"I DON'T SUFFER ANY MORE"

"Feel Like a New Person," says Mrs. Hamilton.

New Castle, Ind.—"From the time I was eleven years old until I was seventeen I suffered each month so I had to be in bed. I had headache, backache and such pains I would cramp double every month. I did not know what it was to be easy a minute. My health was all run down and the doctors did not do me any good. A neighbor told my mother about Lydia E. Pinkham's Vegetable Compound and I took it, and now I feel like a new person. I don't suffer any more and I am regular every month." —Mrs. HAZEL HAMILTON, 822 South 15th St.

When a remedy has lived for forty years, steadily growing in popularity and influence, and thousands upon thousands of women declare they owe their health to it, is it not reasonable to believe that it is an article of great merit?

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

Dame Fashion.

The fitted coat is seen this season in the immense variety of jackets.

Taffeta afternoon frocks have ruffle and dotted [illegible] and lace [illegible] fitted corsages.

Beige is a very satisfactory color for a taffeta suede.

The fitted jacket is still the choice for outdoor wear.

Some of the odd capes lately seen are immensely and the cutest ones.

BOSTON MEAT MARKET

Beef, Pork, Veal, Poultry and Fish, Fit for a King's Dish.

Tender, juicy and Sweet, Mighty hard to Beat.

Our Home Cured Bacon is fine.

Pure Lard, our own make.

Yes, we have Compound, Majestic Hams and Bacon, the kind that Satisfies.

Phone us your Orders.

With our new delivery car we are able to give the best of service.

BOSTON MEAT MARKET
F. E. Knowles, Prop.

TUNE YOUR PIANO
By Reliable Tuners
Knauss Music Store
Phone 362

ATTENTION LADIES!

I have moved my BEAUTY PARLOR to 515 N. Broad and am pleased to give

SOFT WATER SHAMPOO

and the usual thorough treatments.

---ANNA SHOENHAIR---

Phone 1037

Manicure Hair Work a Specialty

PREPARE NOW!

TO WIRE YOUR HOUSE

The hot Summer days will soon be here. Enjoy the comforts of the Electric Fan, and Electric Flat Iron by having your house wired for Electric service.

Telephone - 111

PUBLIC SERVICE CO. OF OKLAHOMA

Notes and Personals of Society

Lenore Burke. Phone 245.

DAILY THOUGHT.

[illegible]

CALENDAR.

Monday.

[illegible] Club. Mrs. [illegible]

[illegible]

Tuesday.

[illegible] Church

[illegible] Club. Mrs. T. H. [illegible]

[illegible] Club. Library.

Wednesday.

Bridge Luncheon. Mrs. M. Cassidy and Miss Catherine Cassidy.

Card Auction Club. Mrs. Harold E. Welch.

M. M. Club. Mrs. W. A. Goldsmith.

West M. E. W. H. M. A. Mrs. Dean Barnes.

Thursday.

North End and Oklahoma City Study Clubs. Mrs. W. A. Frances.

Afternoon Club. Mrs. McGuire.

P. S. of C. Club. Mrs. J. B. Hollifield.

Thursday Auction Luncheon Club. Mrs. Robert A. Hallenbeck.

Friday.

Monday Bridge Club. Mrs. Henry Thompson.

High Jinks Club. Miss Inez Wolf.

Federated Mission Study Class. Library.

Saturday.

Phi Delta Gamma Club. Mrs. Beatrice Lewis.

Kooney Mooney Shah Club. Mrs. Elliott Lyon.

Musical Mother's Jewels Party. Mrs. J. F. Nesley.

Woman's Auxiliary, No. 2 Parts for their families.

Card Club Coming.

The Card Auction club will be here Wednesday to be the guests for the day of Mrs. Harold E. Welch who was a member of the club when she made her home in Enid.

Mrs. W. A. Tate of Washington, Kan., will be a guest of Mrs. M. Cassidy and Mrs. E. J. Hildebrick this week.

Make Skin Smooth

There is one other dependable treatment that relieves itching eczema in a night and clears and smooths the skin.

Ask any druggist for a 25c bottle of resinol and apply it as directed. Soon you will feel that wonderful skin comfort which only resinol and similar skin treatments can give.

A little of this penetrating, yet bland, healing ointment is needed for a few days to stop eczema and make the skin soft, clear and healthy.

Zemo Contained

Don't Live in the Kitchen Emancipate yourself from kitchen drudgery by learning the food value and culinary uses of **Shredded Wheat Biscuit.** You can prepare a most wholesome, nourishing meal in a few moments by heating a few Shredded Wheat Biscuits in the oven to restore crispness; then cover with berries or other fruits and serve with milk or cream.

Made at Niagara Falls, N. Y.

Wednesday at one o'clock Mrs. Cassidy and Miss Catherine Cassidy are entertaining with a bridge luncheon.

For sweet cream or milk phone Hallock Grocery.

McKay-Lentz.

Next Wednesday, May 17th, Miss Irene McKay of Tulsa and Mr. Lloyd Lentz of this city will be quietly married at the home of the bride's parents in Tulsa. Miss McKay is the youngest daughter of Mr. and Mrs. H. M. Jacobs of Tulsa, who were Guthrie people when Mr. Jacobs was manager of the Armour Packing Co. here. Mr. Lentz is the only son of Mr. and Mrs. H. M. Lentz of 701 North Byers street and is advertising manager and window decorator for the Model Clothing store of Tulsa. Mr. and Mrs. Lentz and Miss Libbie Reynolds the groom's sister of the groom leave tonight for Tulsa to attend the wedding.

Sacred Concert Next Week.

One of the interesting events of next week will be the sacred concert under the direction of Mrs. W. F. Mangold in the Christian church, Tuesday evening. The best local talent will be in the program which contains some beautiful numbers.

Mrs. M. E. Hall will go to Columbus Ohio Friday morning to join the Ohio delegation going for the 19th biennial of the General Federation of Women's clubs which convenes in New York City, Tuesday, May 23. Later she will visit in Buffalo and Cleveland, Ohio and will probably spend the summer at Chautauqua, N. Y.

Fresh Strawberry Ice Cream. Phone 636.

The Lady Elton club announces a bunco-social tomorrow morning at nine o'clock. All are welcome and are asked to take part in the game.

Screen Party.

Mrs. Cora West entertained a group of her schoolmates and friends with a screen party and dry soap at her home Saturday, May 13. After seeing the pictures the girls and boys repaired to her home in East Cleveland where games and music were enjoyed and delicious refreshments served. Miss Dorothy Holman and Miss Georgie West assisted in entertaining the guests who were: Catherine Cockroll, Romaine and Katherine Field, Maurine and Katherine Dean, Mary Clare Petty, Elva Garner, Lucy Mann, Leah Gorrell and Ruth McKay. Mesdames Cockroll, Lou Davis, Lenoy Jones Francis, Fred and Lean Watson, Charles Dorland, Fred and Chas. Holman, Charles and Russell Taylor, Warren Van Hooser, Charles Lutz, Johnnie Pogarty, Lee Garner, Vernon Cook and Loren and Craig Smith.

Some of the best talent in the city will appear on the concert program to be given at 8:15 o'clock Tuesday evening, May 16 at the Christian church. Admission 25c and 15c.

Played Auction.

The regular Saturday afternoon game of auction of the Kooney Mooney Shah club was played last week at the home of Mrs. Robert A. Hallenbeck. Miss Dessa Matchett made top score and Miss Edith Hall made low. Miss Mamie Lohr was a guest of the club and Miss Lohr, Mrs. Lewis D. Bronson, little Misses Frances Smith and Germaine Hallenbeck assisted in serving a dainty one-course luncheon. Next Saturday Mrs. Eliot G. Lyon of Oklahoma City, will entertain the club at the home of her mother, Mrs. W. M. Bronson.

Phi Delta Gammas.

The Phi Delta Gammas were entertained Saturday afternoon at the home of Mrs. W. M. Bronson with Mrs. Ransom Hamill as the club hostess. [illegible] Mrs. Arthur [illegible] and Mrs. Arthur [illegible] were entertained by the [illegible] and the [illegible] Thursday afternoon. A [illegible] was served.

[illegible]

Federated Missions.

The Federated Mission Study class meets Friday afternoon at the library and it is to be the last meeting for the season, a full membership is desired.

[illegible] West [illegible] Woman's Home Missionary [illegible] Wednesday with Mrs. [illegible] Dodge on 1414 West Park.

The annual Mother's Jewels party of the West [illegible] church will be given Saturday afternoon at the home of Mesdames Mann and Mrs. J. F. Nesley in West Noble avenue.

[illegible]

Miss Helen Jenkins Graduates Tonight.

Miss Helen Jenkins and Gertha Bennett will graduate from Emerson Kang. [illegible] Miss Helen Jenkins [illegible] Miss Helen Jenkins [illegible] follows:

[illegible] Helen Jenkins. Piano accompanist, Edna Davis. Violin solo, Thelma Wilson. Accompanist. Monday, May 15, 1916. 8:15 p. m.

Program.

[illegible] Grieg

Allegro Moderato

Andante Theme

Minuetto

Style Lalique

Miss Jenkins.

[illegible] Davis.

[illegible] Chopin

Mazurka, A Major [illegible] Chopin

Miss Jenkins.

[illegible] Schubert

Miss Davis.

Waltz Lento, Op. 18, No. 2 MacDowell

Valse Triste, Op. 16, No. 6 MacDowell

Polonaise, Op. 46, No. 42 MacDowell

Miss Jenkins.

Kosmoff Song [illegible]

Amy Woodworth Finden

Till I Wake Amy Woodworth Finden

I Heard a Thrush at Eve [illegible] Coleridge

Miss Davis.

Concerto No. 1 D Minor (Italian concerto)

Miss Jenkins.

Second Piano Prof. Carl A. Preyer.

Elect Officers.

The Council League of the First M. E. church held their annual election of officers last night in the Leagueroom. The following officers were elected: President, J. H. Cravens, re-elected. 1st vice president, Blanche Hayes; 2nd vice president, Lea Hawes; 3rd vice president, Mary Eisenschmidt; 4th vice president, Georgia McCormick; secretary, Frances Hershberger; treasurer, Milton Woodworth; pianist, Kelley Bender. The retiring officers and the new officers will assist with Miss Blanche Hayes and Paul Cleveland, Tuesday evening to talk over plans for the work for the year.

Miss Beatrice Trammel is a visitor for one week in Omaha for the purpose of buying millinery and other articles as long as the [illegible] prices at the [illegible] stores.

I have moved my office to 211 E. Noble avenue. Phone 1. I also have [illegible] Sackett for sale. Mrs. Mann.

TESTED RECIPES

Tomato Fritters.

Tomato fritters are very [illegible] This is how they are made: Take [illegible] of tomatoes, six cloves, one [illegible] a cup of sugar and three slices of onion [illegible] minutes. Strain and add a level teaspoon of salt and a few grains of cayenne pepper.

Melt one-fourth of a cup of lard and when the oil and salt [illegible] of cornstarch and the tomato gradually. Cook two minutes and then add one egg slightly beaten. Pour [illegible] to a buttered shallow dish and cool. Turn on a board, cut in [illegible] strips, roll in crumbs, then egg and crumbs again. Fry in deep fat and drain.

Strawberry Sunshine.

Take four cupfuls of white sugar and half cupful of water. Boil [illegible] for one minute. Drop in [illegible] of large strawberries and boil ten minutes longer. Pour out in shallow dishes and set in sun for two days. Then put in jelly glasses and cover with paraffine. This is the most delicious way of preserving strawberries as they retain their natural flavor.

Activities of Women.

The [illegible] of female farm labor in Denmark has increased over 12 per cent in the past year.

Forty women were recently graduated from the law school of the New York university.

Sixteen year old Gladys Parkins of San Francisco is a real expert in window lettering and is now qualified to hold a position with the [illegible] of concrete [illegible] and [illegible].

[illegible] Washington.

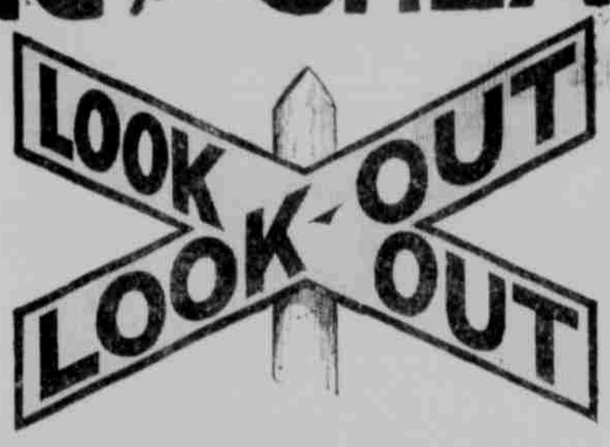
Mrs. L. B. Bishop, a philathropist of Chicago, has agreed to pay all the expenses incurred by poor working girls who desire to be married.

Brighton, Ga., high school girls are taught carpentry.

A woman has been appointed deputy assistant district attorney in New York City.

LEADER WANTS BRING RESULTS

BIG AND CHEAP



Lookout housewives! "Big and Cheap" does not mean Big Quality at little cost. These two things do not go together.

It does mean Big Quantity—Little Quality.

This is true of everything you buy—everything you eat and wear.

And it is especially true of baking powder.

When a "big and cheap" can of baking powder is offered you—one that sells for less than 25 cents a pound—*LOOK-OUT.*

Such powders are lacking in something—perhaps in many things. They cannot always be dependable; they cannot always run uniform.

Such baking powders cannot be made of the best materials. They do not always produce the proper amount of leavening gas—in such cases considerable more is required for results.

They sometimes leave the baking bleached and acid, yellow and alkaline; and sometimes the food is unpalatable—flat, soggy or indigestible.

Just observe the difference between a biscuit made with the "big and cheap" powder and that made with a good powder.

It's the same old story over again! Cheap goods are expensive. Expensive goods are extravagant. Moderation is the best policy.

CALUMET is THE Moderate Priced Baking Powder.

It costs a *little* more than cheap and big can kinds but it's worth twice as much.

Better and purer materials cannot be put into a baking powder at any price. More careful methods of preparing do not exist.

Calumet is used and recommended by the best domestic science teachers and food experts. It is also used by the best cooks and recommended by leading physicians and chemists.

President Wilson's Christmas cake was baked with Calumet Baking Powder. Another recommendation.

Ask your dealer for *CALUMET*—Demand it—Get it. And whatever you do, *avoid the cheap and big can kind.*

Received Highest Awards World's Pure Food Exposition, Chicago, Paris Exposition, France, March, 1912.

THE HEART

How It Acts In Every Day Life

The human heart, in a healthy man weighs but eleven ounces. It beats from long before birth until death, in an average lifetime, about seven million times, allowing seventy beats to the minute. Every twenty-four hours this slight organ performs labor equivalent to lifting a ton of material eighty feet into the air. If the blood becomes poor, and filled with poisons from diseased kidneys, the heart is not only starved, but poisoned as well. It soon becomes exhausted and unable to meet any extraordinary demand which may be made upon it. Supply pure blood; get the kidneys to working; tone up the feeble stomach! Dr. Pierce's Golden Medical Discovery purifies the blood, relieves the kidneys and tones up the alimentary canal. Give the heart the food it needs and it will continue to work till the natural end of life.

People who have been treated for disease of head, heart, lungs, liver, nerves or blood have often been treated in vain, until they began the use of Dr. Pierce's Golden Medical Discovery. When this medicine had healed the stomach and cleansed the blood, the other diseases disappeared.

It will cover the skin; eczema, pimples, rash, blotches will dry up and disappear; boils, carbuncles and other evidences of tainted blood will pass away, never to appear again.

Get Dr. Pierce's Golden Medical Discovery at any medicine dealer today, in either liquid or tablet form as you prefer. It's the one great blood maker and purifier that all weak or run-down people ought to start to use at once. If you want good blood, good health and clear skin, get a supply today.

FREE.—Dr. Pierce's Medical Adviser sent free to you on receipt to pay expense of mailing *only.* Send 3 dimes (or stamps) for cloth-bound book. Dr. Pierce, Invalids' Hotel, Buffalo, N. Y.

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Continues in favor with the youthful men. Crowns a little lower brims a little wider tells the story of the shapes.

$1.50 to $3.50

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is the thing for the man who wishes the softer hat. We have them in the correct dimensions for

$3.00 to $6.00

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