

Proverbs and Phrases
The pleasure of the feast does not depend upon how some of the guests eat there.
Literature is the art of telling what you know so the other fellow will understand it.
Anything is literature if it expresses a heart throb, and nothing is unless it does.
If everybody knew when he was well off, this would be a better educated world.

HOW TO CURE RHEUMATISM.

It Is An Internal Disease and Requires An Internal Remedy.

The cause of rheumatism and kindred diseases is an excess of uric acid in the blood. To cure this terrible disease this acid must be expelled and the system so regulated that no more acid will be formed in excessive quantities. Rheumatism is an internal disease and requires an internal remedy. Rubbing with Oils and Liniments will not cure, affords only temporary relief at best, causes you to delay the proper treatment, and allows the malady to get a firmer hold on you. Liniments may ease the pain, but they will no more cure rheumatism than paint will change the fibre of rotten wood.
Science has at last discovered a perfect and complete cure, which is called "Rheumacide." Tested in hundreds of cases, it has effected the most marvelous cures. We believe it will cure you. Rheumacide "gets at the joints from the inside," sweeps the poisons out of the system, tones up the stomach, regulates the liver and kidneys and makes you well all over. Rheumacide "strikes the roots of the disease and removes its cause." This splendid remedy is sold by druggists and dealers generally at 50c. and \$1 a bottle. In Tablet form at 25c. and 50c. a package. Get a bottle to-day. Booklet free if you write to Bobbitt Chemical Co., Baltimore, Md.

Inhuman Revenge.

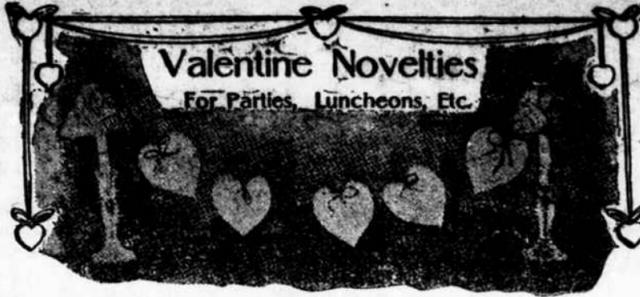
At Amite City, La., as a result of an ambush growing out of a family feud, two women and a man were killed, one of the alleged assassins is being held under a heavy guard and the country for miles around is being searched for another man alleged to be implicated in the murders, which occurred recently. It is alleged that as Benjamin Breland, his wife and Mrs. Joseph Everitt, the latter carrying an infant in her arms, were making their way homeward along one of the parish roads, Avery Blunt and Garfield Kinchen fired on them from the side of the road with shotguns. Mrs. Everitt fell with her baby into the road, her head blown almost off. Mrs. Breland's breast was torn off by one of the volleys and Breland himself fell at the first fire. Young people driving home from a party found the baby crawling about among the bodies. Breland was still living and was able to murmur the name of Kinchen before he died. Avery Blunt was captured after an all-night search and says that Kinchen killed Breland, but will not say who killed the woman. Mrs. Everitt's husband was killed by Ben Kinchen, a brother of Garfield, several days ago, and the widow and her baby were making their home with the Brelands. Bad feeling has existed among the families for a number of years.

A YARN.

Chicago News.
"Two can live as cheap as one,"
Yes, they can! They can, like fun!
You ask any one who's tried it;
See just what he'll say.
Most of them are satisfied it
Goes the other way.
Toughest yarn was ever spun.
"Two can live as cheap as one."
"Two can live as cheap as one."
No one ever saw it done.
No one in his sober senses
Has this slightest doubt
If he figures on expenses
How that's coming out.
When upfill the water run
"Two can live as cheap as one."
Fifteen hundred make a ton.
Woman never's money spending,
Does not care for dress;
So if marriage you're intending
Living might cost less.
No, don't swallow that, my son.
Two can't live as cheap as one.

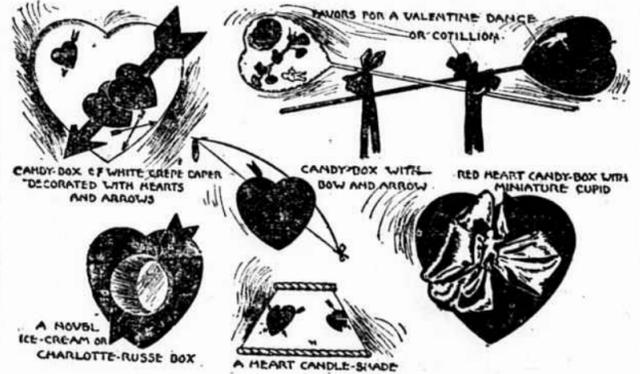
**NO MEDICINE
But a Change of Food Gave Relief.**

Many persons are learning that drugs are not the thing to rebuild worn out nerves, but proper food is required.
There is a certain element in the cereals, wheat, barley, etc., which is grown there by nature for food to brain and nerve tissue. This is the phosphate of potash, of which Grape-Nuts food contains a large proportion.
In making this food all the food elements in the two cereals, wheat and barley, are retained. That is why so many heretofore nervous and run down people find in Grape-Nuts a true nerve and brain food.
"I can say that Grape-Nuts food has done much for me as a nerve renewer," writes a Wis. bride.
"A few years ago, before my marriage, I was a bookkeeper in a large firm. I became so nervous toward the end of each week that it seemed I must give up my position, which I could not afford to do.
"Mother purchased some Grape-Nuts, and we found it not only delicious, but I noticed from day to day that I was improving until I finally realized I was not nervous any more.
"I have recommended it to friends as a brain and nerve food, never having found its equal. I owe much to Grape-Nuts, as it saved me from a nervous collapse, and enabled me to retain my position."
Name given by Postum Co., Battle Creek, Mich. Read "The Road to Wellville," in part. "There's a Reason."



For February festivities that take place on or near the fourteenth of the month, there are this year a host of charming novelties. The old-fashioned valentines are, of course, out of date for everybody but children, yet the sentiment of the day still lingers in the hearts and darts and pastboard Cupids used on the new candy boxes. What, for instance, could be a prettier remembrance for any young man to give his "best girl," or even a young woman for whom he had no particular regard but to whose family he was indebted for invitations to dinner or tea, dances or other functions of the season, than one of these candy boxes? Two different styles are shown on this page—one covered with bright red paper and decorated with a big bow of red ribbon, having in the centre Cupid himself, with his bow and arrows; the other simpler, but just as effective, covered with white crepe paper and decorated with a gilt arrow pierced through two hearts. If these boxes are wanted for souvenirs at luncheons or parties they can easily be made at home by a clever girl, for the crepe paper is very simple to manipulate. The heart shaped pastboard boxes can be bought ready-made at most stationery stores, and the hearts and arrows cut out of red and gold paper respectively, declares McCall's Magazine.

Even easier to make is the little round box shown at the top of the left-hand corner of this group. Any



round pastboard box can be used as a foundation for this. It is covered with white crepe paper and a big red heart pasted in the centre. It adds to the appearance if the edges of the box are touched up with a line of gold paint, as shown in our illustration.

For serving refreshments at a valentine party there is nothing more effective than heart and arrow ice cream or chocolate russe boxes, and the best thing about them is that they can be so easily and quickly made. Buy some rather thin bright red pastboard at a stationery store and also a sheet of white pastboard. Then get some of the ordinary pleated paper cases that are used for Charlotte russe, bisquit glace, etc. An arrow is cut out of the white pastboard, painted gold or covered with gift paper and pasted across the large heart that has just been cut from the red pastboard. A circle is then cut out of the heart, through arrow and all, the ice cream box inserted in the opening and held in place with a little paste.

The paper baskets can be even more quickly made, the foundation being the same sort of pleated paper case. In making the red paper basket, this is given a handle formed of wire, with red crepe paper twisted around it and a heart and arrow pasted at the top. The paper itself is simply covered with a frill of red paper, held in place by just a touch

of paste, and a twist of baby ribbon. The white ice cream basket is made in exactly the same way, with the substitution of white paper for red and a little pastboard Cupid stuck on the handle in place of the heart and arrow. The favors for a valentine dance, children's party or cotillion are simply fancy paper hearts fastened on slender sticks, wound with paper and decorated with ribbon streamers. The candle shade makes a most effective table decoration. It is of white paper, decorated with red hearts and gold arrows, and the top and bottom of the shade are finished with twists of the paper touched up with gold paint.

St. Valentine's Day was originally the day dedicated to the incoming of spring. The Romans kept it in honor of Pan and Juno, and the festival, which lasted several days, was called "Lupercalia." The early Christian church, desiring to effect a change in this much-abused feast, very adroitly reconstituted the old practice of the lottery of lovers' names. In place of the names of real youths and maidens, whose appellations, written on slips of paper, were drawn by the young people of the time, the church substituted the names of the saints. The idea had its own beauty, and the notion of dedication was thus preserved in a more spiritual sense than in the old Roman festival. This feast, and not the existence of the real St. Valentine, is the origin of the gallant

observations of the day; for it would be very hard to say which of the three early Christian bishops so named the 14th of February is intended to commemorate.

Some St. Valentine "Don'ts."

Remember that you want to enjoy the St. Valentine party as well as your guests; therefore observe these rules:
Don't fret and worry every hour of the preceding day until you are nervous and sensitive to everything that goes wrong.
Don't rush your games too close on each other's heels. Young people like to talk.
Don't seem to be making an effort to entertain them at every moment. Suggest the games when the talking grows a little less spirited.

That Little Valentine Boy.

His other name is Cupid. That is what the old Romans called him. He had still another name given him by the early Greeks, Eros. But whatever he may be called, he is the same jolly little sprite that you paint, draw or paste on your valentines as the love fairy.

He looks very harmless with his chubby-baby cheeks and his loving eyes. But look at him closely and you will find in those eyes sparks of mischief glinting through the love, like points of mica in a quartz rock.



A Modern Custom.
Frequently it happens that the modern valentine is sent by men as an expression of courtesy or to show appreciation of social favors received. For this purpose a pot of growing flowers, a dainty bound volume, a basket of grapes or tropical fruit,

THE AMERICAN RAILWAY PYTHON!



—Cartoon by Robert Carter, in the New York American.

Edward H. Harriman Now Has Within His Grasp Ten Great Railway Systems, Embracing One-Third of the Total Railroad Mileage in the United States.

New York City.—The election of E. H. Harriman to the directorate of the New York Central is an important event in the world of finance, for it means that Mr. Harriman now has in his grasp more than one-third of the total railway mileage in the United States, and that third, embracing as it does such important interlocking trunk lines, implies a domain far wider than the bare figures would indicate.
Mr. Harriman controls to-day, in part or wholly, ten great railway systems, aggregating 77,000 miles, or more than one-third of the total railway mileage of the United States. Including the Erie, in whose affairs his exploit of last April gave him the dominating voice, these are the systems thus controlled:

System	Mileage
Union Pacific	5,916
Southern Pacific	9,731
Illinois Central	4,378
New York Central	12,282
Atchafalpa	9,350
St. Paul	8,687
Northwestern	7,623
Baltimore and Ohio	4,462
Delaware and Hudson	345
Georgia Central	1,914
Erie	2,571
Total	77,759

EARTHQUAKE FUND PROBABLY \$35,000,000.

But of This Amount \$15,000,000 Which Italy Appropriated Has Not Been Touched—Looking to the Future—Widows and Orphans to Need Help For Years—Government's Policy the Cause of Much Criticism.

Rome, Italy.—Nobody, not even the Cabinet Ministers, can say yet what is approximately the present amount of the earthquake fund, because it is in various hands. Some of the money was sent personally to the King and Queen. Nearly \$600,000 was sent to the Pope. Some came to the Foreign Minister, the Minister of the Interior, the different embassies and legations, the national committee presided over by the Duke of Aosta, the Red Cross and the local relief.
Certainly all this means an immense sum, in addition to the Italian contributions and appropriations by the Italian Parliament. The last, exceeding \$15,000,000, has purposely been left undistributed yet, since, besides immediate relief, it is necessary to be prepared to aid thousands not only for weeks and months, but for years to come.
George Page, treasurer of the American committee here, says that

securing so many thousand miles of railway—the common carrier of America—the advocates of Government regulation, and even ownership, will find weapons ready forged to their hands.

A little more than two years ago, when open discontent over such "railway dictatorship" had displayed itself, Harriman made a speech at Kansas City, in which he repudiated the charge. He then declared: "The impression prevails that I control more miles of railroad than any other man. That statement is made frequently. I deny it. It is not true. I do not control one mile of railroad. I do not believe in any one man or any one company controlling vast interests of this kind. There are fourteen or fifteen thousand persons who co-operate in the control of railroads and other corporations in which I am interested."

This is, no doubt, one side of it. Most people will, however, class this reasoning with the logic of the schoolmen. Wall Street looks, not for metaphysical distinctions, but for hard facts, and the hard facts are that Harriman fully exercises the control described. If any shareholder doubts it, let him try to discuss the policies of the year in a Harriman company's annual meeting.

It is not always fair to accept a telegraphed account of an off-hand conversation with reporters, but the comment ascribed to Harriman, in Richmond dispatches regarding his election to New York Central's board, was at any rate accepted on Wall Street as stating the position:
"So far as the New York Central is concerned, I can say this: I was elected to the board of directors. I am going to serve in that capacity, and look after my interests. The Vanderbilts and anybody else can look after theirs."
As between Harriman's interests and the Vanderbilts' interests, recent history of the New York Central gives a fair notion of which will be looked after best.

To Enjoy

the full confidence of the Well-Informed of the World and the Commendation of the most eminent physicians it was essential that the component parts of Syrup of Figs and Elixir of Senna should be known to and approved by them; therefore, the California Fig Syrup Co. publishes a full statement with every package. The perfect purity and uniformity of product, which they demand in a laxative remedy of an ethical character, are assured by the Company's original method of manufacture known to the Company only.

The figs of California are used in the production of Syrup of Figs and Elixir of Senna to promote the pleasant taste, but the medicinal principles are obtained from plants known to act most beneficially.
To get its beneficial effects always buy the genuine—manufactured by the California Fig Syrup Co. only, and for sale by all leading druggists.

So. 7-'09.

CLASSIFIED ADVERTISEMENTS

SALESMEN WANTED
WANTED—Active, energetic men to represent us. Profitable positions. Hustlers make big money. Cash weekly advances. Complete outfit free. Write in confidence to W. H. WOOD & CO., OLD DOMINION SUBURBS, RICHMOND, VA. Mention this Paper.

THE GREATEST BOOK OFFER EVER SENT OUT by any publishing house. A magnificent eight volume edition of "Masterpieces of the World's Literature." Including book rack, express prepaid, and a year's subscription to "The Saturday Review" for \$3.00. Write for description, W. D. WALLACE, P. O. BOX, No. 4, NEWBERN, N. C.

CAPUDINE CURES COLDS and GRIP It Removes the Cause. Relieves the aches and feverishness. Contains No Acetaminofen.

Oh, what a goodly outside falsehood bath.—Shakespeare.
Piles Cured in 6 to 14 Days. Pazo Ointment is guaranteed to cure any case of Itching, Blind, Bleeding or Protruding Piles in 6 to 14 days or money refunded. 50c.

The man with a scheme is more likely to be hungry than the one with a spade. So. 7-'09.

Lame Back Prescription.

Considerable discussion is being caused among the medical fraternity by the increased use of whiskey for lame back and rheumatism. It is an almost infallible cure when mixed with certain other ingredients and taken properly. The following is the formula:
"To one ounce of Toris compound and one ounce syrup Sarsaparilla compound add one-half pint of good whiskey. Take in tablespoonful doses before each meal and before retiring."
It is surely worth trying by any one who may be afflicted.

The fool wanders; the wise travel. ONE KIDNEY GONE.

But Cured After Doctors Said There Was No Hope.

Sylvanus O. Verrill, Milford, Me., says: "Five years ago a bad injury paralyzed me and affected my kidneys. My back hurt me terribly, and the urine was badly disordered. Doctors said my right kidney was practically dead. They said I could never walk again. I read of Doan's Kidney Pills and began using them. One box made me stronger and freer from pain. I kept on using them, and in three months the kidneys were acting better. I improved rapidly, discarded the crutches and to the wonder of my friends was soon completely cured."
Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Many an advertisement has paid a profit after being considered a loss.
CHILD HAD SIXTY BOILS
And Suffered Annually With a Red Scald-Like Humor on Her Head—Troubles Cured by Cuticura.

"When my little Vivian was about six months old her head broke out in boils. She had about sixty in all and I used Cuticura Soap and Cuticura Ointment which cured her entirely. Sometime later a humor broke out behind her ears and spread up on to her head until it was nearly half covered. The humor looked like a scald, very red with a sticky, clear fluid coming from it. This occurred every spring. I always used Cuticura Soap and Ointment which never failed to heal it up. The last time it broke out it became so bad that I was discouraged. But I continued the use of Cuticura Soap, Ointment and Resolvent until she was well and has never been troubled in the last two years. Mrs. M. A. Schwerin, 674 Spring Wells Ave., Detroit, Mich., Feb. 24, 1908.
Potter Drug & Chem. Corp., Sole Props. of Cuticura Remedies, Boston, Mass.

The man who knows just what to do can usually find someone to do it for him.

France to Tax Foreigners on Seven Times the Rent They Pay.

Paris, France.—The Chamber of Deputies debated the question of levying an income tax on foreigners resident in France. The bill proposed that their taxable income should be considered as ten times the rental value of their residences.
M. Stegried proposed that it should be considered at five times.
M. Callaux, Minister of Finance, said the Government would accept seven times as the basis, and this was adopted.

Rare Form of Insanity Observed in a Michiganian.

Kalamazoo, Mich.—Claus Vanderwall was admitted as a patient at the State Insane Asylum, suffering from a rare form of insanity. When the man is spoken to his body becomes rigid and relief seems to come only with the feeling that he is entirely unnoticed.
In a local court room he stood an hour with one arm outstretched, never uttering a word or moving a finger. Food is administered to him at regular intervals by force.

DRISO'S Coughing Spells

are promptly relieved by a single dose of Driso's Cure. The regular use of this remedy will relieve the worst form of coughs, colds, hoarseness, bronchitis, asthma and the various ailments of the throat and lungs. Absolutely free from harmful drugs and opiates. For half a century the household remedy in millions of homes.
At all druggists, 25c.