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THE CITIZEN

Devoted to the Interests of the Mountain People

Knowledge is power—and the way to keep up with modern knowledge is to read a good newspaper.

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Bud McGivens Improves

This is not his real name. It might hurt his feelings to be talked about. But it will be instructive and helpful to many to study this man a bit!

Bud was born in the wilder part of Jackson County sixty years ago. His father was a Union soldier, and afterwards, from time to time, a Moonshiner. None of the children ever went to school long enough to learn to read and write.

Bud married when he was nineteen. His wife was sixteen and she had worked for a good lady in Berea and attended school two winters, so she could keep a clean house, and write a letter if she had it to do. Bud was a master hand with an axe, and with oxen, and in the great days when Lester's mill was sawing out the big poplar logs that grew in the hollows around Berea he "got big money" and once owned a sawmill himself. But he never thought ahead or took care of what he got, and when the logs were run out he settled down on a little farm that he never learned how to till properly.

Bud never got religion, and his chief joys were in hunting, until the last of the good game was killed out, and in going off and getting drunk. He was not ugly when drunk, just happy, foolish and noisy. Seven boys and five gals were born in his house, but they came up like wild creatures, and were dead or married before they were twenty. When the children were mostly gone, and the idea of getting money out of timber clean past, and Bud himself a little less hale and hearty he began to do some thinking. Once or twice he listened to a talk by Brother Penniman that helped him think. He began to be more thoughtful for his wife. When she was puny he would milk, and churn, and even do the dishes. His drinking spells did not come so often. He took more interest in his least child, and gradually began to improve his fields, and fences and stock. Three years ago he began to pray. Nobody knew it but Bud himself, but it made a difference. His wife saw the change, and gave thanks secretly and with trembling. His neighbors noticed it and just wondered. It looks now as though Bud would go right on improving to the end of his days, and that his least child would get a little education and start out with a better chance.



News Snapshots Of the Week

The war in Europe came nearer home to us the past week than ever before when the Lusitania was torpedoed under direction of Admiral von Tirpitz off the Irish coast. Over 1,000 died, more than 100 being Americans. Alfred Gwynne Vanderbilt and Albert Hubbard were victims. The captain, W. T. Turner, was rescued. The feeling of the American people ran high, but was allayed somewhat when President Wilson before newly naturalized citizens in Philadelphia said, "A nation can be too proud to fight." This, he later said, was his personal view, the expression of the American people being a firm notice on Germany to cease its molestation of neutral ships as well as to respect our rights. Ambassador Barnstorff gave his personal regrets on America's loss. Rumors that the fleet review in the Hudson river was called off and President Wilson assassinated were heard during the week but were unfounded.

IN OUR OWN STATE

Dentists to Meet

The Kentucky State Dental Association will hold its 46th annual meeting at Ashland, Ky., June 8-9-10, which on account of being in the extreme northeastern part of the state, bids fair to be the largest meeting ever held, as there will be many visitors from Ohio, Virginia and West Virginia. Kentucky has the most progressive organization of dentistry of any state south of the Ohio river, and the meeting at Ashland will be one of unusual importance as it will have a progressive clinic composed only of men of National reputation. No dentist in this state who desires to give his patients the best in dentistry can afford to miss this meeting.

Railroad for Clay County

A railroad seems almost certain for Clay County. Mr. Chas. F. Heidrick, who is at the back of the project, accompanied by several contractors spent Tuesday night at Manchester, the county seat; the engineers, who are surveying the line of road will reach Manchester some time next week.

Every possible step, it seems, is being taken toward the construction of this road.

Coal in Cumberland County

The discovery of a coal vein on Dutch Creek in Cumberland County, may result in the opening of a new coal mining field in Kentucky. Mines have been opened sufficiently to justify the statement that coal exists in paying quantities, which will be a great incentive to the building of a railroad, which is so badly needed in that section.

Saloons Must Quit Business

Winchester, May 15.—At 12 o'clock Thursday night, May 20, the saloons of the city will close their doors not to open again unless the Court of Appeals should reverse the decision of Judge Benton, who declared that the local option election held in Clark County was legal and should stand. The last hope of the saloon men faded away when Judge J. M. Benton Saturday morning overruled their motion asking for a mandatory injunction compelling the city council to grant them license while their case was before the Court of Appeals.

There was general rejoicing over the city among the drays when it was made known that Judge Benton had decided in favor of the "drys." A large number of those who had lead in the fight against the saloon men were present in the courtroom to hear the arguments.

Breathitt Capital Progressive

The City Council of Jackson, Breathitt County, awarded the contract for improvement of street work to John W. Dean, his being the best and lowest bid. The work is to begin within a few days. Fifteen thousand dollars will be spent this summer on the construction of macadam streets. Jackson is to be congratulated for this movement. It is to be hoped that other towns in Eastern Kentucky follow this example.

Health Exhibit Car

The Health Exhibit Car began its summer campaign in Frankfort, May 8. About 1,200 people were reached in the first four days. After reaching points in Woodford, Madison and Garrard counties the car will proceed east from Richmond early in June to make points in the mountains of Kentucky.

POSITION OF WILSON FIRM

Believed Will Reject German Counter Proposals.

CONSIDER VITAL PRINCIPLES

No Recognition Will Be Made of Side Issues to Obscure the Real Issues Presented in the Note to Germany.

Washington, May 18.—The answer of President Wilson is given to suggestions of a bargain regarding the German submarine operations which have been emanating from German quarters here. That is Washington's interpretation of the president's speech in New York.

The president's words are taken here to mean that when the German reply is received, it will be measured by the same high standards of international conduct that were set forth in the president's note. The terms of the president's speech are regarded as permitting no compromise with Germany on the broad principles which the government has undertaken to uphold. Officials accepted the president's remarks as proof that there is to be no recession from the high ground taken in the note, and that Germany will be obliged either to meet the demands of the United States or let the indictment against her stand unrefuted, and be prepared to take the consequences, whatever they may be.

It has been obvious that many Germans here who have been giving much thought to the issues raised by the president's note, regarded the matter as one which needed only to be reduced to a business basis to be easily adjusted. The president's speech makes that view of his note no longer tenable.

The suggestions, which have been made by Germans here, have been based on the theory that all that was necessary to satisfy the United States was to find a means of safeguarding American lives at sea, without interfering with the German submarine program.

The president's words are taken to mean that only recognition by Germany of the vital principles involved will satisfy the United States.

The various proposals put forth here are, that the United States compel the separation of passenger carrying and contraband-carrying ocean traffic; that the United States secure for Germany the abandonment by Great Britain of her policy with respect to foodstuffs as the price of safeguarding American lives, with the concession that Germany will halt her submarine operations while the United States is negotiating with Great Britain, and that the "legal questions" and amount of damages concerned in the Lusitania case be referred to arbitration.

It is now felt that all these proposals or any of them will be dismissed by the United States government if they are made officially by Germany, as they are held to be inconsistent with the spirit of the president's note, as reinforced by his speech.

The question has been repeatedly asked here in the last few days: "Will the president stand by his ground taken in his note, basing his demands on the broad principle of humanity, or will he accept from Germany proper proposals perhaps, in the cases of the moment, which leave unaffected the really fundamental issues at stake. It is now held here that the president in his speech has answered

GERMANS MEET MORE REVERSES

British Capture All Trenches on Two Mile Front.

VOLUNTARILY SURRENDERED

Several Bodies of German Troops Go Over to Enemy While Another Force Was Caught Between Two Fires and Annihilated.

London, May 18.—Striking east and south from the vicinity of Neuve Chapelle, the British troops met with further important successes, according to a report from Field Marshal Sir John French. All of the German trenches south of Richebourg on a two-mile front were captured, and otherwise heavy losses were inflicted upon the Germans.

Several bodies of German troops surrendered voluntarily to the British Richebourg, while another of these bodies, trying to surrender, was caught midway between the German and British artillery fire and practically annihilated.

The French troops which are striking east and north from the general vicinity of Arras, likewise have met with additional successes, according to the communications of the French war office and it now appears that the combined efforts of the allies troops to cut off La Bassée, or to make its continued occupation by the Germans no longer tenable by weakening the lines south and north, may prove successful.

The French war office announces that the Germans have evacuated the last of their positions west of the Yser canal, and that the French, British and Belgian troops in the neighborhood of Ypres continue to hold their ground won by them.

Field Marshal Sir John French's report was as follows: "Today our first army gained further successes south of Richebourg and La Voue. All the German trenches on a front of two miles were captured. Several bodies of German troops surrendered voluntarily to our troops, who continue to fight with great gallantry and determination. One of these bodies, while trying to surrender, was caught by the German artillery fire and practically annihilated.

"The exact number of prisoners taken cannot yet be ascertained. Five hundred and fifty of them have been sent already to the rear. There is nothing to report on the remainder of the front."

Van Dyne Killed Himself.

Paris, May 18.—Confirmation has been received here of the report that Mr. Van Dyne, the United States consul at Lyons, committed suicide by jumping from the Sant Anna when the liner was nearing Gibraltar, a few days ago. Mr. Van Dyne was returning from New York where he had gone following a breakdown resulting from overwork at the beginning of the war.

TROOPS ARE BEING EQUIPPED.

Berne.—Every Italian soldier has received two blankets and three pairs of nailed boots and stockings and woolen gloves. The troops of the Third Category have left Milan for an unknown destination. Property owners who were obliged to leave property receiving government receipts for it. In a short time the whole district from Lake Garda to and including Trent was evacuated. New and heavy artillery had been brought up.

KING OF ENGLAND

King George Often Visits Fighting Zone.



London, May 18.—King George of England pays frequent visits to the fighting zone in northern France and Belgium. His presence proves a great incentive to the English soldiers.

WAR DEMONSTRATION IS HELD AT ROME

Great Rejoicing by the Masses Over Belief.

Rome, May 18.—All factions have been united by the news that the Salandra ministry is to be retained since the news has swept over Italy, and there is now a great cry for war. Reservists of the age of fifty-five years have been called out.

A demonstration, such as Rome has not seen since the days of the revolution followed. Contrary to former practices there was no effort by the police or military to stop the popular enthusiasm and the crowds surged through the city, acting very much as if war had been declared already and victory were being celebrated.

The same thing has occurred throughout the country. The one call is for Salandra, the war advocates, and for his ministers. The fact that King Victor Emmanuel has at last accepted Premier Salandra is taken as proof that he has come at last to favor intervention and has given his consent to mobilization. Momentous events are expected momentarily. The king's life guards already have been supplied with campaign uniforms.

When it became known that the cabinet was to meet for the first time since its resignation was handed to the king, the people made up their minds that war was at last a certainty, and began a demonstration. Practically a third of Rome's population, 200,000 citizens, of all classes ranging from noblemen to peasants and laborers, and even including priests, assembled in the Piazza Popolo, every one wore the tri-color.

New York.—Eight relief ships of the Commission for Relief in Belgium arrived at Rotterdam during last week, it was announced here. They represent a tonnage of 44,350 tons and the cargoes value approximately \$4,000,000.

You Must Look Out for Your Own Health

Address Given at Berea College, April 5, 1915, by David Paulson, M.D.

If when your present pair of shoes were worn out you could never buy a new pair but must depend upon the shoemaker to repair those you already have, how carefully you would refrain from unnecessarily wearing them out!

Please bear in mind that there is no such thing as an entirely new stock of health. When health is demoralized the most that any doctor can do is to patch it up. Every one of us should appreciate that health is a gift of God and that there is a moral responsibility upon each one of us to preserve our health, for without it our lives are almost useless.

Of what value are a rich man's millions when he is desperately sick? An educated man when ill is just as helpless as the ignorant man. Education will be of little value to you unless you at the same time appreciate the importance of developing sound, substantial health.

Disease Does Not Come Without a Cause

We used to think that health and disease were matters of luck, chance or misfortune. We now know that sickness does not rain down ready-made from heaven. Generally speaking, we ourselves set in operation the causes that invite our physical troubles.

About ten per cent in this audience have pneumonia germs in their throats. Perhaps one per cent have the deadly meningitis germs in their nasal cavities. Why is it that some of you do not contract meningitis, or more of you be stricken down with pneumonia? These are some interesting questions that modern

medical science enables us to at least partially answer.

You all know that there is something bitter in the orange rind. Nature has put it there to keep the parasites from eating the orange. For exactly the same reason God has put something in the normal healthy man that is not attractive to disease germs. As long as we have that something in our system just so long there are certain diseases that will not overwhelm us.

You say a certain man came down with pneumonia last Thursday. The real facts are he had been preparing himself for that pneumonia for months. He only got what he had been working so hard for last week.

The real facts are we are battering down our natural defenses a long time before we actually break down. You know the Russians took a certain city the other day; but they had been working six months before they actually succeeded. In the same way many people are bombarding their health day after day until at last it breaks down and the disease germs invade the stronghold.

The Story of Bodily Defenses

Walking down State street in Chicago any windy day we breathe in pneumonia germs, tubercular bacilli and gripe germs with every breath, but when we expel that same breath of air it is sterilized. Why? Because the healthy mucus up in the nose, down in the throat, and in the lungs, has something in it that kills germs. So as long as one has healthy mucus in the nose, throat and lungs there is no danger

(Continued on Page Two.)

CONTENTS

- PAGE 1.—Editorial: Bud McGivens Improves.—Health Address by Dr. Paulson.—War News.
- PAGE 2.—Temperance Column.—Sunday School Lesson.
- PAGE 3.—Farmers' Meeting.—The Cow Pea.—Sell, Kill or Confine the "Rooster".—General Farm Notes.
- PAGE 4.—Local Items.
- PAGE 5.—College News.
- PAGE 6.—Serial: Waitstill Baxter.—Chautauqua Program.—Short Story: Children of the Heart.
- PAGE 7.—Verse for This Week.—Miss Ida M. Tarbell on Woman Suffrage.—Little Folks.—The Sandman Story.
- PAGE 8.—Eastern Kentucky News.—Poem.—Markets.

The Citizen this issue is publishing one of Dr. David Paulson's great health addresses which was given at Berea College, April 5th. Everyone will be extremely interested in this great article.

Now is the time to begin to plan for a crop of cow peas. Read the article, "The Cow Pea" on our farmers' page without fail. In it Mr. Spence tells the value the crop is to land and also the great value of cow pea hay.

Why wait for the agent to come and see you before you renew your subscription? Just send the dollar and we'll do the rest.

Texas folk say "send The Citizen another year. We don't think we can afford to miss a single copy."