

SOME GOOD DISHES

METHODS OF COOKING AND SERVING MEATS.

Colorado Roast Venison Something New to the Average Housewife
—Veal Birds an Appetizing Addition to Menu.

Lamb Scallops.—One cup cold lamb, one cup stewed tomatoes, one cup bread crumbs. Arrange in layers in a buttered dish, having crumbs on top with bits of butter; put salt, pepper, and bits of butter between the layers; bake.

Beef Loaf.—Chop or grind together two pounds of the round of beef and one-half pound bacon, crumb one-half loaf of bread, and beat two eggs. Mix the meat, bread and eggs together and season with one teaspoon salt, one-half teaspoon pepper, teaspoon poultry dressing. Pack firmly in a baking dish and bake 1½ hours.

Colorado Roast Venison.—Cover the venison roast on all sides with white paper; secure firmly with cord. Then make a thick batter of flour and water; spreading same all over the paper; dredge with flour; bake 25 minutes to a pound; take from the oven and crack off the batter, which has formed a crust.

Remove the cord and paper, salt and pepper to taste, lay strips of fat pork cut thin on top, and dredge meat with flour.

Place in oven until well browned; make brown gravy and serve with currant jelly. Many who dislike game enjoy it if prepared thus, the cooking of the game in this way extracting the strong taste sometimes objectionable.

Veal Birds.—Use slices of veal from the loin cut thin. Remove the bone, skin and fat and pound till one-quarter of an inch thick. Trim with pieces 2½ by four inches. Chop the trimming fine, with one square inch of fat salt pork for each bird.

Add half as much fine cracker crumbs as you have meat. Season highly with salt, pepper, lemon, cayenne and onion. Moisten with one egg and a little hot water as for veal loaf.

Spread the mixture on each slice nearly to the edge, roll up tightly, and tie or fasten with skewers. Dredge with salt, pepper and flour.

Fry them slowly in hot butter till a golden brown, but not dark or burned. Then half cover with cream and simmer 15 or 20 minutes. Remove the strings and serve on toast. Pour the cream over them. Garnish with points of toast and lemon.

Florentine Loaf.

The Housekeeper considers a Florentine loaf a dessert worth trying. Take one pint of orange juice, the juice of one lemon and add to this one pint of sugar; stir until the sugar dissolves, then boil for ten minutes and turn into a quart brick mold and cool. Season one pint double cream with one teaspoonful of grated orange and lemon peel mixed, add half a cupful of pulverized sugar. Whip until thick and then pour into the brick mold; cover with buttered paper, butter side up, and large enough to come over the edge when the cover is placed on. Tie down securely and bury in crushed ice and salt for three hours; when ready to cut into slices, wipe off the mold, remove paper, run a warm cloth over the sides and bottom, invert the mold onto the dish.

Beef Mirouton.

One can of tomatoes, piece of butter the size of an egg in stew pan, one sliced onion, about six cloves, and the same amount of whole peppers, three laurel leaves, a little thyme, pepper and salt to suit; boil slowly from three to four hours. Take a piece of cold beef, sliced in thin slices, add them to the tomatoes, then have some browned flour, and let all simmer for about 20 minutes. Serve in hot dish with chopped parsley on top.

FOUND THE CAUSE.

After Six Years of Misery and Wrong Treatment.

John A. Enders, of Robertson Avenue, Pen Argyl, Pa., suffered for six years with stinging pain in the back, violent headaches and dizzy spells, and was assured by a specialist that his kidneys were all right, though the secretions showed a reddish, brick-dust sediment. Not satisfied, Mr. Enders started using Doan's Kidney Pills. "The kidneys began to act more regularly," he says, "and in a short time I passed a few gravel stones. I felt better right away and since then have had no kidney trouble."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

WENT HIM MANY BETTER.

Mr. Newrich's Visiting Card Left Friend in the Shade.

Mr. Newrich, the dust contractor, having made a fortune, part of which he had invested in house property in the east of London, wished to rise, like a Phoenix, from his ashes into some sort of society. His golden key, applied to the coffers of an impetuous aristocrat, opened the way.

His new friend, among other things, advised him that visiting cards were a necessity, and, as a guide to drawing one up ready for the printer, handed him one of his own, which read, "Harold De Vere, Iona House, Portsmouth Square, W."

Two days later, as De Vere was sitting in his dressing room at breakfast, a servant brought in on a salver a visiting card bearing the following: "Ephraim Newrich, I Own 23 Houses, London, E."

SEVERE HEMORRHOIDS

Sores, and Itching Eczema—Doctor Thought an Operation Necessary—Cuticura's Efficacy Proven.

"I am now 80 years old, and three years ago I was taken with an attack of piles (hemorrhoids), bleeding and protruding. The doctor said the only help for me was to go to a hospital and be operated on. I tried several remedies for months but did not get much help. During this time sores appeared which changed to a terrible itching eczema. Then I began to use Cuticura Soap, Ointment, and Pills, injecting a quantity of Cuticura Ointment with a Cuticura Suppository Syringe. It took a month of this treatment to get me in a fairly healthy state and then I treated myself once a day for three months and, after that, once or twice a week. The treatments I tried took a lot of money, and it is fortunate that I used Cuticura. J. H. Henderson, Hopkinton, N. Y., Apr. 26, 1907."

The Way It's Said.

"These are the bridal rooms," announced the bellboy to the blushing young couple.

"O, what a sweet suite!" exclaimed the bride.

"I don't know anything about that," said the bellboy, "but the head clerk says he bones the suit suits."

With a smooth iron and Defiance Starch, you can launder your shirt-waist just as well at home as the steam laundry can; it will have the proper stiffness and finish, there will be less wear and tear of the goods, and it will be a positive pleasure to use a Starch that does not stick to the iron.

Think all you speak, but speak not all you think. Thoughts are your own; your words are so no more.—Delany.

PUTNAM FADELESS DYES

Color more goods brighter and faster colors than any other dye. One 10c package colors all fibers. They dye in cold water better than any other dye. You can wash garment without ripping apart. Write for free booklet—How to Dye, Bleach and Mix Colors. MONROE DRUG CO., Quincy, Illinois.

If an Advertisement Convinces You, Stay Convinced

When you read in this newspaper the advertisement of a manufacturer who has paid for the space used to convince you that it is to your interest to buy his goods, and you go to a dealer where such articles are usually handled for sale, do not let the dealer or any one of his clerks sell you something else which he claims is "just as good." If an advertisement convinced you, it was because of the element of truth which it contained.

INSIST ON GETTING WHAT YOU ASK FOR.

His Elusive Memory.

Employer—William, did that man who called to see me while I was out leave his name?

Shaggy-Haired Office Boy—Yes, sir; his name is—is—well, the last part of it is "shaw."

Employer—What's the first part of it?

Office Boy (making a strenuous effort to recall it)—Well, sir, it's either Grim, or Hawk, or Hen, or Brad, or Fan, or Ker, or Rick, but to save my bloodin' life, Mr. Townsend, I can't remember which.

Important to Mothers.

Examine carefully every bottle of CASTORIA a safe and sure remedy for infants and children, and see that it

Bears the Signature of *Chas. H. Fletcher*
In Use For Over 30 Years.
The Kind You Have Always Bought.

Suggestive.

Towne—There was a spelling-bee down at our church the other night. The pastor gave out the words. Did you hear about it?

Browne—No; was it interesting?
Towne—Rather. The first three words he gave out were "increase," "pastor," "salary."—Stray Stories.

It Cures While You Walk.

Allen's Foot-Ease is a certain cure for hot, sweating, callous, and swollen, aching feet. Sold by all Druggists. Price 25c. Don't accept any substitute. Trial package FREE. Address Allen S. Olmsted, Le Roy, N. Y.

If, in replying to a toast at the political banquet, you lost your head, don't be unhappy, for, if you only stay late enough, you'll be sure to get it back again all right in the morning.

Garfield Tea is of particular benefit to those subject to rheumatism and gout! It purifies the blood, cleanses the system and eradicates disease. Drink before retiring.

The theatrical manager has a poor show if it isn't a good one.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

Do your duty and let the other fellow do the explaining.

HOUSE WORK



Thousands of American women in our homes are daily sacrificing their lives to duty.

In order to keep the home neat and pretty, the children well dressed and tidy, women overdo. A female weakness or displacement is often brought on and they suffer in silence drifting along from bad to worse, knowing well that they ought have help to overcome the pains aches which daily make life a burden.

It is to these faithful women that

LYDIA E. PINKHAM VEGETABLE COMPOUND

comes as a boon and a blessing as it did to Mrs. F. Ellsworth, Mayville, N. Y., and to Mrs. W. Boyd, of Beaver Falls, Pa., who say

"I was not able to do my own work owing to the female trouble from which I suffered. Lydia E. Pinkham's Vegetable Compound helped me wonderfully and I am so well that I can do as today's work as I ever did. I wish every sick woman would try it."

FACTS FOR SICK WOMEN

For thirty years Lydia E. Pinkham's Vegetable Compound, from roots and herbs, has been standard remedy for female and has positively cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularity, periodic pains, backache, that being-down feeling, flatulency, indigestion, dizziness, or nervous prostration. Why don't you try it?

Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health. Address, Lynn, Mass.

WIDOWS' under NEW LAW obtain PENSIONS

by JOHN W. MORRIS, Washington, D. C.

W. N. U., DENVER, NO. 21, 1908

W. L. DOUGLAS SHOES

\$3.00
\$3.50

SHOES AT ALL PRICES, FOR EVERY MEMBER OF THE FAMILY, MEN, BOYS, WOMEN, MISSES AND CHILDREN.

W. L. Douglas makes and sells more men's \$2.50, \$3.00 and \$3.50 shoes than any other manufacturer in the world, because they hold their shape, fit better, wear longer, and are of greater value than any other shoes in the world to-day.

W. L. Douglas \$4 and \$5 Gilt Edge Shoes Cannot Be Equalled At Any Price

CAUTION: W. L. Douglas name and price is stamped on bottom. Take No Substitute. Sold by the best shoe dealers everywhere. Shoes mailed from factory to any part of the world. Free Catalog free to any address. W. L. DOUGLAS, Brockton, Mass.

WEAR SHIELD BRAND SHOES

Recess School Shoes for boys and girls. Dressy, comfortable—unequaled for real hard wear. Price, \$1.75 to \$2.50. If not at dealers ask us.

ELLET-KENDALL SHOE CO. MFGS.
Kansas City, Mo.

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Color more goods brighter and faster colors than any other dye. One 10c package colors all fibers. They dye in cold water better than any other dye. You can wash garment without ripping apart. Write for free booklet—How to Dye, Bleach and Mix Colors. MONROE DRUG CO., Quincy, Illinois.