

# A Hair Dressing

If you wish a high-class hair dressing, we are sure Ayer's Hair Vigor, new improved formula, will greatly please you. It keeps the hair soft and smooth, makes it look rich and abundant, prevents splitting at the ends. And it keeps the scalp free from dandruff.

Does not change the color of the hair.



At the same time the new Ayer's Hair Vigor is a strong hair tonic, promoting the growth of the hair, keeping all the tissues of the hair and scalp in a healthy condition. The hair stops falling, dandruff disappears. A splendid dressing.

## OLD SOLDIER WISHES TO HELP SUFFERERS FROM KIDNEY, LIVER AND BLADDER TROUBLES.

I am frequently troubled with kidney and bladder trouble, especially in the Spring and Fall. Being an old Veteran of the Civil War, a little exposure of cold settles on my kidneys, and then I am laid up with kidney or bladder trouble. Your Swamp-Root was recommended to me a number of years ago, and I took a number of bottles of it and was more than pleased with the results. I consider Swamp-Root the greatest and best kidney medicine on the market and it never fails to give quick results in kidney trouble, bladder trouble and lame back.

Dr. Kilmer's Swamp-Root has done me so much good that I feel if any words of mine will be the means of relieving any poor sufferers, that you are at liberty to use this letter as you see fit.

Yours very truly,  
GEORGE W. ATCHLEY,  
State of Iowa, Des Moines, Ia.  
Polk County, ss.

A. R. Hansen, a retail druggist of this city being first duly sworn deposes and says, that he is well acquainted with George W. Atchley who gave the above testimonial; that said Atchley made and signed said testimonial in my presence and that I have sold said Atchley a part of the Swamp-Root referred to in above testimonial. Affiant further says that George W. Atchley is a well known citizen of this city and an honorable man, and that it was Mr. Atchley's desire to give said testimonial.

A. R. HANSEN,  
Subscribed to in my presence, and sworn to before me, this 23rd of March, 1909.  
E. J. FISK, Notary Public.

Prove What Swamp-Root Will Do for You  
Send to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. It will convince anyone. You will also receive a booklet of valuable information, telling all about the kidneys and bladder. When writing, be sure and mention this paper. For sale at all drug stores. Price fifty-cents and one-dollar.

## WATER SUPPLY SYSTEM

Every farmer, village or suburban resident can now have, at moderate expense, hot and cold water under pressure for all purposes. Water cool in summer, does not freeze in winter, and no unsightly tank above the ground. Under our new and modern system all the comforts of bath, toilet, wash sinks, lawn, etc., can be supplied from well, spring, lake or river. Write for our elaborate illustrated booklet covering our up-to-date Water System, Irrigation Pumps, Hydraulic Rams, Etc. Washington Machinery and Supply Co., Spokane, Wash.

Messenger Boy, to stranger—I suppose, sir, you are visiting the baron in his castle over there.  
Stranger—I am; and are you going to the castle, too?  
M. B.—Certainly. I'm taking your telegram telling him you are coming.

## The Human Heart

The heart is a wonderful double pump, through the action of which the blood stream is kept sweeping round and round through the body at the rate of seven miles an hour. "Remember this, that our bodies will not stand the strain of over-work without good, pure blood any more than the engine can run smoothly without oil." After many years of study in the active practice of medicine, Dr. R. V. Pierce found that when the stomach was out of order, the blood impure and there were symptoms of general breakdown, a tonic made of the glyceric extract of certain roots was the best corrective. This he called

## Dr. Pierce's Golden Medical Discovery

Being made without alcohol, this "Medical Discovery" helps the stomach to assimilate the food, thereby curing dyspepsia. It is especially adapted to diseases attended with excessive tissue waste, notably in convalescence from various fevers, for thin-blooded people and those who are always "catching cold."

Dr. Pierce's Common Sense Medical Adviser is sent on receipt of 31 one-cent stamps for the French cloth-bound book of 1008 pages. Address Dr. R. V. Pierce, No. 663 Main Street, Buffalo, N. Y.

## W. L. DOUGLAS

\*2.50, \*3.00, \*3.50 & \*4.00 SHOES  
WOMEN wear W.L. Douglas stylish, perfect fitting, easy walking boots, because they give long wear, same as W.L. Douglas Men's shoes.

## THE STANDARD OF QUALITY FOR OVER 30 YEARS

The workmanship which has made W.L. Douglas shoes famous the world over is maintained in every pair.

If I could take you into my large factories at Brockton, Mass., and show you how carefully W.L. Douglas shoes are made, you would then understand why they are warranted to hold their shape, fit better and wear longer than any other make for the price.

CAUTION The genuine have W. L. Douglas name and price stamped on bottom. If you cannot obtain W. L. Douglas shoes in your town, write for catalogue. Shoes sent direct from factory to wearer, all charges prepaid. W. L. DOUGLAS, 145 Spark St., Brockton, Mass.

## Federal Control of Prices.

The federal control of big business by means of a body similar to the interstate commerce commission, and through it the ultimate regulation of commodity prices, is advocated by Attorney General Wickersham, the man who is the head of the legal department of the United States. Such a commission, he says, would be the means of keeping a firm hand on the trusts and big combinations of producers, whom he charges with setting the law of supply and demand at naught and fixing their own prices irrespective of it, says St. Louis Interstate Grocer.

If such a commission would have the same success in this work that the interstate commerce commission has had in regulating railroad rates, it probably would be a fine thing for the consumer and retailer. It would really mean the establishment of fixed prices which would allow a fair and reasonable profit to all food producers, manufacturers and distributors. At present the most economical method of food distribution is in operation. The different co-operative schemes depend for their success upon uncertain qualities of human nature, leaving the manufacturer, jobber and retailer in command of the situation, as they ought to be.

But the cost of doing business has increased to a point where it is absolutely necessary for a sale. The demand of the public for package goods, for pure food—to which it is entitled—and for extra service from the retailer—which could well be abolished—is responsible for a great deal of this. Unscientific business methods also have to bear a share of the blame, together with unfair profits made on some articles to make up for loss on others which are sold at or below the cost to jobber and retailer.

Should such a commission be created it would mean a complete change in business methods. There would have to be adjustments and readjustments before the danger of loss to the trade would be averted. Many opposing forces will have to be reconciled. In fact, the task would be an immense one and one calling for care and business acumen to bring to a successful conclusion.

Undoubtedly the commission would have to confine its energies at the first, at least, to the producers, and in the class of producers comes the manufacturer. Data concerning the consumption and manufacture of foods would have to be gathered and compiled. This would lead to a searching inquiry into prices and profits of all concerned in feeding the populace of this country, and it would probably be years before such a thing would be done.

But anything that would put the retail grocery business on a safer footing than it is now; that would force the merchants to reduce their cost of doing business, would prevent price cutting, premium giving and other throwing away of profits, ought to be welcomed by the trade. Whether, under Mr. Wickersham's suggested plan, this could be accomplished, would depend upon the integrity and good sense of the commission as well as the scope of its authority.

Rufe Johnson was heard telling this story: "Yessur, it sure was er ghost, an' I run some. De fust mile I made in nuffin, den I burnt de wind for two or free more, an' den I sot down on er rail fence to rest, an' when I'd 'bout caught my breff I done looked over mah shoulder, an' dare was dat ghost again an' it said: 'We sure did run, Rufe, didn't we?' An' dhen I say: 'Yes, Mr. Ghost, we sure did; but we didn't run nuffin' to what we's gwine to run'."

A Scottish boy and an English boy who had been fighting were separated by their respective mothers, the Scottish boy, although the smaller of the two, being by far the more pugnacious. "Whit garred ye fecht a big laddie like?" asked his mother, as she wiped the blood from his nose. "An' I'll fecht him again," exclaimed the lad, "if he says Scotchmen hiv tae wear kilts because their feet are too big to get into their troosers!"—The Continent.

A dotting mother labeled her preserves, "Put up by Mrs. D.—" Her son ate them and wrote on the labels: "Put down by Johnny D.—"

## WINS HEARTS OF LOCAL PEOPLE

### MUNYON'S "NEW HEALTH" IDEAS ACHIEVING MARKED SUCCESS.

The extraordinary success attained at Prof. Munyon's laboratories, 53d and Jefferson Sts., Philadelphia, by the practice of the "new health" theories of Prof. James M. Munyon in the treatment of disease has become a matter of wide comment. That Munyon has won the heart of the people is shown by the large number of people who call on him in a continuous stream at his laboratories. Many of those who call are returning to tell of great benefit received from the Munyon's new treatment.

Hardly an hour can be passed in the drug store, but some one returns to tell of a remarkable case cured or helped by this Munyon treatment. One woman who came in said: "I want to see Dr. Munyon to tell him what his remedies have done for me all my life. When I was a little girl my mother used to give me his remedies every time I got sick, and they always brought me through. We had nothing else in the house."

"Now I am married and have my own family of dear little children we still have nothing but Munyon's remedies in the house. We are the healthiest and happiest family in the city, and neither myself nor any of my children have ever in our lives taken any other medicines but Munyon's, that is, except once. My little girl had a terrible attack of indigestion, and I called a doctor. He gave her some medicine, but it didn't help her. Then I ran to my medicine chest and got some of Munyon's indigestion remedy, and within an hour she was resting easy. It was the same way with my grandmother. She had the most severe case of rheumatism I ever saw. Doctors treated her, and we did everything we could think of, but she kept getting worse all the time. I begged her to see Dr. Munyon, but she said she had no faith in these 'new fangled medicines.'"

"Finally, however, she consented to come in, and purchased the full uric acid treatment. It worked just as all of Dr. Munyon's remedies have worked—perfectly. Within a week her rheumatism had entirely disappeared, and now she has not a trace of it. You see what I think of Dr. Munyon. I can never say enough for him."

Letters to Prof. Munyon, personal, Munyon's Laboratories, 53d and Jefferson Sts., Philadelphia, will be answered promptly in a strictly confidential manner. Return letters will be sent in plain envelopes. Prof. Munyon and his corps of expert physicians give advice absolutely free, by mail, or if you call on them they will give you their best attention. Send for an examination blank, fill it out, and they will diagnose your case and tell you just what is the matter. You are at liberty to take their advice or not, they make absolutely no charge.

A man strolled into a fashionable church just before the service began. The sexton followed him up, and tapping him on the shoulder and pointing to a small ear that had followed him into the edifice, said: "Dogs are not admitted." "That's not my dog," replied the visitor. "But he follows you." "Well, so do you." The sexton growled, and immediately removed the dog with unnecessary violence.

Uncle Joe Cannon said of the veterans of the Civil war the other day: "They look old, but they look tough and sinewy, too. Don't commiserate with them on their weakness, or you will probably fall into Binks' plight." "I told father," said Binks, "that he was getting too old and feeble for business. I suggested that he retire." "And did your father take that advice kindly?" a friend asked. "He kicked me downstairs," said Binks.

Bertie and Alice were sitting alone together in the moonlight uttering tender nonsense. "And," said the girl, bravely, "if poverty comes, we will face it together." "Ah, dearest," he replied, "the mere sight of your face would scare the wolf away!" And ever since he has been wondering why she returned his ring.

"I wish I was a man of strong character." "What do you mean?" "I hate to have the barber sell me everything on his bill of fare every time I go in for a shave."

George—Didn't you notice that I pressed your foot at the dinner to-night? Mazie—Why, it wasn't my foot you pressed. Oh, George, I wondered why mamma was smiling so sweetly at the minister!—Michigan Gargoyle.

Sunday School Teacher—If you are a good boy, Willie, you will go to heaven and have a gold crown on your head. Willie—Not for mine, then. I had one of them things put on a tooth once.

Mistress (engaging servant)—I hope you know your place? Servant—Oh, yes, 'mum! The last four girls you had told me all about it!

Postal savings banks are growing in favor.

## HOUSE FROM A WOODEN BOX

Former Iowa Boy Erects Such a Home in Georgia and Farea Well.

Macon, Ga.—That a wooden box makes a rattling good house for a boy when he hasn't got any place else to go has been demonstrated satisfactorily by Dewey Conley, aged 12, who used to be a "bell-hop" in a Des Moines hotel. Since Dewey came to Macon, he has been doing odd jobs about town, running errands, helping about restaurants, shoveling snow, anything he can find to do. But it took very close to every cent he made to pay for lodging and meals. So he decided to have a



Dewey's Box House.

house of his own and do his own cooking. He talked the matter over with his friend, Ed Smiley, a drayman. Smiley lives out on a hill overlooking the Park lake and he told Dewey he could set up his habitation at the corner of his property. The lad had a few dollars in the bank. It took his entire reserve to settle for the box, put in a door and window, and for an oil stove and small lamp. Heavy blankets are laid on the floor, the cooking utensils being on shelves in the far end. Dewey has slept in his little box house the coldest nights of winter, and declares he never suffered. All the cracks are made rain proof, and once inside, with the door closed, Dewey is as snug as the millionaire in his brownstone habitation.

There isn't much room for exercise in a house five feet by three, and when Dewey wants to cook or sew up his trousers he rolls up his bed to secure a place for the operation. The young householder fares well on ten cents a day, his bill of fare being potatoes, fried apples, buns, meat now and then and milk or coffee. He has learned to cook all these things well, and enjoys them in camp style better than he would at a fine restaurant.

## "BILLIKIN" IS PREHISTORIC

Philadelphia Academy of Natural Sciences Finds the Original in Mounds of Arkansas.

Philadelphia.—The field committee of the Academy of Natural Sciences, of Philadelphia, has found the original "Billikin" in searching the prehistoric mounds of Arkansas. The report of the commission of its work during the year just closed has been made by Prof. Clarence B. Moore, who was in charge. The work consisted of opening the mounds found on the St. Francis, Little, White and Black rivers, where a vast number of skulls and relics were discovered. Of the former, 36 boxes were forwarded to the United States museum.

Although it was unfortunate that the commission were not permitted to examine the mounds north of Lepanto, their quest on the St. Francis river was fairly successful. Nineteen prehistoric cemeteries were visited and 670 graves were opened. Fifteen cemeteries were searched on White river, two on Little river and eleven on Black river. Among the points brought out in the report of the commission is that quantity rather than quality marks the pottery of the St. Francis basin. Of



The Original "Billikin."

the several thousand pieces of pottery found, there were only a few instances where the grade was equal to that found in other sections. Several instances of cremation was found and a number of beads of native copper were unearthed.

## Dog Saves Boy From Cow.

Rushville, Ind.—When an enraged cow attacked the fourteen-year-old son of Mr. and Mrs. John McKibben, living south of here, a shepherd dog, a pet of the boy, diverted its attention until the boy was rescued. The dog caught the cow by the nostrils and held its attention until the boy's parents arrived.

## HOUSE FROM A WOODEN BOX

A Kansas farmer arose one morning to find a stranger had spent the night in a covered wagon on the road near the house. Inquiry disclosed the fact that the traveler was on his way to Oklahoma to take up a homestead. Three years passed away, when the farmer was surprised to find the Oklahoma homesteader again camped near his farm, whereupon the following conversation took place: Farmer—I thought you went to Oklahoma to take up a homestead? Homesteader—So I did. Farmer—What did you do with it? Homesteader—I sold half of it. Farmer—What did you do with the rest of it? Homesteader—I worked the other eighty into the deed and the fellow never knew it.

Mrs. Scraggington—You provoke me till I am absolutely beside myself! Mr. Scraggington—Then stand off a little way from yourself and see how ridiculous you look!—Puck.

## MAKES CLOTHES WHITE.

The troublesome problem of wash-day solved by RED CROSS BALL BLUE. The blue that is all blue. Solid package; no liquid to leak or spill. No adulteration. Made for 20 years and used everywhere. A large package only 10 cents. Makes the clothes snow white. Less bother, less waste. More satisfactory results and practical economy. ASK YOUR GROCER.

"Pa!" came little Willie's voice from the darkness of the nursery. Pa gave a bad imitation of a snore. He was tired and did not wish to be disturbed.

"Pa!" came the little voice again. "What is it, Willie?" replied his father, sleepily. "Turn in here; I want to ast you sumpin'," said the little voice.

So pa rose up from his downy couch and, putting on his bathrobe and slippers, marched into the nursery. "Well, what is it now?" he asked. "Say, pa," said little Willie, "if you was to feed the cow on soap would she give shaving cream?"—Harper's Weekly.

Richard Croker, the day of his departure for his Irish home, said to a New York reporter: "It is the desire for freedom that sends so many Americans and so many millions of dollars abroad every June. The Puritanical laws of America enslave us. These laws, with their total misconception of freedom and of enjoyment, are well exemplified in a notice-board I once saw in a New England park. This board said: 'Pleasure Grounds. Notice—These grounds are for pleasure only. No games or play allowed!'"

Rheumatism, Neuralgia and Sore Throat will not live under the same roof with Hamlin's Wizard Oil, the world's best liniment for the relief of all pain.

Labor is the foundation of many a fortune—but not necessarily of the laborer's. It is difficult to convince the head of the house that two heads are better than one.

And lots of people who think they have nothing but trouble don't know what trouble really is.

Constipation causes and seriously aggravates many diseases. It is thoroughly cured by Dr. Pierce's Peppets. Tiny sugar-coated granules.

Proposed advances in freight rates by railroads operating between the Mississippi and Missouri rivers, which were to have become effective on October 28, were suspended by the interstate commerce commission until December 30.

Shake Into Your Shoes Allen's Foot-Paste, a powder for the feet. It cures painful, swollen, smarting, sweating feet. Makes new shoes easy. Sold by all druggists and shoe stores. Don't accept any substitute. Sample FREE. Address A. S. Olmsted, La Roy, N. Y.

Mistress (after the quarrel)—Nora, you must stay until I get another girl. Nora—I intend to. It's only right some woman should tell her the kind of a woman ye are.—Boston Transcript.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during the teething period.

The cornerstone of the labor temple in Utica, N. Y., will soon be laid.

## FASHION HINTS



A light weight serge coat is a very handy thing to own. When your "summering" takes you to the mountains, a coat like this is a joy.

## INFLAMMATION AND PAIN

Cured by Lydia E. Pinkham's Vegetable Compound.

Creston, Iowa.—"I was troubled for a long time with inflammation, pains in my side, sick headaches and nervousness. I had taken so many medicines that I was discouraged and thought I would never get well. A friend told me of Lydia E. Pinkham's Vegetable Compound and it restored me to health. I have no more pain, my nerves are stronger and I can do my own work. Lydia E. Pinkham's Vegetable Compound cured me after everything else had failed, and I recommend it to other suffering women."—Mrs. Wm. Seals, 605 W. Howard St., Creston, Iowa.

Thousands of unsolicited and genuine testimonials like the above prove the efficiency of Lydia E. Pinkham's Vegetable Compound, which is made exclusively from roots and herbs.

Women who suffer from those distressing ills should not lose sight of these facts or doubt the ability of Lydia E. Pinkham's Vegetable Compound to restore their health.

If you want special advice write to Mrs. Pinkham, at Lynn, Mass. She will treat your letter as strictly confidential. For 20 years she has been helping sick women in this way, free of charge. Don't hesitate—write at once.

## Whittemore's Shoe Polishes

Finest in Quality. Largest in Variety. They meet every requirement for cleaning and polishing shoes of all kinds and colors.

GILT EDGE the only ladies shoe dressing that positively contains OIL. Blacks and Polishes ladies' and children's boots and shoes, shines without rubbing, 25c. "French Gloss," 10c. BANDY combination for cleaning and polishing all kinds of most or tan shoes, 25c. "Star" size, 10c. QUICK WHITE makes dirty canvas shoes clean and white. In liquid form soft can be quickly and easily applied. A sponge in every package, so always ready for use. Two sizes, 10 and 25 cents.

If your dealer does not keep the kind you want, send us his address and the price in stamps for a full size package.

WHITTEMORE BROS. & CO., 25-28 Albany St., Cambridge, Mass. The Oldest and Largest Manufacturers of Shoe Polishes in the World.



## THE KEYSTONE TO HEALTH IS HOSTETTER'S STOMACH BITTERS



TO STRENGTHEN INVIGORATE TONE AND REBUILD THE ENTIRE SYSTEM

you need the Bitters at once. Try it. It never disappoints.

## DR. W. M. PFUNDER'S OREGON BLOOD PURIFIER

A Tonic, Alternative and Resolvent. The best remedy for Kidneys, Liver and Bowels. Eradicates Pimples, Eruptions and Disorders of the Skin. Purifies the Blood and gives Tone, Strength and Vigor to the entire system.

## PATENTS I GIVE YOU

PERSONAL SERVICE O. D. MARTIN, AND FREE ADVICE. 409 Chamber Commerce Write for information PORTLAND, ORE.

## Spokane's Hotels and Apartments

St. Nicholas Con. First Ave. and Stevens St. All modern conveniences. Rates, 75c and up. Swimming pool in connection.

## TO ANY BELLE

MADE ONLY BY Blumauer-Frank Drug Co. PORTLAND, OREGON

## GOOD FOR SORE EYES

FOR SORE EYES