

BOUNDED LINE
MILITARY DICTATORS OF CENTRAL AMERICA REGARD RAILROAD AS DRAWBRIDGE OVER MOTE

INTERSTATE RAILWAYS ARE AGAINST POLICY OF LITTLE NATIONS BECAUSE OF RIVALRY

TRAVEIER HAS TO RELY LARGELY ON SPECIAL TRAINS WITH LONG EARS AND FOUR FEET

By Frederick Palmer

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Now and then an account of the Pan-American railroad, with such appealing pictures that through tourist sleepers the Panama seem in prospect for the coming winter, appears in some magazines. These articles make the American in Central America grin, especially when the rains churn the roadbeds into soup and wash the bridges away.

BUILDING DONE BY AMERICANS

Almost without exception, all the railroad building has been done by Americans. The Central American lines were to take the products of the uplands to the sea. While in Mexico the general direction of all the lines is north and south along the valleys and the plateau, in Central America it is transcontinental, from Atlantic to Pacific. Honduras has a total of 57 miles of railroad; Costa Rica, excepting the banana line, 294 miles; Nicaragua, 180 miles; Salvador, 109 miles; Guatemala, 415 miles.

KILLS ONE LINE

The cost of the 200 miles of line, finished so long after it was projected, was \$1,000,000. The great English firm of contractors, were the builders and leading spirits of an enterprise—but themselves well cared for by the government, which Mexico hoped to use the Pan-American for an enormous traffic between the two oceans, which would otherwise go by the straits of Magellan.

24-Hour "Habit" All Important

"Although it is one of the simplest things in the world to cure even the worst case of chronic constipation, yet nearly every other man and woman you meet is positively so stopped up that he or she cannot get a thing out of his or her bowels. To get the habit every 24 hours regularly works wonders. By the habit I don't mean the cathartic habit, but I mean that natural, easy move that every one ought to have without being obliged to rush for the pill box every night.

Must Quit Pill Habit

"You young and middle aged men and women who eat and drink everything you like, and you old men and women who are addicted to pill eating to keep your bowels moving, you do not realize that there would not be one hundredth part of the disease on earth, if everybody's bowels were absolutely regular.

Cathartics Can't Cure Constipation

"It is true that cathartics slip out the bowels clean, but they also slip out the vitality. Nature has put in every good bowel to make it work easy and light. When this natural lubricating fluid is cleaned out, your bowels become mere dead pipes. Then you get a bad case of constipation and thus are swallowed to do the moving. This goes on, over and over again, and this is why so many are constipated.

How You Can Stop Constipation Forever

"If you will do as I say you can get rid of your constipation right now and forget about it ever after.

Railroads of Central America Are Built by Citizens of United States

President Diaz' railroad town which will be killed by the Panama canal and type of American construction.



Salina Cruz, the Dainty of Mexico.

one going into a river with my trunk. But I was in the fortunate company of Senor Peralta, who once played football on the University of Pennsylvania team. He seemed to know everybody along the road. With no cessation to the downpour—from which a rubber poncho was little protection—we lapsed more miles from a field and went on.

"Filling it so it will dry," he remarked philosophically, "it will be running for three months. You have to take things as they come in this country. I'm from Maine. We used to be snowbound there. Here it's rain-bound."

AMERICAN ENGINEERING IN GUATEMALA

American states ever join in the project, Cuba and Costa Rica have, in cessation of modern progress, as Porto Rico, Cuba and Costa Rica have, it will be highly profitable.

At the same time, no grace was offered to the American contractor—he looked forward to an overwhelmingly busy dry season—who had agreed to complete the connecting section of 17 miles in 16 months. Then you may cross Costa Rica all the way by rail. This will make the fourth transcontinental line south of the United States. Mexico has a line across the Isthmus of Tehuantepec, into which she has poured money and ambition.

AMERICAN CANAL

At either terminus, Coatzacoacoals on the gulf of Mexico and Salina Cruz on the Pacific, magnificent port works, in view of rivers, have been built. Those at Salina Cruz alone cost more millions than Mexican statesmen like to confess. The laborers having departed, no tonnage consequences remain. With the tide already filling the entrance with sand, the breakwater must be carried still farther out at further expense.

Most Diseases Caused by Constipation

"It goes to the brain naturally, and to every part of the body every organ being fed on this polluted blood or sewage. It goes to your face in the form of pimple-poison and breaks out on the skin. It goes to your head and gives you headache and dizziness. It goes to your brain and makes you drowsy. It weakens the stomach and causes dyspepsia and bad breath. It goes to the liver and causes biliousness. It goes to the kidneys and eventually gives rise to Bright's Disease. It goes to the heart and makes it thump. It goes to the eyes and robs them of their lustre. It makes you nervous, flaggy and weak and out-of-sorts, and this is the advance agent of all kinds of disease, which you could not get at all if there were pure, rich, red blood flowing in your veins and your whole body was in prime condition.

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GERMAN ISLANDS RICH IN MINERALS

Dense Growth, Fever and Fierce Natives Retard Investigations in New Guinea

Vice Consul Translates Article Appearing in German Paper in China

WASHINGTON, March 13.—The following translation made by Vice Consul Ernest Vollmer of Tientsin is from an article appearing recently in a German paper published in China.

"A dense tropical growth over the entire land, great danger from fevers and the unusual ferocity of the natives have greatly retarded the geological investigations in both German and British New Guinea. For these reasons comparatively little is known of the country. It is known that gold is being obtained in British New Guinea since 1894 on the Mambare river. In 1901 and 1902 the New Guinea company sent expeditions into the Ramu and Huong gulf concessions. All of the rivers along the eastern border near British territory to Cape Longueux showed gold, being the Waria, Wivro, Morope, Paljavo and Majama. The Waria is considered very rich in its headwaters, judging from the amount of fine gold in its lower course, but the rich upper part is in British territory.

"Native copper of unusual purity is found in a basalt ridge along the Kabanau and deserves careful prospecting. Coal, found while building a road along the Ramu, was assayed in Berlin, its heating and steaming qualities being like that of gas coal from the German Bockum field.

"When it is further considered that platinum has been found in gray-black basalt along the Kabanau in a proportion of 42 grains (1.35 ounces, troy weight) to the ton, and that samples of other lots from the same region have shown promising percentages, and that iron is found in the same region, it may be hoped that some enterprising parties

will soon thoroughly investigate the country. Huong gulf concession has recently been canceled and the regions west of Cape Arkona have been reserved by the government for prospecting and mining.

ELECTROPODES
COPPER PLATE POSITIVE
ZINC PLATE NEGATIVE
CURE WHERE DRUGS FAIL
Rheumatism, Neuralgia, Headache, Backache, Sleeplessness, Lumbago.
Electropodes sell at \$1.00 a pair and your druggist will give you a written contract, guaranteeing to refund the purchase price after 30 days trial, if a cure is not effected.
STOMACH, LIVER AND KIDNEY TROUBLES, CURED—OR MONEY REFUNDED.
Electropodes are metal insoles, worn in the heels of the shoes. One is a "negative" and one a "positive" plate. The body becomes the battery—the nerves the connecting wires—feeding the blood and tissues of the body a soothing flow of electricity, which builds up the entire system.
Ask your druggist about "Electropodes"—and if he cannot supply them, get him to order a pair for you from the
COFFIN, REDINGTON COMPANY,
Wholesale Distributors, San Francisco.

How To Cure Constipation Without Pills Or Medicines

For The Benefit Of Our Readers, We Are Pleased to Publish Prof. Midgley's Wonderful, Clean, Straight Talk On The Folly Of Using Drugs To Cure Constipation.

"Jackson, Old Boy, You're Looking Fine"
Mr. F. G. Jackson, Mining Engineer of the American Flag Quartz mine at Comptonville, Calif., says: "Prof. T. H. Midgley, Dear Sir: I took your advice, which has gained 10 pounds in weight and my friends remark as I

The Opportunity of a Lifetime
This method offers the greatest opportunity to be cured of chronic constipation that you have ever had come to your notice. If you will follow the array of letters that are received daily by this benefactor of mankind. These

chronic constipation for 10 years. I tried every cathartic on the market in vain. Doctors could do nothing and death seemed near. By following your advice I cured myself permanently in just one month."

Doctors Admit "Drug Sh."
The Chief Clerk of the Pennsylvania Railroad Company, located at New Brunswick, N. J., says: "I have suffered from chronic constipation for the last six years, taking most all of the pills and potions I ever heard of. At one time I became so bad I decided to give up my position with the railroad, as I felt my days were numbered. "One physician told me that he as well as others was powerless to cure constipation with drugs, saying that the purgatives inflame the bowels and eventually paralyze them. I followed Prof. Midgley's book and follow his advice. He is known all over the country as the "Constipation Wizard." I cured myself in one month. His advice is so simple that it has been said by a great many to be a positive pleasure to adapt the "Midgley Way" of getting cured RIGHT AT HOME. His advice to you will be worth hundreds of dollars and you will have saved years of misery, had health and happiness for the rest of your life."



Constipation and Piles will ruin your health. Pills, Powders, or Potions will aid them in their work. The "Midgley Way" will permanently cure you in your own home. Send the coupon to-day and see how it is done.

strengthening effect on the entire digestive system. This wonderful Pimento Fruit is as pleasant to the taste as oranges, and I supply it in a concentrated form from which all harmful acids are eliminated, so that it not only sharpens the appetite, but helps to digest starchy foods and thus prevents the formation of gas in the stomach and bowels—but I can not go into details here.

"I am willing to tell any one, who will take the trouble to ask me, just exactly how to use this simple method, and how to be cured right at home, so that it will no longer be necessary to dose with any kinds of harmful drugs and acids. I have published a book which contains this Midgley Method in detail; and as it would be impossible to tell you in this brief space what it contains I will send this book to any man or woman who is interested enough in cure to send me the few postage stamps so as to pay the bare cost of sending it."

For the benefit of our readers we have taken the trouble to pick out at random a few of these letters and publish them. For instance, Mr. F. G. Jackson, who had almost become a mere skeleton and had suffered for 10 years, cured himself in a few days by the "Midgley Way."

Had Tried Every Kind of Medicine.
Miss Ella Cea, of Boone, Ia., says: "I have been a constant sufferer from that dread disease, constipation, all my life, and had tried every kind of medicine and had consulted many different doctors, but none proved successful. At last I concluded to give Prof. Midgley's drugless treatment a trial. I did so and at the end of one month was entirely cured. My general health grew better and at present am in the best of health. Can say it is a wonderful cure and a help to any one suffering as I was."

Was Near Death
Thos. Needham, 1528 S. 44th Ave., Chicago, says: "I suffered from chronic constipation for 10 years to no good. Your advice has proved marvelous. I was almost a skeleton, and now I feel as young and hearty as I did 20 years ago. I thank God and Prof. T. H. Midgley."

How to Get the Advice
All you have to do is to cut out the coupon, fill in your name and address on the blank lines, and send it to Prof. T. H. Midgley, 2137 Midgley Block, Kalamazoo, Mich. He will return to you his 60 page illustrated book explaining how you can be cured of chronic constipation RIGHT AT HOME, the "Midgley Way" without medicine. He will also send you by letter his expert advice upon any point relating to constipation on which you may ask for information. Mail the coupon today.

Fill Out This Coupon and Mail Today
Fill in your name and address on dotted lines below and mail to Prof. T. H. Midgley, 2137 Midgley Block, Kalamazoo, Mich., and by return mail he will send you his 60 page illustrated book explaining his simple way of curing constipation permanently without medicines. Write plainly.
Name.....
Street.....
City.....State.....