

PE-RU-NA
FOR
CATARRH
OF THE
HEAD,
THROAT,
LUNGS,
STOMACH,
KIDNEYS,
BLADDER
AND
FEMALE ORGANS.

W. A. Mitchell, dealer in general merchandise, Martin, Ga., writes: "My wife lost in weight from 130 to 68 pounds. We saw she could not live long. She was a skeleton, so we consulted an old physician. He told her to try Peruna. "She gradually commenced improving and getting a little strength. She now weighs 106 pounds. She is gaining every day, and does her own housework and cooking."

RIGHT SORT OF CORN BREAD.
Found Only in Tennessee, According to Nashville American.

The best cornmeal in the world is made in Tennessee—though the output is limited and not much of it reaches the market where urbanites dwell. The steam burstone has driven the water mill almost into desuetude, only to be in turn crowded out by the modern roller mill. The ancient water mill still lingers in remote sections and mountain fastnesses where clear waters flow through pebbly channels in sylvan shades. More than one of these ideal mills may be found on Fighting creek in Sevier county, under the shadows of the Big Smoky, and near unto Sugarland region, where the untaxed juice of the corn flows from modest and retiring stills. There are many such mills in the Unaka region, and in various sections of middle Tennessee, where the withering blight of modern civilization, with its canned goods and packing house meats, has not yet penetrated, and where one may

Listen to the water mill
Through the live-long day,
While the clicking of its wheel
Wears the weary hours away.
But they don't bring the meal to town.
The town-raised person's taste is too vitiated to appreciate it, says the Nashville American. When he eats corn bread at all with his oleomargarine or canned soup, he wants the roller mill product, which suggested the idea of sawdust breakfast food to a Battle Creek Yankee. The right sort of corn bread is made from meal ground on a slow-running water mill from corn that has been well dried, the little end of the ear shelled off for the chickens or pigs, the rotten grains carefully eliminated, and the corn run through a fan mill. Before being made into bread the meal is sifted through a wire sieve or sifter, the meshes of which are not too fine. Then if good bread is not produced it is the fault of the cook. The use of sugar in making any form of corn bread should be made a felony. There is as much difference between bread from properly ground meal and the common meal of commerce as there is between a Smithfield ham and a packing house ham.

DROP CAKES MADE OF RYE.
Simple Ingredients for Dish Universally Popular.

Put into a sifter, one cup rye meal, one cup (white) Indian meal, one-half cup flour.

Small size cup makes about 18 cakes. Add a large pinch of salt and sift into a dish. Take one tablespoon of sour milk, or buttermilk and add one scant level teaspoon of soda or saleratus. Fill the cup with one-half cup of molasses and the rest water. Turn into the mixture, which should be rather stiff. If too much so, add a little more water. If one has no sour milk use sweet milk and dissolve the soda in a spoonful of hot water. In this way, if an egg is added it makes them very rich. Have a kettle of lard boiling hot and a dessert spoon and a cup of cold water. Dip the spoon in the water and take up with it, while wet a spoonful of mixture. Smooth with the hand and fashion into a flat round cake, perhaps three-quarter inch thick. Cook and turn same as doughnuts, and skim out and place upon brown paper. Very good, either hot or cold.

Hickory Nut Kisses.
These, too, are approved additions to the valentine menu. Have ready one cup hickory nut kernels chopped rather fine. Beat the whites of three eggs very stiff, add one-half pound powdered sugar and one tablespoonful flour and beat again. Add the nut meats, drop by teaspoonfuls on well buttered tin and bake in a moderate oven. These may be served alone or with ice cream. For the latter place one of these kisses on each side of a large spoonful of ice cream and put a little whipped cream over the top in serving. Peanuts may be substituted for the hickory nuts, if desired.

Opera Caramels.
Put together in a saucepan a pound of granulated sugar, a quarter tea spoonful of cream of tartar and enough cold water to dissolve the sugar. Stir, stirring constantly, until a little dropped into cold water is of the consistency of putty. Take from the fire, pour into a shallow pan and when so cool that the finger tip pressed upon it leaves a depression, beat the mixture to a soft, dough-like mass. Turn upon a board sprinkled with powdered sugar and knead as you would dough. Roll into a sheet and cut into squares.

Culinary Dictionary.
Au Gratin—A dish baked and covered with crusts and grated cheese.
Au Naturel—Plain, in its natural state.
Bechamel—A thick, white sauce.
Bisque—A thick soup of crab or lobster.
Braise—A meat or vegetable cooked in a close-covered pan which retains all the juice of the ingredients.
Cafe Noir—Black coffee.
Cafe au Lait—Coffee with milk.
Home Remedies.
Inflamed eyes may be relieved by binding over them for a few minutes the scooped-out inside of a fresh potato.
Headache almost always will yield to the application of hot water to the feet and back of the neck at the same time.
If sweet oil is applied to the skin immediately after a blow or bruise it will keep the skin from turning blue or black.

VALUABLE FORMULA
WELL-KNOWN AUTHORITY CLAIMS IT IS MOST EFFECTIVE.

Says It Will Break Up a Cold in 24 Hours and Cure Any Cough That is Curable—Inexpensive.

A noted authority on diseases of the throat and lungs, who established a camp for consumptives in the Pine Woods of Maine, and whose remarkable cures there have attracted great attention from the medical world, says that his entire treatment consisted of fresh air, nourishing food and the Pure Virgin Oil of the White Pine Trees mixed with Whisky and Glycerine. In the following proportions:
Virgin Oil of Pine (Pure) . . . 1/2 oz.
Glycerine 2 "
Good Whisky 8 "
Used in teaspoonful doses every four hours.

It is claimed that the above mixture will heal and strengthen the lungs, break up a cold in twenty-four hours, and cure any cough that is curable.

The ingredients can be secured from any good prescription druggist at small cost and can be easily mixed in your own home.

Inquiry at the prescription department of a leading local pharmacy elicited the information that Virgin Oil of Pine (Pure) is put up only in half-ounce vials for dispensing. Each vial is securely sealed in a round wooden case with engraved wrapper with the name—Virgin Oil of Pine (Pure); guaranteed under the Food and Drug Act, June 30, 1906. Prepared only by Leach Chemical Co., Cincinnati, O.—plainly printed thereon. Only the cheaper Oils are sold in bulk, but these produce nausea, and never effect the desired results.

"She has a fine mind, hasn't she?"
"Remarkable. One of those minds that, when you are with her, you can't decide which makes you the more happy—to listen, or to realize that you are not married to her."—Life.

Catarrh Cannot Be Cured
with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces. Hall's Catarrh Cure is not a quick medical claim. It was prescribed by one of the best physicians in this country for years and is a regular prescription. It is composed of the best tonics known, combined with the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing catarrh. Send for testimonials free. F. J. CHENEY & CO., Props., Toledo, O. Sold by Druggists, price 25c. Take Hall's Family Pills for constipation.

Matrimonial Infelicity.
Divorces are, happily, rare in society circles. Separation by mutual consent, however, grows more frequent every year. Every one has upon his or her visiting list husbands and wives who never meet if they can help it, but between whom there has never been an open breach. Incompatibility of temper is the usual cause, and the reason for that is, one imagines, the still common custom of encouraging the younger generation to approach years of discretion.—London Throne.

Never Overlooked a Chance.
When Bishop Talbot, now of the central Pennsylvania diocese, was "the cowboy bishop" of Idaho and Wyoming he never overlooked an opportunity of securing contributions for the missionary work in which he took great delight. On one occasion, while attending a meeting of church dignitaries in St. Paul, he was chatting with some other clergymen on the steps of his hotel when several hobo came along. One of them approached and asked for aid. Bishop Talbot took him aside and after a short but earnest conversation the other tramps saw something pass from hand to hand. "What did he give you?" asked the other hoboes when they all started away. "Didn't give me nothing," was the disgusted reply. "I gave him a dollar for his blasted new cathedral in Laramie."

THE WHOLE FAMILY.
Mother Finds a Food for Grown-Ups and Children as Well.

Food that can be eaten with relish and benefit by the children as well as the older members of the family, makes a pleasant household commodity.

Such a food is Grape-Nuts. It not only agrees with and builds up children, but older persons who, from bad habits of eating, have become dyspeptic.

A Phila. lady, after being benefited herself persuaded her husband to try Grape-Nuts for stomach trouble. She writes:
"About eight years ago I had a severe attack of congestion of stomach and bowels. From that time on, I had to be careful about eating, as nearly every kind of food then known to me, seemed to cause pain.
"Four years ago I commenced to use Grape-Nuts. I grew stronger and better, and from that time I seldom have been without it; have gained in health and strength and am now heavier than I ever was.
"My husband was also in a bad condition—his stomach became so weak that he could eat hardly anything with comfort. I got him to try Grape-Nuts, and he soon found his stomach trouble had disappeared.
"My girl and boy, 3 and 9 years old, do not want anything else for breakfast but Grape-Nuts, and more healthy children cannot be found." Name given by Postum Co., Battle Creek, Mich. Read the little booklet, "The Road to Wellville," in pkgs. "There's a reason."

PUTNAM FADELESS DYES do not stain the hands or spot the kettle, except green and purple. 10c per package.

It is hard to form a correct opinion of others on what is said about them.

Garfield Tea has been famous for years as a remedy for constipation, liver and kidney diseases. Guaranteed under the Pure Food Law.

Satan is willing to let men go to church on Sunday if they work for him the remainder of the week.

ONLY ONE "BROMO QUININE"
That is LAXATIVE BROMO QUININE. Similar named remedies sometimes contain harmful and even poisonous ingredients. The first and original Laxative Bromo Quinine with black and red coloring, and bears the signature of W. GROVE.

Reading furnishes the mind only with materials of knowledge; it is thinking that makes what we read ours.—Locke.

In a Pinch, Use ALLEN'S FOOT-EASE.
A powder. It cures painful, smarting, nervous feet and ingrowing nails. It's the greatest comfort discovery of the age. Makes new shoes easy. A certain cure for sweating feet. Sold by all Druggists, 25c. Accept no substitute. Trial package, FREE. Address A. S. Olmsted, Le Roy, N. Y.

The average man dislikes to give up his seat in a crowded car to a woman because he is afraid she will think he is trying to flirt with her.

Clover & Grass Seeds.
Everybody loves lots and lots of Clover Grasses for hogs, cows, sheep and swine.

We are known as the largest growers of Grasses, Clovers, Oats, Barley, Corn, Potatoes and Farm Seeds in America. Operate over 3,000 acres.

FREE
Our mammoth 148-page catalog is mailed free to all intending buyers; or send 5c in stamps.

and receive sample of "perfect balance ration grass seed," together with Fodder Plants, Clover, etc., etc., and Big Plant and Seed Catalog free.

John A. Salzer Seed Co., Box W, La Crosse, Wis.

World's Dairy Interests.
The importance of the world's dairy industries is attested by the fact that they warrant the calling of international congresses for discussion of the best methods of dairy conduct, the first of these having just been announced for convention at The Hague, during September of next year. The general secretary of the congress is Dr. A. J. Swaying, of The Hague.

CASE OF ECZEMA IN SOUTH.
Suffered Three Years—Hands and Eyes Most Affected—Now Well and is Grateful to Cuticura.

"My wife was taken badly with eczema for three years, and she employed a doctor with no effect at all until she employed Cuticura Soap and Ointment. One of her hands and her left eye were badly affected, and when she would stop using Cuticura Soap and Ointment the eczema came back, but very slightly; but it did her a sight of good. Then we complied with the instructions in using the entire set of Cuticura Remedies and my wife is entirely recovered. She thanks Cuticura very much and will recommend it highly in our locality and in every nook and corner of our parish. God bless you for the sake of suffering humanity. I. M. Robert, Hydropolis, La., Jan. 5 and Sept. 1, 1906."

When doctors disagree it is well for the patient to get up and see if anything really ails him.

STOP WOMAN AND CONSIDER

First, that almost every operation in our hospitals, performed upon women, becomes necessary because of neglect of such symptoms as Backache, Irregularities, Displacements, Pain in the Side, Dragging Sensations, Dizziness and Sleeplessness.

Second, that Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs, has cured more cases of female ills than any other one medicine known. It regulates, strengthens and restores women's health and is invaluable in preparing women for child-birth and during the period of Change of Life.

Third, the great volume of unsolicited and grateful testimonials on file at the Pinkham Laboratory at Lynn, Mass., many of which are from time to time being published by special permission, give absolute evidence of the value of Lydia E. Pinkham's Vegetable Compound and Mrs. Pinkham's advice.

Lydia E. Pinkham's Vegetable Compound

For more than 30 years has been curing Female Complaints, such as Dragging Sensations, Weak Back, Falling and Displacements, Inflammation and Ulceration, and Organic Diseases, and it dissolves and expels Tumors at an early stage.

Mrs. Pinkham's Standing Invitation to Women

Women suffering from any form of female weakness are invited to write Mrs. Pinkham, Lynn, Mass., for advice. She is the Mrs. Pinkham who has been advising sick women free of charge for more than twenty years, and before that she assisted her mother-in-law, Lydia E. Pinkham in advising. Thus she is especially well qualified to guide sick women back to health. Write today, don't wait until too late.

MILLIONS USE

Cuticura SOAP
MEDICINAL AND TOILET
PRICE 25 CENTS

EFFICIENT SANITATIVE ANTISEPTIC
FRAGRANT AND REFRESHING
FOR BATHING, PURSING, SHAVING,
TOILET, SHAVING, AND SHAMPING.

THE WORLD'S FAVOURITE

For Preserving, Purifying and Beautifying the Skin, Scalp, Hair, and Hands.

Cuticura Soap combines delicate medicinal and emollient properties derived from Cuticura, the great Skin Cure, with the purest of saponaceous ingredients, and the most refreshing of flower odors. Sold throughout the world. Agents: London, W. & A. Carter; New York, J. & W. Aldrich; Paris, J. & W. Gode; Australia, J. & W. Gode; India, J. & W. Gode; U.S.A., 127 Columbus Ave., Potter Drug & Chem. Corp., Sole Prop.

Don't Push

The horse can draw the load without help, if you reduce friction to almost nothing by applying

Mica Axle Grease

to the wheels. No other lubricant ever made wears so long and saves so much horse power. Next time try MICA AXLE GREASE. Standard Oil Co. Incorporated.

DEFIANCE STARCH—10 ounces in the package—other starches only 12 ounces—price and "DEFIANCE" IS SUPERIOR QUALITY.

Simple Ingredients for Dish Universally Popular.

Put into a sifter, one cup rye meal, one cup (white) Indian meal, one-half cup flour.

Small size cup makes about 18 cakes. Add a large pinch of salt and sift into a dish. Take one tablespoon of sour milk, or buttermilk and add one scant level teaspoon of soda or saleratus. Fill the cup with one-half cup of molasses and the rest water. Turn into the mixture, which should be rather stiff. If too much so, add a little more water. If one has no sour milk use sweet milk and dissolve the soda in a spoonful of hot water. In this way, if an egg is added it makes them very rich. Have a kettle of lard boiling hot and a dessert spoon and a cup of cold water. Dip the spoon in the water and take up with it, while wet a spoonful of mixture. Smooth with the hand and fashion into a flat round cake, perhaps three-quarter inch thick. Cook and turn same as doughnuts, and skim out and place upon brown paper. Very good, either hot or cold.

Hickory Nut Kisses.
These, too, are approved additions to the valentine menu. Have ready one cup hickory nut kernels chopped rather fine. Beat the whites of three eggs very stiff, add one-half pound powdered sugar and one tablespoonful flour and beat again. Add the nut meats, drop by teaspoonfuls on well buttered tin and bake in a moderate oven. These may be served alone or with ice cream. For the latter place one of these kisses on each side of a large spoonful of ice cream and put a little whipped cream over the top in serving. Peanuts may be substituted for the hickory nuts, if desired.

Opera Caramels.
Put together in a saucepan a pound of granulated sugar, a quarter tea spoonful of cream of tartar and enough cold water to dissolve the sugar. Stir, stirring constantly, until a little dropped into cold water is of the consistency of putty. Take from the fire, pour into a shallow pan and when so cool that the finger tip pressed upon it leaves a depression, beat the mixture to a soft, dough-like mass. Turn upon a board sprinkled with powdered sugar and knead as you would dough. Roll into a sheet and cut into squares.

Culinary Dictionary.
Au Gratin—A dish baked and covered with crusts and grated cheese.
Au Naturel—Plain, in its natural state.
Bechamel—A thick, white sauce.
Bisque—A thick soup of crab or lobster.
Braise—A meat or vegetable cooked in a close-covered pan which retains all the juice of the ingredients.
Cafe Noir—Black coffee.
Cafe au Lait—Coffee with milk.
Home Remedies.
Inflamed eyes may be relieved by binding over them for a few minutes the scooped-out inside of a fresh potato.
Headache almost always will yield to the application of hot water to the feet and back of the neck at the same time.
If sweet oil is applied to the skin immediately after a blow or bruise it will keep the skin from turning blue or black.

VALUABLE FORMULA
WELL-KNOWN AUTHORITY CLAIMS IT IS MOST EFFECTIVE.

Says It Will Break Up a Cold in 24 Hours and Cure Any Cough That is Curable—Inexpensive.

A noted authority on diseases of the throat and lungs, who established a camp for consumptives in the Pine Woods of Maine, and whose remarkable cures there have attracted great attention from the medical world, says that his entire treatment consisted of fresh air, nourishing food and the Pure Virgin Oil of the White Pine Trees mixed with Whisky and Glycerine. In the following proportions:
Virgin Oil of Pine (Pure) . . . 1/2 oz.
Glycerine 2 "
Good Whisky 8 "
Used in teaspoonful doses every four hours.

It is claimed that the above mixture will heal and strengthen the lungs, break up a cold in twenty-four hours, and cure any cough that is curable.

The ingredients can be secured from any good prescription druggist at small cost and can be easily mixed in your own home.

Inquiry at the prescription department of a leading local pharmacy elicited the information that Virgin Oil of Pine (Pure) is put up only in half-ounce vials for dispensing. Each vial is securely sealed in a round wooden case with engraved wrapper with the name—Virgin Oil of Pine (Pure); guaranteed under the Food and Drug Act, June 30, 1906. Prepared only by Leach Chemical Co., Cincinnati, O.—plainly printed thereon. Only the cheaper Oils are sold in bulk, but these produce nausea, and never effect the desired results.

"She has a fine mind, hasn't she?"
"Remarkable. One of those minds that, when you are with her, you can't decide which makes you the more happy—to listen, or to realize that you are not married to her."—Life.

Catarrh Cannot Be Cured
with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces. Hall's Catarrh Cure is not a quick medical claim. It was prescribed by one of the best physicians in this country for years and is a regular prescription. It is composed of the best tonics known, combined with the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing catarrh. Send for testimonials free. F. J. CHENEY & CO., Props., Toledo, O. Sold by Druggists, price 25c. Take Hall's Family Pills for constipation.

Matrimonial Infelicity.
Divorces are, happily, rare in society circles. Separation by mutual consent, however, grows more frequent every year. Every one has upon his or her visiting list husbands and wives who never meet if they can help it, but between whom there has never been an open breach. Incompatibility of temper is the usual cause, and the reason for that is, one imagines, the still common custom of encouraging the younger generation to approach years of discretion.—London Throne.

Never Overlooked a Chance.
When Bishop Talbot, now of the central Pennsylvania diocese, was "the cowboy bishop" of Idaho and Wyoming he never overlooked an opportunity of securing contributions for the missionary work in which he took great delight. On one occasion, while attending a meeting of church dignitaries in St. Paul, he was chatting with some other clergymen on the steps of his hotel when several hobo came along. One of them approached and asked for aid. Bishop Talbot took him aside and after a short but earnest conversation the other tramps saw something pass from hand to hand. "What did he give you?" asked the other hoboes when they all started away. "Didn't give me nothing," was the disgusted reply. "I gave him a dollar for his blasted new cathedral in Laramie."

THE WHOLE FAMILY.
Mother Finds a Food for Grown-Ups and Children as Well.

Food that can be eaten with relish and benefit by the children as well as the older members of the family, makes a pleasant household commodity.

Such a food is Grape-Nuts. It not only agrees with and builds up children, but older persons who, from bad habits of eating, have become dyspeptic.

A Phila. lady, after being benefited herself persuaded her husband to try Grape-Nuts for stomach trouble. She writes:
"About eight years ago I had a severe attack of congestion of stomach and bowels. From that time on, I had to be careful about eating, as nearly every kind of food then known to me, seemed to cause pain.
"Four years ago I commenced to use Grape-Nuts. I grew stronger and better, and from that time I seldom have been without it; have gained in health and strength and am now heavier than I ever was.
"My husband was also in a bad condition—his stomach became so weak that he could eat hardly anything with comfort. I got him to try Grape-Nuts, and he soon found his stomach trouble had disappeared.
"My girl and boy, 3 and 9 years old, do not want anything else for breakfast but Grape-Nuts, and more healthy children cannot be found." Name given by Postum Co., Battle Creek, Mich. Read the little booklet, "The Road to Wellville," in pkgs. "There's a reason."

PUTNAM FADELESS DYES do not stain the hands or spot the kettle, except green and purple. 10c per package.

It is hard to form a correct opinion of others on what is said about them.

Garfield Tea has been famous for years as a remedy for constipation, liver and kidney diseases. Guaranteed under the Pure Food Law.

Satan is willing to let men go to church on Sunday if they work for him the remainder of the week.

ONLY ONE "BROMO QUININE"
That is LAXATIVE BROMO QUININE. Similar named remedies sometimes contain harmful and even poisonous ingredients. The first and original Laxative Bromo Quinine with black and red coloring, and bears the signature of W. GROVE.

Reading furnishes the mind only with materials of knowledge; it is thinking that makes what we read ours.—Locke.

In a Pinch, Use ALLEN'S FOOT-EASE.
A powder. It cures painful, smarting, nervous feet and ingrowing nails. It's the greatest comfort discovery of the age. Makes new shoes easy. A certain cure for sweating feet. Sold by all Druggists, 25c. Accept no substitute. Trial package, FREE. Address A. S. Olmsted, Le Roy, N. Y.

The average man dislikes to give up his seat in a crowded car to a woman because he is afraid she will think he is trying to flirt with her.

Clover & Grass Seeds.
Everybody loves lots and lots of Clover Grasses for hogs, cows, sheep and swine.

We are known as the largest growers of Grasses, Clovers, Oats, Barley, Corn, Potatoes and Farm Seeds in America. Operate over 3,000 acres.

FREE
Our mammoth 148-page catalog is mailed free to all intending buyers; or send 5c in stamps.

and receive sample of "perfect balance ration grass seed," together with Fodder Plants, Clover, etc., etc., and Big Plant and Seed Catalog free.

John A. Salzer Seed Co., Box W, La Crosse, Wis.

World's Dairy Interests.
The importance of the world's dairy industries is attested by the fact that they warrant the calling of international congresses for discussion of the best methods of dairy conduct, the first of these having just been announced for convention at The Hague, during September of next year. The general secretary of the congress is Dr. A. J. Swaying, of The Hague.

CASE OF ECZEMA IN SOUTH.
Suffered Three Years—Hands and Eyes Most Affected—Now Well and is Grateful to Cuticura.

"My wife was taken badly with eczema for three years, and she employed a doctor with no effect at all until she employed Cuticura Soap and Ointment. One of her hands and her left eye were badly affected, and when she would stop using Cuticura Soap and Ointment the eczema came back, but very slightly; but it did her a sight of good. Then we complied with the instructions in using the entire set of Cuticura Remedies and my wife is entirely recovered. She thanks Cuticura very much and will recommend it highly in our locality and in every nook and corner of our parish. God bless you for the sake of suffering humanity. I. M. Robert, Hydropolis, La., Jan. 5 and Sept. 1, 1906."

When doctors disagree it is well for the patient to get up and see if anything really ails him.

Tone Up With Good Paint

It is good business to keep property "toned up."

A coat of Pure White Lead Paint not only makes things look better and gives them a higher selling value, but it makes things wear better and gives them a higher value for long wear.

Pure White Lead gives an opaque, durable coat that protects and preserves from the ravages of time and weather.

Prospective buyers of Pure White Lead have heretofore been subject to much attempted fraud in adulteration and substitution. You are now protected by the Dutch Boy trade mark which is found on the side of kegs containing only Pure White Lead, made by the Old Dutch Process. Look for the boy.

SEND FOR BOOK

"A Talk on Paint" gives valuable information on the paint subject. Sent free upon request.

NATIONAL LEAD COMPANY
In wholesale or retail quantities in the following cities to nearest you:
New York, Boston, Buffalo, Cleveland, Cincinnati, Chicago, St. Louis, Philadelphia, Pittsburg, St. Paul, and other cities.
John T. Lewis & Bros. Co., Pittsburgh National Lead & Oil Co.

DO YOU BURN KEROSENE?

If so get one-third more light with a "BING BLOSS" KEROSENE BURNER. The glass top does it. They are great—fit common lamps. Send your dealer's name to-day and 25c for a BING-BLOSS No. 1 or 2 post paid. BING BURNER Co., Dept. 42, Minneapolis, Minn.

JUST BECAUSE it storms-dont confine yourself indoors

PROVIDES FOR YOUR BODY COMFORT by wearing

TOWERS' WATERPROOF OILED CLOTHING

Every Garment Guaranteed Good enough to last years

DEFIANCE STARCH easiest to work with and starches clothes nicest

FREE To convince any woman that Paxtine Antiseptic will improve her health and do all we claim for it. We will send her absolutely free a large trial box of Paxtine with book of instructions and genuine testimonials. Send your name and address on a postal card.

PAXTINE cleanses and heals mucous membranes in the nose, throat, mouth, by direct local treatment. Its curative power over these troubles is extraordinary and gives immediate relief. Thousands of women are using and recommending it every day. 50 cents at druggists or by mail. Remember, however, IT COSTS YOU NOTHING TO TRY IT.

THE PAXTON CO., Boston, Mass.

W. N. U., Salt Lake City, No. 11, 1907.

KG BAKING POWDER

25 ounces for 25 cents

The original 25 ounce can. Others have copied the can, but K C quality has never been equaled at any price.

JAQUES MFG. CO. Chicago

BALLARD'S SNOW LINIMENT

Is a Quick and Permanent Cure for

Rheumatism, Cuts, Sprains, Wounds, Neuralgia, Headache, Old Sores, Corns, Bunions, Galls, Bruises, Contracted Muscles, Lamé Back, Stiff Joints, Frost Bite, Chilblains, Ringbone, Pollevis, Burns, Scalds, and ALL THE ILLS THAT FLESH IS HEIR TO.

Three Sizes, 25c, 50c and \$1. Sold by all Druggists.

W. L. DOUGLAS

\$3.00 AND \$3.50 SHOES THE WORLD'S BEST IN THE \$4.00 GILT SHOES CANNOT BE EQUALLED AT ANY PRICE.

SHOES FOR EVERYBODY AT ALL PRICES:
Men's Shoes, \$5 to \$1.50. Boys' Shoes, \$3 to \$1.25. Women's Shoes, \$4 to \$1.50. Misses' & Children's Shoes, \$2.25 to \$1.00.

W. L. Douglas shoes are recognized by expert judges of footwear to be the best in style, fit and wear produced in this country. Each part of the shoe and every detail of the making is looked after and watched over by skilled shoemakers, without regard to time or cost. If I could take you into my large factories at Brockton, Mass., and show you how carefully W. L. Douglas shoes are made, you would then understand why they hold their shape, fit better, wear longer, and are of greater value than any other makes.

W. L. Douglas name and price is stamped on the bottom, which protects the wearer against high prices and inferior shoes. Take a No. 2 shoe, for example. Sold by the best shoe dealers everywhere. Past Color Eyelets used exclusively. Catalog mailed free. W. L. DOUGLAS, Brockton, Mass.

34 YEARS SELLING DIRECT

Our vehicles and harness have been sold direct from our factory to user for a third of a century. We ship for examination and approval and guarantee safe delivery. You are not getting it at a price, you are getting it at a price.

We are the largest manufacturers in the world selling to the consumer exclusively. We make 800 styles of Vehicles, 60 styles of Harness. Send for large, free catalogue.

Elkhart Carriage & Harness Mfg. Co., Elkhart, Indiana

No. 624, 7th Street with
Lava Automobile Style Seat, Side
Seat and 31st Standard Rubber Tires, Price, \$58. Elkhart, Indiana

No. 218, Light, One Seater,
Heavy Co. Spring, Price, \$68.00.