

## NEED OF ACCURACY

IF ONE WOULD GET SUCCESSFUL RESULTS IN COOKING.

Good Materials and Correct Measurements Absolutely Necessary—Measuring Spoons and Cups Best for Beginner.

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Successful results in cooking can only be obtained by the use of good materials and correct measurements. One may have cooked enough to be able to measure with a fair degree of accuracy with the eye, but a beginner will do well to go back to first principles and use measuring spoons and cups.

It is not worth while to try to memorize many recipes, but it is a good plan to have some measurements in the mind upon which to work, in case one has not a recipe at hand.

Using the griddle cake as a batter foundation, the proportion of bread flour will be 1 1/4 parts of flour to two parts of wetting.

For a muffin, 1 1/4 parts of flour to one part of wetting.

For a plain cake, two cups of pastry flour to one-half cup of wetting.

In doughs, just enough flour to knead.

Because of the variation in flours the wetting should be held back, making the flour the basis of the mixture.

In the use of baking powder, the rule is one level teaspoon of baking powder to one cup of wheat flour, 1 1/2 teaspoons of baking powder to one cup of corn meal, and four-fifths teaspoonful of soda to two cups of sour milk. If milk is only slightly sour, two-thirds of a teaspoon to two cups of milk will be a sufficiency.

Eggs and shortening may be varied to suit conditions. Batter mixtures can be made without eggs, but are of course not so good. Butterine can be used in place of butter and the results are just as good.

Crumb Griddle Cakes. One cup flour, one-half teaspoon soda, one-half teaspoon salt, one teaspoon baking powder. Sift together.

One cup sour milk, one cup stale bread crumbs, one cup sweet milk. Mash together and allow to stand until soft; then sift in flour and leavening agents.

### Simplicity in Dress.

A great French authority on dress asserted once that no ornament in the way of a bow or even a button should be allowed to appear on a dress without some definite object. He argued, with a great show of reason, that the bow should be the two pieces of ribbon together, and that the button should actually pass through a buttonhole. It would be as well sometimes if these principles could be carried into practice, if only to prevent such foolish forms of trimming as those long rows of many buttons which played a conspicuous part on many of the summer gowns, in some cases giving them exactly the appearance of a draper's show card, upon which samples of buttons are displayed.

### Potato Fricassee.

If you are tired of the old ways of cooking the inevitable potato, which in most families forms part of the daily menu, despite doctors and dread of flesh, why not try a fricassee? It is a favorite method of cooking them in a certain Italian family, and is delicious.

Cut new potatoes, which have been peeled, into small squares or flute them with a fluting knife. Put a tablespoonful of butter in a saucepan, fry in it a small onion, sliced, salt and plenty of paprika. Cook onion until a light brown; then add potatoes; cover with water and cook until the water has boiled away, when the potatoes should be soft and mealy.

### Plain Orange Salad.

Housekeepers who are canny in other directions too often forget that a heavy salad is out of place at the dinner table. Plain orange salad served with French dressing on lettuce leaves cannot be improved upon for most persons by any admixture. Diced pineapple with orange is always delicious, and for variety peaches or pears may be added. Large ripe alligator pears, at their best now in the fancy fruit shops, are one of the possibilities.

### Ginger Cakes.

Two sifters of flour, one pint of lard, a little salt; rub together; one pint of Orleans molasses, two eggs, one cupful of sugar, one-half pint of sour milk, one quart of hot water, tablespoonful of ginger, two tablespoonfuls of soda; dissolve soda in milk or hot water, which ever you use.

### To Smooth Irons.

Tack a piece of sandpaper on the end of the ironing board to smooth the irons.

### Eating for Strength.

The greatest pleasure to be derived from eating is the pleasure one gets in the knowledge that his food is giving him greater strength and vitality.

Because of this fact there is a constant increase in the consumption of Quaker Oats; every time the strength making qualities of Quaker Oats have been tested by scientific investigation or by experiments in families it has been found to be a food without an equal.

It builds the muscles and brain without taxing the digestive organs; it costs so little anyone can afford it, and it is so carefully prepared and packed that it is absolutely pure and clean. A Quaker Oats eating family is always a healthy family. Quaker Oats is packed in regular size packages and also in large size family packages. The latter very convenient for those not near the store.

### NO PLACE FOR A PAINTER.



Visitor—Does the painter Maier live here?

Landlady—No; they are all respectable people in this house.

### RECIPE FOR CATARRH.

Furnished by High Medical Authority. Gives Prompt Results.

The only logical treatment for catarrh is through the blood. A prescription which has recently proved wonderfully effective in hospital work is the following. It is easily mixed.

"One ounce compound syrup of Sarsaparilla; one ounce Toris compound; half pint first-class whiskey." These to be mixed by shaking well in a bottle, and used in tablespoon doses before each meal and at bedtime.

The ingredients can be gotten from any well stocked druggist, or he will get them from his wholesale house.

### Good Place for Camels.

Gov. Glascock of West Virginia, while traveling through Arizona, noticed the dry, dusty appearance of the country.

"Doesn't it ever rain around here?" he asked one of the natives.

"Rain?" the native spat. "Rain? Why, say, partner, there's bullfrogs in this yere town over five years old that hain't learned to swim yet."—Everybody's Magazine.

### Fighting the Slave Trade.

Although slave-trading is generally supposed to be a thing of the past, the United States contributes annually \$100 as its share of the expense of keeping up at Brussels an institution known as the international bureau for the repression of the African slave trade.

### Shake Into Your Shoes

Allen's Foot-Ease, the antiseptic powder. It makes tight or new shoes feel easy. It is a certain cure for sweating, callous and hot, tired, aching feet. Always use it to break in new shoes. Sold by all Druggists, 25¢. Trial package mailed free. Address Allen S. Olmsted, LeRoy, New York.

### Tie Is Essential.

"Dad, what sort of a bureau is a matrimonial bureau?"

"O, any bureau that has five drawers full of women's fixings and one man's tie in it."—Houston Post.

### Pettit's Eye Salve for 25c.

Relieves tired, congested, inflamed and sore eyes, quickly stops eye aches. All druggists or Howard Bros., Buffalo, N. Y.

### Afterward.

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Alimony Victim—Not while they are wives.

Gleaming teeth! The more WRIGLEY'S SPEARMINT you chew, the fewer dentist's bills you pay!

### In the Country.

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Mrs. Bocker—Left, of course.—Harper's Bazar.

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The story that Sir John Fisher of the British admiralty tells with the greatest enjoyment—and he tells many, and all with zest—is of an old boat-swain on his flagship who fell into a little money and retired. One day the admiral visited him at his country box, to find the old sailor possessed of an apparently useless man servant.

"What do you want with him?" asked Fisher.

"He's every morning," explained the old sailor, "e comes to me 'hammock and tells me to roll 'out. The 'admiral wants to see you," 'e says to me. 'H and I says to 'im, 'Tell the 'admiral to go to 'ell,' says 'H."

### STATE OF OHIO CITY OF TOLEDO, Lucas County.

FRANK J. CHENEY makes oath that he is senior partner of the firm of F. J. CHENEY & CO., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of CATARRH that cannot be cured by the use of HALL'S CATARRH CURE.

FRANK J. CHENEY. Sworn to before me and subscribed in my presence, this 6th day of December, A. D., 1886.

A. W. GLEASON, Notary Public.

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