

MOCK QUAIL AVAILABLE FOR THE POOR MAN'S DAILY MENU

Label Ross, in the Series of Articles on Reducing the High Cost of Living and at the Same Time Showing the Improved Methods of Buying and Cooking Foods, Gives Complete Recipes for Such Dishes as Mock Quail, Scalloped Apples and others, Which Are Seldom Found on the Ordinary Table, But Can Be Placed There With Profit.

MENU NO. 12
MISS MABEL ROSS.

Breakfast.

Amount.	Calories.	Cost.
1 medium sized.....	100	.025
1 serving.....	100	.005
1 tablespoon.....	100	.006
1 cup.....	100	.016
1 slice.....	150	.009
1/2 cup.....	300	.033
1/4 cup.....	200	.022
1/2 cup.....	100	.007
1/4 cup.....	50	.004
1 slice.....	100	.04
.....	1080	.148

Luncheon.

1/2 cup corn soup, 1 serv.....	137	.035
1/2 cup wheat bread, 4 small.....	200	.018
1/2 cup parine, 3 tablespoons.....	100	.011
1/2 cup cup.....	160	.025
1/2 cup beans, 27 beans.....	100	.006
1/2 cup parine, 1 tablespoon.....	100	.011
1/2 cup 1 serving.....	200	.038
.....	1197	.166

Dinner.

1/2 cup small, 1 serving.....	123	.062
1/2 cup potatoes, 2 medium.....	200	.008
1/2 cup parine, 1 tablespoon.....	100	.011
1/2 cup 1 serving.....	50	.019
1/2 cup sauce, 1/4 cup.....	62	.009
1/2 cup apples, 1/4 cup.....	200	.038
1/2 cup 1/2 serving.....	140	.013
1/2 cup 1/2 slice.....	100	.006
1/2 cup parine, 1/4 tablespoon.....	50	.005
1/2 cup 1/2 cup.....	80	.007
1/2 cup 1/2 tablespoon.....	50	.003
.....	1153	.185

Mock Quail.

1/2 lb round steak, 1 cupful soft ground, 1/2 teaspoon ground pepper, 1/2 teaspoon salt, 1 small chopped, hot water or milk, pepper, flour and fat.

1/2 lb round steak of half-inch thick pieces three by four inches. Stuffing of the bread crumbs, onion, cloves, salt, pepper, hot water or milk to spread the stuffing over the steak, roll up each piece and tie with a piece of string. Dredge with flour and add salt and brown in beef drippings or fat, cover with boiling water, simmer for one and a half hours tender. Remove the strings, and the meat with the sauce in pan cooked.

Scalloped Apples.

1/2 cup soft bread crumbs, 2 table-



Photo by Thompson, Gibson Studio.
MISS MABEL ROSS
Of the Butte High School Domestic Science Class.

spoons butter, 1/4 teaspoon nutmeg, 2 cups apples, 1/2 lemon juice and rind, 1/4 cup sugar, 1/4 cup water, 1/4 teaspoon cinnamon.

Butter the bread crumbs. Chop or cut the apples in small pieces, add remaining ingredients to apples. Put one-fourth of crumbs in bottom of a buttered baking dish, add one-half of the apple mixture, then one-fourth of the crumbs, the remainder of the apple mixture, and then cover with the remainder of the crumbs. Bake 40 to 60 minutes, until apples are tender and crumbs brown, in a moderate oven. Cover during first 20 minutes of baking. Serve hot with sugar and cream or hard sauce. Care should be taken in grating lemon rind. Only the thin yellow portion should be used as flavoring.

Hard Sauce.

Three-fourths cup brown sugar, 1-3 cup butter, 2 tablespoons cream or milk, 1 teaspoon vanilla or 1 teaspoon lemon juice, and 1 teaspoon vanilla.

Cream the butter, add sugar gradually, and mix thoroughly. Add cream or milk gradually. Add flavoring. Chill. Serve over hot apples.

THE BUTTE DAILY POST
POSTS YOU ON THE NEWS

"BOB" GETS NEW ESCORT FROM POLICE

Helena to See Attorney General, Then to Spokane and Return.

verbal clash in the Butte police, Mrs. Bob Fitzsimmons, the worker, evangelist and wife of the world's heavyweight champion fighter, who has been probation conditions here, was given a ticket by Chief of Police Murphy.

Alfred Henderson was detailed as Desk Sergeant Burns in escorting Mrs. Fitzsimmons through the restricted district.

Fitzsimmons told the chief that she had deserted her. He replied she was angry because he had refused to dance with her in one of the clubs in the district. Mrs. "Bob" denied his statement and flayed him with a wordy lashing. The trouble was settled by the chief appointing Henderson and replacing Sergeant Burns on the desk. Detective Alf Henderson is one of the biggest men in the force.

Fitzsimmons left last evening for Helena, where she will confer with Attorney General S. C. Ford in regard to flight to close Butte's restricted district. She will go from there to Spokane and will return to Butte Wednesday to continue her work at Colberts.—Adv.

HUSBAND TOOK HER WEDDING RING

Ma Mollen, in an answer filed with the clerk of the district court to a complaint by Jacob Mollen asking for divorce, charges her husband with cruel treatment, including tearing up her marriage certificate, taking her wedding ring and putting it in the house. She asks that the court deny the application for divorce by her husband and wants her name restored to her. She also asks for \$60 alimony and an attorney's fee of \$125.

When Itching Stops

There is one safe, dependable treatment that relieves itching, tortures and irritation almost instantly and that soothes and cools the skin.

Any drugstore for a 25c or \$1 bottle and apply it as directed. Soor will find that irritations, pimples, heads, eczema, blotches, ringworm, similar skin troubles will disappear like magic, the penetrating, astringent liquid. It is all that is needed, for all skin eruptions and makes the skin soft, smooth and healthy.

W. W. Rose Co., Cleveland, O.

STANLEY GIFFORD IS DEAD IN TEXAS

Man Who Came to Butte With F. A. Heinze is Stricken With Appendicitis.

D. J. Fitzgerald, cashier of the Silver Bow National bank, received a telegram late Saturday announcing the death of his old friend, Stanley P. Gifford, capitalist of New York City, who came to his end a few days ago in Brownsville, Tex.

"Mr. Gifford had many friends in Butte who will be sorry to hear of his death," said Mr. Fitzgerald. "Mr. Gifford was president of the Borderland Sugar company of New York and was visiting the plantations of the company when stricken with appendicitis.

"Mr. Gifford lived in Butte for some time and was a warm personal friend and business associate of F. A. Heinze. With Mr. Heinze he helped organize the Montana Ore Purchasing company, the United Copper company, the British Columbia Smelting and Refining company and the Columbia and Western railway. His ability as a mining engineer was known throughout the west. Of late years, however, he did not follow his profession. Mr. Gifford was a shrewd investor and it is understood that he left a considerable fortune. He was a likable gentleman and made friends wherever he went."

The deceased was 48 years old. He graduated from the Columbia School of Mines in 1889, and with his classmate, Mr. Heinze, came to Butte.

To Prevent the Grip

Colds cause Grip—Laxative Bromo Quinine removes cause. There is only one "Bromo Quinine." E. W. GROVE'S signature on box. 25c.

JAPS IMPROVE MEANS OF IMPROVING SILKWORM

Tokio.—An improvement in the manner of hatching silkworms has been made by Japanese growers. Egg cards are immersed in diluted hydrochloric acid for five to 10 hours just before they are hatched.

In a fortnight or 12 days after the immersion the eggs are perfectly hatched, and worms that are stronger and more healthy than those hatched in any other way may be seen coming out of the shells.

BURLGAR "ARRESTS" INNOCENT ONLOOKER

Los Angeles, Cal.—Half an hour after James Whelan impersonated a policeman, and apparently captured a safeblower and rode to the police station with his prisoner, the police arrested Whelan under the bed in his room and got from him, he alleges, a confession that he acted as lookout for two crackmen, who escaped when Whelan "captured" a man attracted by the noise of the explosion. The robbers fled without booty after blowing the door off a butcher's safe.

Our 21st Annual January Sale

Presents Greatest Values to Be Found Anywhere, As Attested by Crowds Today

THE STORE THAT SELLS FOR LESS ALL THE TIME **WE BUY FOR LESS AND WE SELL FOR LESS**

In view of the fact that there is a rapidly increasing scarcity of many lines of merchandise, and the recent advance in prices at all mills and factories we are, indeed, fortunate to be able to quote these extraordinary low prices.

See Special Window Display

75c a Yard for \$1.05 Brussels Carpet

Good quality Brussels carpet \$1.05 quality. January sale price, yard, laid on your floor, is only **75c**

\$5.65 a Pair for \$8.00 Portieres

"Sunfast" non-fadable leather portieres, worth \$8.00 a pair. January sale price is only **\$5.65**

\$1.20 for \$1.75 Crochet Bedspread

Good weight, full size crochet bedspreads with hemmed border; \$1.75 value. Sale price is **\$1.20**

AXMINSTER RUGS

18x36-inch selected patterns, fine Axminster rugs at January sale price of **\$1.45**

\$1.10 for \$1.50 Waste Paper Basket

Large size waste paper basket, solid oak frame covered with good quality cretonne; \$1.50 value **\$1.10**

\$1.00 for \$1.50 Oak Plate Rack

Solid oak, fumed finish plate rack, \$1.50 value. January sale price **\$1.00**

95c for \$1.25 Kitchen Set

Eight-piece kitchen set made of oil tempered steel with ebony handles and nickel finish; very special **95c**

New Patterns of Linoleum

Heavy cork linoleum. January sale price, **56c** square yard.....

Inlaid linoleum, new patterns. January sale price, square yard **\$1.08** at

\$1.15 for \$1.75 Framed Mirror

Plate glass mirror 10x17 inches, with solid oak, golden finish frame; \$1.75 value **\$1.15** for only

\$15.45 for Solid Oak Dresser

Top measures 20x38 ins.; bevel plate mirror 16x24 ins.; 2 large and 2 medium size drawers, sale **\$15.45**

\$22.45 for Quartered Oak Dresser

Golden wax finish, top 40x20 ins., bevel mirror 22x28 ins.; 2 large and 2 medium size drawers **\$22.45**

\$15.10 for Solid Oak Chiffonier

Matches dresser listed at \$15.45. Wax finish with 12x20-inch mirror; top 30x19 ins.; 3 large and 2 medium size drawers; sale **\$15.10**

\$9.85 for Solid Oak Chiffonier

Has five large drawers and top measures 30x19 ins.; solid oak, golden finish; sale **\$9.85** at

\$46.35 for Pullman Davenport

Complete with mattress and springs, upholstered in moroccon-line; solid oak frame, golden or fumed finish; sale at **\$46.35**

BRUSSELS RUGS

9x12-foot room-size Brussels rugs at this cut price January sale is only **\$13.85**

All Floor Samples of Bedroom Suites At January Clearaway Prices



\$78.45 For Four-Piece Old Ivory or White Enamel Bedroom Suites, Consisting of Dresser, Bed, Chiffonier and Triplicate Mirror Dressing Table—True Value of the Four Pieces Is \$110.00—Sale Price Only Seventy-Eight Forty-Five.

Bedroom suite, consisting of dresser, bed, chiffonier and triplicate mirror dressing table. Dresser has large mirror, 22x28 inches, top measures 20x40 inches. Chiffonier has top 32x20 inches, mirror 22x18 inches. Dressing table has top measuring 20x34 inches and triplicate mirror, each mirror 8x20 inches; two lower drawers. Bed is superbly finished in old ivory or white enamel; four pieces; worth \$110.00, at January sale price of **\$78.45**

\$87.65 For a Four-Piece Old Ivory Bedroom Suite, Worth \$120

\$87.65 for a four-piece old ivory bedroom suite consisting of dresser, bed, chiffonier and dressing table, with three mirrors; actual value of the four pieces is \$120.00. January clearway sale price is only **\$87.65**

\$148.65 For a Four-Piece Old Ivory Bedroom Suite, Worth \$175

\$148.65 for four-piece old ivory bedroom suite, consisting of a beautiful dresser, handsome chiffonier, dressing table with triplicate mirror and full-size bed; marked to sell at \$175.00. January sale price is only **\$148.65**

Pillows At \$1.10 Pr.

Extra Special! Pair of Art Tick Pillows Only \$1.10

Each pillow measures 17x24 inches and is covered with fancy art ticking and filled with all new feathers. Sanitary pillows, extra well made and the kind that sells elsewhere at \$1.75 and \$2.00 a pair. Special at **\$1.10** per pair

Leather Pillows At \$1.95 Pr.

Eight-Pound Art Tick Pillows, Pair Only \$1.95

These pillows are usually sold at \$2.50 a pair, and many stores ask \$3.00. Covered with fancy art tick and filled with fine grade sanitary feathers. Special sale price of these eight-pound art tick pillows is, **\$1.95** per pair

\$15.85 for Flemish Finish Satin Brass Bed

Full size bed with two-inch posts and five half-inch fillers; corner posts have heavy cadet style caps; a guaranteed Flemish finish **\$15.85** bed at January sale price

Full Size Hairpin Fabric Bed Springs With Frame Finish in Black Japan, at \$3.95

Frame of springs of heavy angle shaped carbon steel and finished with anti-rust black Japan. Equipped with patent hairpin fabric. The elasticity and springy softness is obtained by the use of steel coil springs at each end, attached to the hairpin fabric and the steel end bars. January sale **\$3.95**

Solid Oak Fumed Finish Library Table for Only \$7.45

Like illustration; measures 22x36 inches, with lower shelf for magazines or books, seven inches wide and 30 inches long. Has upper drawers fitted with solid oak pulls; 20 inches wide and four inches deep. Special January sale price is only **\$7.45**



\$18.85 for French Finish Satin Brass Bed

Two-inch continuous posts and SIX very heavy one-inch fillers; corner posts have six-inch husks. French satin, full-size brass bed **\$18.85** at January sale price of

Full Size Bed Springs Fitted With 99 Heavy Coil Springs, Sale Price \$5.85

These springs have a very heavy black japanned iron frame finished with the patent anti-rust Japan. Ninety-nine very heavy coil springs supported by japanned angle iron. These springs are made to our order and guaranteed for service and will fit either of the brass beds listed. Special sale price of springs at **\$5.85**

\$3.00 down, \$3.00 per month, buys \$25 worth of goods.

\$7.50 down, \$7.50 per month, buys \$75 worth of goods.

\$5.00 down, \$5.00 per month, buys \$50 worth of goods.

\$10.00 down, \$10 month, buys \$100 worth of goods.

Mail Orders ... Filled ...

LANDER

And We Pay The Freight