

DO YOU GET UP WITH A LAMBECK?



Have You Rheumatism, Kidney, Liver or Bladder Trouble? To Prove what Swamp-Root, the Great Kidney, Liver and Bladder Remedy, will do for YOU, all our Readers May Have a Sample Bottle Sent Free by Mail.

Pain or dull ache in the back is evidence of kidney trouble. It is nature's timely warning to show you that the track of health is not clear. Danger Signals. If these danger signals are unheeded more serious results follow: Bright's disease, which is the worst form of kidney trouble, may steal upon you.

matism, bloating, lack of ambition, may be loss of flesh, sallow complexion. Prevalency of Kidney Disease. Most people do not realize the alarming increase and remarkable prevalence of kidney disease. While kidney disorders are the most common diseases that prevail, they are almost the last recognized by patient and physicians, who usually content themselves with doctoring the effects, while the original disease constantly undermines the system.

SAMPLE BOTTLE FREE—To prove the wonderful merits of Swamp-Root you may have a sample bottle and a book of valuable information, both sent absolutely free by mail. The book contains many of the thousands of letters received from men and women who found Swamp-Root to be just the remedy they needed.

TELLS NEED OF GOOD HIGHWAYS

POSTOFFICE DEPARTMENT ISSUES CIRCULAR LETTER ON ROAD PROBLEM.

MUST PAINT BOXES

Postmaster Nimocks Receives Instructions From Department to Notify Patrons to Make the Improvement.

Postmaster F. A. Nimocks is in receipt of a circular letter from Fourth Assistant Postmaster General De Graw in which that official calls the attention to the needs of good roads, if the rural free delivery is to become all that is expected of it.

E. BURNHAM'S KALOS-OZONE TOILET REQUISITES

- E. BURNHAM'S KALOS-OZONE MASSAGE CREAM 50c
E. BURNHAM'S KALOS CREMOZONE 50c
E. BURNHAM'S KALOS LILLOZONE 25c
E. BURNHAM'S KALOS TALCOZONE 25c
E. BURNHAM'S KALOS POUZDROZONE \$1.00

OTTUMWANS WILL BE ACTIVE

LOCAL CHURCH WOMEN WILL ATTEND HOME MISSIONARY MEET AT BATAVIA.

MRS SLAGHT TO PRESIDE

Dates of Ottumwa District Convention are April 15, 16 and 17—Miss Nellie Snyder Will Attend the Sessions.

Ottumwa church women will take an active part in the twelfth annual convention of the Woman's Home Missionary society of the Methodist Episcopal church of the Ottumwa district at Batavia, April 15, 16 and 17.

Miss Nellie Snyder, the field secretary, will be in attendance at the convention and will take a prominent part in the program.

The sessions will be held in the Batavia M. E. church and the complete program of the meeting is as follows: The Program—Friday, 2 p. m.

Greeting—President Anna Slaughter. Enrollment of Delegates. Appointment of Committees: Literature; finance; place of meeting; resolutions.

Reports of department secretaries: (a) Mite box; (b) Young People's work; (c) supplies; (d) systematic giving; (e) literature and reading circles; (f) temperance work.

Report of corresponding secretary and treasurer—Mrs. Emma Love, Albia. Music.

Short talk—Miss Nellie Snyder, field secretary. Miscellaneous business. Adjournment.

Friday Evening, 7:30 O'clock. Devotions—Mrs. Emma Love, Albia. Solo—Mrs. Orcutt. Address—Miss Nellie Snyder. Music.

Saturday Morning, 9 O'clock. Devotions—Mrs. A. G. Lee, Batavia. Music—Hymn No. 402. Reading of minutes. Consecration service—Mrs. Naomi Day.

Election of Officers. Report of auxiliaries. Music. Topic, "Mormonism." General discussion.

Home Mission Literature—Mrs. Bertha Dimmitt, Ottumwa. Miscellaneous business. Adjournment.

Saturday Afternoon, 1:30 O'clock. Devotions—Mrs. Hollingsworth, Ottumwa. Reading of minutes. Music.

Review—From "Darkness to Light." (our study book)—Mrs. B. F. Sluitts, Ottumwa. Music—Mrs. Harry Henness, Ottumwa.

Paper—(a) Young People's Work, Mrs. G. Lee, Batavia; (b) "Our Work in Porto Rico," Mrs. C. N. Pace, Knoxville; (c) "Our Work in the South," Mrs. John Demuth, Albia; (d) "God's Plan of Giving," Mrs. Ora Selby, Moravia; (e) "Our Pledges," Mrs. Naomi Day, conference secretary.

Solo—Mrs. Orcutt. Reports of committees. Reading of minutes. Adjournment.

Saturday Evening, 7:30 O'clock. Devotions—Hedrick. Music—Choir. Address—Miss Nellie Snyder. Solo. Collection. Opening services—Rev. N. A. Orcutt, Batavia.

Music—Choir. Address—Miss Nellie Snyder. Vocal solo—Mrs. A. W. Slaughter, Ottumwa. Collection. Benediction.

Sunday Evening, 7:30 O'clock. Opening services—Rev. N. A. Orcutt. Music—Choir. Address, "Woman's Work in the Kingdom"—Mrs. Naomi Day, conference secretary. Collection.

Duet—Mrs. A. W. Slaughter and Miss Marguerite Slaughter. Benediction.

A POPULAR DRIVE. "The completion of the bridge across the Des Moines river at Clifford makes an ideal ten mile river drive," said Thomas Teesdale, one of Wapello county's best known farmers.

Some Suggestive Questions on the Sunday School Lesson For April 17

FOR THE INTERNATIONAL NEWSPAPER BIBLE STUDY CLUB. [Copyright, 1910, by Rev. T. S. Linscott, D. D.]

Copyright 1910 by Rev. T. S. Linscott, D. D. April 17, 1910.

The question of John the Baptist. Matt. 11: 1-19. Golden Text. But the witness which I have is greater than that of John; for the works which the Father hath given me to accomplish, the very works that I do, bear witness of me, that the Father hath sent me, John 5:36. (R. V.)

Verse 1. Jesus appears to have taken great pains to instruct his twelve disciples, but why did he not leave them to be instructed wholly by God's Spirit?

In the case of preaching, or prayer, or testimony, does God propose for us just to "open our mouths and he will fill them," or that we should be as thoroughly and humanly prepared, as if there were no God?

Does thorough preparation for Christian work, show lack of faith, or strong faith in God? Why? Verses 2, 3. Why did John ask this question as to whether Jesus was the Christ?

What if any reason is there to believe that John was now wrestling with doubt, as to the truth of what he had been preaching concerning Jesus?

What would you say concerning a man of God teaching spiritual truth, in one period, which he knew to be true, and subsequently having grave doubts of the very truth of which he had been so sure?

Does any kind of doubt on the part of a holy man, necessarily imply sin, or show weakness? Is doubt a necessary part of God's training or not, for men of strong character and important work?

Verse 4. Why is a man bowed down with sorrow, and crushed with disappointment, not in a condition to properly weigh evidence of spiritual truth? Jesus said, "Go and show John again those things, etc.," is evidence of spiritual truth made more forceful

through being repeated on different occasions, and whether or not, why was it necessary to repeat to John what he had already heard? Why would it not be a blessing to the people if a minister repeated his most effectual sermons?

Verses 5, 6. Jesus laid stress in that day upon his miracles, coupled with the fact that he preached the gospel to the poor, as the proof of his Messiahship, but what is the supreme or chief proof today? (This question must be answered in writing by members of the club.)

Even suppose the miracles of Jesus should prove to be historical myths, would that detract in any measure from the grandeur of his character or the greatness of his work?

Verses 7, 8. What influences caused John to live such a plain, or rigorous life? (See Matt. 3: 4, et seq.)

Take for example two men, one devoted, the other godless, one living in a richly furnished home and dressing in good clothes, the other living in a plain home and wearing coarse apparel, which of the two is more likely to be the godless man, and why?

What was the difference in the mode of the life of Jesus, and that of John the Baptist?

Verses 9-11. What were the minimum qualities essential to being a prophet, and in what particulars did John exceed these?

In what did the greatness of John the Baptist consist, from the standpoint of Jesus?

If Jesus had in mind a "greater" and a "greater," then in what two senses is this word used by him here? Verses 12-15. What is religious "violence" and what is the nature of the "force" which captures the kingdom of heaven?

Verses 16-19. What caused them to denounce John for qualities, the absence of which in Jesus they also denounced? Lesson for Sunday, April 24, 1910. Warning and invitation. Matt. 11: 20-30.

CONCERT GIVES MANY PLEASURE

FIFTY-FOURTH REGIMENT BAND CLOSES PROGRAM FOR INDOOR WORK OF THE YEAR.

MISS JERSEY SINGS

An Added Feature Was Introduced By the Singing of the Popular Ottumwa Girl—Captivated Her Hearers.

Two and a half hours of continuous melody in which the classic music varied with the more modern popular strains, and all subject to the will and direction of one man whose superb control brought forty persons into one united musical body, was the concert last evening by the Fifty-fourth regiment band at the Grand.

Use TIZ—Smaller Feet

Sore Feet, Tender Feet and Swollen Feet Cured Every Time. TIZ Makes Sore Feet Well No Matter What Ails Them.



Everyone who is troubled with sore, sweaty, or tender feet—swollen feet—smelly feet, corns, callouses or bunions can quickly make their feet well now. Here is instant relief and a lasting permanent remedy—It's called TIZ. TIZ makes sore feet well and swollen feet are quickly reduced to their natural size.

It's the only foot remedy ever made which acts on the principal of drawing out all the poisonous exudations which cause sore feet. Powders and other remedies merely clog up the pores. TIZ cleanses them out and keeps them clean. It works right off. You will feel better the very first time it's used. Use it a week and you can forget you ever had sore feet.

Miss Jersey Sings. The program opened with the selection "Macbeth" by Verdi. The ability of director and band alike was brought into play in bringing out composer's thought in the piece.

"Dream Visions" followed after the strains of the encore played at the close of "Macbeth" died away. This piece might well be termed musical poetry, for in its rendition the hearers were carried away from the thoughts of every day life into seldom trod fields of thought and reflection.

At this juncture one of the musical treats of the season was afforded the audience by three vocal selections by Miss Jersey. "Love Me Truly" and "Ah for 'se lul," were the opening selections by Miss Jersey, and captured the audience as a unit. A third selection was demanded by the insistent audience and in a sweetness that charmed the well filled theater, the strains of the "Last Rose of Summer" delighted her hearers and brought forth a storm of applause. Miss Rose Gephart played the accompaniments.

Custer's Death. A selection that told of excellent powers of adaptation in that it combined the wild, weird strains of the Indian with the more soothing and well ordered melody of civilization, was that of the "Death of Custer," a descriptive fantasia by Johnson. So realistic was the piece that for the time one was in the Big Horn country living in the year of 1876 the life on the plains. Not a detail that tended to bring out the story in music of the awful carnage when Gen. Custer and his brave followers went to death at the hands of the cruel Sioux was omitted. Touching in its effect and arousing the patriotism in those who viewed it, was the burial of Custer, the firing of the salute by the soldiers and finally the playing of "Nearer My God to Thee." The Sioux Indian melodies used in the selection were authentic.

Catches Audience. The appreciation of the efforts of the musicians was readily seen in the number of extras played for encores. These in most cases were popular melodies and the reception by the audience was noticeable. Miss Jersey again appeared before the audience and this time to sing the "Herodias" aria from Salome. This selection was sung in French, with accompaniment by the band. The unusual musical powers, as well as the superb training and culture of Miss Jersey, were brought out in this selection, as it also called for a stage presence that gave life to the song more than the mere uttering of the words denoted.

For an encore she sang "In the Light of the Silvery Moon," again accompanied by the band. The rendition of this catchy melody caught the audience by its swing and repetition and encore was forthcoming before the audience would release the singer, so popular was the chord she struck.

The concluding number was "Foot and Peasant" which was also one of the best and most pleasing selections of the evening. This number closed the last concert of the popular musical organization for the season and soon the open air concerts in the park will give the public opportunity to hear the favorites, the Fifty-fourth band.

Miss Mary Amelang spent Thursday and Friday with her sister, Mrs. Evan Minor of Ottumwa.

George Monroe is seriously ill with brain fever. The telephone meeting at Zack Wilcher's Friday evening was well attended.

Garza Lester and sister, Alta, of Ottumwa spent Sunday with their grandparents, Mr. and Mrs. Alex Garretson. They were accompanied home by their aunt, Laura Garretson.

Harry Post is working for Charley Mason this week near Carbon. Joe Waller cut two of his fingers pretty badly with an ax recently.

Daisy Blanch and Rolio Dunning of Ottumwa spent a few days last week with their grandparents, Mr. and Mrs. Alex Garretson.

Bessie Wilcher is working for Mrs. John Rominger this summer. Tommy Easton was the guest of Miss Inez Dyer Sunday.

Mrs. Jane Jessup and daughter, Ethel, of Ottumwa, have been visiting their daughter and sister, Mrs. Vess Plicher and family.

Mrs. John Lester and daughter, Lucy, and Miss Stella Goudy spent Sunday at the Jesse Goudy home.

C. F. Davis and wife of Bloomfield spent Sunday with Mrs. Davis, brother, Alex Garretson, and wife.

Ed Amelang, wife and children spent Sunday at the parental W. H. Dyer home.

Mr. and Mrs. John Snody and daughter, Francis, of Bloomfield spent Saturday and Sunday at the parental H. L. Post home.

Arthur Lepper, wife and sons, Ralph



New Electric Treatment Thin metal insoluble—copper and zinc—worn inside shoes. One foot rests on positive, the other on negative Electropode. Body becomes battery—nerves the connecting wires. Every part of each organ is fed a milly and continuous current of life-giving electricity—all day long.

Electropodes restore circulation. Increase nerve force. Strengthen heart action. Purify the system and ward off impending disease. A perfect preventive and positive cure.

For Rheumatism Nervousness, neuralgia, Headache, Backache, Cold Feet, Insomnia, Lumbago, Liver and Kidney Complaints. Price only \$1.00—at all good druggists.

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Could any offer be fairer? A trial will convince you. Over 150,000 pairs sold in last few months. Nearly all have found them extremely beneficial. So will you.

Electropodes are available. If not at your druggist's, send us \$1.00. State whether for man or woman. We will see that you are supplied.

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I, one of the many representatives of the Great American Herb Co. of Washington, D. C., am now in the city of Ottumwa, Iowa, and on the first good day which we will have this week, you will find me on the street selling the wonderful medicine.

Do not fail to get one of the free samples, especially all who are inclined to be subject to Constipation, for Constipation is the cause of most cases of sickness.

Yours Very Truly, J. T. WIDGER.

Specialist DR. D. H. LEWIS Hours: 9 to 12 a. m.; 1 to 6 p. m. Sundays, 9 to 12 a. m.; 2 to 5 p. m. EYE, EAR, NOSE, THROAT Glasses Fitted. Ottumwa, Ia. ENNIS OFFICE BUILDING.

and Willis, of Floris spent a few days last week with Mr. and Mrs. John Rominger.

Curtis Goudy and DeLoe Post of Rutledge spent Sunday with their uncle and aunt, Mr. and Mrs. H. L. Post and family.

Joe Waller's children have the mumps. Mr. and Mrs. Frank Amelang spent Sunday with their daughter, Mrs. Elmer Skinner of Point Isabelle.

Bill Heckart and sister, Minnie, of Ottumwa spent Sunday with James Hawkins and family. They were accompanied home by Goldie Hawkins.

Mr. and Mrs. Frank Keobkee are visiting relatives near Pulaski this week.

A Total Eclipse of the functions of stomach, liver, kidneys and bowels, is quickly dispensed of with Electric Bitters. See F. B. Clark, J. H. Krenser & Co.

PERIODICAL DRINKERS Fail at the Critical Moment A Modern Treatment. THE NEAL IS A PHYSICIAN'S CURE for the drink habit; it is the most modern and perfect of known treatments, originated by a physician, compounded by a physician, and administered by experienced physicians.

The Neal is a Physician's Cure. If you have taken a number of old cures and gone to drinking again worse than before, what is the use of taking another old cure? The Neal is the latest improved, up-to-date, only cure in the world.

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