

# The Food Value of a Soda Cracker

You have heard that some foods furnish fat, other foods make muscle, and still others are tissue building and heat forming.

You know that most foods have one or more of these elements, but do you know that no food contains them all in such properly balanced proportions as a good soda cracker?

The United States Government report shows that soda crackers contain less water, are richer in the muscle and fat elements, and have a much higher per cent of the tissue building and heat forming properties than any article of food made from flour.

That is why **Uneda Biscuit** should form an important part of every meal. They represent the superlative of the soda cracker, all their goodness and nourishment being brought from the oven to you in a package that is proof against air, moisture and dust—the price being too small to mention.



NATIONAL BISCUIT COMPANY

## NEAR 200 MARK

ENROLLMENTS IN THE WAPELLO COUNTY NORMAL INSTITUTE LACK BUT FIVE.

Teachers of public and country schools, graduates of the Ottumwa high school and other schools to the number of 135 are this afternoon attending the second days' session of the Wapello county normal institute in the high school building. The 195th enrollment was made before 1:30 o'clock this afternoon, just previous to the beginning of the session. Superintendent Emma Nye is very much gratified with the number of students thus far enrolled and confidently expects this year's normal to be an unusually successful one.

The complete enrollment up to 1:30 o'clock this afternoon is as follows:

- Ottumwa.**  
Edna Jones, Julia Shuckrow, Winifred Melick, Ella M. Gaylord, Ruth Smith, Myrtle Day, Amy Melcher, Anne Milburn, Mary Phelps, Dora B. Hendricks, Inez C. Truitt, Jennie C. Marzanga, Grace Elam, Rose Erbacher, Elizabeth Sampson, Mary Whalen, Leola Ellis, Eva Bowles, Gertrude Vander Veer, Anna Wilson, Helen Harlan, Ada Lindquist, Jostie Empe, Dora M. Criswell, Iva Hurless, Kate Genochio, Alice Peterson, Margaret Seymour, Pearl Tout, Mary L. Seymour, Bertha Lowenberg, Irene Dimmitt, Theresa Hildreth, Lily Grube, Katie Rhoades, Hettie Hills, Nina Cook, Claudine Sallee, Julia Reardon, Myra Griswold, Ora Birney, Bessie Berry, Rosa Riley, Gertrude Besson, Statta Feehan, Florence Dargrett, Ethel Elliot, Alma E. Glew, Julia Mahoney, Kathryn Mahoney, Ada Corthon, Mrs. N. Chambers, Nettie Russell, Lena Freitag, Selma Olson, Ruth Hendrix, Cora Child, Mary Brady, Florence Harper, Martha Berry, Fannie L. Gaylord, Helen Barnes, Agnes Fay, Alice Hoaglund, Elizabeth Price, Pauline Brockenburgh, Helen Garvin, Beulah Norfolk, Catherine Schwartz, Mary Harlan, Lizzie Lewman, Maud Lewis, Moses Mincks, Nellie Farmer, Grace Evans, Mary Brady, Maggie Brady, Bessie Gillett, Ina Hendrick, Ella Alfred, Mabel Johnson, Edith Tullis, Theokla Estergreen, Mae Slater, Theresa Payne, Pearl Rollson, Lois Baker, Maud O'Brien, Clara Allen, Bessie Chisman, Lena Nelson, Bessie Pierce, Grace Caughlin, Lorene Caine, Grace Kitto, Genevieve Daly, Grace Findlay, Annie Peters, Faye Dorothy, Gertrude Lynch, Margaret Curry, Margaret Tierney, Vera Armstrong, Rosa Staebler, Clara Day, Bonnie Prosser, Mary Isherwood, Anna Fitzgerald, Elizabeth Fitzgerald, Carolyn Smith, Jessie Epps, Florence Walker, Sadie Dailley, Lula Amack, Lucy Evans, Pauline Hughes, Mary McCune, Marie Van de Ven, Ella Harlan, Anna Krafka, Iva Manro, Cecelia Van Gent, Alma Lowenberg, Malinda McDermott, Dora Beeler, Amy O'Malley, Clara Goltry, Hattie Menge, Lena Dimmitt, Ada Brawley, Edith Brown, Clarissa Porter, Rosetta Kline, Kate Kline, Grace Miller, Beauford, Williams, Marie Lerche, Etta Whipple, Elizabeth Sweeney, Elizabeth Bowles, Nellie Langford, Stella Cheek, Alice McGowan, Clara Enoch, Hannah Pierson, Agnes Arganbright, Fannie Lynch, Clara Noland, Lucy Warden, Mrs. Rosamond Wright, Mrs. Elizabeth Burgess, Stella Urey, Beulah Picken.
- Highland Center.**  
Alice Summer, Luella Bowlin, Hedrick, Minnie Larmore, Mamie Robert, Elsie Reinler, H. T. Larmon, Louise Herman, Jessie Speirs.
- Chillicothe.**  
Gertrude Pierson, Edith Pierson, Celia Rowland, Anna Rowland, Eddyville.
- J. O. McLoney.** Gertrude Carnes, Mrs. Georgia Boyd, Hazel Ogden, Eidon.
- Ruth Roberts, Blanche McCafferty, Kline Tibbetts.** Faron.
- Madie Shaw.** Agenoy.
- Fern Harman, Edna M. Peck, Hazel Clayton, Neva Parks, Clara Goltry, Hattie Myrtle McCombs, Pearl Fair.** Dahlonoga.
- Elma Willard.** Blakesburg.
- Clara Peterson, Wm. La Follette, Mabel Upps, Dora Finney, Bessie Odenbaugh, Nola Odenbaugh, Verne Thomas.** Batavia.
- Goldie Larret, Josephine Murray, Dudley.** Kirkville.
- Edward Stodghill.** Gladys Shaw.

## SPECIAL BARGAINS FOR FRIDAY AND SATURDAY AT FRIEDMAN'S

- Summer Dress Goods.**  
25c quality of dark, colored Voiles in blue and brown, Friday and Saturday, 19c  
25c and 35c quality Egyptian Tissues and fine colored Batisse, Friday and Saturday, 15c  
15c and 18c colored and plain Voiles, Friday and Saturday, 12c  
25c quality of Floral Organdies 32 inches wide, Friday and Saturday, 15c  
25c quality of All Linen Suits in green brown and blue, Friday and Saturday, 19c only  
6c quality India Linen, Friday and Saturday, 4c  
10c quality India Linen, Friday and Saturday, 7c  
25c quality of Silk Mulls, Friday and Saturday, 15c
- Ladies' Petticoats and Waists,**  
\$1.25 values in Ladies' black Mercerized Petticoats, in blue, brown and Shepherd Plaids, Friday and Saturday, 98c  
\$2.25 values of Ladies' White Wash Silk Waists, Friday and Saturday, 1.98  
\$2.25 values of Ladies' Dotted Swiss Waists, Friday and Saturday, 1.98  
\$1.75 values of Ladies' White Mercerized Waists, Friday and Saturday, 1.49  
\$1.25 values of Ladies' black Lawn Waists, Friday and Saturday, 98c  
50c values of Ladies' Waists, all colors, Friday and Saturday, 39c
- Domestics.**  
5c Apron Check Gingham, Friday and Saturday, 3c  
7c Bookfold Dress Percales, all colors, Friday and Saturday, 5c  
6c Unbleached Muslin, 1 yard wide, Friday and Saturday, 4c  
5c dark colored Prints, Friday and Saturday, 4c  
7c Russian Crash, Friday and Saturday, 5c  
12c and 15c Curtain Swisses, Friday and Saturday, 10c
- 5c Scotch Lawns, Friday and Saturday, a yard, 3c  
7c Turkish Towels, Friday and Saturday, each, 5c  
12c Turkish Towels, Friday and Saturday, each, 10c
- Silk Ribbons.**  
15c Silk Ribbon, 3 1/2 inches wide, Friday and Saturday, a yard, 10c  
12c Silk Ribbon, 3 1/4 inches wide, Friday and Saturday, a yard, 7c  
8c and 10c Silk Ribbon, Nos. 12 and 16, Friday and Saturday, a yard, 5c  
5c and 7c Silk Ribbon, Nos. 5 and 7, Friday and Saturday, a yard, 3c
- Waist and Dress Silks**  
\$1.25 value of 36 inch Black Taffeta Silk, Friday and Saturday, yd, 98c  
98c value of 27 inch Black Taffeta Silk, Friday and Saturday, a yard, 79c  
75c value of 24 inch Foulard Silks, Friday and Saturday, a yard, 49c  
50c value of 19 inch Ki Ki Wash Silks, Friday and Saturday, a yard, 29c
- Ladies' Ready to Wear Goods.**  
\$4.50 values Ladies' white Wash Suits, made of India Linen, Plaited Skirts, Leg o'Mutton sleeves, Skirt and Waist trimmed with inlaid embroidery, Friday and Saturday, 2.98 a yard.  
\$3 value Ladies' Percale Wash Suits, made extra full with plaited skirt and Leg o'Mutton sleeves, Friday and Saturday, 1.75  
\$5.00 value of Ladies' Mercerized Wash Suits, the Latest Styles, in blue, brown and black, Friday and Saturday, 3.75  
\$5.00 values Ladies' Round length Skirt in plain colors, and Fancy Mixtures, Friday and Saturday, 3.95  
\$7.00 values in Ladies' Knife plaited Skirts in Mohair or Panama Cloth, all colors, Friday and Saturday, 4.95  
Ladies' Silk Coats in long and short Box Styles, also Redingote styles in red, blue, black and brown, from \$3.98 to \$20

## N. FRIEDMAN CORNER COURT AND MAIN.

### To Our Farmer Friend.

Is it the price and weights that you take in consideration that makes you a customer at a store or do you trade with such and such a store just because you are an acquaintance or friend of their's?  
If its good prices for your Produce and correct weights that are of interest to you, you will hunt for this store because we guarantee satisfaction. Flour from \$1.40 to \$1.70 a sack. 15 lbs Granulated Sugar, \$1.00. Bulk Coffee, none better in town, a pound, 15c. Be sure and look us up, we can do you good.

### Swenson & Culbertson. 702 Church Street.

### Combination Sale

I will offer for sale at the late residence of C. A. Box, 3 miles east of Unionville, Iowa, on June 27, 1905, the following property: One bay mare, one sorrel mare, one cow, one buggy, one set single harness and one Stormberg telephone. Sale to commence at 10 o'clock a. m. Terms cash. A. Hicks, Administratrix.  
By the undersigned at same time and place, 1 black mare, 1 black horse, 2 cows and calves, 2 hogs, 1 wagon, 1 set double harness, 1 cultivator, 2 turning plows, 1 telephone, hay, household goods and kitchen furniture. Terms—All sums under \$5, cash \$5, and over nine months time with approved note, 6 per cent discount for cash. To draw 8 per cent if not paid when due. Elsie M. Box, E. G. Swain, Auctioneer.



Buy your Outing Clothes here. We'll save you money, and give you a pleasing, becoming sort of style. We are ready for you. Adler style is perfection.  
Doty Clothing Co. OTTUMWA IOWA

### Wedding Presents

We are showing most attractive lines of Sterling Silver, Fine Hand Painted China, Rich Cut Glass and the best qualities of Fine Silver Plated Ware, all of which make choice Wedding Presents.  
All Silverware beautifully engraved free of charge.

**J. W. Neasham**  
Leading Jeweler.  
120 E. Main St.  
Ottumwa, Iowa.

### OXFORDS

Ladies', Men's and Misses, Oxfords. Swell stock, good fitters and priced from \$1.00 up, at

**S. D. Pierce & Son**  
East Second St.

**PRUDENT PEOPLE**  
read the fresh, live, up-to-date advertisements in the Courier and save money.

### Lawn and Porch Furniture.

We have a good, comfortable Porch Rocker at \$1.50. A big stock of everything in Summer Furniture to select from.

**CARPET DEPARTMENT.**  
35c quality Japanese Straw Matting, in beautiful floral designs, special a yard, 23c  
\$1.25 Ruffled Swiss Curtains in dots and stripes, special a pair, 98c

**Martin Furniture & Carpet Co.,**  
232-234 East Main.

### JOHN M. PETERS DIES

AGED AND HIGHLY ESTEEMED RESIDENT PASSED AWAY YESTERDAY.

John M. Peters, an old and highly esteemed citizen of Wapello county, died at his home three miles west of the city, yesterday. He was born in Gratiot, Ohio, February 1, 1833, and was, therefore, 72 years, 4 months and 19 days old at the time of his death. The funeral services will be held from the family residence tomorrow afternoon at 2 o'clock, Rev. A. E. Craig, pastor of the First Methodist Episcopal church, will conduct the services. Interment will be made in Ottumwa cemetery.

The deceased came to this city in the spring of 1858, settling on the farm three miles west of town, where he had since lived. He was married to Louisa Lynn in November, 1863. Five children were born to this union, and four live to mourn the death of their father, as follows: Henry Clay, Charles L., Alice G. and Jessie. Two brothers and one sister, C. C. Peters of this city, Dr. D. C. Peters of LaPorte, Ind., and Mrs. A. E. Worrell of Zanesville, O., also survive him.

Mr. Peters had been for a number of years township and road supervisor, and his death will be mourned by a host of friends.

### Young Boy Dies.

William, the 8 year old son of Mr. and Mrs. Riley Sellers of Kirkville, died yesterday afternoon at 3 o'clock. The funeral was held this afternoon at 2 o'clock, from the family residence. Interment was made in Kirkville cemetery.

### Infants Die.

Ralph Miller, the young son of Mr. and Mrs. John Miller, died this morning at 10 o'clock. The deceased was 11 months and 4 days old. The funeral will be held tomorrow morning at 10 o'clock from the family residence, 415 South Benton street. Dr. A. E. Craig, pastor of the First Methodist Episcopal church will conduct the services. Interment will be made in Ottumwa cemetery.

The infant child of Mr. and Mrs. J. H. McIntire, 212 North Sheridan avenue, died this morning. The funeral which was private, was held this afternoon. Interment was made in Calvary cemetery.

**Homesekers' Rates.**  
Via the Iowa Central railway on first and third Tuesdays of each month to Nebraska, Kansas, Missouri, Arkansas, Oklahoma, Indian Territory, Texas, New Mexico, Colorado and other states. Stop-overs allowed and tickets limited twenty-one days. For rates, time of trains, etc., call on agents, or address A. B. Cutts, G. P. & T. A., Minneapolis, Minn.



We Try to Lead WITH GOLDEN ROD THINGS TO EAT.

We could not hope to lead without good things to eat. We act accordingly and buy the best. For Golden Rod. Ask the Grocer.

**J. H. MERRILL CO.**

### Refrigerators



**Ottumwa Hardware Co.,**  
122 East Main Street.

... THE ...

# HUB.

... FOR ...

## CLOSE PRICES ON CLOTHING.