

Woman's Page

How to Fight the High Cost of Living

What Constitutes the Fundamental Spirit of a Happy Life—Don't Wait for the Great Moments—How to Cook Summer Vegetables—Clean Kid Gloves Quickly—New Idea for Covering Glass Door.

SMALL THINGS OF LIFE IMPORTANT.

It is in the small things of life that we make or mar its future development. The big things usually take care of themselves. There is so little choice when the great crisis arises. Usually there is no choice but to rise in your might and triumph, to bow and be crushed by the push of events.

It is just here that so many women lose out. They wait for the great moments, and when they come, like great rolling waves, only the most powerful swimmer is fit to do battle. But in life's daily current there is trend, an imperceptible flow, easily caught against if perceived, easily won to one's will if desired. This is the right time for action, or keen vision, for constant vigilance.

The small current making for unhappiness can easily be stemmed if judgment is awake. Not to condemn, not to censure, not to make a martyr of yourself, and not to seek to martyrize others are some of the rocky shoals to be avoided. To go with, to enjoy with, to cooperate with, to share pleasures, and to lighten burdens constitute the fundamental spirit of a happy life.

GREEN PEAS WITH CARROTS

Boil the peas until tender, and when this is going on cook in another vessel enough young carrots from which you have rubbed and scraped the skins to make as much of these as will fit into the pot. Do not dice them until they are boiled tender, and when they are cut turn them with the peas, the latter drained water, into a deep hot vegetable dish. Dress with a tablespoon of butter, sprinkle with pepper and salt, set in the oven for two minutes and send to table. If you wish you may have a little chopped parsley strewn over them.

CREAMED YOUNG BEETS

Do not cut off the bottom root, and leave on an inch or so of the stem above the beet to prevent bleeding. Cook until tender in boiling salted water. Rub the skins off, remove the tops and tails of the beets, and slice them thin. Have ready in a double boiler a cup of cream or one of milk to which you have added a tablespoon of butter and put the beets in this. Rub together a tablespoon

each of flour and butter, stir it into the cream, add pepper, salt, and a teaspoon sugar; simmer until the sauce thickens and serve.

TO QUICKLY CLEAN KID GLOVES

Soak a cloth in gasoline, then shake dry. Rub this over the soiled gloves. Kid retains a disagreeable odor when dipped in gasoline, and this process will do the work if the gloves are not too badly soiled.

TO COVER THE GLASS DOOR

If you have tired of the white curtain at the front door, cover the glass with a paper covering that can be pasted to the glass, and which reflects the same lights as a genuine glass door. Deep ruby, green and yellow papers are best for the purpose.

CREAMED CARROTS

Roll your carrots until tender in salted water, rub off the skin with a rough cloth, cut into inch lengths, and put them into a white sauce which you have made by cooking together a tablespoonful each of butter and flour until they bubble, pouring a cupful of milk upon them and stirring until smooth and thick. Leave the carrots in this for a few minutes, season to taste and serve.

CARROTS WITH BUTTER

Prepare the carrots as directed in the preceding recipe, but instead of serving them in white sauce, dress them with butter, pepper, and salt and a tablespoon of finely minced parsley.

PETER F. MADSEN OF BRIGHAM DEAD

Brigham City, July 17.—Peter F. Madsen, an old-time and highly respected resident of this city, died at his home, First West and First North streets, last night, after two weeks' illness, during which time he was constantly confined to his bed. Mr. Madsen had been a big factor in building up this community and during his early life in this county had held many important public positions. He served as a county commissioner when the courthouse grounds were laid in the early days. He was a member of the first class in telegraphy, which was appointed by then Governor Brigham Young, and later dispatched the first message over the Deseret telegraph

SHE WILL MAKE THE CAPITAL HER HOME.



Miss Alice O'Gorman.

Miss Alice O'Gorman, daughter of Senator and Mrs. James A. O'Gorman of New York, has recently gone to Washington to live. Miss O'Gorman is considered one of the most beautiful and accomplished young women who will take a prominent part in the official social life of Washington during the coming winter.

From this city. This first message was a congratulatory greeting sent by President Lorenzo Snow of this stake in answer to a similar greeting sent to Snow by Brigham Young, marking the opening of the telegraph line used in olden days and known as the Deseret telegraph.

FORM SOCIAL CLUB.

Brigham City, July 17.—During the week two new corporations of the county have filed articles of incorporation with the county clerk of Box Elder county, and one club of this city filed articles of incorporation with the secretary of state.

EBERHART AIDS BOY IMMIGRANT

St. Paul, Minn., July 18.—Thirty-three years ago 9 year old Adolph Olson was detained at Ellis Island, New York harbor, while the immigration officials made sure that his parents were in Nebraska and he had a home to go to.

SOME FATHER-MOTHERS.

It is the male stickleback who builds the nest; then goes out and drives the female in to lay her eggs; then straightway drives her out to prevent her eating them; then puts himself on guard to protect them from their own enemies, until the young shall hatch and be able to swim away by themselves.

RUSSIA LARGEST BUYER FROM U. S.

Washington, July 18.—Russia is the largest purchaser of American agricultural machinery, figures of the bureau of foreign and domestic trade showing that \$10,000,000 worth of such machinery was sent to Russia during the fiscal year just ended, against \$7,000,000 to Germany, and \$3,500,000 to France.

WARNING GIVEN DAIRY FARMERS

The attention of the state dairy and food bureau having been called to the unsanitary methods used in handling milk and cream on farm dairies and to unsanitary care of cream separators, bulletins, warning dairymen of the new regulations under which inspections will be made, were mailed yesterday to Utah dairymen. The bulletin is as follows:

WARNING GIVEN DAIRY FARMERS

"Milk or cream must not be kept or left in the barn. "Cream separators must be kept in a clean milk house or place away from unsanitary surroundings and if found in barns and sheds will be declared to be in unsanitary surround-

STRIKE OF PLUMBERS

Members of the Union at Midgley Shop Try to Force Company to Join Association—Charges of Collusion Made.

Salt Lake, July 18.—As a result of a disagreement with the local plumbers union, seven men formerly employed by the Midgley Bros. Plumbing company are on strike. Members of the firm and officials of the union differ as to cause of the walkout. E. A. Midgley, head of the firm, asserts that the strike was caused in an effort to force him to join the ranks of the Master Steam & Hot Water Fitters association. On the other hand Otto E. Asbridge, business agent for the plumbers union, declares that the Midgley firm has failed to live up to the bylaws of the union and that declaring the shop unfair was the logical result.

A new organization has been formed among the Salt Lake firms with the object of driving out competition. "This organization, known as the Western Steam & Hot Water Fitters association, has an agreement with the journeymen plumbers and steam fitters to the effect that the journeymen will work for no one who does not belong to the association.

PRAY WHILE STORM RAGES

Chicago, July 18.—Methodist campers at the Desplains camp meeting last night experienced several thrills as the result of the severe electrical storm at 7:30 o'clock. The electric lights went out in the big tabernacle and all over the grounds. Water flooded the tents near the gates and loosened the stakes used for the time the safety of the campers was threatened.

REVISION DOWNWARD PASSENGER FARES

Chicago, July 18.—A revision downward of interstate passenger fares has been begun by western and central passenger associations in compliance with an order by the interstate commerce commission that the new rates will be effective May 1, 1914. Passenger officials of the railways entering Chicago last night said it is doubtful if the task of revising the tariffs can be completed within the time limit prescribed by the commission.

MORE ANCIENT.

"They say that chess is the oldest game," remarked an Old Fogey. "Fogey is older than chess," said the Wise Guy.

ANTHRACITE COAL

Place your orders for storage before the raise. Agents for FLARESTA ANTHRACITE the least clinkers. All other kinds of soft coal on hand. Phone 27—John Farr

FISHING TACKLE

PEERY-KNISELY HARDWARE COMPANY 2437 Wash. Ave. Phone 213.

CHEER UP!

Let the TROY do your Wet Wash—3c per pound. Phone 2074.

FIRST NATIONAL BANK

OF OGDEN, UTAH U. S. DEPOSITORY. Capital \$150,000.00 Undivided profits and surplus \$50,000.00 Deposits \$8,500,000.00

PHONE 315

That's the BROWN'S ICE CREAM CO. We Deliver

ings and will be grounds for prosecution. The separator machinery must be thoroughly washed, scalded in boiling water or steam, and inverted and dried in pure air after each separation.

"In many instances, cream is kept for several days before being shipped. Such cream must be kept in a cool place, away from contaminating surroundings, and cooled to such a temperature that the cream can be held as sweet as possible. See that the new cream is cold before mixing with the old. Cool the milk immediately after milking.

"Cream should test at least 35 per cent butter fat. A thinner cream than this is difficult to keep and is unprofitable to both seller and buyer. Dairymen producing milk for market should use the small top milk pail. Ninety per cent of the dirt usually in milk is kept out by the use of the sanitary (small top) pail.

"The cows, stables, cans, utensils, and surroundings must be kept strictly clean. Premises scoring below 50 per cent, according to the United States official score card, are selling dairy products in violation of law."

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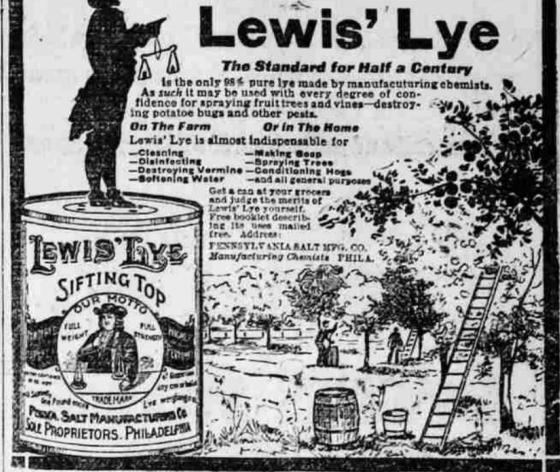
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That's the BROWN'S ICE CREAM CO. We Deliver

Best for Spraying Trees and Vines—

Don't think because Lewis' Lye owes a large share of its wonderful popularity to its value as a hog conditioner, that it has no other important uses on the farm. Fruit growers, gardeners, and farmers have used Lewis' Lye as an insecticide for years—not merely because it is cheaper than paris green or other preparations—but for the simple reason that it is most effective.



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THE MASTER TYPEWRITER

Less Than the Trust Price. More Than the Trust Quality. ELECTRIC SERVICE CO., Agents. Up 24th St. Phone 88.

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That's the BROWN'S ICE CREAM CO. We Deliver

GOING OUT OF BUSINESS

WE MUST VACATE BY AUGUST FIRST

Every hat, plume, feather and flower in this store to be sold at 50 per cent to 75 per cent reduction. Entire stock goes at less than cost.

- Hats that regularly sell for \$10.00, selling out price... \$1.00
- Bargain table filled with hats, values \$3.00 to \$5.00; selling out price... 75c
- Children's hats, your choice... 25c
- French plumes, 30 inches long, sell regularly for \$30.00; sale price... \$15.00
- Other French plumes as low as... \$2.00

The Wonder Millinery

2362 WASHINGTON AVE.

COMMERCIAL NATIONAL BANK

EQUALITY

The Commercial National Bank cordially invites an inspection of its facilities for the handling of banking business, with the assurance of safety and equal and fair treatment to all. Accounts subject to check are solicited.

OGDEN SHOE REPAIRING FACTORY

Men's Sewed Soles... 65c Ladies' Sewed Soles... 50c Rubber Heels (any kind)... 35c Oak Tan Leather Used. All kinds of shoes done while you wait. 323 24th St.

SEWED SOLES 65c