

Creamettes

Builds Sturdy Bodies

SOME mothers feed their children Creamettes three times a day. This new more tender macaroni product is the ideal substitute for meat.

The ordinary macaroni, as you know, takes from 30 to 35 minutes to cook. Creamettes cooks to a delicious tenderness in from 8 to 9 minutes.

Creamettes is made from the creamy parts of Durum wheat and has a rich new flavor all its own.

Try it with cheese, with ham, with tomatoes, with sauce, or with nuts.



MOTHER'S MACARONI CO., MINNEAPOLIS

Also makers of Mother's Macaroni, Mother's Vermicelli, Mother's Spaghetti and Mother's Egg Noodles.

Look for the package with the Creamette Cook.

AMERICANS CARE FOR 1,004,000 BELGIANS

Brussels, Belgium, March 26.—One million four thousand people, who are absolutely destitute of any other resource, are now being cared for daily in Belgium by the Belgian-American Relief commission.

This organization has been fully perfected in all parts of the country. Over 50,000 volunteers are now enrolled in the work of distributing relief and bureaus have been established in all of the principal cities and towns.

One of the first tasks of the Central bureau has been the securing of accurate figures of the manner in which the Belgian population has been dispersed by the war. On the first of last August the little kingdom had a population of 7,700,000. Of those who fled before the German advance and occupation 110,000 found refuge in England, 350,000 in Holland, and 50,000 in France. Still others scattered in different countries bring the total number that fled and that are still residing out of the homeland up to 700,000.

The province of Liege is the one in which destitution is greater than any other. It suffered the severest of all the Belgian provinces. A total of 300,000 are being cared for there by the relief commission. In the province of Malmout there are 150,000 helpless.

In this province the rations allowed by the German administration to the population is limited to 125 grammes of bread a day. The rations of the German soldier is 750

grammes. At Antwerp as a special favor an increase has been made to 250 grammes a day for the population.

GERMANS HIDE IN SUGAR BEET SACKS AND SPY ON FRENCH

(Continued from Page 1.)

ches were dug was sugar beet farm land and the landscape was a vista of beet leaves. One day we saw a mound of these leaves heaving in a peculiar fashion.

"It's only a mole digging," said our lieutenant.

But suddenly the whole pile moved and hunched forward. We began to shoot and to our amazement the beet leaves rose on two German legs and dashed back to the trenches. We laughed uproariously. The Germans reminded us Americans of Montgomery or Stone in their queer disguises. We found out later that the Germans would take a gunny sack, cut holes in it and pin beet leaves in the sack and then wear the sack like a coat. If a man worked carefully along on his stomach the chances of his being seen were small. I was detailed with two other men to burn a straw stack from which the Germans had been firing machine guns. We spent the day in making beet sacks and at 9 o'clock at night started on our 100-yard crawl to the stack.

We reached the stack, lit a fuse from a match held under our coat, crawled back to the trenches and in a few minutes the stack was ablaze. The stack had been hollowed out and the Germans had placed 4 machine guns in it. We saw the ruins of the guns the next day and soon after my two companions and myself were "mentioned" for firing the stack. But for the beet coats we would not have succeeded for lights filled the air while we stretched ourselves on our stomach among the beets.

PREBYTERIAN FOOD SALE.

Buy your doughnuts, cookies, rolls, baked beans, cakes, etc., at the Presbyterian Ladies' Aid food sale at Scott Stewart's Grocery, tomorrow afternoon.—Adv.

RICH DOPE VICTIMS HELPED; POOR SUFFER

Dallas, Texas, March 26.—"The wealthy victim can obtain relief by paying for treatment, but the thousands of the indigent must go on suffering and dying unless relieved," said Dr. J. Q. Spradlin, calling upon state and local authorities to act in the emergency created by the enforcement of the Harrison federal anti-dope law.

Calling the law one of the greatest blessings the country has ever known Dr. Spradlin at the same time said a mistake was made in not providing treatment and relief for the unfortunate suddenly cut off from their "dope."

"In a few weeks most of them could be cured," he said.

That thousands are addicted to the drug habit and do not know it was the startling statement by Dr. Spradlin.

"They have been having filled and refilled year in and year out," he said, "some prescription which has been found to afford relief from some bodily suffering and the physician who issued it is not aware they are still doing the prescription. Druggists fill these prescriptions, not feeling that it is incumbent upon them to ask any questions."

* OLD FRIGATE *
* TO BE JUNKED *

San Francisco, March 26.—The Independence, oldest American man-of-war afloat will be burned for the sake of the copper in her hull and other metal fixings.

This decision has been reached by Capt. John H. Rinder of Berkeley, who recently purchased the vessel at auction for \$3,515.

The Independence is the last of the war frigates built for the war of 1812 with England and is one of the most famous ships the American navy ever boasted. Her keel was laid down in 1812. In her day she was to the United States navy what the modern superdreadnaughts is to the navies today. She was the greatest fighting vessel afloat, boasting three decks and 74 guns.

In 1848 she was sent around the Horn and for many years was used

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Bemidji, Minn

New Suits Arrive

This morning's express brought us many new suits in Checks, Serges, Poplins and combination effects. The tailoring is perfect and the styles are beautiful at

\$19.50, \$22.50, \$25 and up

See our extensive line of Suits, Dresses and Coats for Stout figures, size 39 to 47.

New Spring Frocks

A wondrous assortment of New Frocks for afternoon and street wear. Many have the suspender effect and separate blouse idea. Crepe de chine, Taffeta crepe meteor, are the popular materials used at

\$16.50, \$19.50, \$22.50, \$25 and up



MASCOT MATTRESSES

SIZE: 4'6" x 6'3" WEIGHT: 45 POUNDS

ART TICKING MEDIUM GRADE COTTON FELT

GUARANTEED 10 YRS. PRICE \$12.50

MASCOT MATTRESSES

SIZE: 4'6" x 6'3" WEIGHT: 50 POUNDS

ART TICKING MEDIUM GRADE COTTON FELT

GUARANTEED 10 YRS. PRICE \$15.00

MASCOT MATTRESSES

A two inch post brass bed, all iron spring and all cotton mattress. **FOR \$15.** While They Last

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For Price of Lots, Terms, Etc.,

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Bemidji, or write

BEMIDJI TOWNSITE & IMPROVEMENT CO.

520 Capital Bank Building MINNESOTA ST. PAUL

GOOD THINGS

Easter Neckwear

The latest styles in Stickups, roll and flare styles—New Collar and Cuff sets. All exceptional values at **19c, 25c to 98c**

Easter Novelties

of every description; Chickens, Ducks, Rabbits, Nests and Baskets, Filled Baskets and Boxes. **10c 5c and 1c**

Fine Convent Embroidery Edgings

Just Received—big range of fine tasty patterns. Best value we have ever offered at **8c, 10c and 15c per yard**

Egg dyes, Easter eggs and candles. Prices are 10c, 5c and 1c

New Laces

Finest ever offered of all kinds to the trade at such prices **3c, 5c up to 45c per yard**

Small lot of new German Ware in sugar and cream sets at 25c a set. Cup and saucers 15c. Bowls 10c.

Fresh Candy at our Candy Counter at **10c and 20c per pound**

Big Sale---Big Saving

Electric Lamps, Saturday and Monday. You can buy best make of Tungsten lights as follows:

10 watt size tungsten	ea 19c
25 watt size tungsten	ea 15c
40 watt size tungsten	ea 19c
60 watt size tungsten	ea 25c
250 watt size tungsten	ea \$1.48

We are glad to give the trade this saving, and would advise buying a six months' supply at these prices.

CARLSON OF COURSE

Who else could it be

THE VARIETY STORE MAN

Phone 127 All Goods Delivered

See Our Co-Carts, Sulkeys, Express Wagons, and Coaster Wagons

French Remedy Aids Stomach Sufferers

France has been called the nation without stomach troubles. The French have for generations used a simple mixture of vegetable oils that relieve stomach and intestinal ailments and keep the bowels free from foul, poisonous matter. The stomach is left to perform its functions normally. Indigestion and gastritis vanish.

Mr. Geo. H. Mayr, a leading druggist of Chicago, cured himself with this remedy in a short time. The demand is so great that he imports these oils from France and compounds them under the name of Mayr's Wonderful Remedy. People everywhere write and testify to the marvelous relief they have received using this remedy—one dose will rid the body of poisonous accretions that have accumulated for years and convince the most chronic sufferer from stomach, liver or intestinal troubles.

Mayr's Wonderful Remedy is sold by leading druggists everywhere with the positive understanding that your money will be refunded without question or quibble if ONE bottle fails to give you absolute satisfaction.

RESOLUTION NO. 68.

At a regular meeting of the City Council of the City of Bemidji, in the County of Beltrami and State of Minnesota, held on the 15th day of March, 1915, and thereupon a quorum consisting of a majority of the members thereof being present, Thomas Smart, a member thereof, offered the following resolution, and moved its adoption:

"RESOLVED, that in the opinion of the City Council of the City of Bemidji, in the County of Beltrami and State of Minnesota, it is expedient to issue to the State of Minnesota the bonds of the said City of Bemidji to the aggregate amount of \$60,000.00, of which sum \$25,000 is to pay outstanding City warrants and \$5,000.00 for Permanent Improvement Fund, to bear interest at the rate of four (4) per cent per annum, to mature and be of the respective number and amounts as hereinafter set forth:

- One bond for the sum of \$4,000.00, payable July 1st, 1920.
- One bond for the sum of \$4,000.00, payable July 1st, 1921.
- One bond for the sum of \$4,000.00, payable July 1st, 1922.
- One bond for the sum of \$4,000.00, payable July 1st, 1923.
- One bond for the sum of \$4,000.00, payable July 1st, 1924.
- One bond for the sum of \$4,000.00, payable July 1st, 1925.
- One bond for the sum of \$4,000.00, payable July 1st, 1926.
- One bond for the sum of \$4,000.00, payable July 1st, 1927.
- One bond for the sum of \$4,000.00, payable July 1st, 1928.
- One bond for the sum of \$4,000.00, payable July 1st, 1929.
- One bond for the sum of \$4,000.00, payable July 1st, 1930.
- One bond for the sum of \$4,000.00, payable July 1st, 1931.
- One bond for the sum of \$4,000.00, payable July 1st, 1932.
- One bond for the sum of \$4,000.00, payable July 1st, 1933.
- One bond for the sum of \$4,000.00, payable July 1st, 1934.

That the proposition of issuing said bonds be submitted to the electors of said City of Bemidji at the special election to be held therein on Tuesday, the 20th day of April, 1915, and that due notice thereof be given as required by law."

This motion was duly seconded by Alderman Foucault, a member of said governing body, and put to a vote, the following Aldermen voting "yea": Smart, Lyeon, Bailey, Miller, Foucault, Philippi, absent; Mohrberg, Irwin and Laehr, and thereby said resolution was adopted and so declared.

Approved March 26th, 1915.

WM. McCUAIG, Mayor.

Attest: GEO. STEIN, City Clerk. Published March 26th, 1915.

SATURDAY SPECIALS

at TROPPEMAN'S

Round, Sirloin or Porterhouse Steaks, per lb. 19c

1-lb. Codfish Brick 11c

Imported Sardines, 4 cans for 25c

10 lbs. K K K Norway Herring 75c

10 lbs. Salt Mackerel 95c

FARMERS' PRIZE CONTEST CLOSING

Medford, Wis., March 26.—Taylor county farmers today had their inning in the state wide farmers' contest for a prize of \$300 for the best farm manager, which profits, home life, health of animals and maintenance of soil fertility as the "bases" upon which points are scored. The contest closes tomorrow at Grand Rapids and prizes will be awarded soon to farmers of the 22 counties enlisted.

Oregon has four women professional chauffeurs.

ATHLETES TRY FOR EXPOSITION MEET

Chicago, March 26.—The western try-outs for the Panama-Pacific exposition wrestling championships, to be held under auspices of the Amateur Athletic Union, are entered. The eastern wrestlers had their work-outs in New York two weeks ago. The cream of the wrestlers chosen will have their expenses paid to San Francisco to be pitted against the elite of the padded ring from all sections of the country. The final elimination contests will be held Saturday night for the Western athletes.

AS A PATROL SHIP ON THE PACIFIC COAST.

Her headquarters were at the Mare Island and she was in active service until 1863 when she was officially declared obsolete and assigned to the Mare Island navy yard as a training ship.

Last year the navy department decided to sell the famous old vessel, in spite of the protests by patriotic societies in all parts of the country. Capt. Rinder bought the frigate intending to exhibit her at the Panama Pacific Exposition, but the plans fell through.

In China the mother-in-law is the boss of the house.



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The Spring Style Book

by Hart Schaffner & Marx

If you men and young men want to be correctly informed regarding styles in spring clothes and other apparel, the Style Book will tell you. It describes Varsity Fifty Five, the most popular young men's model in America. It also tells you:

- How to save money in clothes buying.
- Names of the newest spring fabrics.
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