FAVORITES ABOUT HELD THEIR OWN

Took Three of the Six Events Decided at Emeryville.

Dolore Won the Opening Scramble at the Spicy Odds of 12 to 1

Zamar II Had a Galloping Exercise. Willie Martin Rode Three Winners Past the Wire.

A large crowd crossed the bay yesterday to witness six very ordinary events decided at Emeryville. The weather was sweltering hot and members of the rheumatic division limbered up nicely, several finishing within the money at good odds. Favorites divided honors, taking three of the purses offered.

Willie Martin easily carried off the saddle honors, getting three of his mounts past the judges first.

Barney Schreiber furnished the favorite for the opening six-furlong dash in Charlemagne which receded from 8 to 5 to twos in the betting. He was messed about considerably during the progress of the running and was beaten out a head by the 12 to 1 shot Dolore, ridden by little Clawson. Doubtful, at 40 to 1, ran a good third carrying 118 pounds.

The brown colt Bliss Rucker, by Salvator, from Iris, scored his third consecutive win in the four and a half furlong scramble, winning in 55 seconds like a real good one. Backed down from 6 to 5 to 7 to 10, Hennessy, who had the mount, waited on Hermoso to the stretch, where he pulled away, winning easily by a length. Pocketed the last furlong Rey Salazar was beaten a neck for the place by Hermoso. Flushington did not run as well as expected, ending a poor fourth.

Dan Honig's last sprinter Zamar II struck a little pigtails and hominy in the third race at six and a half furlongs. Going to the post a 3 to 10 choice he won, pulling up, from Horatio, which was very heavily played for the place. Marty Bergen, astride his horse Taranto, was a close third.

The 5 to 2 favorite Montallade for the mile selling affair that was next decided was beaten out at the wire through "Pepple" Thompson's ineffectual attempt to outfinish Bob Isom astride the 8 to 1 shot Meadow Lark. Down the back stretch Thompson sent the favorite to the front and he led until within a few yards of the wire, where he was collared and beaten out a short head by the Brutus gelding in 1:42¼. Hermanita came fast the last sixteenth, finishing third lapped on the two leaders.

Pat Dunne's recent purchase out of a selling race, the gelding Tulare, landed the fifth event, a six-furlong spin, decided under selling conditions. Backed from threes down to 13 to 5, Willie Martin, who had the mount, laid away during the early stages of the running and cutting loose in the stretch got the decision by a head over Queen Nubia. The favorite, Elsie Smith, was knocked to her knees in the stretch or she might have won.

The green colors of Pat Dunne again flashed first in the final mile selling event. Cabrillo, which receded from 3 to 2 to 9 to 5, made most of the running, and Willie Martin got him over the line winner, a short nose in advance of Addie Buchanan, a 15 to 1 shot. Babe Murphy came fast at the end, taking third place.

NOTES.

Frank Calloway and his horse Quicksilver have been reinstated by the Oakland officials.

W. O'B. Macdonough yesterday disposed of the filly Tiger Lilly to Hugh Henry for $700. She is a fine-looking young miss by St. Carlo from the imported mare Windflower.

The following list of entries and weights were yesterday announced for the entries in the Emeryville handicap, six and a half furlongs, to be decided to-morrow:

Scarborough	110	Victor	118
Double Quick	112	Nebuchadnezzar	105
Bernard	80	Installatrix	92
Mt. McGregor II	118	Nebula	93
Sweet Favordale	112	Summertime	112
Palomacita	95	Caliente	107
Caspar	110	Una Colorado	99
Candelaria	107	McFarlane	80
California	118	Magnet	128
Chenile	97	Zamar II	107
May R	80	Suisun	105
Tempestuous	95	Siv	97
Yankee Doodle	115	Fly	108
Scarf Pin	113	True Blue	105
Trappean	107	Mary K	85
Imp. Miss Brummel	107	Senator Grady	105
Imp. Santa Bella	113	Hard Tack in England	90
Walter J	105	Torsina	109
Lobengula	109	Runnart	124
Sir Play	115	Peril	110
Mamie Scott	95	George Miller	115
Cash Day	126	Bernadillo	107
Cæsarian	122	Alterna	85
Lucky Dog	115	Argentina	112
St. Lee	115	Sea Spray	95
Alvarado	112	Sugar Foot	85
Bellicoso	118	Howard S	113
Dura	80	Gratify	80
Hallelujah	80		

Following are to-day's entries:

First race, three-quarters of a mile, selling.

812 Ezekiel	103	830 Personne	103
830 Torpedo	103	464 Yucatan II	109
744 Mike Rice	111	795 Crawford	114
825 Nic Nac	109	293 Don Garr	114
831 God Bu	114	827 Veva	109
766 Amelia Fonso	109	.... Soledad	114
825 Monitor	111	831 Billy Ayres	114
812 Reel	98		

Second race, half mile, two-year-olds.

818 Roxey Murphy	104	776 Miss Remsen	101
.... P F Finnegan	104	.... Santa Maria	101
838 Torsida	107	822 Fodic	104
667 Sierra Blanca	101	.... P an	104
826 Ray Heath	109	598 Delia M	101
833 Miss Dividend	109	838 Morinel	107
826 Dick	108	819 Tom Spencer	104
8 0 Outlay	104		

Third race, seven-eighths of a mile.

844 Hallelujah	107	836 Fannie S	100
834 Argestes	106	830 Altivo	100
821 Alma	107	818 Russella	107
837 Cheridah	100	836 Red Fork	100
844 Grandezia	107		

Fourth race, one and a quarter miles, selling.

843 Mollie R	110	810 Tuxedo	112
750 Little Bob	112	.... Ko Ko	108
8 2 Leonville	112	235 Major S	108
840 Oakland	112	837 Sooladain	112
808 Lizzie H	106	825 Little Scot	115
820 Carrie C	106	829 Podiga	112
837 Jerome S	115	791 Brilliant	112
717 Dick O'Malley	112	791 Rico	112
791 Hyman	112		

Fifth race, one and a sixteenth miles, selling.

839 Alvarado	102	840 Morte Fonse	105
(801) Fort Augustus	86	(798) Rey del Tierra	88
847 Lobengula	109	831 Logan	111
847 Judge Denny	101		

Sixth race, three-quarters of a mile, selling.

845 Pat Murphy	114	(845) Yemen	114
815 Salisbury I	114	845 Malustay	117
817 Torsina	109	832 Gutta Percha	112
(779) Double Quick	114	516 Quicksilver	117
845 Mohawasa	109	.... Venis	112
845 Howard	114	705 Marionette	109
751 Fly	114		

SELECTIONS FOR TO-DAY.

First race—Amelia Fonso, Mike Rice, Reel.

Second race—Torsida, Outlay, Miss Remsen.

Third race—Russella, Alma, Altivo.

Fourth race—Lizzie H, Oakland, Little Bob.

Fifth race—Rey del Tierra, Lobengula, Monte Fonse.

Sixth race—Yemen, Double Quick, Torsina.

The Palo Alto Annual Sale.

On Tuesday, April 20, the annual sale of trotting and road horses will take place at Palo Alto Stock Farm, the home of the lamented Electioneer. The horses for this sale are the equal of any yet selected for the California market. The stallions represented are: Palo Alto, 2:08¾; Advertiser, 2:15¼; Electricity, 2:17¾; Bernal, 2:17; Paola, 2:18; Amigo, 2:16¾; Hugo, 2:24; Good Gift, Lottery, Whips, 2:27½, and Azmoor, 2:20½. Sons of Electioneer are all represented by a select lot of individuals. The great producers of speed Nutwood, Dexter Prince and other noted stallions have their representatives. The sale will be a remarkable one in every respect.

Trains will leave Fourth and Townsend streets at 9 A. M. Sale will commence immediately upon arrival. Carriages will convey passengers to the farm. A substantial lunch will be served.

The best of all Pills are BEECHAM'S.

THE "CALL" RACING GUIDE.

CALIFORNIA JOCKEY CLUB. Oakland Racetrack, Monday, April 12. Seventieth Day of the Winter Meeting, 1896-97. Weather fine. Track fast.

849. FIRST RACE—Three-quarters of a mile; selling; three-year-olds and upward; purse $350.

Index.	Horse, age, weight.	St.	¼	½	¾	Str.	Fin.	Jockey.	Betting. Op.	Betting. Cl.
744	Dolore, 3 105	4	.....	5 1	3 1	3 ½	1 h	Clawson	8	6
841	Charlemagne, 3 107	7	.....	7 ½	5 ½	4 1	2 ½	Slaughter	8-5	9-5
807	Doubtful, 4 118	8	.....	8 1	6 ½	2 1	3 ½	McHugh	30	40
824	R. Carruthers, 3 110	2	.....	1 2	1 2	1 2	4 1	Jones	8	8
836	Rafaiba, 3 105	9	.....	9 1	7 1	5 ½	5 2	Snider	10	12
805	Roseile, 3 107	3	.....	3 1	4 ½	7 ½	6 1	Fergen	12	12
(791)	Candor, 6 119	5	.....	11	9 1	6	7 2	Bozeman	5	6
831	Two Cheers, 6 121	6	.....	6 1	10	9 ½	8 1	Shaw	8	15
854	Hymn, 6 121	10	.....	13	11	8 ½	9	Lloyd	5	5
812	Halsey, 3 110	11	.....	12	12	12	10	Macklin	50	100
851	Last Chance, 6 121	13	.....	14	14	11	11	Glenn	20	30
861	Hueneme, 5 124	14	.....	2 ½	2 ½	10	12	Shepard	10	15
724	Greenleaf, 3 110	12	.....	4 ½	8 ½	13	13	J. McDonald	50	100
724	Red Will, 5 124	1	.....	10	13	14	14	J. Weber	30	60

Good start. Wo driving. Winner, Pueblo stable's b. g. by Wildidle-Rosette. Time, 1:16¾.

850. SECOND RACE—Nine-sixteenths of a mile; two-year-olds; purse $350.

Index.	Horse, weight.	St.	¼	½	¾	Str.	Fin.	Jockey.	Betting. Op.	Betting. Cl.
(838)	Bliss Rucker 108	1	.....	.....	3 1	2 1	1 1	Hennessy	1	7-10
(814)	Hermoso 108	2	.....	.....	1 1½	1 1	2 ½	Snider	5-2	5
833	Rey Salazar 98	7	.....	.....	4 ½	5 6	3 2	Isom	8	15
826	Flushington 10	4	.....	.....	2 h	3 2	4 10	Jones	5	6
838	Barney Schreiber 105	3	.....	.....	5 1	4 1	5 3	Clawson	8	15
822	Don Luis 101	6	.....	.....	7 3	6 1	6 3	Frawley	30	100
.....	Nick o' Time 101	8	.....	.....	9	10	7 2	Slaughter	8	20
833	Twinkler 101	10	.....	.....	10	8 2	8 1	Thompson	50	60
826	Old Jack 98	5	.....	.....	6 1	7 ½	9 2	J. Shields	50	200
.....	Malka 98	9	.....	.....	8 4	9 2	10	H. Brown	60	100

Good start. Won handily. Winner, Burns & Waterhouse's b. c., by Salvator-Iris. Time, :55.

851. THIRD RACE—Thirteen-sixteenths of a mile; three-year-olds; purse $400.

Index.	Horse, weight.	St.	¼	½	¾	Str.	Fin.	Jockey.	Betting. Op.	Betting. Cl.
469	Zamar II 109	5	.....	1 1	1 ½	2 2	1 ¾	W. Martin	1-4	1-4
844	Horatio 112	4	.....	3 h	2 ½	1 h	2 h	M. Hennessy	5	5
774	Taranto 112	3	.....	4 3	4 4	3 3	3 ½	Bergen	20	30
855	Claudiana 102	6	.....	2 3	3 3	4 5	4 3	Isom	20	40
839	Widow Jones 107	1	.....	5 3	5 5	7 1	5 10	Snider	20	30
824	James Porteus 107	8	.....	7 5	7 3	6 2	6 ½	T. Hennessy	200	200
.....	Rey del Diablo 107	2	.....	6 2	6 h	5 10	7 10	McIntyre	30	60
782	Rafaela 102	7	.....	8	8	8	8	Slaughter	40	80

Good start. Won handily. Winner, D. A. Honig's b. g., by St. Carlo-imp. Royal Bess. Time, 1:22½.

852. FOURTH RACE—One mile; four-year-olds and upward; selling; purse $350.

Index.	Horse, age, weight.	St.	¼	½	¾	Str.	Fin.	Jockey.	Betting. Op	Betting. Cl.
845	Meadow Lark, 5 98	1	1 ½	2 h	2 ½	2 2	1 h	Isom	7-2	4
832	Montallade, 4 94	4	3 h	1 1	1 2	1 3	2 ½	Thompson	3	5-2
841	Hermanita, 5 99	2	5 h	5 ½	5 2	3 1	3 3	Jones	5-2	4
841	Olive, 5 99	3	6 2	6 1	6 ½	5 1	4 h	Slaughter	7-2	6
835	Devault, 4 100	5	2 1	4 1	4 ½	6 1	5 1	J. Shields	9-2	7-2
840	Mary Nieves, 4 95	8	7 ½	7 1	7 h	7 1	6 ½	Ruiz	60	100
829	Leonville, 6 98	7	8	8	8	8	7 1	Clawson	12	25
825	Fannie E, 5 96	8	4 ½	3 1	3 1	4 1	8	H. Brown	50	100
837	Gov. Budd, 4 94	left						Frawley	50	100

Good start. Won driving. Winner, Elmwood farm's br. g. by imp. Brutus-Nabette. Time, 1:42½.

853. FIFTH RACE—Three-quarters of a mile; selling; three-year-olds and upward; purse $300.

Index.	Horse, age, weight.	St.	¼	½	¾	Str.	Fin.	Jockey.	Betting. Op.	Betting. Cl.
830	Tulare, 3 107	7	.....	8 1	8 1	7 ½	1 h	W. Martin	5-2	2
842	Queen Nubia, 3 105	8	.....	6 h	4 1	3 ½	2 3	Clawson	10	10
842	Mercutio, 3 112	5	.....	7 1	7 1	2 ½	3 h	Shaw	15	25
845	Manchester, 5 124	9	.....	9 2	9 1	6 1	4 ½	Snider	6	12
834	Una Colorado, 6 121	10	.....	11	10	8 1	5 1	Bozeman	15	30
820	Midas, 5 124	1	.....	2 h	3 ½	4 1	6 2	Isom	10	30
(824)	Altamera, 3 105	11	.....	10 ½	11	9	7 1	Jones	10	15
836	Cheanile, 3 105	4	.....	5 1	6 ½	10	8 3	Slaughter	7	15
842	Elsie Smith, 3 105	6	.....	4 ½	2 h	5 1	9 10	Hennessy	8-5	9-5
827	Madrone, 5 121	3	.....	3 1	5 ½	11	10 10	Bergen	40	10
756	Emma D. a 119	2	.....	1 2	1 h	1 h	11	Enos	30	40

Good start. Won driving. Winner, P. Dunne's b. g., by Fresno-Sophy. Time, 1:15¼.

854. SIXTH RACE—One mile; selling; four-year-olds and upward; purse $350.

Index.	Horse, age, weight.	St.	¼	½	¾	Str.	Fin.	Jockey.	Betting. Op.	Betting. Cl.
(835)	Cabrillo, 5 110	3	2 ½	1 ½	1 1	1 1	1 h	W. Martin	6-5	8-5
840	Addie Buchnan, 5 94	1	1 ½	3 1	3 1	3 1	2 ½	Slaughter	12	15
(792)	Babe Murphy, 5 96	2	5 ½	6 3	4 h	4 ½	3 4	Clawson	4	5-2
(840)	azard, 4 97	6	8	8	7 2	5 1	4 1	Isom	4	6
(803)	San Marco, 4 100	4	4 h	5 3	6 2	6 1	5 4	Jones	3	3
789	Miss Ruth, 5 96	7	6 2	4 h	2 ½	2 ½	6 10	Reidy	12	30
840	Doyle, 5 98	8	7 1	7 3	8	7 ½	7 20	Thompson	15	30
831	Walter J, 4 100	5	3 2	2 ½	5 h	8	8	H. Brown	30	30

Good start. Won handily. Winner, P. Dunne's b. h., by St. Saviour-imp. Lizzie Hampton. Time, 1:41¾.

MINISTER WU WOULD EDUCATE

He Wants Railroads, Doctors and Newspapers in His Country.

Says the Missionaries and Their Physicians Have Done Much Good to the Poor.

Ho Yow, a Distinguished Cantonese and Brother-in-Law to the Minister, May Be Consul Here.

Wu Ting Fang, the easy speaking, big-brained and large-bodied Minister from China to the United States, who debarked from the Gaelic Sunday with a retinue of sixty-two people, had a lively day yesterday at the Occidental. Attorneys, on what mission nobody knows; preachers, erstwhile teachers among Ting Fang's countrymen: persons imbued apparently with mere idle curiosity, and others of different degrees who were simply hangers-on, besides newspaper men who were there because it was their business, thronged the corriders of the hotel yesterday.

WU TING FANG, the New Chinese Minister to the United States, and the Diamond Button and Beauty Rose by Which He Was Distinguished Yesterday. On the Right Is HO YOW, Who May Be San Francisco's Next Consul. Another Interesting Member of the Party Is the Minister's Wife, Whose Dainty Foot, as Shown in Comparison With an Ordinary 2 1-2 Shoe, Proclaims Her of the Bluest Cantonese Blood.

The Minister received his guests in the parlor, one or two at a time, as the case might be, the others meantime waiting just outside in easy reach of call. Wu Ting Fang wears a big button in the round black cap which covers his head. It is bespangled with diamonds. It must have cost a fortune, for it is exceedingly brilliant. On the lower portion of his left shoulder the Oriental diplomat wore a magnificent American Beauty rose. As it lay against the green background of his robe it looked very beautiful indeed. Evidently the Minister is a man of critical taste.

The statesman was said to be an intense advocate of improvements of different kinds in China. He was reported as having several lads, among them a desire to establish maternity hospitals in his country, to foster athletics and what not.

None of these subjects, however, moved him when they were mentioned. It seemed that he had never thought of them except in a passing way. However, the questions served to call forth his opinions generally as to what should be done for China. He spoke directly to the point, and in a very interesting manner.

"We want newspapers and railroads and many other things," he said, "to open the country as I would have it opened. If I had the power I would build roads throughout the empire, thus making communication easy. The man in Canton would thus become acquainted with the man from Peking, and get familiar with his habits and customs. It would open the eyes of both and do them good. A railroad is a great educator in this way. Newspapers are very good, too. There are different ways of getting an education, and these are some of them.

"I believe in your Western civilization. I think your missionaries and doctors who have established hospitals in different parts of China have done a great deal of good. At the hospitals they take the poor people, no matter whether they have any money or not, and care for them until they get well of their ailments. They certainly do a great work in this way.

"I hope we shall have more physicians from the West, and that our own people will study the science of medicine as it is taught here and in Europe. But our people, while they believe that in surgery you are far ahead of our country, are still slow to adopt the methods prevalent here of treating diseases. Li Hung Chang is a believer in them and when ill takes your medicines as remedies. Even when desperately ill the people hesitate to change from their own methods of treatment to yours."

The Minister was much interested in the making of the modern daily newspaper. He was much suprised that they were published continuously—without a rest, regard for holidays or Sundays—and said he did not see how those who got out the papers could stand such arduous toil. He was also greatly surprised to see young ladies working on the local staff of the papers, and inquired if they were employed in other departments, if they did their work well and what pay they received.

The big people with the Minister comprise the following attaches, who are to be appointed by him to fill various posts under his dominion as chief autocrat at Washington:

Wong Ta Chune, who is from Northern China and who has previously held office in his country.

Chow Chi Yee, also a Northern man and who has hitherto held different offices at home.

Low Chin Yee, a Cantonese and man of large business affairs, who has acquired a fortune and who is interested in the house of Quong Tung Tai at 714 Sacramento street.

Sow Ting, a native of Manchu, where the Emperor was born. He was an attache for a time of the embassy of ex-Minister Yang Yu at Washington.

Chung Hoi Koon of Northern China.

Chang Yunn Tong, a brother of the predecessor of Yang Yu at Washington. This ex-Minister is now a representative of the Emperor at the Queen Victoria's jubilee festival and on his way there.

Ho Yow, a Cantonese, brother-in-law to Minister Wu Ting Fang, and brother of Do Ho Kai, member of the Hongkong Council. Ho Yow was educated in England, after which he devoted several years there to the study of law. It is said that he is the most likely of all the big men with the Minister to receive the appointment of Consul-General of San Francisco. He is a fine looking man, apparently not over 30 years old. If he should be appointed there is reason to believe he would prove an efficient and popular official.

Among the others of the embassy is Li Chang Hsu, nephew of Li Hung Chang and son of the former Viceroy of Canton.

The posts to be filled are: Lima, Peru, one Charge d'Affaires and one Consul; Havana, one Consul-General; New York, one Consul; Madrid, one Charge d'Affaires; San Francisco, one Consul and one Consul-General.

Banqueted the Minister.

Wu Ting Fang, the new Chinese Minister, who is en route to Washington, was tendered a banquet last night by Fung Yung Heng, the local Consul-General. The feast took place at the Yune Fong restaurant on Jackson street, near Dupont, and was a most formal affair under the Chinese custom. Only the suites of the two Oriental dignitaries were invited to attend, making a party of some sixty in all.

NOTORIOUS PICKPOCKET.

Nellie Murphy Arrested Twice Within a Week.

Nellie Murphy, a notorious pickpocket, was arrested early yesterday morning on a charge of grand larceny. George Plum, an employe in the Lick House, met the woman in a saloon on Grant avenue and he says she stole $10 out of his pocket.

Nellie was up before Judge Campbell last Wednesday on a charge of stealing $4 from a baker. The charge was reduced to petty larceny and she was fined $100 with the alternative of 100 days in the County Jail. This time she will probably get a term in San Quentin.

Breakfast Mush in Court.

H. R. Robbins has instituted a suit in the Superior Court against Thomas Smith for encroachment of the trade mark on the milling product known as "Golden State Breakfast Mush." Judgment is asked for $2000 damages, for the seizure and cancellation of spurious labels now in the possession of the defendant and to enjoin him from further dealings in such simulated products.

The fac-simile signature of Chas. H. Fletcher is on every wrapper of CASTORIA.

ARTHUR SEWALL IS IN THE CITY

He Does Not Believe McKinley's Policy Will Bring Prosperity.

Says He Hopes It Will, That His Party Will Put Nothing in the Way.

If Times Do Not Improve Silver Will Be More Than Ever a Question. His Son's Candidacy.

Arthur Sewall, recently the candidate for Vice-President of the United States on the Democratic ticket, arrived here last night on the steamer City of Para and is at the Palace. The distinguished gentleman left his home at Bath, Me., nearly four weeks ago. He sailed to Colon, crossed to Panama, and came by steamer thence.

Mr. Sewall is a large and what would be called a fine-looking man. He has a massive head and an intellectual appearance. His hair is thick and dark, with a faint flecking of gray, while his mustache is beginning to be silvered. He looks the substantial ship-builder and banker. But he is the reverse of austere, being matter-of-fact, unconventional and easily approached. He was asked how he regarded present conditions of the country and its prospects.

"Oh, we do not feel like throwing anything in the way of McKinley," he said, "to interfere with his plans. If he can make a success of them we are satisfied. We hope he will. Prosperity is certainly needed. I do not see anything, however, that indicates good times, and if they do not improve through the present administration the fight will have to be made over again in the same way. Under such circumstances the question of free silver will figure as largely as before.

"I do not see that the remodeling of the tariff is going to help much. The Dingley bill, I believe, is supposed to increase the price of wool, and it may help the growers some, but the bill as a whole will not, in my judgment, accomplish what it is claimed it will do for the country.

"No, I don't know much about the chances of my son, Harold M. Sewall, for the position of United States Minister to Hawaii. He is an applicant for the place, but I have received no advice here about it. It cannot be correct that he was due here a week ago to sail for Hawaii, as has been reported."

HABEAS CORPUS FOR ALICE.

Famous Claimant in the Blythe Case Restrained of Her Liberty.

Alice Edith Dickason-Blythe, one of the claimants to the Blythe estate, went to a home for inebriates a week ago.

J. W. Brahnstad averred yesterday that when she tried to get out the proprietors of the place refused to let her go, alleging that Mr. Varney, her guardian, wished to have her restrained.

After hearing the statement made by Attorney Charles G. Nagle and reading the affidavits in the case Judge Seawell granted a writ of habeas corpus returnable before Judge Dunne of the Superior Court at 10 o'clock this morning.

Dropped Dead.

Adolph Schulte of 174 Jessie street, who had been for some time porter in a saloon on Third street, was on his way yesterday at noon to the City and County Hospital to become an inmate. He was accompanied by a friend named Martin, and when he arrived in front of the gate dropped dead, presumably from heart disease. The deceased was a native of Germany, aged 42 years.

FOOD COFFEE.

PROPER FOOD,

And Not Drugs—The Common-Sense Way.

The failure of ninety-nine men (and women) to do what they want, make money, earn a home or fortune, make a name for themselves, or attain whatever goal they aim at, is due to improper living.

Unnatural food and drink gradually undermine the stomach and the nervous system, and somewhere in the body the trouble shows, which drugs will not heal. It may be dyspepsia, constipation, heart trouble, kidney complaint or lung trouble, or it may show in bad blood, tumors, piles, weak eyes, loss of hearing and head troubles, all these and many more are caused by stomach and nervous disorder, and they cannot exist when stomach and nerves work properly.

Let us seek by natural living to be well and happy. Abuses of the body cannot be helped by medicines unless the abuses stop, and if that is done the person will get well quicker without drugs, in nine cases out of ten.

One of the greatest causes of disease of the present day is found in some things little suspected.

Coffee is one of these "polished villains."

People wonder day after day "what in the world makes me feel so," knowing that the ill feelings slowly add up, until a sure day of reckoning comes in the shape of a spell of sickness, expensive to pocket and always a considerable push down the hill in more ways than one. Yet they don't seem to find where the trouble lies until they quit coffee and tea and go onto a plain diet.

Thousands are learning these facts, and it was to help such as find it about impossible to get on without coffee that careful experimenters worked nearly a twelve-month to produce Postum Cereal, a beverage with the color, pungency and piquant flavor of coffee, but composed of the pure grains of the field (wheat, etc.). It can be used freely by adults and children, as it is simply the juices of the cereals and is a perfect food-drink, while in taste and appearance it is coffee.

It is scientifically prepared by the Postum Cereal Co., Lim., of Battle Creek, Mich., and is not as strong and acrid as very strong and low-grade coffee, but ranks in flavor and color with the fine mellow grades of the high-priced Mocha and Java and creams to the clear golden brown so greatly liked by connoisseurs. A few days' use makes one very fond of the delicious, nourishing cup of Postum, and the old ill-feelings of body gradually disappear. Why? it is asked. Your chemist will tell you that it is now clearly shown by analysis that the same poisonous alkaloids exist in coffee as in morphine, whisky, tobacco and strychnine, and the daily doses directly attack stomach, heart, liver and nerves. These facts make plain the reason for so many serious attacks on the body from a hitherto unsuspected quarter. It's the knife in the dark that kills, but science has thrown light on this subject, and one can now have the satisfaction at least of knowing what it is that hurts.

There is but one genuine original Postum Cereal coffee, with a multitude of imitations offered as "just as good."

NOTARY PUBLIC.

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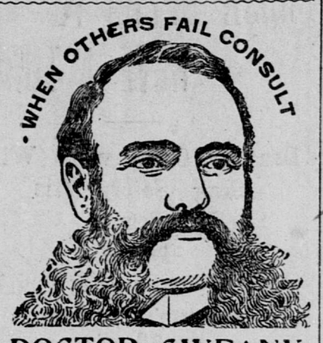

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