

BORROWED HUSBANDS

By MILDRED K. BARBOUR

HER CLIXVI—AN APOLOGY AND AN ACCEPTANCE. Copyright, 1921, by The Wheeler & Co. (Inc.)

fully and graciously. Her relief was unbounded that Edith had asked no questions, but had accepted Edith Blair's presence in that unconventional scene as conclusive proof that there had been no serious affair between her husband and Nancy.

BEDTIME STORIES

By HOWARD R. GARIS

UNCLE WIGGLY IN THE FOG

(Copyright, 1922, by McClure Newspaper Syndicate)

"Don't be late, now, Uncle Wiggly! Please don't be late!" called Nurse Jane Fuzzy Wuzzy one morning as the bunny rabbit gentleman started to hop away from his hollow stump bungalow.

"Where do you think I'm going, Nurse Jane?" asked Mr. Longears, with a funny little twinkle of his pink nose. "Perhaps you have an idea that I'm going to school, and that if I do not get there on time the lady mouse teacher will keep me in."

"Oh, no!" laughed Nurse Jane. "It wasn't that. I know you aren't going to the hollow stump school. What I meant was, don't be late for supper this evening. I'm going to have a sassafras short cake, and—"

"Say, no more!" cried Jolly Uncle Wiggly. "Sassafras short cake! I'll never be late when you have that for supper! I fancy I can smell it now!" and he sniffed, hungry like, with his pink, twinkling nose.

"Well, see that you aren't late!" cautioned Nurse Jane. And then the bunny gentleman hopped away to have an adventure, and Nurse Jane went into the kitchen of the hollow stump bungalow to make the sassafras short cake.

"Let me see, now," said Mr. Longears, to himself, as he skipped through the woods. "Shall I go to the right or left to find an adventure? And I wonder what sort of adventure I am going to have? I'd like to meet my friend, the white-tailed deerskin."

"Thank you, I'll hop home at once," said the bunny. Away hopped the bunny, but he had not gone very far before, all of a sudden, the white mist came rolling up from the marsh, and soon Uncle Wiggly was compassed about by a white fog, through which he could see only a little way in any direction.

MARY'S KITCHEN

CANNED PINEAPPLE

Watch the market and when pineapples are at their cheapest, order one or two dozen for canning. Sugar is so reasonably priced again that pineapple preserved can be indulged in.

These make delicious winter desserts or can be used with hot biscuits and butter in place of dessert for luncheon.

PINEAPPLE PRESERVES. Pare, pineapple and remove eyes. Cut fruit in neat dice of about one-half inch. Weigh fruit and use pound for pound of sugar and fruit.

PINEAPPLE MARMALADE. Pare and remove eyes from pineapples. Remove from core and weigh. For every pound of fruit use 14 ounces of granulated sugar.

PINEAPPLE CHIPS. Pineapples, pure cane sugar. Pare and remove eyes from pineapples. Cut in thin slices. Drain off juice.

Remove from boiling water and plunge immediately into cold water. Do not let stand in the cold water, but be sure that each piece is covered.

Three cup sugar, 1 1/2 cups water. Mix sugar and water and bring to the boiling point. Skim and boil four minutes.

Remove from boiling water and plunge immediately into cold water. Do not let stand in the cold water, but be sure that each piece is covered.

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YOUR HEALTH

BY DR. R. H. BISHOP.

Do you suffer from sea-sickness? Or, if you've not taken a long water voyage, do you suffer on trains from car-sickness, the twin brother of sea-sickness?

You'll be surprised to learn that the real causes of these two maladies lie in the eyes and ears!

Sea-sickness is usually due to the effect of the long rolls of the waves on the spiral level of the human body.

This spirit level is a peculiar little apparatus which determines your balance. It is located in the internal ear and is a series of semi-circular canals filled with a jelly-like fluid.

The movements of a ship on the surface of the ocean make unaccustomed demands on this organ and you get sea-sick. You can get the same feeling of dizziness to a certain extent by turning around rapidly a number of times.

The same factors apply sometimes in producing car-sickness, though it is oftener the result of a weak stomach or eye strain.

It is a customary thing in riding a car to read or to watch the rapidly shifting scenery. In such cases you are constantly calling on your eyes to change their focus or direction.

Such strain, hardly noticeable ordinarily, becomes decidedly unpleasant and reacts upon the nervous system and frequently affects the stomach in its process of digestion.

Sea-sickness is more pronounced than car-sickness because the irritation is so long-continued. A sea-sick person becomes green and almost transparent in appearance.

After one gets accustomed to the difference in balance, however, he usually becomes immune to further attack of this ailment.

BRUISES-SPRAINS. Alternate applications hot and cold cloths—then apply VICKS VAPORUB. Over 17 Million Jars Used Yearly.



One Shampoo Proves

How the action of Palm and Olive oils transforms your hair

It is interesting to watch the transformation in the appearance of your hair when you shampoo with Palmolive. To discover how glossy and soft it becomes, how fluffy without dryness.

Notice how thoroughly Palmolive cleanses your scalp from all dirt, oil and dandruff. This is the secret of healthy hair. And healthy hair means beauty.

A blend of Palm and Olive oils. The softening effects of olive oil are responsible for the gloss and softness. It produces a mild, penetrating lather which softens and relaxes the scalp and enters each root and hair cell.

The accumulations of dirt and oil are thoroughly removed, not only from the surface but from the tissue of the scalp. Dandruff is penetrated and removed.

Palm oil contributes richness and body to this lather and makes it lasting. Both oils have been famous since Cleopatra's day for their softening, relaxing qualities which no others possess in the same degree.

Prevents dandruff. Dandruff, which doctors call seborrhea and says most hair troubles, is not removed by most shampoos.

The dry, oily scales are impervious to usual cleansing. It only makes them more powdery and flaky so that many people think shampooing makes dandruff worse.

But they must be got rid of some way, if you want to keep your hair. Dandruff packs around the roots and interferes with nutrition. This makes even the normal secretion found on every scalp, dangerous to hair health.

The softening, penetrating lather produced by the blending of palm and olive oils loosens the scales, dislodges them from the scalp. The delicate organism of each hair is free for healthy activity.

If you didn't secure the trial 15-cent bottle, mail the coupon direct and we will gladly mail it. We want you to learn how even one Palmolive shampoo transforms your hair.

PALMOLIVE Shampoo

The Blend of Palm and Olive oils

15c TRIAL BOTTLE FREE. The Palmolive Company, Dept. E-126 Milwaukee, U. S. A.

Please mail the 15-cent trial bottle of Palmolive Shampoo to Name Address

In persistent car-sickness one should have his eyes examined. The muscles of the eyes may be faulty and glasses may be necessary.

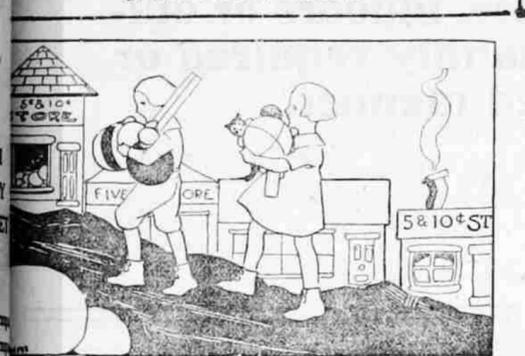
Some underlying factor is usually to blame for car-sickness, but there are a number of perfectly normal, healthy people who just naturally cannot ride in a street car without becoming sick.

Such people will often find that relief may be found in chewing gum or by swallowing a little sodium bicarbonate tablet when riding on a car.

DO YOU EAT ENOUGH GREENS? A man came to a stomach specialist in New York City with a remarkable story of a girl's development and of men's weaknesses. Here is just one incident in it.

ADVENTURES OF THE TWINS

BY OLIVE ROBERTS HANTON



They had quite forgotten about their errand. They well named the "Five-and-Ten-Store Mountain."

Nick had been in about stores and there were dozens to come. Already they had pockets full and their arms and backs were still sore.

More and more stores appeared and the Twins wandered from one to the other like lost babes in the woods.

Stores with white milk stores with chicks, stores with gold fish, stores with everything, were there.

They'd be there yet, no doubt, and Princess Therma would have married to one and died an old maid had not the red feather pen in Nick's pocket played a trick.

It was no use writing messages to the Twins. They wouldn't have paid any attention to them if he had. So when the next dime appeared in Nick's pocket the pen ripped a neat hole and the dime fell out.

Nick's senses came back with a rush and he caught Nancy's hand. "Close your eyes," he commanded in a big brother way.

"I'm going to lead you to the rest of the store," he said. "I'm not going to let you see anything until I can buy an automobile made of pure gold for a cent."

Suddenly a queer thing happened. All the bundles and bags and things the children had bought disappeared into thin air. And all the stores disappeared, too, and the dime in Nancy's pocket.

"It was magic, wasn't it?" gasped the little girl. "Do you expect Twelve Toys did it?"

"Of course," said Nick. (To Be Continued)

LAUNDRY WORK AND HOUSEWORK TOO

Prised to Find Her Feeling So Well. Mass.—"Used to have pains in my back and legs so badly that sometimes I had to be carried to bed by my doctor. It didn't do me much good, so one day after talking with a friend who took Lydia E. Pinkham's Vegetable Compound for about the same troubles I had, I thought I would try it also.

Pimples and boils

—caused by errors of diet

A well-known skin specialist says that pimples are "signal flags of danger" often indicating errors in diet.

Indeed pimples are so frequently associated with faulty habits of eating and improper digestion that the first thing to do is to see that our food is right.

Fresh yeast is a wonderful corrective food for these skin disorders. Fleischmann's Yeast is rich in the elements which improve appetite and digestion and which keep the intestines clean of poisons.

Physicians and hospitals all over the country are recommending Fleischmann's fresh yeast for pimples and boils. It gets right at the basic cause of these complaints.

Eat 2 to 3 cakes of Fleischmann's fresh yeast daily between meals to keep your skin healthy. Besureit's Fleischmann's Yeast—the familiar tin-foil package with the yellow label. Place a standing order with your grocer.

A THOUGHT A DAY

Believing, ye rejoice with joy unspeakable and full of glory.—1 Peter 1:8.

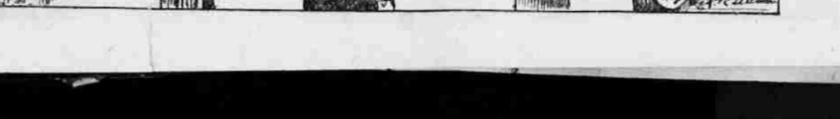
The heart sometimes grows jealous of itself, and is fearful of being glad. We check the signs of returning joyfulness; we keep about us the signs of woe. This must not be. Every impulse of returning happiness is of God.—George Dawson

IF YOU ARE WELL BRED. You will avoid striking your fork or knife against your teeth. You will not hold a forkful or spoonful of food in midair while conversing. You will not use your fingers to push food on your fork or spoon.

SOAP. Don't leave soap standing in even a small trace of water. It dissolves and wastes the soap away.

MAKING THE MOST OF AN OPPORTUNITY

BY ALLMAN



SOAPS OF THE DUFFS

OH THERE'S THAT MISS VANSNIPP THAT KNOCKED ME—SHE SAID WHEN I MARRIED WILBUR THAT I'D PROBABLY STARVE TO DEATH—I'LL SHOW HER SOMETHING!

WHAT IS THE PRICE OF THIS HAT, MISS? SIXTY DOLLARS!

I'LL TAKE IT AND HAVE IT SENT!

JUST CHARGE IT TO MR. WILBUR DUFF DREXEL APARTMENT!

I KNOW I'LL HAVE TO SEND THAT HAT BACK TOMORROW BUT I HAD THE SATISFACTION OF SEEING HER EYES ALMOST POP OUT OF HER HEAD!

Blackheads

indicate your cleansing method is wrong

USE this famous treatment to keep your skin free from blackheads: Each night before retiring apply hot cloths to the face until the skin is reddened. Now with a rough washcloth work up a heavy lather of Woodbury's Facial Soap and rub it into the pores thoroughly with an upward and outward motion.

Rinse with clear, hot water, then with cold. Finish by rubbing your face for 30 seconds with a piece of ice.

Begin this treatment tonight. Within a week or ten days your skin will show a marked improvement. The Andrew Jergens Company. Copyright, 1922, by The Andrew Jergens Co.