Woman's Page

Four Excellent Tried Recipes—Veal and Tomato Salad—Canned Goods Used When Fresh Is Not to be Had—Mystery Gown Is in Reality as Old as It Is New—Draperies Sometimes Absolutely Shapeless—Plush Made to Represent Fur, Moleskin and Ermine Latest Thing for Street Wear—Street Clothes First Necessity—New Coats Light Weight But Have Heavy Appearance.

CASSEROLE ROAST

One can of roast beef, two carrots, two small potatoes, two tomatoes, two tablespoons of peas, one fourth teaspoon of extract of beef, one green pepper, three onions, salt and pepper to taste.

CHICKEN WITH MUSHROOM SAUCE

Melt four tablespoons of butter in saucepan, add four tablespoons of flour and stir thoroughly. Add gradually two cups of boiling water and continue stirring until perfectly smooth. Then add one can of small button mushrooms drained from their liquor, and one can of chicken broken broken into flakes with a fork. Stir until thoroughly heated, and serve with tea biscuits or toast.

CHICKEN SALAD

One can of boned chicken, and one bunch of celery chopped, one half cup of English walnuts, one small teaspoon of salt, pepper to taste. Mix well, and over the mixture pour mayonnaise dressing made of one cup of vinegar, one half cup of sugar, one teaspoon of mustard, a pinch of salt and pepper. Boil and pour over three well beaten eggs, then put on stove to boil. When cool, pour over the chicken mixture, adding one cup of cream.

BEAN LOAF

To one can of pork and beans add one cup of creamed potatoes, one well beaten egg, and one small onion chopped fine. Season to taste. Form into a loaf, dust with cracker crumbs and bake until nicely browned. Slice and serve either hot or cold with salad dressing.

VEAL AND TOMATO SALAD

Scoop out six ripe tomatoes and put them on ice. To one can of veal loaf add two hard boiled eggs, a coffee cup of chopped celery, a few mint leaves and a dash of pepper. Mix well and fill the tomatoes. Serve with mayonnaise dressing on a lettuce leaf.

PARIS MYSTERY GOWN

The mystery gown holds undisputed sway in the Paris fashion world. Without so much as a moment's warning the great designers have turned their backs on the noisy color schemes that claimed their attention early in the season. Now a vivid shade fairly makes them shudder.

The mystery frock is in reality as old as it is new. It is made by the posing and superposing of fragile materials, one above the other. The Greeks were past masters of this art. The Romans of Nero's days fully realized the charm of mystery and of suppleness. The lovely Roman matrons of those long ago days skillfully posed one vague garment made of transparent tissue on another of like description. Embroideries fell over embroideries, fringes upon fringes. And so by supreme artistic methods a superb ensemble was obtained.

A certain vagueness of outline as well as of material and color characterizes the mystery gown. The draperies are loose and are exaggeratedly picturesque. Sometimes they are absolutely shapeless. For the moment waists in the old fashioned sense simply do not exist at all. Every effort is being made by the smart dressmakers and corsetmakers to give an absolutely "natural line." The bust seems to melt away into the waist and the waist into the hips. A strongly marked curve is considered "ridiculous" and "impossible." This is, of course, the beautiful classic ideal. Long may it be cherished in the heart of the modern woman!

SIMPLE LINES FOR STREET

At all the large establishments they are showing models with overskirts or three-quarter coats that are rippled out to a greater or less degree, according to the taste of the designer, and these are all intended for the street and are made of heavy materials with tailored finish. In direct contradiction to these, however, almost every woman one sees walking abroad who is attired in a suit that is new ,modish, and smart has on a skirt that may be called plain, for it is unadorned by an overskirt nor has the coat the faintest suggestion of crinoline.

These may come later, with the advent of fur for trimming, for this gives a wonderfully softening line to these spreading garments, or all crinoline effects may be kept for dressy uses and fashionable women may decide to keep to simple lines everything intended for the street. This will be something that will be interesting to watch.

As street clothes are the first necessity of the autumn wardrobe, they must be the first things to be considered and written of. Naturally the different materials are what should be thought of first, and this year there are so many to be thought of and such beautiful effects it is a real pleasure to look at them. The variety in ratines, velours, cotton velvets, plushes, and all fabrics that show a soft raised surface is greater than ever before, and these will be worn to the exclusion of all dull or hard surfaced goods.

The latest material of everything intended for the street is a sort of plush which is made to represent fur, baby lamb, moleskin, and ermine, and it promises to have a tremendous vogue all through the winter. The baby lamb and moleskin are, of course, the only practical ones, for the imitation ermine is only used for trimming, but the other two are simply perfect, and they are both lovely. The stuff is light in weight, not nearly so heavy as even the real baby lamb, and so it will be used for coats and skirts, which may be as elaborately fashioned as one wishes and will be comfortable for walking.

The Social Drink

"Have a smile with me?"

"Yes, if you'll make it hot "bouillon." Drop an ARMOUR BOUILLON CUBE in a cup of hot water and you'll have the best "smile" you ever tried.

Refreshing, invigorating, satisfying and stimulating—without reaction.

Grocers, Druggists and Buffets everywhere

For Free Sample, Address Armour and Company, Chicago

Armour's Bouillon Cubes

"The Delightful Mystery"

HESS'

BLUE RIBBON and HOME DELIGHT

5c Quality BREADS 10c Wrapped

Can YOU solve the "delightful mystery" about which all Ogden is talking? Just buy one loaf of either the wrapped or the unwrapped Breads and TASTE THE TASTE. Then you will KNOW the reason other bakers try and try to solve the mystery and duplicate the wonderfully DELICIOUS flavor.

But they can't imitate it. Only Henry G. Hess, the Master Baker, knows the secret.

Ask YOUR Grocer for a loaf TODAY.

THE HESS BAKERY

PHONE 601 2557 GRANT AVENUE

We Deliver Two Times a Day to Dealers

Gold Dust does what *you* can't do for dishes. It digs into the corners and cleanses and sterilizes.

GOLD DUST

cleans everything. Never be without it.

5c and larger packages.

THE N.K. FAIRBANK COMPANY

CHICAGO

"Let the GOLD DUST TWINS do your work"

HAIR DOESN'T DIE—IT HAS TO BE KILLED

Hair often continues to live and grow long after the death of the body. But it is often killed through neglect or misuse. Almost always the woman or man whose hair is falling out, or is stringy, lifeless and dull-looking, is entirely to blame because of not giving it the proper care. It is easy to take care of the hair—easy to make it more beautiful. Use Harmony Hair Beautifier, to make it glossy, soft and silky, and Harmony Shampoo to keep hair and scalp thoroughly clean.

Harmony Hair Beautifier, delightfully perfumed with true rose, is very easy to apply—simply sprinkle a little on your hair each time before brushing it. It contains no oil and will not change the color of the hair, nor darken gray hair.

To keep your hair and scalp dandruff-free and clean, use Harmony Shampoo. This pure liquid shampoo is most convenient to use, giving an instantaneous rich, foaming lather that immediately penetrates to every part of the hair and scalp, insuring a quick and thorough cleansing. It is washed off just as quickly, the entire operation taking only a few moments. Contains nothing that can harm the hair, and leaves no harshness or stickiness—just a sweet cleanliness.

Both preparations come in odd-shaped very ornamental bottles, with sprinkler tops. Harmony Hair Beautifier, $1.00. Harmony Shampoo, 50c. Both guaranteed to satisfy you in every way, or your money back. Sold in this community only at our store—The Rexall Store—one of the more than 7,000 leading drug stores of the United States, Canada and Great Britain, which own the big Harmony laboratories in Boston, where the many celebrated Harmony Perfumes and Toilet Preparations are made. T. H. Carr Drug Co., Ogden, Utah.

WRESTLERS ARE IN GOOD CONDITION

About one more day of hard grinding and Mike Yokel will begin to rest up for the greatest wrestling match that he has ever participated in. He is down to within striking distance of the weight and said yesterday afternoon after his massage that another day or so of wrestling would be about all for him, and after that he would only do enough road work to keep from taking on any weight.

Jordan is already below the weight. He practically took his last mat work yesterday afternoon and last night.

Jordan had intended to lay off yesterday afternoon, but he decided at the last minute that he would take one more hard workout before he began to taper off. His work from now until the match Monday night will consist mostly of road work in the foothills, which is a hobby with him.

Yokel has been regarded one of the most scientific men in the athletic profession, when it comes to making required weight at a specified time. It is said that Yokel knows himself so well and has studied physiology so thoroughly that when he desires to make a certain weight he does so at the required time and that he has never been known to be more than a quarter of a pound under the required weight. This is a great benefit to a man, especially if the weight is at all hard for him to do. In this case Yokel has made the weight without suffering any hardships and he and his friends say that he is a better man right now than ever before in his life, and that he will throw the Greek in short order.

Jordan's friends declare that Yokel will have to win quickly if he hopes to win at all, as they say that if the bout ever goes more than an hour it will be all over but the shouting and that the Greeks will do all of the shouting.

ENGLISH GOLFERS EASY WINNERS

San Francisco, Cal., Oct. 23.—Harry Vardon and Edward Ray, the English golf professionals, playing in the Portola golf tournament, easily defeated their opponents in two eighteen-hole matches over the San Francisco Golf and Country Club course today.

Playing in the morning for the first time over the course, Ray and Vardon defeated the best ball of Frank Garby, Charles Maud and Fred Reilly, the latter the club professional, 4 up 3 to play. The best ball of the Englishmen was 66 par for the course being 69. Vardon's individual score was 68.

In the afternoon Vardon and Ray beat the best ball of Garby, Robin Hayne and Chapin Tubbs, the latter formerly champion of the Yale team, 7 up 5 to play. Ray and Vardon's best ball was 61. Ray's individual score was 66 and Vardon's 70.

WILSON SENDS VOTE

Washington, Oct. 24.—President Wilson sent his first veto to congress yesterday. He disapproved a joint resolution to reinstate Rudolph Unger of Mansfield, Ohio, as a cadet at West Point. Unger, appointed by Representative Sharp, failed in examinations after a strenuous effort to succeed and his friends sought another chance for him.

CHAMPION HEN STILL LAYING

Corvallis, Ore., Oct. 24.—With twenty days yet to go before completing her full year of laying, hen C-521, at the Oregon Agricultural college laid her 285th egg yesterday. The previous world's record of 282 eggs for a full year was achieved only recently by another hen at the same college.

LITTLE TALKS ON BABYOLOGY

By Anna Steese Richardson Babies' Bureau, Woman's Home Companion.

WHAT IS BABYOLOGY?

Do you love babies?

Of course! Everybody does. So you will be interested in what comes next.

During the past six months, American women, leaders in progressive movements for beettering humanity, have brought to the attention of their home-making sisters a new popular science of great value to the family circle.

At first, it was studied by a few mothers who found that it could simplify their daily lives and make them brighter. Then a few physicians who had specialized on ailments of children saw its educational possibilities and began to read, and then to write about it. Health officers and city officials who were fighting sickness and poverty next took it up. Now fully half the women's clubs of the country have included the subject in their programs for 1913-14, and the gospel is spreading from coast to coast.

For lack of more technical terms, we who are interested in the work have coined a word. We call this science "Babyology." It means that branch of scientific study of man which deals simple cleanly, directly and comprehensively with the baby, as the foundation in which is built national health, strength, energy, intelligence and morality. It involves the consideration of every phase of baby's life, physical, mental and moral, from its food and its play, from its cleanliness of its body to the sort of love lavished upon it. A more fascination science from women has never evolved.

"Why," exclaimed a mother, "we have always studied babies!"

As an individual, interested mother, perhaps you have, Lady Mother. The United States as a nation has not. Just think! In one state, where they have a perfect system for registering high-grade hogs and where the State Legislature appropriates thousands every year to stamp out hog cholera, they do not register the birth of babies at all and the Legislature does not appropriate a dollar to stamp out tuberculosis which threatens the lives of its babies.

Even physicians have not placed great importance on the study of babies. They have had their hands full doctoring grown-ups, who might have be healthy adults if properly started in life.

No, after ushering the child into the world and pronouncing it sound, the average physician has turned the baby over to the parents, and under their care it has remained until it developed some acute malady, when the doctor reappeared on the scene. The cure of the malady, not its prevention, has long been the office of the family physician. They do it better in China, where the physicians are paid only so long as the health of the family is good.

The world has also proceeded on the theory that with the birth of the baby was born in the mother some heaven-sent knowledge of how to raise the baby. To be sure she was taught to read and write and cook and sew, but there was no need to teach here how to raise her baby. By some mysterious process, God supplied that knowledge.

That He did not is shown by the fact that twenty-five per cent of the deaths in our country are of children under one year of age.

The possibility for baby life does not lie with the Creator, nor with the mother, but with those whose duty it is to see that every young koman is taught Babyology along with the other "ologies" included in the course of study set fourth in public and private schools.

Another mistaken belief about babies has been that they are born "delicate" or "strong"; and, as they are born, so must they live—that is if they live at all! The delicate baby has been regarded as a dispensation of Province, to be accepted with potience and resignation. Mother trotted it and dosed it by day, and Father walked the floor with it by night, and the neigbors pitied them both. The idea that the poor little tot was born with the right to acquire strength and health was not preached. The thought of calling in science to transform the delicate baby into a strong one is comparatively new. It is part of this wonderful, this new science of Babyology.

And Babyology of the common-sense sort for the common-sense mother is the most important outgrowth of the Better Babies Contests which have been held at State and County Fairs all over the country during the past summer and this fall.

At a Better Babies Contest, the beauty of the baby does not count. Strength, energy, good proportions, intelligence do. Every baby entered in these contests has been examined by a physician, tested by standards of normal, healthy children. And every mother attending these contests has received her first instructions in Babyology. As more than a hundred thousand babies has been examined in these contests since January 1, 1913, by five thousand physicians of recognized standing, Babyology has gotten a mighty good start in American homes. Tens of thousands of mothers have become well acquainted with their own babies through these lessons in Babyology. They have found out why their babies are delicate and how they can be made strong. They have found out why small chests were sunken and how they could be developed, why small stomachs and abdomens were distended and sore and how they could be reduced to normal proportions; Why some babies who cry ought to be smiling instead and how the smiles can be coaxed back. To sum it up, the study of Babyology has taught these mothers that a puny, sickly, fretful baby is not a dispensation of Province but an unnecessary family burden, and a grave reflection on the intelligence of its parents.

As director of the Better Babies Bureau of the Woman's Home Companion, I have attended many of these contests, east, west, north and south. I have conferred with hundreds of parents, discussing babies and Babyology with hundreds of physicians. What these parents and physicians have learned for each other—and from the babies examined—is a basis in which these articles have been prepared.

Mothers who cannot enter babies in contests, mothers who cannot join clubs which are studying Babyology, will find help in these articles, built on the experiences of mothers who have done both. These talks on Babyology, twelve in number, will discuss every phase of baby's experience, from its food to its naps, from its tiny aches and pains to its play. Problems of feeding, bathing, dressing, sleeping, teething, exercising, all the habits of babyhood acquired in the first few years, alas, so often never cast off, will be considered, just as they were seen to come up in these contests.

Babyology has a big splendid object, one throbbing message to give the world. It is Better Babies for the home and the nation. If you have no baby in your home, if you hope some day to have a baby resting against your heart, if you are merely a lover of other people's babies, you will be interested in the science of Babyology. It's the sort of thing you are glad to pass on to your neighbor—your fellow workers.

If you have a problem in raising your baby, some place in these talks on Babyology, it will be solved for you. If you cannot wait for that particular article, then write to me, in care of this paper, and your question woll be answered by the aid of physicians who know babies and believe in the study of Babyology for all mothers.

The next article of the series will deal with the vital problem of feeding the baby.—Woman's Home Companion.

COUNTERFEITER IS PLACED ON TRIAL

New York, Oct. 24.—A truck bearing printing outfit, stamps, dies and other materials used in manufacturing money was wheeled before a jury in federal court yesterday when Ernest A. Muret was placed on trial on a charge of counterfeiting. Muret was indicted on this charge with Hans Schmidt, the German priest who confessed slaying Anna Aumuller. Schmidt is in the Tombs awaiting trial on the murder charge and probably will be a witness in the Muret trial. Schmidt is not likely to be tried under the federal indictment. The Muret jury was completed late yesterday.

WOMAN GETS HEAVY FINE

New York, Oct. 24.—Mrs. Frank Wiberg, of Cincinnati, a niece of General Sherman, was fined $1750 in the United States district court yesterday for having failed to declare dutiable goods on her arrival here on the steamship, Mauretania, September 5.

Vigorous Men and Women are in Demand

If your ambition has left you, your happiness is gone forever unless you take advantage of A. R. McIntyre Drug company's magnificent offer to refund your money if Wendell's Ambition Pills do not put your entire system in fine condition and give you the energy and vigor you have lost.

Be ambitious, be strong, be vigorous. Bring the ruddy glow of health to your cheeks and the right sparkle that denotes perfect manhood and womanhood to your eyes.

Wendell's Ambition Pills, the great nerve tonic, can't be beat for that tired feeling, nervous troubles, poor blood, headaches, neuralgia, restlessness, trembling, nervous prostration, mental depression, loss of appetite and kidney or liver complaints.

In two days you'll feel better. In a week you'll feel fine, and after taking one box you will have your old-time confidence and ambition.

Be sure and get a 50 cent box today and get out of the rut. Remember The McIntyre Drug Co. and dealers everywhere are authorized to guarantee them. Mail orders filled, charges prepaid, by Wendell Pharmacal Co., Syracuse, N. Y.

COTTOLENE CONTAINS NO HOG FAT USE 1/3 LESS

Here is what Marion Harland said in 1906 about

Cottolene

"Many years ago, I discontinued the use of lard in my kitchen and substituted for it, as an experiment, Cottolene, then comparatively a new product. Since my first trial of it I can truly say that it has given complete satisfaction. I honestly believe it to be the very best thing of its kind ever offered to the American housekeeper."

MARION HARLAND.

Cottolene makes biscuits that are tender when they are cold—that is a sure test of a good shortening. Try it yourself. Make the biscuits like this:

BAKING POWDER BISCUITS

2 cups flour, 3 teaspoons baking powder, 1 teaspoon salt, 4 tablespoons Cottolene, 3-4 cup milk. Sift flour, salt and baking powder together; rub in Cottolene; mix lightly and quickly; mixture should not be dry; roll out on board, cut into small biscuits, bake ten to fifteen minutes in hot oven. To make biscuits richer, mix with cream. Whole wheat, graham or rye biscuit may be made in the same way.—Edith L. Clift.

Won't you follow the example of famous cooks and make Cottolene THE fat for all your cooking?

Order a pail from your grocer; also send to us for the valuable FREE Cook Book, HOME HELPS.

THE N.K. FAIRBANK COMPANY CHICAGO

STEAMER WRECKED; ONLY ONE SURVIVOR

Hernosand, Sweden, Oct. 24.—The steamer Westkusten which left Vasa, in the Gulf of Bothnia, Tuesday afternoon in a gale, ran on a reef a few hours later and forty-four persons were drowned. A single survivor was picked up by the steamer Carl Von Linne and landed here last night.

The crew succeeded in launching a boat, but the steamer sank in a few minutes. The boat was swamped.

Several of the crew clung to the rigging, but with one exception all succumbed to the cold and exposure during the night.

SWIMMING CHAMPIONS.

San Francisco, Oct. 24.—The Portola golf tournament was continued today with Harry Vardon and Edward Ray, the English craft professionals, pitted against Jack Neville, Vincent Whitney and Robin Y. Hayne.

Duke Kahanamoku of Honolulu, the world's swimming champion, and stars from various sections of the Pacific coast, will compete tonight in the swimming contests.

"What becomes of disappointed office seekers?"

"A great many of them still devote themselves to the chase and become scalp hunters."

For Sale by GEO. A. LOWE CO.

This New Illustrated Book For Every Reader

CERTIFICATE OF PRESENTATION

THIS $4.00 BOOK

PANAMA AND THE CANAL

PRESENTED BY THE

Ogden Standard, Oct. 24.

AS EXPLAINED BELOW

See the Great Canal in Picture and Prose

Read How You May Have It Almost Free

Cut out the above coupon, and present it at this office with the expense amount herein set opposite the style selected (which covers the items of the cost of packing, express from the factory, checking, clerk hire and other necessary EXPENSE items), and receive your choice of these books:

PANAMA AND THE CANAL In Picture and Prose $4 ILLUSTRATED EDITION

This beautiful big volume is written by Willis J. Abbot, a writer of international renown, and is the acknowledged standard reference work of the great Canal Zone. It is a splendid large book of almost 500 pages, 9x12 inches in size; printed from new type, large and clear, on special paper; bound in tropical red vellum cloth; title stamped in gold, with inlaid color panel; contains more than 600 magnificent illustrations, including beautiful pages reproduced from water color studies in colorings that far surpass any work of a similar character. Call and see this beautiful book that would sell for $4 under usual conditions, but which is presented to our readers for SIX of the above Certificates of consecutive dates, and only the EXPENSE Amount of $1.18

Sent by Mail, Postage Paid, for $1.59 and 6 Certificates

Panama and the Canal $2 OCTAVO EDITION

Regular octavo size; text matter practically the same as the $4 volume; bound in blue vellum cloth; contains only 100 photographic reproductions, and the color plates are omitted. This book would sell at $2 under usual conditions, but is presented to our readers for SIX of the above Certificates of consecutive dates and only the EXPENSE Amount of 48c

Sent by Mail, Postage Paid, for 67 Cents and 6 Certificates