

**WOMEN'S ILLS.**

Many women who suffer with backache, bearing-down pain, headaches and nervousness do not know that these ailments are usually due to trouble with the kidneys. Doan's Kidney Pills remove the cause.



Mrs. Joseph Cross, Church St., Morrilton, Ark., says: "For weeks I was bent double by pain in my back and the kidney secretions were profuse. My feet and ankles were badly swollen and I had headaches and dizzy spells. Six doctors treated me without relief and I finally began taking Doan's Kidney Pills. They cured me."

Remember the name—Doan's. For sale by all dealers, 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

**Limit to Woman's Suffrage.**

Women have obtained the right to vote in Krain, a province of Austria. They will be allowed to cast their ballots in person and not by proxy. There is, however, one limitation imposed on them. A special time of the day has been allotted to them for the exercise of this right.

**Important to Mothers**

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it bears the Signature of *Wm. A. Fletcher*. In Use For Over 30 Years.

The Kind You Have Always Bought.

**Such a Difference!**

"Your daughter plays very sweetly on the piano."  
"That's my wife playing."  
"I know it."—Birmingham Age-Herald.

**AFTER SUFFERING ONE YEAR**

**Cured by Lydia E. Pinkham's Vegetable Compound**

Milwaukee, Wis. — "Lydia E. Pinkham's Vegetable Compound has made me a well woman, and I would like to tell the whole world of it. I suffered from female trouble and fearful pains in my back. I had the best doctors and they all decided that I had a tumor in addition to my female trouble, and advised an operation. Lydia E. Pinkham's Vegetable Compound made me a well woman and I have no more backache. I hope I can help others by telling them what Lydia E. Pinkham's Vegetable Compound has done for me." — Mrs. Emma L. Mear, 833 First St., Milwaukee, Wis.



The above is only one of the thousands of grateful letters which are constantly being received by the Pinkham Medicine Company of Lynn, Mass., which prove beyond a doubt that Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, actually does cure these obstinate diseases of women after all other means have failed, and that every such suffering woman owes it to herself to at least give Lydia E. Pinkham's Vegetable Compound a trial before submitting to an operation, or giving up hope of recovery.

Mrs. Pinkham, of Lynn, Mass., invites all sick women to write her for advice. She has guided thousands to health and her advice is free.

**LINEN NEEDS CARE**

**COMPARATIVELY EASY THING TO SPOIL FINE FABRICS.**

Simple Precautions That Will Add Life to the Table Drapery and at the Same Time Greatly Improve Its Appearance.

The housewife who leaves to an overworked maid of all work the care of her linen need not wonder if her best linen is ruined soon.

The napkins should always be folded so the embroidered initial will show on the outer flap, but this still can be done and the napkin folded in different ways each time it is laundered.

Starch is an abomination in good table linen; however, if one has a well worn cloth which seems to have no "body," and thus becomes soiled quickly, it is wise to add about a quart of thin, hot "made starch" to half a tub of bluing water and wring the linen out of this; sufficient "body" will be given it to make it wear much longer before washing is necessary.

When about to iron table linen prepare some hot borax water, and with a clean whisk broom sprinkle every inch of the linen thoroughly, roll up tightly in a clean towel, and let it lie for half an hour or so, and then iron. A small but heavy brush having stiff, fine bristles and a short, thick handle, should be used instead of a coarse comb for fringed linen and dollies.

When there is no room to put the cloth away with a single fold in the middle, it may be folded first in the middle and then the selvedge sides may be turned back, thus folding the cloth into quarters lengthwise, having each fold appear on the right side; there must be no cross folds, however, nor are these necessary if a cloth is well ironed and aired, since it may be laid lightly away in the drawer and carefully smoothed out by hand when it is laid on the table. Several cloths may be stored perfectly in small space by hanging a wooden curtain pole against the wall of the linen closet, throwing the cloths over this pole, one over the other.

It is unwise to put away a piece of stained linen until the general wash day, which is always a difficult day in any household, and then try to remove it.

The average servant, when anything is spilled on a tablecloth, usually removes it from the table and thrusts it into a bag or hamper, still damp, along with the rest of the soiled clothes of a household.

Long before wash day arrives whole families of little creatures are at work and finally, when the linen is removed from the basket to be laundered, there is a greenish spot which cannot be removed only by the use of a strong bleaching agent which surely injures the fabric, although the injury may not be apparent at once. This is the case even if clean water has been spilled on the cloth; in the case of tea or coffee, wine, or fruit juice, if put into the hamper without first removing the stain and drying the cloth, not only is mildew apt to appear but the stain becomes set in the fabric so that it is well nigh impossible ever to remove all trace of it without using an alkali so strong that the fabric is weakened perceptibly.

Instead of first treating the mildew, after it has been allowed to form, the average servant puts the cloth to soak in strong soapy water—perhaps hot water—along with the rest of the soiled linen, and the last state of this tablecloth when it finally emerges from the laundry is worse than the first.

**Rhubarb Jelly.**

Cut stalks of rhubarb in small pieces, leaving the skins on, and throwing away all the green upper ends. Stew down well with a little water at first to prevent burning. Strain through a muslin bag, add white sugar, pound for pound. Boil 20 minutes.

**When You Think**

Of the pain which many women experience with every month it makes the gentleness and kindness always associated with womanhood seem to be almost a miracle. While in general no woman rebels against what she regards as a natural necessity there is no woman who would not gladly be free from this recurring period of pain.

**Dr. Pierce's Favorite Prescription makes weak women strong and sick women well, and gives them freedom from pain. It establishes regularity, subdues inflammation, heals ulceration and cures female weakness.**

Sick women are invited to consult Dr. Pierce by letter, free. All correspondence strictly private and sacredly confidential. Write without fear and without fee to World's Dispensary Medical Association, R. V. Pierce, M. D., President, Buffalo, N. Y.

If you want a book that tells all about woman's diseases, and how to cure them at home, send 21 one-cent stamps to Dr. Pierce to pay cost of mailing only, and he will send you a free copy of his great thousand-page illustrated Common Sense Medical Adviser—revised, up-to-date edition, in paper covers. In handsome cloth-binding, 31 stamps.



**When Her Faith in the Lord Failed.**

During the progress of a big "protracted meeting" for which the south is famous, an ardent sister of the church, who usually came in an old fashioned buckboard drawn by the family horse, was late for a particularly important service and was being severely censured by the pastor.

Explaining the reason for being late the good sister said that the horse had taken fright at a passing train and bolted and that the wreck of the rig had prevented her from being on time.

"My dear sister, such little things should not make you late for divine services. You should trust in the Lord."

"Well, brother," she replied, and there was a look of calm peacefulness on her face. "I did trust in the Lord till the bellyband busted and then I had to jump."—Pittsburg Chronicle-Telegraph.

**Spreading the News.**

Postmaster Fuller of Rockland, Me., was the sparkling wit at the postmasters' dinner. He announced with mock solemnity that he had just received word from his congressman that his name had been sent in somewhere in Washington for reappointment in recognition of his efficient service and the votes he could swing.

"I have dashed the momentous news of my triumph to distant Rockland to my wife, and if I am acquainted with the lady, as I believe that I am, the glad tidings have ere now penetrated to the most remote sections of that district," was a sally that brought down the house.

**HARD ON CHILDREN.**

When Teacher Has Coffee Habit.

"Best is best, and best will ever live." When a person feels this way about Postum they are glad to give testimony for the benefit of others.

A school teacher down in Miss. says: "I had been a coffee drinker since my childhood, and the last few years it had injured me seriously.

"One cup of coffee taken at breakfast would cause me to become so nervous that I could scarcely go through with the day's duties, and this nervousness was often accompanied by deep depression of spirits and heart palpitation.

"I am a teacher by profession, and when under the influence of coffee had to struggle against crossness when in the school room.

"When talking this over with my physician, he suggested that I try Postum, so I purchased a package and made it carefully according to directions; found it excellent of flavor, and nourishing.

"In a short time I noticed very gratifying effects. My nervousness disappeared, I was not irritated by my pupils, life seemed full of sunshine, and my heart troubled me no longer.

"I attribute my change in health and spirits to Postum alone."

Read the little book, "The Road to Wellville," in pkgs. "There's a Reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

**Not His Fault.**

"I refuse to accept these photographs," said an irate woman to a photographer; "my husband looks like a baboon!"

"I can't help it, madam," replied the photographer; "you chose him, I didn't."

The expert accountant who is called in to balance a set of books never figures on having a steady job.

**SUCCESS FOR SEVENTY YEARS**  
This is the record of *Peppermint Cure*. A reliable remedy for diarrhea, dysentery and all bowel complaints. Get the genuine. 25c, 50c and 10c.

The success of a scheme depends largely upon the man behind it.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

The man who bets on the wrong horse is apt to have a race prejudice.

**Your Liver is Clogged up**

That's Why You're Tired—Out of Sorts—Have No Appetite.

**CARTER'S LITTLE LIVER PILLS** will put you right in a few days. They do their duty. Cure Constipation, Biliousness, Indigestion, and Sick Headache.



SMALL PILL, SMALL DOSE, SMALL PRICE. GENUINE must bear signature:

*Wm. Wood*

**Sticky Sweating Palms**

after taking salts or cathartic waters—did you ever notice that weary all gone feeling—the palms of your hands sweat—and rotten taste in your mouth—Cathartics only move by sweating your bowels—Do a lot of hurt—Try a CASCARET and see how much easier the job is done—how much better you feel.

CASCARETS 20c a box for a week's treatment, all druggists, biggest seller in the world. Million boxes a month.

**MOTHER GRAY'S SWEET POWDERS FOR CHILDREN.**

A Certain Relief for Feverishness, Constipation, Headache, Stomach Troubles, Teething Disorders, and Destroy Worms. They Break up Colds in 24 hours. At all Druggists, 25c. Sample mailed FREE. Address: A. S. CLIMSTED, La Roy, N. Y.

**DAISY FLY KILLER**

placed anywhere, attracts & kills all flies, mosquitos, wasps, bees, etc. Kills All Bases. Made of natural, innocent, and safe ingredients. Will not soil or injure anything. Guaranteed effective. If all dealers do not keep it, write for it. HARGIS BROTHERS, 150 DeKalb Ave., Brooklyn, New York.

**OPIUM**

or Morphine Habit Treated. Free trial. Cases where other remedies have failed, specially designed. Give particulars. Dr. B. G. CONYER, Suite 200, 400 W. 23d St., New York.

W. N. U., DENVER, NO. 23-1910.