

# SING SING CONVICTS REJOICE WHEN OSBORNE IS RESTORED TO THEM



THE WELCOME TO OSBORNE.

[With a parade the prisoners of Sing Sing prison, New York, welcomed Thomas Mott Osborne back as warden. Upper picture shows convicts in mock revival of garb which has been abolished; lower two depict Mr. Osborne receiving degree of "doctor of humanity" from convicts in academic dress.]

## How I Became A Star

By May Allison, the Famous Metro Moving Picture Star

I attribute my rise to stardom in motion pictures to the fact that I have studied my subject incessantly and have applied that study to my work. When I appear before the camera I endeavor with all my will to sink my own individuality into that of the character I am portraying. At these times I am only subconsciously May Allison. I actually feel that I am in reality the person whose characteristics I interpret. With me this is a more or less clearly defined process of what I might term self hypnosis.

But the upward climb has not been along a pathway of roses. Now I can

look back on the struggle and smile. It has not been so difficult for me since I entered motion pictures from the speaking stage as it was for me to succeed in an art where the failures overwhelmingly eclipse the successes. I feel that I may now talk with freedom about those first years fraught with fears and failures; discouragements and shattered hopes. In fiction stars are made over night in real life the battle for recognition takes years.



## All the Family HEALTHY!

Yes, they're all healthy and happy because among other common sense health principles they observe, they breathe fresh air in the home. And they all keep warm and comfortable in the coldest, blustriest weather, too. That's because their home is economically heated with a

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A warm air heating system is just as durable, serviceable, reliable and trouble proof as any modern, high-grade heating system. And it doesn't cost anywhere near as much to install, nor to operate afterward. But this system not only heats but VENTILATES. It forces out vicious germ-laden, poisonous air and constantly replaces it with a steady stream of heated, pure air-delightful to breathe and a million times more healthful.

If you're going to have a new heating plant, you might as well have the best—and the most healthful.

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Come and talk the matter over. Let us draw up a heating plan to suit your own needs. No installation, no charge. No obligation anyway. Come TODAY.

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my mother over, and persuaded her to come to New York with me.

We arrived in the big city absolute strangers to our new surroundings. We looked up several operative booking offices in the telephone book and started on the weary rounds. After many days of fruitless searching for an opera engagement I determined to seek employment on the dramatic stage. When I reached this conclusion I honestly believed that I was doing the drama a favor by descending to take a place in it. But I learned very much to the opposite in a short time. My bump of precociousness was rubbed off in the first two offices I visited. Before that day was over I was told a few things that I shall never in all my life forget. However, I finally managed to secure an engagement at the Henry W. Savage offices. I was given the role of "Vanity," in "Everywoman."

The first few nights taught me that if I would ever become anything more than one of the supporting cast I would have to work. I labored to the best of my ability to make the character "Vanity" live, and my reward came when I was given the part of "Beauty" in the same play.

But deep down in my innermost self I knew that I would never be satisfied with the speaking stage. I also realized this the next year, when I played in the Quaker Girl, and the year after that, when I played ingenue lead in Miss Caprice. This dissatisfaction was rangling me more and more each day when I heard the clear, strong call of motion pictures. The lure was irresistible, compelling, and I succumbed.

As soon as I had posed in my first picture for the Famous Players I knew that I had at last found what was going to be my life work. Gone was the longing to be an operative song bird. That once high hope of mine flew from my mind as soon as I saw the first fifty feet of film in which I appeared.

It is a common saying that the camera does not lie, but I want to say that I did not believe what I saw when the first picture I had posed for was projected on the field of white. Could I have done that, and that? I asked myself, as mannerisms of mine were visualized on the screen

### HIS BACKACHE GONE

Just how dangerous a backache, sore muscles, aching joints or rheumatic pains may be is sometimes realized only when life insurance is refused on account of kidney trouble. Joseph G. Wolf of Green Bay Wisconsin, writes: "Foley Kidney Pills relieved me of a severe backache that had bothered me for several months." Take Foley Kidney Pills for weak lame back and weary sleepless nights. Sold everywhere.—Adv.

Every defect in gesture and posture were thrown back at me by the picture. It was then that I began to study. I determined to remedy the defects my first picture had shown me. In the next production I succeeded only partially. I concentrated on the subject of getting over my personality. My third picture showed improvement, and I was convinced that my specializing in the study of motion picture posing had been responsible for the improvement. For that reason I still keep up my study.

After my third picture I was cast for a pleasant role in David Harum, a Famous Players production, in which William H. Crane was starred. It was during the making of this picture that I was introduced to Mr. Lockwood, my co star in Metro feature pictures. Later I went with the American Mutual, where I played opposite Mr. Lockwood. I believe that I do my best work with him. He seems to have the ability to inspire his coworkers to better efforts by his whole hearted enthusiasm.

My word to those who would gain success on the screen is to be willing to work hard, to study unremittingly and to approach the work with cheerfulness and never failing enthusiasm.

### CONSTIPATION AND INDIGESTION CURED

"I have used Chamberlain's Tablets and must say they are the best I have ever used for constipation and indigestion. My wife also used them for indigestion and they did her good," writes Eugene S. Knight, Wilmington, N. C. Chamberlain's Tablets are mild and gentle in their action. Give them a trial. You are certain to be pleased with the agreeable laxative effect which they produce. Obtainable everywhere.—Adv.

## U. S. Civil Service For Stenographer and Typewriter

The United States Civil Service Commission announces an open competitive examination for stenographer and typewriter, for both men and women, on August 9, 1916, at the places mentioned in the list printed hereon. From the register of eligibles resulting from this examination certification will be made to fill the vacancies as they may occur in this position in the Departmental Service Washington, D. C., unless it is found to be in the interest of the service to fill any vacancy by reinstatement, transfer, or promotion.

The usual entrance salary for this position is \$840 or \$900 a year; a few appointments are made at \$1000 and extremely few at higher salaries. Promotion is reasonably rapid for those whose services prove satisfactory.

Full information in regard to the scope and character of this examination, including sample questions, is contained in Form 1424, "Information for Applicants for Stenographer and Typewriter Examinations."

As the demand for eligibles for this position has recently been greater than the supply, qualified persons are urged to enter this examination.

Age, 18 years or over on the date of the examination.

Under an act of Congress applicants desiring to become eligible for permanent appointment to the apportioned service in Washington, D. C., must be examined in the State or Territory in which they reside and have been actually domiciled in such State or Territory for at least one year previous to the examination; they must have the county officer's certificate in the application form executed, to which a 10 cent internal revenue stamp must be attached.

Eligibles whose bona fide residence is in the District of Columbia will be certified for temporary employment or for employment in the non-apportioned service only.

Applicants must present to the examiner on the day of the examination their photographs, taken within two years, securely pasted in the space provided on the admission card sent them after their applications are filed. Tintypes or proofs will not be accepted.

This examination is open to all citizens of the United States who meet the requirements.

Persons desiring this examination should at once apply for Forms 304 and 1424, stating the title of the examination desired, to the United States Civil Service Commission, Washington, D. C.; the secretary of the United States Civil Service Board post office, Boston, Mass., Philadelphia, Pa., Atlanta, Ga., Cincinnati, O., Chicago, Ill., St. Paul, Minn., Seattle, Washington, San Francisco, Cal.,

# WEEK-END EXCURSIONS

To All Points on the

OGDEN, LOGAN & IDAHO RAILWAY  
SALT LAKE & OGDEN RAILWAY  
ONE AND A THIRD FARES  
FOR ROUND TRIP

Tickets on Sale July 15, 16, 22, 23, 29, 30

Good Returning on Monday Following

SUNDAY EXCURSIONS

ONE FARE FOR ROUND TRIP

Tickets on Sale July 16, 23 and 30

ASK LOCAL AGENTS FOR DETAILS

OGDEN, LOGAN & IDAHO RY. CO.  
TRAFFIC DEPARTMENT

customhouse, New York, New Orleans, La., Honolulu, Hawaii; old customhouse, St. Louis, Mo.; or to the chairman of the Porto Rican Civil Service Commission, San Juan, P. R.

Applications should be properly executed excluding the medical certificate, and filed with the Commission at Washington in time to arrange for the examination at the place selected by the applicant. The exact title of the examination as given at the head of this announcement should be stated in the application form.

### DO IT SATURDAY!

Excursion rates via Oregon Short Line every Saturday. Ogden and return \$2.60; Salt Lake and return \$4.10. Good for return until Mondays.—Adv. 7-31

### DRESSMAKERS ARE BECOMING SPECIALISTS

A writer in the Woman's Home Companion says:

"There was once a young dressmaker of ability who could not get a start in the city of her choice as quickly as she needed it. Driven by her necessities to devise something new, she put out a sign, "Dressmaking for Elderly Ladies," and advertised the same in the local papers, adding the attractive line, Reasonable rates and satisfaction guaranteed.

"In a short time she had more than she could do. When asked about her plan she said:

"There are literally no garments ready made for the very elderly; they do not want the extreme styles, and they do want easy fitting, graceful clothes. Of course their figures are not good, and they have some eccentricities that one must meet with the utmost respect; but I find them usually much less exacting than the younger customers."

### WHERE THE PACIFISTS ARE VERY INCONSISTENT

An article on pacifism by Earle Harrison in the Woman's Home Companion says:

"You are for peace in your own home, aren't you? There is a good Yale lock on your door, and a police man outside to protect the block. You pay for both these safeguards against burglars, because you don't want some prowling burglar to disturb your peace at night. Burglars may come only once in a lifetime, but you take the trouble to lock up the house every night.

War has come three times in the average American's lifetime, but a great, great many of our fellow citizens do not imagine that it is worth while to take any precautions against its coming again. The lock protects the door; the policeman protects the block; national preparedness will protect the nation. It is necessary, we think, to keep off the occasional robber; but it isn't necessary to keep off the more than occasional war."

### NEW EXCURSION RATES

Via Oregon Short Line. Ogden and return \$2.60; Salt Lake and return \$4.10. Tickets on sale every Saturday, good for return until Mondays. Steel cars; elegant roadbed.—Adv. 7-31

### DICTATING MACHINE

One of New York's prominent newspaper editors has devised an interesting as well as ingenious means of utilizing the time spent daily in traveling between his office and residence, according to the August Popular Mechanics Magazine. He has installed a dictating machine in the tonneau of his motor car, and while being driven to the city in the mornings, and returning from it in the evenings, devotes himself to dictation. The dictating machine rests on a cushioned box placed in front of the rear seat where it is within conven-

ient reach. During cold months a furmouse is used, and throughout the rest of the year an open car. The scheme is of significance, for it undoubtedly represents, the first step toward what may eventually be a common time saving practice among big professional and business men.

The CLASS of a theatre is proved by the pictures it shows

Only first class theatres show

# METRO PICTURES and give

