$3.50 RECIPE CURES WEAK KIDNEYS, FREE

RELIEVES URINARY AND KIDNEY TROUBLES, BACKACHE, STRAINING, SWELLING, ETC.

Stops Pain in the Bladder, Kidneys and Back.

Wouldn't it be nice within a week or so to begin to say goodbye forever to the scalding, dribbling, straining, or too frequent passage of urine; the forehead and the back-of-the-head aches; the stitches and pains in the back; the growing muscle weakness; spots before the eyes; yellow skin; sluggish bowels; swollen eyelids or ankles; leg cramps; unnatural short breath; sleeplessness and the despondency?

I have a recipe for these troubles that you can depend on, and if you want to make a quick recovery, you ought to write and get a copy of it. Many a doctor would charge you $3.50 just for writing this prescription, but I have it and will be glad to send it to you entirely free. Just drop me a line like this: Dr. A. E. Robinson, K-270 Luck Building, Detroit, Mich., and I will send it by return mail in a plain envelope. As you will see when you get it, this recipe contains only pure, harmless remedies, but it has great healing and pain-conquering power.

It will quickly show you its power once you use it, so I think you had better see what it is without delay. I will send you a copy free—you can use it and cure yourself at home.

"MAW'S" RECIPE FOR PEACE

Simple and Direct Method by Which Quarreling Was Discouraged in Her Household.

"No'm," said old Mammy Collier, "I ain't never had no trouble bringin' up my fambly o' eight gals.

"Mah gals was good gals till dey got goin' wid them sassy beaus. Then you couldn't git along wif 'em. They wa'nt satisfied to quarrel wif me, but dey had to go an' get married an' quarrel wif dere husbands.

"Now, I never stan' no such doin's, an' I tell 'em so.

"I says: 'Now, gals, you knows best what my principalities is. You knows jest how I'se tried to bring you up; an' you knows jest how peac'ful I always lives wif your paw. Me an' him never had no quarrelin'. I never excuses it nor encourages it. When the old man would kinder fergit hisself an' go to givin' me back talk, I'd jest pick up the lamp or somethin' handy and throw it at him. He knew dat was a 'quivocation for him to keep still, so we never had no trouble.'

"I tell my gals, an' I tell 'em dey must manage to live peaceful, same as their maw did."—Illustrated Sunday Magazine of the Los Angeles Herald

Record for Strangeness.

A Niagara Falls man tells this story:

"A Buffalo man brought a relative from Scotland here to see our grand spectacle. The two gazed at the fall in silence a long time. Then the Buffalo man heaved a sigh and said:

"'Ah, Cousin Donald, did you ever see anything so beautiful and strange?'

"The Scotchman, after a moment's thought, answered calmly:

"'Weel, for bonnie, yon's a richt; but for strange, no—fur I once saw in the Town o' Peebles a peacock wit' a wooden leg.'"

Sporting Definition.

Tommy.—Pop, what is hope?

Tommy's Pop.—Breaking a pair to draw to a flush, my son.—Philadelphia Record.

A LITTLE THING Changes the Home Feeling.

Coffee blots out the sunshine from many a home by making the mother, or some other member of the household, dyspeptic, nervous and irritable. There are thousands of cases where the proof is absolutely undeniable. Here is one.

A Wis. mother writes:

"I was taught to drink coffee at an early age, and also at an early age became a victim to headaches, and as I grew to womanhood these headaches became a part of me, as I was scarcely ever free from them.

"About five years ago a friend urged me to try Postum. I made the trial and the result was so satisfactory that we have used it ever since.

"My husband and little daughter were subject to bilious attacks, but they have both been entirely free from them since we began using Postum instead of coffee. I no longer have headaches and my health is perfect."

If some of these tired, nervous, irritable women would only leave off coffee absolutely and try Postum they would find a wonderful change in their life. It would then be filled with sunshine and happiness rather than weariness and discontent. And think what an effect it would have on the family, for the mood of the mother is largely responsible for the temper of the children.

Read "The Road to Wellville," in pkgs. "There's a Reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

Easter Offering

A Message of Love

"LOVE ONE ANOTHER." (John 15-17.)

LOVE now. Love always; yesterday, today, tomorrow. Do not seal up for future use the spirit within you of man's humanity to man. Dispense gentleness and sympathy, tenderness and love, ever keeping the best within you awake and active doing deeds of goodness to humanity.

The more sight drafts of sympathy you pay with the "golden coin" of rational, sincere love, the stronger you will become and the more dividends you can and will distribute by the wayside to the meek and the lowly who are famishing all about you for just "old fashion" kindness.

Give consideration and charity in "full pressed down measure," fellowship and flowers, loyalty and love to the living rather than to the departed.

Post-mortem protestations are usually idle pretenses and are not only an insult to the memory of the dead but evidence irrefragable of hypocrisy. Tie up every unhappy incident of the present into bundles of the forgotten past and throw them overboard as useless ballast.

Humanity demands, conscience approves and all the good in the world applauds the genial and glowing warmth of honest love, whether it is husband and wife, parent and child, sister and brother, the "lassie" for her "laddie," or the faithful dog for its master or the master's love for his dog, or the love universal in the heart of man for the Infinite.

Love is the "beginning," the "span" and the "ending" of every mortal that regards the jewel of the soul as the true riches of earth and immortality's crown the "Ultima Thule" of the life beyond, where the Great King reigns. Love now.

Willis George Emerson.

Easter Victory.

Easter means that our joy for the dead shall be greater than our sorrow for the dead. It means that, while life on earth is filled with uncertainties, our loved ones who have gone are beyond the reach of uncertainties and sorrow, and that they are in the home which is, and is to be, our home. And Easter means that in the rising of one who was the first fruits of the resurrection, our reunion with our dear ones who are in him was made, not a matter of hope, but a matter of certain knowledge. Let us not only rejoice in this Easter victory, but let us honor the day by bringing some one, who has not yet laid hold on this joy, into a knowledge of the truth.—Sunday School Times.

AN EASTER SCHEME

"I'm going to bury this chop bone ght here."

"Guess I'll see if a little attention will help my scheme any."

"Well, well; how is this for enterprise?"

Festival of Easter and Interesting Folklore

EASTER—the most beautiful and poetic of all modern religious observances—goes back to very early times. In primitive days a spring festival was associated with various special nature deities, but it passed into the Christian ritual principally through the Jewish feast of the Passover. This, in the early traditions of the wandering Bedouin Semites, was a sheep-shearing festival, of which the principal feature was the sacrificial offering of the paschal lamb to Yahwe in the month of Nisan, in the spring, which marked the beginning of the oriental summer. In the agricultural stage of Semitic evolution it underwent corresponding changes, and unleavened bread—the first bread made of the early harvest grain which begins to ripen about the month of April in Palestine and other Semitic lands—was added. These primitive agricultural festivities were eventually combined with the beginning of the Jewish national life that followed upon the exodus of the Israelites from Egypt.

Similar spring festivals, associated with special gods and goddesses and involving the sacrifice of lambs, sheep or cattle, were held among other Semites and even in Cyprus, where such sacrifices, about April 2, were held sacred to Astarte. Certain ceremonies were observed in honor of the renewal of nature's fertility at this time; the bonds of kinship were drawn closer by the meal which formed a part of the festivities, and was accompanied with joyous songs and other manifestations of an exuberant nature-worship.

After the beginning of our era the churches of Asia Minor, among whose members was a great number of Judaizing Christians, kept their paschal festival on the same day as that of the Jewish Passover—that is on the 14th of Nisan. The churches of the west, however, remembering that Christ arose from the dead on a Sunday, kept their anniversary on the Sunday after the 14th of Nisan. This went on quietly for a time. Then controversies arose about A. D. 158, and continued off and on with considerable acrimony during several centuries.

Constantine at the Oecumenical council of Nice (A. D. 325) had it decreed that the day should be celebrated—not on the day of the Jewish Passover—but on the Sunday following. At the same time the bishop of Alexandria was appointed to give notice of the proper day to the pope and other patriarchs "because of the Egyptians' pre-eminence as astronomers. This, however, did not permanently settle the question, or to be more accurate, other disputes arose on the subject in the course of time.

However this may be, Easter became one of the three great Christian festivals—the other two being Christmas and Whitsuntide. From the early days of Christianity Easter has been accounted, if anything, the greatest of the three. On Easter morning the early Christians greeted one another reverently with the words: "Christ is risen," to which the man addressed gravely replied: "Christ is risen indeed," or "hath appeared unto Simon." This quaint custom has been preserved in the Greek church. In the east the old name was retained and the festival of the resurrection was known as "the Paschal Feast." In the sixth of the Ancyran canons, however, it is called "the Great Day."

As for the etymology of the English Easter, it is sought in Eostre—the name of a Saxon nature deity, whose feast was celebrated in the spring with bonfires and rejoicing. As every one knows, Easter is a movable feast, changing according to the full moon that comes after the vernal equinox, or March 21. If the full moon chances to come on a Sunday, Easter is held on the following Sunday.

In certain localities special cakes were baked and distributed at this time. This custom prevailed not only in antiquity but survived down to modern times—notably in England. The Passover bread also belongs to this series of survivals. At Chester, England, the day was marked with a great football game. Other games were also played, and even women played team games. Everywhere it was a festival of joy. In the east it is known as "the Bright Day." Dances and farcical exhibitions were held and even the clergy in the pulpit told funny stories, stirring their hearers to laughter (risus paschalis). This was put a stop to by the reformers of the sixteenth century.

A Big Shortage in Seeds.

From almost all sections comes the report of frightful shortages in seed corns; also in some varieties of seed barley, oats, rye, wheat, flax, clovers and the early varieties of potatoes.

This is particularly noticeable in the great corn and oat and potato growing states.

Thus: The great states of Nebraska and Iowa are suffering from a dearth of seed corn as never before.

The wide-awake farmers in these and other states are placing their orders early for above seeds in order to be on the safe side, and we can but urge farmers to write at once to the John A. Salzer Seed Co., Box 182, La Crosse, Wis., for their farm seed and corn catalogue.

The magnitude of the business of this long established firm can be somewhat estimated when one knows that in ordinary years they sell:

50,000 bushels of elegant seed corn.
100,000 bushels of seed potatoes.
100,000 bushels of seed oats.
50,000 bushels of seed wheat.
100,000 bushels of pure clover and timothy seeds, together with an endless amount of other farm seeds and vegetable seeds, such as onions, cabbages, carrots, peas, beans, lettuce, radishes, tomatoes, etc.

There is one thing about the Salzer firm—they never disappoint. They always fill your order on account of the enormous stocks they carry.

Send them 8 cents for a package of their great $500 prize Corn and Catalogue. Address, John A. Salzer Seed Co., Box 182, La Crosse, Wis.

An Irresistible Petition.

"And now, Lawd-uh," a bit ominously proceeded square-headed Brother Tarr, in his supplication, "in de convolution dat am gwine to take place soon's I meet up wid Brudder Dingford—sneaky scoun'rel wid side-whiskers dat's been up-slippin' an' up-slidin' 'round muh yaller wife—be nootral, Lawd; dat's all I axes—I'll do de rest!

"I has been, as you kin see for yo'se'f by de church books, a pillah in good an' efficient stan'in' for lo dese many yeahs, an' de tudder gen'leman am a puhsidin' eldah; so I hasn't de brazen statuary, Lawd, to ax yo' to take muh side in de battle. But if yo' kain't help, dess hang off an' be nootral. Git yo'se'f a comfable place in de shade som'ers, an' sed down, an' yo'll see one o' de peartest fights yo' ever had de pleasure o' witnessin'. Amen!"

Driven by Hunger to Desperation.

Mrs. Mode had just returned home from the country, to discover her previously well-stocked wardrobe empty. "Good gracious, Herbert," she cried to her husband, "where are all my clothes? And what in the world is that big black patch out on the lawn?" "Nelly," he replied mournfully, "after I had starved for two whole days, you wrote me that the key of the pantry was in the pocket of your bolero. Well, I don't know a bolero from a box-plaited ruffle, and I was desperate, so I took all the things out on the lawn and burned them. Then I found the key among the ashes."—Success Magazine.

Beware of Ointments for Catarrh that Contain Mercury,

as mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is ten fold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free.

Sold by Druggists. Price, 75c. per bottle.
Take Hall's Family Pills for constipation.

The Simple Life.

Hungry Guest—Afraid I'm a bit late, but hope I haven't kept breakfast waiting.

Hostess—Oh, I forgot to mention that we're trying the "no breakfast" plan, and feel so much better for it. We do trust it will have the same effect with you.

Red, Weak, Weary, Watery Eyes. Relieved By Murine Eye Remedy. Try Murine For Your Eye Troubles. You Will Like Murine. It Soothes. 50c at Your Druggists. Write For Eye Books. Free. Murine Eye Remedy Co., Chicago.

Optimism.

Kicker.—Look how easy it is for flies to get in through these screens!

Landlord.—Yes, but look how easy it is for them to get out again!

PERRY DAVIS' PAINKILLER when thoroughly rubbed in relieves strains and sprains in joints or muscles from any cause. All druggists, 25, 35, 50c sizes. Large bottles the cheapest.

It's difficult to convince a woman that other women are as good as they want her to think they are.

TO CURE A COLD IN ONE DAY Take LAXATIVE BROMO Quinine Tablets. Druggists refund money if it fails to cure. E. W. GROVE'S signature is on each box. 25c.

Hope is a fine thing, but it doesn't always enable a man to deliver the goods.

WOMEN OF MIDDLE AGE

Need Lydia E. Pinkham's Vegetable Compound

Brookfield, Mo.—"Two years ago I was unable to do any kind of work and only weighed 118 pounds. My trouble dates back to the time that women may expect nature to bring on them the Change of Life. I got a bottle of Lydia E. Pinkham's Vegetable Compound and it made me feel much better, and I have continued its use. I am very grateful to you for the good health I am now enjoying."—Mrs. SARAH LOUSIGNONT, 414 S. Livingston Street, Brookfield, Mo.

The Change of Life is the most critical period of a woman's existence, and neglect of health at this time invites disease and pain.

Women everywhere should remember that there is no other remedy known to medicine that will so successfully carry women through this trying period as Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs.

For 30 years it has been curing women from the worst forms of female ills—inflammation, ulceration, displacements, fibroid tumors, irregularities, periodic pains, backache, and nervous prostration.

If you would like special advice about your case write a confidential letter to Mrs. Pinkham, at Lynn, Mass. Her advice is free, and always helpful.

The Army of Constipation

Is Growing Smaller Every Day.

CARTER'S LITTLE LIVER PILLS are responsible—they not only give relief—they permanently cure Constipation. Millions use them for Biliousness, Indigestion, Sick Headache, Sallow Skin.

SMALL PILL. SMALL DOSE. SMALL PRICE

GENUINE must bear signature: Brent Good

BABY'S FIRST SHOES SHOULD BE Baby Pla-Mates

It is most essential that when Baby is ready to take its first steps it should have shoes that will assist and not retard the little toddler. **Baby Pla-Mate Shoes** have features found in no other shoes—note the extreme width and flatness of outsole which allows the little one to step out so confidently. These cute little shoes are made with a genuine Goodyear welt; broad, flat, non-slip sole; full extension heels, and are as flexible as a hand-turned shoe. Made in button and lace styles in patent, tan and black leather of finest quality. Ask your dealer for **Baby Pla-Mate Shoes**, if not in stock, send us his name and style and size desired and we will see you are supplied.

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Rochester, N. Y.

FREE Buy three resident lots in Doran, Minnesota and get a business lot absolutely free. Write for plat and paper called Land Investments. It contains list of over 200 farms in Minnesota and full information regarding homestead and deeded land in Colorado.

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DEFIANCE STARCH—16 ounces to the package—other starches only 12 ounces—same price and "DEFIANCE" IS SUPERIOR QUALITY.

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A RICH, FRAGRANT TEA

Ceylon's Choicest Leaf and Bud; The finest tea the world produces. When you are not quite satisfied with the quality or price of the tea you are using—it is a healthy sign, and implies that you know a good tea when you've tried it.

Then try a drawing of "Salada"—and if you enjoy a pure, fragrant and full-flavored Tea, use half the usual quantity, boil the water (not the tea), and steep the tea for five minutes. You will find "Salada" delicious, invigorating and wholesome. An absolutely pure, uncontaminated Tea, fresh from the finest Tea Gardens of the world. Prepared by modern and cleanly methods, and the best tea, the most economical tea in the market at the price or any price! For sale by all grocers, in sealed lead packets only.

Fresh from the Gardens of Ceylon, the finest tea-growing country in the world.

"SALADA"

It goes much further and costs no more than ordinary tea. 41

ASK YOUR GROCER