

Woman's Page

7 WAYS To Catch a Man



2. SEX.

Danger! With the sex appeal you can catch almost any kind of a man, good, bad or indifferent.

As the candle flame attracts moths so the women of the sex appeal attracts men. But the wise moths and the wise men flutter away to a safer harbor.

It is the easiest way to get them, but it is the hardest way to hold them.

Even if you marry them, there is danger ahead.

A marriage not based on mutual respect cannot be happy.

The sex appeal does not last.

The girls who try to catch a man this way is very foolish. Men are attracted generally only for a little while and seldom to the point of marriage.

Then she has to catch another and another until her charms are faded and gone.

In the whirlwind of passion, hate and love are closely linked, and frequently exchange places.

If a girl is unskilled in the art of sex attraction she becomes vulgar in the attempt. If skillful the intelligent man is apt to think, "Who taught her all this." His respect for her is dead.

This way is the best way to get candy and flowers, maybe jewels, but the worst way to try to hold a man.



Indian Girl Works Among Own People

Lucy Hunter is V. W. C. A. Secretary to Girl Students in Indian Schools of Oklahoma and New Mexico.

Lucy Hunter, V. W. C. A. secretary to Indian schools in Oklahoma and New Mexico, comes in contact with girls from thirty-five different tribes in her travels from school to school.

She is a full-blooded Winnebago Indian and was born on the Winnebago reservation ninety miles from Omaha, Nebraska.

Miss Hunter has not forgotten her own people since she left the reservation to go to Santate Sioux Mission school, to Hampton Institute and to the National Training school of the Y. W. C. A. When she goes home on visits she insists on talking Winnebago with her parents and the older people that she may not forget it.

She has as her ideal in her work the desire of helping the girls of her race to develop Christian character and to become thorough American citizens. She, herself, is a very wideawake, up-to-date American.

She is very fond of sports and athletics, tennis and horseback riding being her favorite sports. Books and the theatre are her favorite diversions.

Miss Hunter works among Indian girls in Oklahoma and New Mexico because of the larger number of Indians in that section compared to other parts of the union. She feels that her efforts should be directed toward the many instead of the few.

Clubs for Colored Women Show Rapid Growth

The first four clubs to be organized for colored women in industry by the East Central Field committee of the national board of the Young Women's Christian Association were started in Philadelphia three months ago, and the membership is now 360.

The need for larger quarters and more extensive equipment is so pressing that on one occasion recently a dress-making class which met at 18th and Lombard streets, Philadelphia, lifted out the front of the upright piano and used it as a lapboard.

"My greatest need is for chairs," reported the industrial secretary, who is Miss Harriet E. Norris, a colored woman with wide experience among the girls of her own race. "There are 132 members in the Tuesday Night club and many of the girls were forced to sit upon the floor until the field office authorized me to hire chairs, pending orders from national headquarters."

The Frankford Community club has 107 members and meets every Wednesday night at the Industrial Women's Service Center, Bridesburg, Pa. The Monday night club, which meets in West Philadelphia, 507 North 41st street, has a membership of 100. The Thursday night club, that has been newly formed with 20 members, meets in the Reynolds public school, 20th and Jefferson streets, and the Tuesday night club, which meets in Keystone hall, 16th and Lombard streets, accommodates the women in the southern section.

It is probable that the four centers will be housed ultimately in a downtown headquarters, where the work can be expanded to meet the numerous demands. Many of the girls have asked for business courses, others are eager for musical training, and the greatest interest is shown in classes for crochet, dressmaking, millinery, dramatics and shorthand. The stenographic class grew so rapidly that the Tuesday night center that it was necessary to divide the students and procure two instructors.

The girls are enthusiastic about lectures and turned out in full force to attend the social hygiene talks given by women doctors.

This lack of floor space has made it necessary to omit the recreational features from the program, and the only diversion from class work is the music which closes each session.

These clubs represent a pioneer effort to supply education and wholesome amusement for the colored girls who are employed in such industries as tobacco stringing, shirtwaist factories, steam laundries and domestic service.

Miss Norris estimates that there are nearly a thousand colored women in such work. The Vocational Guidance committee, now known as the White Williams Foundation for Girls, has signified a desire to co-operate in the work.

Miss Norris is assisted by eighteen volunteers who are former graduates of the high and normal schools and who act as instructors. She is advised by a volunteer committee of seven.

gaily painted birds, a watering pot, a garden kneeling cushion, a garden apron and hat and cutting shears, also a pruning shears completed the gifts.

The refreshments were especially dainty and characteristic, being ice cream served in tiny flower pots, with grated chocolate and chopped nuts sprinkled over the top to look like earth. The tulip was apparently growing in each pot. And "trees" cake was passed with it. Little doll size watering pots filled with hard candy were the fascinating souvenirs.

Polly said the girl's father was so pleased with what he called "this very sensible shower" that he said he would add a garden umbrella under which the girls could have tea, and the men in the wedding party insisted they would send out rambler roses for the tiny porch, each to be called by his name. Seems to me this idea has endless possibilities not only for brides, but for the many new homes being opened in the country this spring.

All this leads up to a pretty affair which a partying senior class has arranged. Each is going to plant a rose-bush in a plot of ground allotted in the school yard. As just the girls are doing this, it is to be called "the girls' rose garden class of '19."

AS YOUNG AS YOUR KIDNEYS

The secret of youth is ELIMINATION OF POISONS from your body. This done, you can live to be a hundred and enjoy the good things of life with as much "pep" as you did when in the springtime of youth. Keep your body in good condition, that's the secret.

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Bribery Case Before New York Legislature Is On

ALBANY, N. Y., April 11.—Testifying before the judiciary committee of the senate today, Senator George F. Thompson of Niagara said that Richard H. Burke of New York, told him that if he would assist in the passage of the Carson-Martin increased tollage fare bill, he could become governor of the state and that the traction interests would raise in his behalf a campaign fund amounting to \$500,000.

Senator Thompson also told of dining subsequently with former Governor Charles S. Whitman at the St. Regis hotel, New York, at Mr. Whitman's invitation. He said that the former governor told him he had been requested to talk with him by Theodore S. Shonts of the Interborough Rapid Transit Co. Mr. Whitman, he testified, told him he thought he was making a mistake in not supporting the Carson-Martin bill, as it might give him a chance to be governor.

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NOVEL NOTIONS

The favorite trimming for coats and cloaks is and always will be fur. A good deal of novel yarn appears in the fashionable embroideries.

High collars are not in favor. The graceful open throat is preferable.

No matter how tight the undershirt may be the overskirt is fuller than ever.

The easily slipped into, kimono-like wrap seems never to lose its prestige.

Hercules braid is frequently seen as trimming for tailored suits.

Tobacco Habit Dangerous

says Doctor Connor, formerly of Johns Hopkins Hospital. Thousands of men suffering from fatal diseases would be in perfect health today were it not for the deadly drug nicotine. Stop the habit now before it's too late. It's a simple process to rid yourself of the tobacco habit in any form. Just go to any up-to-date drug store and get some Nicotol tablets; take them as directed, and the pernicious habit quickly vanishes. Druggists refund the money if they fail. Be sure to read large and interesting announcement by Doctor Connor soon to appear in this paper. It tells of the dangers of this nicotine poisoning, and how to avoid it. In the meantime try Nicotol tablets; you will be surprised at the result.

Trained Attendants Needed, Says Y.W.C.A.

Nurses are more in demand than ever before and in order to meet the need for training women as attendants so that they may intelligently handle sickness which does not demand the services of a trained nurse, the Ballard School of the Central Branch of the Y. W. C. A. in New York City has had to materially increase its equipment.

In normal times the students average about 40 in a class, largely women who wanted the instruction for their own personal benefit so as to be ready to meet emergencies in their homes or for the purpose of earning their own living. During the war the number of students in each class averaged 150, mostly women from leisure classes who desired to offer their service to the government.

Since 1914 more than 300 women who graduated from the trained attendants course of the Ballard school have been in France.

The students are taught the practical work of nursing in an intensive course of eleven weeks. The school has a complete hospital equipment with artificial and live models for practical and demonstration work.

Lectures are given on physiology, anatomy, theory of nursing, ethics of nursing, emergencies, invalid cooking and bandaging.

The first course was given in 1896. Similar courses are given in the Y. W. C. A. in Brooklyn, St. Louis, Bridgeport and Germantown.

Y. W. C. A. Uniforms

Official uniforms of the Young Women's Christian Association minus the blue triangle, the Association insignia, will be worn next winter by women students who have been stranded in Switzerland during the

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A GARDEN SHOWER

"Have you heard the very newest thing in 'showers'?" asked Polly as she closer her dripping umbrella, having blown in out of one of the proverbial showers due this month. "Well, I have just been to one," and here is what she told me. Of course, the essentials are that the bride to be or the young newly wed must be going to house-keeping where there is a yard, if it is not much larger than a pocket handkerchief, for these diminutive gardens are treated by such intensive, up to date methods that they will raise amply enough for two and some over for the chance guest.

I am told that very happy results are obtained from porch window box gardens, so the shower will be appropriate for most any bride to be.

At this time the guests were asked to wear tub suits and each one brought either a potted plant, a vine, cuttings or slips ready for planting, shrubs, flower seeds or vegetable cuttings or seeds.

A basket for holding cut flowers in the garden, marking sticks topped with

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