

**FAMOUS DOCTOR'S PRESCRIPTION.**



**PE-RU-NA**  
FOR  
**DYSPEPSIA**  
CATARRH OF STOMACH

**Pla-Mate Shoes**  
Are Best for Little Folks

because they follow the lines of the natural foot and allow perfect development. Think what that means, you parents who suffer from corns, bunions, etc., as a result of wearing shoes when you were young, which contracted the foot. **Pla-Mate Shoes** come in sizes 4 to 12 in button, lace and oxford styles and made in all suitable leathers. The price may be a little higher than you are now paying, but think of the comfort the children will have, and consider that the material and workmanship that goes into every pair of **Pla-Mate Shoes** makes them outwear two pairs of ordinary shoes. If your shoe dealer does not keep **Pla-Mate Shoes** send us his name, stating the size and style of shoe you want and we will see that you are promptly supplied.

**WILLIAMS, HOYT & CO.**  
ROCHESTER, N. Y.

\$1.75 & \$2.00

**SICK HEADACHE**

**CARTER'S**  
**LITTLE LIVER PILLS.**

Positively cured by these Little Pills. They also relieve Distress from Dyspepsia, Indigestion and Too Hearty Eating. A perfect remedy for Bile, Nervousness, Headache, Dizziness, Bad Taste in the Mouth, Constipation, Pain in the Side, TORPID LIVER. They regulate the Bowels. Purely Vegetable.

**SMALL PILL. SMALL DOSE. SMALL PRICE.**

**CARTER'S**  
**LITTLE LIVER PILLS.**

Genuine Must Bear Fac-Simile Signature

*Beutelschlag*

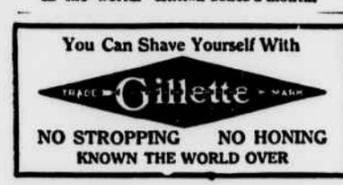
**REFUSE SUBSTITUTES.**

**PROOF in the Morning!**

We tell you about how good you'll feel after taking a **CASCARET**—that millions of people—buy, use and recommend them—But that's talk—you buy a box now—take as directed to-night and get the proof in the morning—After you know **CASCARETS** you'll never be without them.

**CASCARETS** are a box for a week's treatment, all druggists. Biggest seller in the world. Million boxes a month.

You Can Shave Yourself With



**NO STROPPING NO HONING**  
KNOWN THE WORLD OVER

**PARKER'S HAIR BALSAM**

Cleaves and beautifies the hair. Promotes a luxuriant growth. Never Fails to Restore Gray Hair to its Youthful Color. Cures scalp diseases & hair falling. 50c and \$1.00 at Druggists.

**WRIGLEY'S**

AGENTS:—IF I KNEW YOUR NAME, I would send you our \$1.00 sample outfit free this very minute. Let me start you in a profitable business. You do not need one cent of capital. Experience unnecessary. 50% profit. Credit given. Premiums. Freight paid. Chance to win \$5000 gold extra. Every man and woman should write me for free outfit. **LAY BLACK, President, 240 Beverly Street, Boston, Mass.**

**WRIGLEY'S PATENTS**

Watson E. Coleman, Washington, D.C. Booklet free. Illustrated references. Best results.

**DEFIANCE STARCH** for starching finest linens.

Children Like

**PISO'S CURE**

THE BEST MEDICINE FOR COUGHS & COLDS

It is so pleasant to take—stops the cough so quickly. Absolutely safe too and contains no opiates.

All Druggists, 25 cents.

**FOR THE DESSERT**

FOUR CONFECTIONS THAT CAN BE RECOMMENDED.

**Orange Jelly Baskets**—An Old Favorite  
**—Apricot Snow**—Directions for Tinting Frostings—Old Reliable Scripture Cake.

**Orange Jelly Baskets.**—Use one ounce for each person. Cut carefully about two-thirds up, leaving a strip across the top about half an inch wide for the handle. Scallop the edge of the basket and fill with orange jelly made as follows: One-half box of gelatine, one-half cup of cold water, one cup of boiling water, juice of one lemon, one cup of sugar, one pint of orange juice. Soak the gelatine in cold water until soft. Add the boiling water, orange and lemon juice and sugar. Stir until the sugar is dissolved and set in a cool place. When the jelly is heaped in the baskets a spoonful of whipped cream should be dropped on top with a piece of dried orange peel stuck into it.

**Apricot Snow.**—Take one cupful of apricots drained from the syrup and pressed through a vegetable press. Add one cupful of sugar, the unbeaten white of an egg, and the juice of half or a whole lemon. Beat the mixture with a perforated wood spoon until it will stand alone. It will take some minutes. Use between and above layers of cake. A few halves of apricots cut in pieces may be used to decorate the snow. The apricot gives a particularly agreeable flavor and tint.

**To Tint Frostings.**—When making frosting for cake, add one-half teaspoon of red cake sand, with the sugar and you will have a pretty pink frosting. If you wish blue, add blue cake sand. In this way you may get any color cake sand you want your frosting to be.

**Scripture Cake.**—This is a cake that has as many "revivals" as some churches, and is a cake which "takes well" at church fairs, both cake and recipe bringing good prices. Recipe, I. Kings xvii.:13; One cupful of butter, Judges, v.:25; two cupfuls of sugar, Jeremiah, vi.:20; three and one-half cupfuls of flour, I. Kings iv.:22; two cupfuls of raisins, I. Samuel, xxx.:18; one cupful of figs, I. Samuel, xxx.:12; one cupful of almonds, Genesis xliii.:11; six eggs, Isaiah x.:14; little salt, Leviticus, ii.:13; one large kitchen-spoonful honey, Judges, xvi.:8; sweet spices to taste, I. Kings, x.:2; three teaspoonfuls baking powder, Galatians, v.:9; follow Solomon's advice for the making of good boys, Proverbs xxiii.:14.

**About the House.**

A young woman who spent the best part of the summer at a Bar Harbor hotel tells of a useful box that she invented in a wild desire to have a spot where sewing or anything could be thrown and left undisturbed until needed again. She bought four rollers from a hardware store and borrowed a lammer and a small screwdriver. Weird sounds were heard the next day, and her forefinger was tied up in lint for a week, but she had solved the problem in hand. She had neatly upholstered her box with cretonne, so that the glimpses of it under her bed was not unsightly. Rope handles were at the ends, and a pull wheeled it out to her feet. The cover was a flap of cretonne tacked on the back and buttoned in front to a flap that met it.

**Toilet Soap.**

One can of potash, one quart of cold water, 20 cents' worth of glycerine, three tablespoonfuls of borax, one cup of almond meal, six pounds clean grease, one cup bergamot. Put potash in cold water, add glycerine, borax, meal and oil after it is dissolved and cool. Let the grease be melted, not hot, and stir it in into the mixture until it looks like cream. Pour into a pan and cut in squares when quite hard.

**French Pickles.**

One colander of sliced green tomatoes, one quart sliced onions, one colander of cucumbers, pared and sliced; two good handfuls of salt. Let all stand 24 hours, then drain through a sieve; one-half ounce celery seed, one-half ounce allspice, one teaspoon of white mustard seed, one teaspoon of black pepper. I use a little less pepper, as I don't like ours too hot. I use one-half cup pepper, one tablespoon tumeric, one pound of brown sugar, two tablespoonfuls of mustard, one gallon of vinegar.

**Lettuce Salad.**

Rub a salad dish with a clove of garlic. Place in it your lettuce and add the chopped white of a hard-boiled egg. Mash the yolk with a fork, add one-fourth teaspoonful of salt, two tablespoonfuls of olive oil, and rub smooth. Add two tablespoonfuls of vinegar and pour over lettuce.

**Fried Bananas.**

Peel and slice the bananas, sprinkle with salt and fry a light brown in but. r. Serve hot.

**DELICACY OUT OF SEASON**

Farmer Absolutely Unable to Understand the Possibility of Ice in July.

We are so accustomed to having things "out of season," and especially to the cutting and scoring of ice for use in the summer, that it is hard to put ourselves in the place of the simple old farmer told of by a writer in the Toledo Blade.

In the summer of 1909 a party of surveyors was working through the state of Arkansas, surveying and locating the Midland Valley road. One day the surveying corps stopped at a farmhouse and shouted for the farmer.

The Arkansan came out, and the surveyors asked him if they could get a drink.

"Certainly, boys," he said. "I'll give you the best I've got, and the best I've got is buttermilk."

"That will be fine," the surveyors said, and the old farmer gave each of the gang a glass of buttermilk.

"It's mighty good," said one of the surveyors to McCloud.

"Yes, indeed," McCloud replied, "but it would be better if we had some ice to put in it."

"Turning to the farmer, McCloud said, 'Have you any ice?'"

"Ice!" shouted the farmer, tugging at his whiskers. "Ice! Who ever heard of ice in July?"—Youth's Companion.

**He Bit.**

Ex-Police Commissioner Bingham of New York said of graft at a recent dinner:

"The grafter isn't so easily caught; he isn't quite so naive as an old fellow they used to tell about in Andover."

"This old fellow was suspected of tampering with the church collections. A couple of clumsy traps that were set for him failed to work. Then one day a young deacon walked past his house leading a new horse."

"That's a fine horse, deacon," the old fellow shouted. "Did you buy him at the fair?"

"Yes," said the deacon. Then, as the other came nearer, he added:

"I bought him with my pickings out of the collection plate."

"The old man looked horrified."

"Good gracious!" he said. "I've often taken enough myself to buy a hat or a pair of trousers; but, deacon, in takin' enough to buy a horse ain't ve committin' a positive sin!"

**Poverty and Consumption.**

That poverty is a friend to consumption is demonstrated by some recent German statistics, which show that of 10,000 well-to-do persons 40 annually die of consumption; of the same number only moderately well-to-do, 66; of the same number of really poor, 77; and of paupers, 97. According to John Burns, the famous English labor leader, 90 per cent. of the consumptives in London receive charitable relief in their homes.

**Dieting.**

Stella—Did the doctor say you shouldn't eat between meals?

Bella—Yes; so I just have more meals.

Never take a mean advantage of anyone in any transaction, and never be hard upon people who are in your power.—Dickens.

**FOOD QUESTION**  
Settled with Perfect Satisfaction by a Dyspeptic.

It's not an easy matter to satisfy all the members of the family at meal time as every housewife knows.

And when the husband has dyspepsia and can't eat the simplest ordinary food without causing trouble, the food question becomes doubly annoying.

An Illinois woman writes:

"My husband's health was poor, he had no appetite for anything I could get for him, it seemed.

"He was hardly able to work, was taking medicine continually, and as soon as he would feel better would go to work again only to give up in a few weeks. He suffered severely with stomach trouble.

"Tired of everything I had been able to get for him to eat, one day seeing an advertisement about Grape-Nuts, I got some and tried it for breakfast the next morning.

"We all thought it was pretty good although we had no idea of using it regularly. But when my husband came home at night he asked for Grape-Nuts.

"It was the same next day and I had to get it right along, because when we would get to the table the question, 'Have you any Grape-Nuts?' was a regular thing. So I began to buy it by the dozen pkgs.

"My husband's health began to improve right along. I sometimes felt offended when I'd make something I thought he would like for a change, and still hear the same old question, 'Have you any Grape-Nuts?'"

"He got so well that for the last two years he has hardly lost a day from his work, and we are still using Grape-Nuts." Read the book, "The Road to Wellville," in pkgs. "There's a reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

**Facts for Sick Women**

We know of no other medicine which has been so successful in relieving the suffering of women, or secured so many genuine testimonials, as has Lydia E. Pinkham's Vegetable Compound.

In almost every community you will find women who have been restored to health by Lydia E. Pinkham's Vegetable Compound. Almost every woman you meet has either been benefited by it, or knows some one who has.

In the Pinkham Laboratory at Lynn, Mass., are files containing over one million one hundred thousand letters from women seeking health, in which many openly state over their own signatures that they have regained their health by taking Lydia E. Pinkham's Vegetable Compound.

Lydia E. Pinkham's Vegetable Compound has saved many women from surgical operations.

Lydia E. Pinkham's Vegetable Compound is made exclusively from roots and herbs, and is perfectly harmless.

The reason why it is so successful is because it contains ingredients which act directly upon the female organism, restoring it to healthy and normal activity.

Thousands of unsolicited and genuine testimonials such as the following prove the efficiency of this simple remedy.

Minneapolis, Minn.:—"I was a great sufferer from female troubles which caused a weakness and broken down condition of the system. I read so much of what Lydia E. Pinkham's Vegetable Compound had done for other suffering women, I felt sure it would help me, and I must say it did help me wonderfully. Within three months I was a perfectly well woman."

"I want this letter made public to show the benefits to be derived from Lydia E. Pinkham's Vegetable Compound."—Mrs. John G. Moldan, 2115 Second St. North, Minneapolis, Minn.

Women who are suffering from those distressing ills peculiar to their sex should not lose sight of these facts or doubt the ability of Lydia E. Pinkham's Vegetable Compound to restore their health.

**Mayer Special Merit SCHOOL SHOES.**

**"WEAR LIKE IRON"**

They wear best where the wear is hardest. Made of selected leather specially tanned to resist exactly the kind of wear a healthy boy or girl will give them.

Two layers of leather are sewed in at the tip instead of one, to prevent the toes kicking out. The soles are of extreme toughness.

**Mayer Special Merit School Shoes** are made to fit a child's foot in a comfortable, natural way that will prevent foot trouble in later years, yet they are stylish and good looking. Only the genuine have the Mayer Trade Mark stamped on the sole.

FREE—If you will send us the name of a dealer who does not handle Special Merit School Shoes, we will send you, free, post-paid, a handsome picture, size 15x20, of George Washington.

We also make Honorbilt Shoes for men, Leading Lady Shoes, Martha Washington Comfort Shoes, Yerma Cushion Shoes and Work Shoes.

**F. MAYER BOOT & SHOE CO.**  
MILWAUKEE WISCONSIN

THEY WEAR LIKE IRON

**Libby's Food Products**

RECEIVED THE ONLY

**GRAND PRIZE**

(HIGHEST AWARDS)

At the Alaska-Yukon-Pacific Exposition

AGAINST ALL COMPETITORS ON

PICKLES—OLIVES—CONDIMENTS—CALIFORNIA ASPARAGUS—PRESERVES—JELLIES—SALAD DRESSING—CONDENSED MILK—EVAPORATED MILK—CALIFORNIA FRUITS

CANNED MEATS

CORNED BEEF—SMOKED DRIED BEEF—OX TONGUE—VEAL LOAF—HAM LOAF VIENNA SAUSAGE

**WHERE QUALITY COUNTS WE LEAD**

Your Grocer Has Them—Insist on Getting Libby's

**LIBBY, McNEILL & LIBBY**

**HAMLINS WIZARD OIL** GREAT FOR PAIN

IT'S OIL THAT PENETRATES