders rescued a number, picking up eight junks and taking 112 men off vessels that were abandoned. The Stanley then returned to the rescue, for the rescued fishermen reported there were 400 junks fishing off Swatow when the typhoon came on Nov. 4. From the Stanley 57 disabled junks were seen flying distress signals. Several junks were towed to Hongkong and then a relief cruise was made. Meanwhile three torpedo boat destroyers, the naval water boat Cherub and a Chinese cruiser were sent out and rescued many. Several hundred men were taken from wrecked craft suffering greatly, some being without food or water from two to five days. Of the 400 fishing junks at least 200 are reported disabled or sunk and thousands of lives were lost.

**Fitzsimmons Defeats Gardner.**  
San Francisco, Nov. 26.—Bob Fitzsimmons proved that he was not a "dead one" when he outboxed and outgeneralized George Gardner for 20 full rounds. Fitz was as awkward and as cunning as of yore, and apparently realizing that he must foster his strength, there was not a moment when he was not carefulness personified. While the old man could avoid punishment from Gardner, he could not knock his opponent out, although he landed a number of vicious blows. From his performance Gardner is not in Fitzsimmons' class. He landed on the old-timer once in a while, but Fitz was always going away from him and the blows were harmless. Several times Fitz apparently had Gardner almost out, but he was either too tired or lacked his old strength and could not land a knockout punch. Fitz was very skillful in blocking and dodging Gardner's blows, and in the clinches and breakaways was very careful.

**Cut In Wages.**  
Providence, R. I., Nov. 20.—The new wage schedule adopted by the cotton mills of the state, which reduces the wages of operatives 10 per cent, restoring the price list of two years ago, went into effect today. Thirty-seven mills, with employees aggregating more than 17,000, will be affected. No trouble is anticipated by the mill owners. The employees are dissatisfied with the new schedule, but believe that many of the manufacturers will not hesitate to close their mills if a strike should occur. They will await a market more favorable to the manufacturers before pressing for a return to former figures.

**Streetcar Strike Settled.**  
Chicago, Nov. 25.—The strike of the employes of the Chicago City Railway company was settled at an early hour at a conference between the mayor and aldermanic peace committee, President Hamilton and E. R. Bliss, counsel for the company, and the executive board of the local union of the strikers. The basis on which the settlement was reached is a complete victory for the company so far as the original demands of the men are concerned. The agreement will be ratified at a meeting of the men, and it is expected that traffic on all the lines of the company will be resumed at once.

**Preparing For Encampment.**  
Boston, Nov. 25.—General John C. Black, commander-in-chief of the Grand Army, was in conference with the local Grand Army committee relative to the national encampment of the Grand Army, to be held in Boston next summer. It was announced after the conference that the encampment would begin on Aug. 15, and that it had been decided that a parade not exceeding two miles in length would be held Aug. 16. It was estimated that at least 75,000 veterans would be in line.

**Special Service in Rome.**  
Rome, Nov. 27.—For the first time on record a special service was held here on Thanksgiving day in the Catholic church of San Silvestro, Mgr. Robertson of Newark, N. J., titular archbishop of Heliopolis, giving the benediction. The church was filled, all the members of the English pilgrimage now in Rome being present.

**Chinese Ready For War.**  
London, Nov. 25.—Private advices from Peking are to the effect that General Yuan Shi Kai, governor of Chih province, had informed the emperor that he is prepared to declare war against the Russians in Manchuria. General Ma is said to be ready to march into Shan Hai Kwan at the head of 18,000 men.

**Salvation Army in Europe.**  
Paris, Nov. 25.—General Booth is meeting with much success here in his plan for extending the Salvation Army throughout Europe. The general intends going to Germany, Denmark, Sweden, Norway and Italy.

### BANDITS SAUGHT

After a Desperate Battle, in Which Two Men Were Killed.

Chicago, Nov. 28.—Two young bandits, Peter Neidermeier and Harvey Van Dine, neither of whom is over 21 years old, together with their companion, Emil Deeske, who is no older, were captured near Liverpool, Ind., after a fight in which they battled against policemen, railroad detectives, railroad laborers and farmers. One man was killed, another fatally wounded, and all three of the young bandits were wounded, but not seriously.

The dead: T. J. Sovea, brakeman on the Pennsylvania railroad. Wounded: Joseph Driscoll, detective on Chicago police force, shot through abdomen and can live but a short time; Matthew Zimmer, detective on Chicago police force, shot in head and arm. Two of the beardless boys, Peter Neidermeier and Harvey Van Dine, sat in the presence of Mayor Harrison and Chief of Police O'Neill, calmly confessing to their share in a three-months' career of crime which has included nine murders, the wounding of five other men, and a long series of robberies.

The three men were wanted by the police for complicity in the murders at the car barns of the Chicago City Railway company on Aug. 30, when two men were killed, a third badly wounded and \$2,250 stolen from the company.

**Killed Daughter's Betrayer.**  
Sedalia, Mo., Nov. 30.—Frank Dunton shot and killed Emil Meyers here Sunday evening. In August last Dunton's daughter committed suicide, leaving a note charging Emil Meyers with her betrayal. The father was not at home, and did not return until Saturday night. In the morning he interviewed two women who knew of Meyers' relations with his daughter, went to the church of the minister who preached her funeral sermon, went home to dinner, and then walked to Meyers' home, called him out and told him that he wanted to hear his side of the story of the girl's death. Meyers made a threat, and Dunton shot him three times. Dunton is in custody. The sympathy of the community is with him.

**Charged With Robbery.**  
New York, Nov. 30.—Charged with the robbery of \$20,000 worth of jewelry from Mrs. William Welch Harrison of Glenside, a suburb of Philadelphia, Adolf Waltz, a servant formerly employed by Mrs. Harrison, is locked up at police headquarters to await extradition. The jewelry, which included a pearl necklace valued at \$15,000, and a large number of minor articles, was taken from Mrs. Harrison's room while the family were at dinner on Thanksgiving day. Waltz, who had been employed in the house only two months, disappeared at the same time. When arrested all of the jewelry, with the exception of two pieces of minor value, was found on him.

**Guilty of Peonage.**  
Savannah, Ga., Nov. 25.—In the United States court Edward J. McRee, Frank McRee and William McRee of Caloosta entered a plea of guilty to 12 indictments charging them with peonage and Judge Speer sentenced them to pay a fine of \$1,000 in two of the cases and suspended sentence in the others. The fines will be paid. In sentencing the McRees Judge Speer said that in discussing the race question in the south "some talk wildly and extravagantly of the shotgun policy, but they do not represent the higher classes of the south."

**Claim Combine Illegal.**  
Ottawa, O., Nov. 26.—The first anti-trust case in Putnam county has been filed by Gallogly & Firestone, hay and grain buyers and shippers of Leipsic, O., against the Cincinnati, Hamilton and Dayton Railway company and the Northwestern Grain Dealers' association and several Putnam county members of that association, alleging that the defendants have unlawfully and wrongfully combined to keep down the price of corn in the ear to a rate fixed by the association.

**Question Cresceus' Record.**  
Terre Haute, Ind., Nov. 26.—Evidence to determine whether or not the Cresceus stallion trotting record of 1:59 2/5, made on the Wichita track, shall be allowed, will be one of the first things taken up at a meeting of the American Trotting association meeting in Chicago that convenes next Tuesday. W. P. Jams, president of the association, says there will be between 150 and 175 cases to be taken up for a hearing.

**Gave His Life For Sister.**  
Asheville, N. C., Nov. 26.—While making an effort to save the life of his two-year-old sister, whose clothes had caught fire from an open fireplace, Ernest Pettit, aged eight years, was fatally burned at the home of his parents. The baby, although seriously injured, will live, but little Ernest succumbed to his injuries. Before he died the boy stated that he had tried to save his sister's life.

**Demonstration Against Austria.**  
Rome, Nov. 30.—A marble tablet to Felice Orsini was unveiled at Omalia in remembrance of Orsini's struggles against Austria, which government condemned him to death. The unveiling gave an opportunity for fresh anti-Austrian manifestations. The demonstrations against Austria continue throughout the peninsula.

**To Escort Empress.**  
Shanghai, Nov. 30.—Orders have been issued to the governor of Su Chau to send a picked force of Manchurian troops to Peking to escort the empress on her journey to the west.

# Begins TO-DAY. Spanish Peggy

## A STORY OF ILLINOIS IN PIONEER DAYS

By MARY HARTWELL CATHERWOOD

It is a story of the martyr president, Abraham Lincoln; of the war governor of Illinois, Richard Yates; of Lincoln's sweetheart, Ann Rutledge. It is located in New Salem, Illinois, at a time when Lincoln was a

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#### WANTED

**PURCHASER** for an extra good saddle, new, for two-thirds the cost price. Inquire of Treasurer Osborne.

**TO BORROW MONEY** for the extensive building projects of Berea College, in sums of five hundred dollars or more, paying interest for six months or a year. Inquire of Treas. T. J. Osborne.

**LOOM AND FLAX WHEEL**—Mrs. H. W. Graham, Berea College, Berea, Ky., would like to communicate with anyone having a loom or good flax wheel for sale.

**A GOOD WEAVER** understanding the weaving of coverlets will be given work at the Weaving House on Jackson Street. H. W. Graham, Berea College Fireside Industries, Berea, Ky.

**GEESE**—Will pay highest cash price. J. H. Neff, Main St., Richmond, Ky. 12 1

**TURKEYS, GEESE,** and all kinds produce; highest cash prices paid. Berea Produce Co. 11 5

#### FOR SALE

**TWO MILCH COWS,** fresh, Jersey and Shorthorn. W. B. Jones, Ft. Lick.

**FIRST CLASS BUILDING BRICK** constantly on hand. We also have hard burned brick and bats for cisterns at very low price. Berea College Brick yard.

#### FOR RENT.

**HOUSE AND LOT** on Center street (for rent or sale); well located. Apply to J. W. Hoskins. 12 2

**F. G. GALLOWAY FARM,**—165 acres, for year 1904. Apply to E. T. Fish. 11 26

#### KODOL DYSPEPSIA CURE

Digests all classes of food, tones and strengthens the stomach and digestive organs. Cures Dyspepsia, Indigestion, Stomach Troubles, and makes rich red blood, health and strength. Kodol Dyspepsia Cure rebuilds wornout tissues, purifies, strengthens and sweetens the stomach. Gov. G. W. Atkinson, of W. Va. says: "I have used a number of bottles of Kodol Dyspepsia Cure and have found it to be a very effective and, indeed, powerful remedy for stomach ailments. I recommend it to my friends. Sold by East End Drug Co.



Mrs. Fred Unrath, President Country Club, Benton Harbor, Mich.

"After my first baby was born I did not seem to regain my strength although the doctor gave me a tonic which he considered very superior, but instead of getting better I grew weaker every day. My husband insisted that I take Wine of Cardui for a week and see what it would do for me. I did take the medicine and was very grateful to find my strength and health slowly returning. In two weeks I was out of bed and in a month I was able to take up my usual duties. I am very enthusiastic in its praise."

Wine of Cardui reinforces the organs of generation for the ordeal of pregnancy and childbirth. It prevents miscarriage. No woman who takes Wine of Cardui need fear the coming of her child. If Mrs. Unrath had taken Wine of Cardui before her baby came she would not have been weakened as she was. Her rapid recovery should commend this great remedy to every expectant mother. Wine of Cardui regulates the menstrual flow.

### WINE OF CARDUI

#### OFFER NUMBER TWO.

THE CITIZEN and the JOSHIE both One Year for the Price of THE CITIZEN.

The first number of THE JOSHIE, a 16 page monthly "jocular journal for jocular jolliers," is just out and has scored a decided success. The two of cousins, Bruce Kirkpatrick, Bruce Barton, and Clark Hinman, are the editors and publishers. THE JOSHIE certainly fills a long felt want. The subscription price for the school year is 40c.; however, by special arrangements both THE CITIZEN and THE JOSHIE can be had for the price of THE CITIZEN alone, \$1.00 per year. This offer is good only until Dec. 1. The lighter and more humorous vein of THE JOSHIE finely supplements the more serious and dignified reading matter found in THE CITIZEN. Send \$1.00 to Jas. M. Racer, Berea, Ky., at once and get the college jokes as well as the college news.