

A PAGE FOR LADIES OF FASHION

Nellie Maxwell Tells of things new and delicious to tempt the Palate

A Department Devoted to the Personal Interests of

Julia Bottomley's Latest Ideas on International Fashions

The Lady Friends of the Tulsa Star

The KITCHEN CABINET

If you cannot get to meter all the music of your soul, then let its heavenly harmony your daily life control. Until from out the discord of life's bitterness and pain sweet symphonies shall rise—nor your life-song be in vain.

—Alice Dunlap.

SOME QUICK DESSERTS.

Toast crackers and put a spoonful of jelly or jam on each. Whip cream, flavor with vanilla and heap on the jelly. Sprinkle with grated cocoa nut or chopped nuts if whipped cream is not available.

Cracker Shortcake.—Open a can of peaches or any canned fruit, pour off the sirup and boil it up with sugar to make a rich sauce. Butter crackers, place the peaches on them, sprinkle with sugar and put another cracker on top. Put into the oven long enough to heat through and serve with hot fruit sauce.

Jelly Pancakes.—Make a batter of a cupful of milk, a cupful of flour, one teaspoonful of baking powder and a quarter of a teaspoonful of salt. Beat an egg, add the milk and flour, beating well, fry on a hot greased griddle. Spread with jelly, roll up and sprinkle with powdered sugar.

Raspberry Trifle.—Line a glass dish with thin slices of sponge cake. Pour over it raspberry juice to soften it, then lay over it a layer of whole berries. On this place another layer of cake and another layer of raspberries. Pour over all whipped sweetened cream.

Banana Dessert.—Slice bananas and sprinkle them with powdered sugar, chopped nut meats and the juice of half a lemon. Surround with seeded raisins and serve with cream.

A few cooked prunes stirred into sweetened and flavored whipped cream and served on squares or strips of cake makes a most tasty dessert. Any kind of fruit may be served in the same way, pineapple is especially good.

Cooked rice served with a hard sauce, flavored with crushed, fresh fruit, is another good dessert.

Marmalade, cream cheese, dates, figs and nuts in combination may be used for sweet sandwich filling.

Maple sugar with chopped salted almonds is one that is always liked. Moisten the sugar with thick cream, then add the chopped nuts. The browned almonds make a most appetizing flavor with the maple sugar.

As ships meet at sea, a moment together, when words of greeting must be spoken, and then away into the deep, so men meet in this world, and I think we should cross no man's path without hailing him, and, if he needs, giving him supplies.—Henry Ward Beecher.

HELPFUL HINTS.

To tell a cooked egg from a fresh one, should they get mixed on the shelf, twirl the egg on a smooth surface. The cooked egg will spin, the raw will not. A roll of surgeon's plaster will be found most useful for many things other than its authorized purpose.

When making frosting use instead of fresh water that which has been colored by cooked beets. Mix this with powdered sugar and you have a wholesome pink frosting.

When cooking milk, to keep it from burning, put a few spoonfuls of water in the dish and when boiling add the milk.

Apples are one of the most wholesome of fruits and should be given freely to children, especially in the winter. Cranberries are said to stimulate the liver.

For the overtired housewife a most restful attitude is to lie on the back with the feet elevated on a couple of pillows or cushions. Ten minutes in this position will effect a wonderful rest.

A splendid idea to keep stockings mated, especially in a large family, is to place good-sized patent fasteners on the top hem of the stockings, then when the hose are taken off they are snapped together, may be so washed, and will return still united.

Never throw away old quilts, as they make the best kind of padding for a stair carpet.

When sweater sleeves become thin at the elbow, cut them out of the arm hole and exchange them, putting the left sleeve into the right arm hole. This change brings the worn part on the front of the sleeve.

Wash hairbrushes in common baking-soda water; a teaspoonful to a pint of hot water. Dip the brushes up and down in this until clean, then rinse in clear water and dry, bristle-side down.

Buttons will stay on longer if the knot in the thread is put under the button before beginning to sew it on.

The flush of youth soon passes from the face. The spells of fancy, from the mind depart. The form may lose its symmetry, its grace, but time can claim no victory over the heart.

THE EMERGENCY SHELF.

This is a subject which has been treated at length several times, but one which is so important that it needs to come often before us. The housewife who has a well-stocked emergency shelf may be assured that no sudden inroad of unexpected company will cause her any inconvenience.

Here are some of the many things which will be useful, although each housewife will find additions and changes to make, suitable to her needs.

First, have a few cans of good soup. This, with some crisp crackers, makes a fine beginning to any hurried meal and may be prepared almost as quickly as it takes to write it. One may add milk or cream to extend the amount of these soups and usually it improves them. On this shelf have a few cans of fish, such as tunny or tuna, salmon and crab or lobster; these may be used in various ways as salads, hot dishes or chowders if so desired. Cutlets, using a can of salmon, adding white sauce, rolling in crumbs and frying in deep fat, will go further than a can of salmon served plain.

A box of codfish, jars of pickles, canned corn beef and dried beef, olives, canned fruit, nuts and dates are other helpful furnishings to the shelf. Even lemon pie filling comes canned now to use in an emergency. These foods are expensive for everyday use, but to have some of these things on the shelf even if used but once a year, will prove worth the investment.

A few quickly prepared menus should be at hand, so that in the hurry one need only glance at them to choose a good meal.

There is a shady side of life, And a sunny side as well, And 'tis for every one to say On which he'd choose to dwell; For every one unto himself Commits a grievous sin, Who bars the blessed sunshine out, And shuts the shadows in.

PROBLEM OF THE SKIRT

CAUSES MOST CONCERN AMONG WOMEN PLANNING CLOTHES.

Designers Are Making Struggle for Less Full Skirts—Waist Line to Be Smaller in the New Designs.

The designers say that there will be a struggle for less full skirts before the winter is well advanced. That is a drop of poison in the present cup of happiness. Women have shown enthusiasm and gratitude for the retention of the full skirt; they are glad that there is some chance of using the suits of last spring.

If the designers win out in an effort to bring back narrow skirts before the new year, then women will find themselves compelled to buy new clothes or go in for the process of alteration, if they would be in the fashion.

What About the New Skirts?

Each of the women who are regarding the prospect of buying new clothes for the autumn is far more concerned with the skirt than with any other part of the costume, unless it be the high-crowned hat, which is really a nerve-racking knot for the woman with a long face to unravel.

The truth concerning skirts is that so many varieties are offered, no woman need actually worry. Even the full tunic is admitted. True, the skirt beneath the tunic is not as narrow as it was last November, when Jonny and Callot flooded the country with skirts that had a narrow line about the ankles, but a sharp contrast is still made between the tunic and the lower skirt. Both are cut circular and each is fitted at the hips, for the umbrella shape rules on a majority of the gowns. When this wide circular cut is thoroughly understood and well managed, it is far prettier than the skirt which is full at the waist and narrow at the ankles.

Waist Line Is Smaller.

This season such fullness at the waist line will be eliminated to a large extent, which is good news to all but the emaciated women. The cut of skirt which is widely adopted and dominates the field of clothes is what was once known as the umbrella skirt. There is no better name for it. It fits the waist, is smoothed out over the hips, falls limply around the ankles, its fullness folding up on itself, and with a hem sometimes irregular and sometimes even.

There is no struggle to keep the fullness from falling in front of the knees; for that idea of squaring off the front of the gown and putting the fullness at the side is evidently put back on the shelves with last year's fashions. It was never attractive, but it was tolerated and accepted because it was one of the ways out of a serious sartorial disaster.

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A DAINY NEGLIGEE



Model of white China silk with white ribbon running through loops at the waist line. Fillet lace is used as trimming.

Quickly Made.

A pretty style for an apron that is quickly made requires a piece of linen or organdie about eighteen or twenty inches square, according to the desired size. This is hemmed all around and edged with lace or a buttonhole scalloping. The four corners are decorated with insets of lace, worked in embroidery or in any way the decorator pleases. A casing is set across one of the points for taking a ribbon, which when drawn up and tied around the waist creates a bib.

STOCKING CASE IS NOVELTY

Girl Who Is Careless About Her Feet Wear Will Find This a Great Convenience.

We have had handkerchief cases, glove cases, veil cases and comb and brush cases, but a stocking case is a novelty. The girl who is careless about putting away her stockings, and who consequently never knows where to find a certain pair, but fishes about among a bundle of stockings until she finds what she wants, should try the stocking case scheme. The case may be made of any preferred material, as linen, silk, saten with an outer covering of something sheer, as voile, scrim or dotted Swiss, the decoration being to suit one's fancy.

To make a case holding a dozen pairs of stockings one needs a strip about nine inches wide and over a yard long. At one end the strip is turned up to form a pocket, and at the other it is cut into a pointed flap.



A Stocking Case.

A second strip about five inches wide and the length of the wider one minus the pocket is bound with ribbon or tape on one long side. The opposite edge is laid even with the wider strip and basted there. Next the double strips are divided into 12 pockets just as one would make a shoe bag. Then all edges of the case are bound with the selected findings. The larger pocket is to hold the stockings that need darning, while the smaller ones take one pair each rolled up smoothly ready to put on.

As it is difficult to keep stockings in pairs when they are all one color, it is a good plan to sew one of the little dress snappers at the top of each stocking. When sending to the laundry a pair of stockings can be clasped together and orders given to wash them so joined. Then one can tell just how well or how badly stockings wear and can buy the brand that gives the better satisfaction. When the case is rolled up it can be pushed into a corner of a bureau drawer, and will be found a much neater arrangement than the loose stocking drawer.

HINTS ABOUT AUTUMN DRESS

Fruits and Flowers in Cutout Motifs Among Garnitures for Frock and Hat.

Exotic fruits and flowers in cutout motifs with petals and rims defined by beads, are among the garnitures for both frocks and hats. In some instances this trimming is of taffeta and satin, but it is likely that we shall see a good deal of it reproduced in velvet as the winter season approaches.

Fur is being used in a number of unusual ways to form floral petals or define lace motifs. Every effort is being made, apparently, to gain unique effects and to give to even the most commonplace garment or hat a touch of the bizarre that links it with the newest creations.

All the new shades are represented, with special attention paid to white and black. Metallic tissues have not been neglected, especially in gold and silver effects.

Shirtings Give Fullness.

Plaits or shirrings to give fullness at the hips is one of the styles that is taking well. In a new coat model a plaited panel is set in over each hip, extending to the bottom of the coat and the top is covered by the belt at the waist line. The same idea of side fullness is carried out in a skirt model. The yoke of the skirt is round and the lower section is cut on circular lines and put on the yoke evenly, except for six inches at each hip, where the lower section is shirred to the yoke, giving an attractive fullness in a novel way.

A White Silk Stocking Hint.

A teaspoonful of turpentine in the last rinsing water will keep your white silk stockings from turning yellow when washed.

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