

Does Not Color Hair

Ayer's Hair Vigor, as now made from our new improved formula, does not stain or color the hair even to the slightest degree. Gray hair, white hair, blonde hair is not made a shade darker. But it certainly does stop falling hair. No question about that.

Does not change the color of the hair.

Formula with each bottle
Show it to your doctor
Ask him about it, then do as he says
Ayer's

Indeed, we believe it will stop every case of falling hair unless there is some very unusual complication, something greatly affecting the general health. Then you should consult your physician. Also ask him about the new Ayer's Hair Vigor.

Made by the J. O. Ayer Co., Lowell, Mass.

Inland Empire Day at the Astoria Centennial IS AUGUST 31

Reduced Rates Special Trains Ask your agent

A small boy from town was spending a few days in the country. One morning he heard the grown folks complaining of having been kept awake the night before by a skunk.

Willie burst into tears. "Why, Willie, what's the matter?" the fond mother inquired.

"Why didn't someone wake me up?" he blubbered. "I never smelled a skunk in all my life."—Metropolitan Magazine.

To Break in New Shoes
Always shake in Allen's Foot-Powder. It cures hot, sweating, itching, swollen feet. Cures corns, ingrowing nails and bunions. At all druggists and shoe stores, 25c. Don't accept substitute. Sample mailed FREE. Address Allen O. Olmsted, Le Roy, N. Y.

Thirteen states have boiler inspection laws and 14 officially inspect bakery shops.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

If he laid in the Oldfield all Knight where would Chevrolet?

A revision of the pure food law is in sight.

Aids Nature

The great success of Dr. Pierce's Golden Medical Discovery in curing weak stomachs, wasted bodies, weak lungs, and obstinate and lingering coughs, is based on the recognition of the fundamental truth that "Golden Medical Discovery" supplies Nature with body-building, tissue-repairing, muscle-making materials, in condensed and concentrated form. With this help Nature supplies the necessary strength to the stomach to digest food, build up the body and thereby throw off lingering obstinate coughs. The "Discovery" re-establishes the digestive and nutritive organs in sound health, purifies and enriches the blood, and nourishes the nerves—in short establishes sound vigorous health.

If your dealer offers something "just as good," it is probably better FOR HIM... it pays better. But you are thinking of the cure not the profit, so there's nothing "just as good" for you. Say so.

Dr. Pierce's Common Sense Medical Adviser, in Plain English; or, Medicine Simplified, 1098 pages, over 700 illustrations, newly revised up-to-date Edition, paper-bound, sent for 21 one-cent stamps, to cover cost of mailing only. Cloth-bound, 31 stamps. Address Dr. R. V. Pierce, Buffalo, N. Y.

W. L. DOUGLAS

\$2.50, \$3.00, \$3.50 & \$4.00 SHOES

WOMEN wear W.L. Douglas stylish, perfect fitting, easy walking boots, because they give long wear, same as W.L. Douglas Men's shoes.

THE STANDARD OF QUALITY FOR OVER 30 YEARS

The workmanship which has made W. L. Douglas shoes famous the world over is maintained in every pair.

If I could take you into my large factories at Brockton, Mass., and show you how carefully W.L. Douglas shoes are made, you would then understand why they are warranted to hold their shape, fit better and wear longer than any other make for the price.

CAUTION The genuine have W. L. Douglas name and price stamped on bottom.

If you cannot obtain W. L. Douglas shoes in your town, write for catalog. Shoes sent direct from factory to wearer, all charges prepaid. W. L. DOUGLAS, 145 Spark St., Brockton, Mass.

FASHION HINTS



This charmingly simple dancing frock for a young girl is of plain and embroidered silk muslin. Half the waist and the overskirt are of the embroidery, and the other half of the plain material.

The empire bow of black velvet ribbon gives a "character touch."

WASHES CLOTHES FASTER.

Use RED CROSS BALL BLUE and you will find it makes beautiful, clear, white clothes with less effort and less cost than any other blue.

It is far superior to any liquid blue on the market for the best of liquid bluing is principally water. Use the blue that is all blue. AT ALL GROCERS.

"You have a fine lot of children, Binks," said Hawkins, as after a spin through the country they returned to the house for dinner. "How many are there?"

"Seven," said Binks, proudly.

"I've often wondered," said Hawkins, "whether you people with so many children have any favorites among them?"

"Oh, no," returned Binks, hesitatingly; "that is to say, not consciously, but of course we are more interested in a 1911 model than in the earlier ones."—To-Day's Magazine.

Dr. Pierce's Pleasant Pellets first put up 40 years ago. They regulate and invigorate, stomach, liver and bowels. Sugar-coated tiny granules.

"Where are they taking these men?"

"Out to the penitentiary."

"What did they do?"

"Broke open a store and stole a quantity of goods."

"Huh! What did the fools do that for; why didn't they buy the goods on credit?"

The house of representatives has become a long series of investigating committees. Who will investigate the house?

If a sailor is a seadog, is an aviator a skyterrier?



ONE PAIR of my BOYS' \$2.50 or \$3.00 SHOES will positively outwear TWO PAIRS of ordinary boys' shoes

BEVERAGE FOR SUMMER TIME

How to Make Tea Punch, a Refreshing Drink If It is Mixed With Proper Care.

Tea punch is a much used beverage for summer porch, tennis and golf teas, and properly made is most refreshing. For a quantity of punch make a quart of rich, heavy sugar syrup, and while hot pour over one cupful of orange juice, one cupful of pineapple juice and half a cupful of strawberry or currant or raspberry or cherry juice or a mixture of these if preferred. Let stand until cool, then add one cupful of chopped ice to thoroughly chill. Meanwhile make one pint of strong tea, using a mixture of English breakfast and Orange Pekoe tea if possible. The strength should be given by the proportion of tea used and not by the length of time the water stands on the leaves. Take a full teaspoonful of tea for each cupful of water and let this water be freshly boiled and just come to a boil. The utmost care must be used in making this tea, for the success of the punch depends upon the flavor of the tea which should be there supporting the fruit flavors, yet without astringency or perhaps actual detection as tea.

TO SERVE POTATOES.



Sunday.—Mashed potatoes, peel thin, steam, place in pan and mash, adding milk, butter and salt; beat light.

Monday.—Baked potatoes in jackets.

Tuesday.—Peel and bake with roast of beef.

Wednesday.—Slice thin, place in cold water half hour; remove into a dish, with salt, pepper and milk, half pint to an ordinary vegetable dish; put in oven and bake for one hour; remove from oven and scatter butter over top.

Thursday.—Peel, steam and serve whole.

Friday.—Cut in thin slices lengthwise, sprinkle with pepper and salt and fry in butter or beef drippings.

Saturday.—Potatoes boiled in jackets.

Potato Gravy.—Put a tablespoon or more of butter into frying pan and let brown; mix a tablespoon flour into cup of cream; pour into butter; let boil, season with salt and pepper and turn over potatoes.

A Bread Help.

During cold weather many women who do their own baking find it difficult to get their bread to raise without the sponge getting chilled. With this recipe I make the sponge at ten o'clock and the bread is done in time for supper. Take six medium sized potatoes, slice thin, and boil in two quarts water; mash in water and add one-half cupful of sugar, one-half cupful of lard, three cents' worth of compressed yeast or one-half cupful of dry yeast in water; flour enough to make a stiff batter. Set on back of stove and stir from bottom every hour. In two hours will be ready to knead down. When ready to make into loaves knead well for 20 minutes.

Gypsy Cake.

Make or buy a good sponge cake; cut it open and spread between jam or any sweet preserves you may have on hand.

Now get a few small macaroons. Cut the cake and put into the dish you are going to serve it in. Place the macaroons around and between the cake and steep the whole thing in port or sherry for two hours. Now make a hotted custard or sweet cornstarch pudding, not too stiff and flavored with vanilla, will do. Pour this over the cake and then on top of that pour whipped cream and stick on top either blanched almonds or candied cherries. This is rich and delicious and will serve, in custard cups or small dishes, twelve people.

Brownstone Front Cake.

Two squares of chocolate grated, one-half cup of milk, yolk of one egg. Stir and cook until the consistency of custard, stirring constantly. Add one teaspoonful of butter. When cool add one cup of sugar, one-half cup of milk, with one teaspoon of soda, dissolved in it, one and one-half cups of sifted pastry flour, one teaspoon of vanilla and a pinch of salt. Frost with the egg white and enough powdered sugar to spread. Flavor.

New Way to Cook Peas.

Put your green peas, pods and all into the kettle and cook them the usual length of time; when they are done the pods will break and rise to the surface, while the peas may be found at the bottom of the kettle; they have a finer flavor cooked in this way.—National Magazine.

To Prevent Mold.

To prevent mold on preserves or jellies put a few drops of glycerine around the edge of the jar before putting on the cover.—National Magazine.

REMARKABLE CURE FOR DYSPEPSIA

MUNYON'S STOMACH TREATMENT PERFORMING MIRACLES.

Munyon Tells You How to Get Well Free of Charge.

A few days ago I received a letter from a young man, who states he is 25 years of age, and has occupied several important positions, but owing to indigestion and inability to sleep he has been unable to concentrate his mind upon his work and has consequently been discharged on the ground of neglect of duty. He goes on to say that he is a young man of steady habits, but for years he has suffered from dyspepsia, which has so affected his nerves that he is unable to sleep, and that it is not neglect upon his part, nor lack of interest, but simply physical weakness. He asks my advice in this matter.

For the benefit of a large number of those similarly situated I propose to answer this letter publicly, hoping that it may be the means of helping many who may be affected in this way.

In the first place, the stomach must be well before the nerves can be made strong. The nerves must be made strong before one can sleep well. No one is capable of doing his best who is in any way troubled with insomnia or any form of nervousness. The greatest generals have been men of iron nerve and indomitable will. They have had perfect digestion, being able to eat well and digest all they ate.

It is said Napoleon lost the battle of Waterloo because of a fit of indigestion. Grant's enormous reserve power was due to a well stomach. Abraham Lincoln said that he "did not know that he had a stomach." Grover Cleveland, it is said, could work 18 hours a day, eat a hearty meal at 2 or 3 o'clock in the morning, go to bed and sleep soundly until 9 o'clock and get up refreshed, ready for a new day's work.

President Taft is another type of a healthy manhood. Who thinks for one moment that he would be the president of the United States today had he been a dyspeptic or affected with some nervous ailment? I claim that two-thirds of all the failures in professional and business life are due to weak and deranged stomachs.

No business house would care to employ a dyspeptic representative to sell goods for them on the road. One-half of the men who stand behind counters today, earning from \$12 to \$15 a week, will never get beyond those figures, for the reason that they are physically weak. They lack the nerve power and commanding strength that come from a good sound stomach.

No one cares to hear a dyspeptic preacher. No matter how pious he may be, he is bound to reflect his bilious and jaundiced condition. He will unconsciously inculcate his hearers with his melancholy feelings.

No one would think of entrusting an important legal case in the hands of a dyspeptic lawyer, any more than he would care to entrust his own life, or that of a dear one in the hands of a physician who is nervous, irritable or a dyspeptic. Men must have good digestion, strong nerves and vital manhood in order to render a clean, clear-cut decision either in medicine, law or business.

I believe more than half of the divorces can be traced to ill health. I want every dyspeptic to try my stomach treatment. It makes old stomachs almost as good as new. Its marvelous power for digesting food and getting the best out of it makes for good rich red blood. This in turn strengthens the nerves, builds up the general system, and will surely prolong life and make it a pleasure to live and do the things allotted to us.

Professor Munyon makes no charge for consultation or medical advice; not a penny to pay. Address Professor J. M. Munyon's Laboratories, Fifty-third and Jefferson Streets, Philadelphia, Pa.

The interstate commerce commission has ordered an investigation into freight rates on livestock, packing-house products and fresh meat in effect west and southwest of Chicago.

Has Stood a 58 Year Test

Hostetter's Stomach Bitters

Its merit is, therefore, proven in cases of

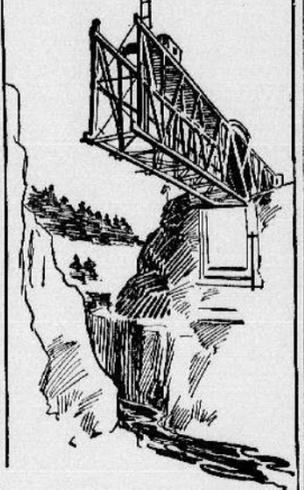
SICK HEADACHE
SOUR STOMACH
INDIGESTION
CONSTIPATION
BILLIOUSNESS
CRAMPS, DIARRHOEA
AND MALARIA

A trial, today, will convince you that it is the medicine you need. All Druggists.

GREAT CHASM BEING SPANNED

Steel Bridge Built Entirely Without the Aid of False Work or Side Supports.

Seattle, Wash.—One hundred and fifty feet above a rushing stream whose depth rendered the usual supports impossible, a steel bridge, differing in construction from any built in the past, is nearing completion for the use of the Idaho and Washington Northern railroad. It is located near Box canyon, this state, and will extend from cliff to cliff across the Pend Oreille river. At this point the water is known to be more than two hun-



Without False Work.

dred and thirty feet deep, and in places bottom has never been reached. As the illustration shows, the bridge is being built entirely without the aid of false work or side supports. So far it has been balanced by weighting the shore span with 600 tons of steel rails. When finally completed, the bridge will weigh more than one thousand tons, and it will be the longest span of its kind.

The way in which American engineers have met and solved the difficult problems that confronted them in carrying the trans-continental railroads across the Rocky mountains has challenged the admiration of the world. In many cases they have been forced to methods of construction heretofore deemed impossible, and their success has set a new engineering pace for the entire world.

SHE WORKS FOR THE QUEEN

Little Old Woman Who is a Skilled Laccemaker in the North of England.

London.—In a little cottage in the pastoral village of Shelton, near Rushden, in Northamptonshire Mrs. Jane Morris, a little old woman, put forth every energy to complete an assignment given her by Queen Mary. Mrs. Morris was to have a certain number of yards of wonderful lace ready for her majesty's use on the occasion of the coronation, and it was done on time.

The lace is known as Bedfordshire pillow lace, and with it Queen Mary had some of her coronation garments embroidered. The lace is of exquisite beauty and it takes the little old woman



Mrs. Jane Morris.

an full day to make three-quarters of an inch of it. It is five inches wide and it requires 184 bobbins to work out the design.

Just what Mrs. Morris was paid is not known, but it stands to reason that after having such an assignment from the queen she will have no cause to fear the workhouse or to ask the government for an old-age pension.

Growth of Y. M. C. A.

London.—According to returns made to the world's committee of the Y. M. C. A. there are now 8,340 associations with a membership of 897,000. There was an increase of 300 associations during the last year. Of the property owned by the association the American branches have \$60,000,000 out of a total of \$77,000,000; of the salaried officers, 2,900 out of 35,000.

Germany has the largest number of associations, 2,300; America ranks second, with 2,000. The German membership, however, is only 128,000, while the American rolls show 498,500 names. Great Britain is in second place with a membership of 147,000. America leads in its extension work in foreign lands, for which it spends \$200,000 and maintains 100 secretaries.

CHANGE IN WOMAN'S LIFE

Made Safe by Lydia E. Pinkham's Vegetable Compound.



Graniteville, Vt.—"I was passing through the Change of Life and suffered from nervousness and other annoying symptoms, and I can truly say that Lydia E. Pinkham's Vegetable Compound has proved worth mountains of gold to me, as it restored my health and strength. I never forget to tell my friends what Lydia E. Pinkham's Vegetable Compound has done for me during this trying period. Complete restoration to health means so much to me that for the sake of other suffering women I am willing to make my trouble public so you may publish this letter."—MRS. CHAS. BARCLAY R.F.D., Graniteville, Vt.

No other medicine for woman's ills has received such wide-spread and unqualified endorsement. No other medicine we know of has such a record of cures as has Lydia E. Pinkham's Vegetable Compound.

For more than 30 years it has been curing woman's ills such as inflammation, ulceration, fibroid tumors, irregularities, periodic pains and nervous prostration, and it is unequalled for carrying women safely through the period of change of life.

Mrs. Pinkham, 26 Lynn, Mass., invites all sick women to write her for advice. Her advice is free, and always helpful.

Whittemore's Shoe Polishes

Finest in Quality, Largest in Variety, They meet every requirement for cleaning and polishing shoes of all kinds and colors.



GILT EDGE the only laces shoe dressing that positively contains oil. Blacks and polishes ladies' and children's boots and shoes, shines without rubbing, etc. "Gilt Edge" is a "GILT EDGE" contains oil for cleaning and polishing all kinds of rubber or tan shoes, etc. "Star" size, 10c. "QUICK WHITE" makes dirty canvas shoes clean and white. It is liquid form and can be quickly and easily applied. A sponge in every package so always ready for use. Two sizes, 10c and 25c.

If your dealer does not keep the kind you want, send us his address and the price in stamps for a full size package.

WHITTEMORE BROS. & CO., 20-26 Albany St., Cambridge, Mass., The Oldest and Largest Manufacturers of Shoe Polishes in the World.



"Sam Sloan"

A Good Cigar Costs You 5c Worth More

ALLEN & LEWIS Distributors, Portland, Or.

WATER SUPPLY SYSTEM

Every farmer, village or suburban resident can now have, at moderate expense, hot and cold water under pressure for all purposes. Water cost in summer does not freeze in winter, and no unsightly tank above the ground. Under our new and modern system all the comforts of bath, toilet, wash sinks, lawn, etc., can be supplied from well, spring, lake or river. Write for our elaborate illustrated booklet covering our up-to-date Water system, Irrigation Pumps, Hydraulic Rams, Etc.

Washington Machinery and Supply Co., Spokane, Wash.

DAISY FLY KILLER

placed anywhere, it traps and kills all flies. Best, clean, ornamental, convenient, cheap. Lays all traps, catches all flies, and is safe to use. Guaranteed effective. Of all dealers or sent prepaid for 25c. HANDED SOLELY BY BROOKLYN, N. Y.

DR. WM. PFUNDER'S CELEBRATED OREGON BLOOD PURIFIER

A Tonic, Alterative and Resolvent. The best remedy for Kidney, Liver and Bowel. Eradicates Pimples, Eruptions and Disorders of the Skin. Purifies the Blood and gives Tone, Strength and Vigor to the entire system.

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Spokane's Hotels and Apartments St. Nicholas Cor. First Ave. and Stevens St. All modern conveniences. Rates, 75c and up. Swimming pool in connection.