A PROMINENT CHURCH WORKER SAYS SHE OWES HER LIFE TO PE-RU-NA.

Mrs. Hattie La Fountain

Mrs. Hattie La Fountain, Treas. Protected Home Circle and Catholic Ladies of Ohio, writes from Galion, O., as follows:

"After my first child was born I suffered for several months with bearing down pains accompanied by dreadful headaches. I was afraid my health was ruined for life, and felt very downcast about it. One day when a friend was visiting me she told me of Peruna and what it had done for her when she suffered with irregular menstruation. My husband procured a bottle the same evening and I began to take it daily according to directions. Before the first bottle was used I was entirely well, and you certainly have one grateful woman's blessing. I have also advised my friends to use it."

MRS. HATTIE LA FOUNTAIN.

HER GREAT FORTUNE.

A Woman Saved From Life-Long Misery and Made Happy and Useful.

A woman confined to the home for several years with a chronic female derangement had finally given up hope of being cured.

She had tried physician after physician, and remedy after remedy, without any permanent improvement.

Her treatment had cost her husband, who was a poor man, hundreds of dollars. They had been obliged to deny themselves many comforts of life in order to get money enough to pay the physicians.

The woman had become weak, nervous and wrecked, and scarcely able to keep out of her bed. Her children were growing up neglected and ragged because of the want of a mother's care. Her husband was becoming discouraged and broken down with overwork.

Picking up the paper one day she happened to read an item which contained the news that Dr. Hartman would treat such cases free of charge by letter. She immediately wrote the doctor describing her case, and giving him all her symptoms.

She soon received a letter telling her exactly what to do, and what medicines and appliances to get. She began the treatment (the principle remedy being Peruna) at once, and in a few weeks she was well and strong again, able to do her own work.

The relief of her long-continued misery was so astonishing that she sent the news of this enthusiastic physician. All letters applying for treatment will be promptly answered, and be held strictly confidential.

Miss Annie Holan, Post Pocahontas of Tennessee Council of Red Men (Women's Branch), writes from 872 Eighth Ave., New York:

"Three months ago I was troubled with backache and a miserable heaviness about the stomach. Sleep brought me no rest for it was a restless sleep. The doctor said my nervous system was out of order but his prescriptions didn't seem to relieve me. I was told that Peruna was good for building up the nervous system. After using it for two months I know now that it is. I want to say that it made a new woman of me. The torturing symptoms have all disappeared and I feel myself again. Peruna did me more good than all the other medicines I have taken."

ANNIE HOLAN.

Miss Mamie Powell, Lake Charles, Louisiana, writes:

"I sincerely believe that Peruna is woman's best friend, for it has certainly been that to me. I had had headaches, backaches and other aches every month for a long time, but shortly after I began taking Peruna this was a thing of the past, and I have good reason to be grateful. I take a bottle every spring and fall now, and that keeps my health perfect, and I certainly am more robust now than I have been before for my weighing more. I do not think anyone will be disappointed in the results obtained from the use of Peruna."

MISS MAMIE POWELL.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, O.

Secretary Woman's State Federation Says; "Pe-ru-na Does More Than is Claimed for it."

Mrs. Julia M. Brown, Secretary of the Woman's State Federation of California, writes from 131½ Fifth St., Los Angeles, Cal., as follows:

"I have never known of any patent medicine which did what it promised to do except Peruna. This remedy does much more than it claims, and while I have never advocated any medicine, I feel that it is but justice to speak a good word for it because I have found it to be such a rare exception.

"I have known several women who were little better than physical wrecks, mothers who dragged out a miserable, painful existence, but were made well and strong through the use of Peruna. I have known of cases of chronic catarrh which were cured in a short time, when a dozen different remedies had been experimented with and without good results. I use it myself when I feel nervous and worn out, and I have always found that the results were most satisfactory."

JULIA M. BROWN.

THE YOUTH'S COMPANION

New Subscription Offer.

The New Subscriber who cuts out and sends this slip or the name of this Paper at once with $1.75 will receive:

FREE All the issues of The Companion for the remaining weeks of 1903. The Double Numbers for Thanksgiving, Christmas and New Year's. The Youth's Companion "Springtime" Calendar for 1904, lithographed in twelve colors and gold.

Then the fifty-two issues of The Companion for 1904—a library of the best reading for every member of the family.

Illustrated Announcement and Sample Copies of the Paper Free.

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MEN We teach the Barber Trade in 8 Weeks and guarantee positions. Write for particulars. MOLER'S BARBER COLLEGE, DENVER (Opp. Daily Journal), SALT LAKE CITY, UTAH.

I PAY SPOT CASH FOR MILITARY BOUNTY LAND WARRANTS. Send to citizens of any war. Write me at once. FRANK M. KOHLER, Suite 16, Block, DENVER, COLO.

RELIABLE ASSAYS. Gold ..... $ .75; Gold and Silver ..... $1.00; Gold, Silver & Copper ..... $1.50. Prompt returns on mail returns. Ogden Assay Co. 1223 ADAMS ST., DENVER, COLO.

MEN Shores Nervine & Shores Nervine CURES

DRUNKENNESS CURED. The Keeley Institute, 238 W. S. Temple St. Salt Lake City, Utah.

When Answering Advertisements Kindly Mention This Paper.

W. N. U., Salt Lake—No. 46, 1903

CONSTIPATION

Denounce Narrow Skirts.

The principal papers in Vienna are thundering against narrow skirts and "the American way of holding them up by grabbing them from behind and pulling them toward the knees." The mode is characterized as indecent and ugly at the same time.

FREE TO WOMEN! To prove the healing and cleansing power of Paxtine Toilet Antiseptic we will mail a large trial package with book of instructions absolutely free. This is not a cheap sample, but a large package, enough to demonstrate its value. Women all over the country are praising Paxtine for what it has done in local treatment of female ills, curing all inflammation and discharges. Wonderful as a cleansing vaginal douche, for sore throat, nasal catarrh, as a mouth wash and to remove tartar and whiten the teeth. Send today; a postal card will do. Sold by druggists or sent postpaid by us, 50 cents. Large box. Satisfaction guaranteed. THE R. PAXTON CO., Boston, Mass. 414 Columbus Ave.

SOZODONT Tooth Powder "Good for Bad Teeth. Best Good for Good Teeth." Gives the Teeth a Pearly Lustre. BIG BOX NEW TOP 25c

Elite Matrimonial Journal

W. L. DOUGLAS $3.50 & $3 SHOES

You can save from $3 to $5 yearly by wearing W. L. Douglas $3.50 or $3 shoes.

They equal shoes that have been selling from $4.00 to $5.00. The immense sale of W. L. Douglas shoes proves their superiority over all other makes.

Sold by retail shoe dealers everywhere. Look for name and price on bottom.

That Douglas shoes fit and wear well I guarantee. Catalog free. W. L. DOUGLAS, Brockton, Mass.

THE BEST POMMEL SLICKER IN THE WORLD TOWER'S FISH BRAND

Made of our waterproof cloth, salt and tarr for strength of wet work. It is often imitated but never equaled. Made in black or yellow and fully guaranteed to keep you dry. FOR SALE BY ALL RELIABLE DEALERS. STICK TO THE SIGN OF THE FISH.

SAILORS WERE SEASICK.

Two Have a Somewhat Strange Experience.

[illegible] with the late hurricane which brought with it heavy seas and high winds along the Atlantic coast, it became a matter of curiosity in shipping circles how it came to pass that some of the sailors aboard the vessels on the Delaware river and bay became violently ill.

They are men of experience. And heavy gales and tempests are every day events with them. Besides, all had braved the storm of January with an exemplary lack of nausea, and stood up to it with a liberal supply of courage.

It is a matter of record that Pilots Thomas Wilson, Harry Mauk, Fred Hollis, Louis Bertrand and John Wise, the latter one of the oldest men in the service, by virtue of his seniority, were in the same shape. Jere N. Bunting, Alabama Dougett and William Perrine were the only three to escape.

How to Sleep.

"Deep respiration takes the place of doctors, the most soothing for sleep is to lie flat on your back with arms extend. It is certainly grateful. You had going sooner or later, unless you have mind-snoring."

Weather Wisdom.

A very curious method of making weather predictions has been discovered by an old French farmer.

"On Christmas eve," he says, "when the bells begin to ring for midnight mass, take twelve onions and place them in a row on a table. The first onion will represent January, the second February, and so on. Next make a large slit in each onion and pour some salt into it. If at the end of an hour you find that the salt in the March onion has melted, you will know that there will be much rain in March, and, on the other hand, if the salt in the April onion is not melted, you may be certain that April will be a dry month. Moreover, if the salt in any onion is melted at the top, but not at the bottom, the first fortnight of the month will be wet and the second fortnight dry."

Has Rare Servian Stamps.

William Dorr Hill, Jr., of Belchertown, Mass., has received from friends in Europe two Servian stamps, with the seal of the government May 29, the day after the murder of the king and queen. These stamps were only in use five or six hours and are very rare, as only 100 or so were in existence. The head of the king is stamped out and until the new stamps were made, these were used, but with the seal of the state across the head, showing only the body of the subject or king.

Razer's Fate.

The skeleton of Touchstone, the celebrated and sensational winner of the St. Louis, is preserved at the duke of

Westminster's seat, Eaton Hall. Touchstone had one more rib than other horses, and a robin every year builds its nest in the horse's skull.

Dogs as Mourners.

A strange scene was witnessed recently at a funeral at Norwood, England. The occasion was the interment of a Bermondsey dog fancier. Among the mourners in the procession to the graveside were three splendid Newfoundland dogs wearing coats of crape with collars to match. On the top of the coffin were placed two stuffed terriers. These were pets of the deceased fancier, who had expressed the wish that they should follow him to his last resting place in the manner described.

"Rain" of Butterflies.

Milan has just been the scene of a remarkable "rain" or downfall of butterflies or moths. They settled in lines of thousands on almost every available inch of space on the ground and on the palaces of the centre quarters of the city. The insects are described as perfectly black and extremely active. Their presence is ascribed to an air current swept along in front of a hurricane.

Old Settlers' Reunion.

In a store at North Newport, N. H., recently, there has been seen three men, natives of the village, and a total from Kalamazoo, talking over old times. The combined ages of the men approached 270 years.

Father of Thirty-five Children.

John Hunter of Hartford, Mich., though but 37 years old, is the father of thirty-five children, the oldest of them is 16 and the youngest two years old.

OPIUM IN DIVERSE FORMS.

Devotees of the Drug Choose Various Ways of Obtaining Its Effects.

Consumers of opium are not all of the same kind. There are slaves of the pipe, slaves of the syringe and slaves of the powder that is swallowed as a cure for pain or of mental worry. There are those who take the drug in the form of a medicinal preparation, such as laudanum, paregoric, and the extract of hydrastis; those who smoke it and those who take it into the lungs and those who take hypodermic injections of morphia. The second class—the smokers—comprises the largest number of victims.

Dr. Judge of the New York city hospital estimates that fully 50 per cent of the people in that city are addicted to the opium habit in some form. The annual sale of opium in Vermont is equivalent, according to the doctor, to a grain for every adult in the state, an amount obviously far greater than can be accounted for by the consumption for medicinal purposes. Some users of the drug take it regularly every day; others have periodical attacks similar to those of the alcohol drinker.

Latest Sea-Serpent Story.

A recent sea-serpent story coming from England tells how a marine monster apparently tried to swallow the good ship Glengrant of Fraserburgh. At the first endeavor it lifted the vessel "at least six feet" as it dived underneath her but fortunately when it came on again the self-willed brute who kept his head ducked below and got a gun. It is not known whether he hit it at any rate, the monster had had enough and cleared off. The sailors say this serpent was nearly 200 feet in length, with a head like a seahorse, a long mane, great green, glittering eyes and an enormous mouth and teeth.

The McBride Case Again.

St. John, Kans., Oct. 26.—Mr. and Mrs. William McBride and Jesse L. Limes, M. D., have gone before Mr. George E. Moore, Notary Public, and have sworn and subscribed to written statements confirming the story of the awful illness and subsequent cure of the little son of Mr. and Mrs. McBride.

Dr. Limes is particularly emphatic in his statement, and there does not now seem to be any room for doubt as to the fact that Dodd's Kidney Pills, and nothing else, saved the little boy.

He was so bad that he had Epileptic spells which added him with increasing frequency. He was semi-paralyzed in the right side, and his mind was badly affected.

In their sworn statement, Mr. and Mrs. McBride say:

"The very day we began to use Dodd's Kidney Pills our boy had twenty-seven of these Epileptic spells or fits. In less than a week he ceased having them entirely."

The case has caused a great sensation in the neighborhood. The sworn statements have confirmed the whole story.

CN For Europe at 112.

Our oldest subscriber, Don Rebulino Rivas de los Rios of Chiapas, dropped in the other day to renew his subscription. He has been on our books since 1845, and at the age of 112 is on some to Europe with his third wife and six children.—Tabasco (Mexico) Tegeolum.

PUTNAM FADELESS DYES sell for 10 cents per package.

Wonderful Salt Formations.

Some remarkable salt formations are found extending for thirty miles along the Virginia river in Nevada. The salt forms mountains of crystal, and is so pure and clear that fine print can be read through a foot of it. This region was evidently once occupied by a great salt lake, as close by are some wonderful wells, one of which, 75 feet in diameter, contains water so intensely saline that a person bathing there will float like a cork.

STARLINGS TO FIGHT TICKS.

Insects from South America Have Become a Nuisance in Jamaica.

An interesting experiment in naturalization is now under trial in the country districts of Jamaica, where the plantations first introduced about 24 years ago with cattle from South America have multiplied till they have become an almost intolerable pest.

A number of ordinary English starlings have been introduced into the island, in the hope that they may so far retain their native tastes as to take kindly to the task of destroying these omnipresent and repulsive creatures, which in a comparatively few years have made the forests and pastures of the island almost impossible.

It will be curious to see how the starlings fall in with their introducers' expectations, and how far they succeed in making an impression on the nuisance they are intended to combat.

It is never possible to predict with any certainty how any foreign species, whether animal or vegetable, will get on when suddenly transplanted into wholly new surroundings. — Country Life.

HARD TO BEAR.

J. W. Walls, Superintendent of Streets of Lebanon, Ky., lives on East Main street, in that city, says:

"With my sickly rest broken, owing to irregularities of the kidneys, suffering intensely from severe pains in the small of my back and through the kidneys, and annoyed by painful passages of a normal secretion, life was anything but pleasant for me. No amount of doctoring relieved this condition, and for the reason that nothing seemed to give me even temporary relief I became about discouraged. One day I noticed in the newspapers the case of a man who was afflicted as I was and was cured by the use of Doan's Kidney Pills. His words of praise for this remedy were so sincere that on the strength of his statement I went to the Irish Harrey Drug Co.'s store and got a box. I found that the medicine was equally as powerful a kidney remedy as represented. I experienced quick and lasting relief. Doan's Kidney Pills will prove a blessing to all sufferers from kidney disorders who will give them a fair trial."

A FREE TRIAL of this great kidney medicine, which cured Mr. Walls, will be mailed to any part of the United States on application. Address Foster-Milburn Co., Buffalo, N. Y. For sale by all druggists, price 50 cents per box.

Distribution of Cotton Crop.

The cotton crop of Alabama, Arkansas and South Carolina is about 1,000,000 bales, worth $50 each. Georgia and Mississippi produce 1,450,000 bales, and Texas 2,400,000 bales. More than half the cotton is now produced west of the Mississippi river.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

Argentine Butter.

Argentina exports more than 2,000,000 pounds of butter annually, nearly all of it to Great Britain. It brings 18 cents a pound at the creameries, and the exporter gets an average of 24 cents a pound. Butter from no other country, except Denmark, brings as good a price. The cows are principally Durham grasses.

Stops the Cough and Works off the Cold. Laxative Bromo Quinine Tablets. Druggists refund money if it fails to cure. E. W. Grove's signature is on each box. 25c.

NOVEL TRICK OF SWINDLER.

Whole Trainload of Passengers Were His Victims.

Senator Quay of Pennsylvania was once riding from Cleveland to Toledo on a train in the rear of which were hitched two immigrant cars. At 9 o'clock in the evening a man entered the Pullman car where the senator sat and said:

"Ladies and Gentlemen—A child has just been born in one of the immigrant cars. It's a boy, and though we are in Ohio, I am a Pennsylvanian. As Senator Quay is on the train it is proposed to name the baby Quay Cobelski, and that we all chip in and raise a purse for him."

They chipped. Quay contributed $5, saying he was proud of the honor. The man passed on into the car with $35. An hour later it was learned that no child had been born on the train, and that the fellow had raised $40 and dropped off at a way station.

R. H. OFFICER & CO., ASSAYERS AND CHEMISTS, SALT LAKE CITY, UTAH. Samples by mail receive prompt and correct attention.

UTAH BEDDING AND MFG. CO. COTTON FELT MATTRESS. Best mattress on the world. Better than any Eastern make. Will wear you long enough. Ask your dealer for it. Look for our trade mark. Utah Bedding & M'f'g Co., 34 West and 5th North Sts., Salt Lake City.

CRISMON & NICHOLS ASSAYERS AND CHEMISTS P. O. Box 78. Send for Price List. 219 S. West Temple St., Salt Lake City.

A. RICHTER, Salt Lake City Real Estate. Mine houses rented, mine houses sold through our agency. Have any mine to sell? Place it in our hands. A. RICHTER, 19 N. First South, Salt Lake City.

A Bad Fix. When one wakes up rolling from head to foot, and with the feet tender to the touch, when Soreness and Stiffness [illegible] St. Jacobs Oil [illegible] 25c. and 50c.