

Rice Terraces Are World's Masterpieces

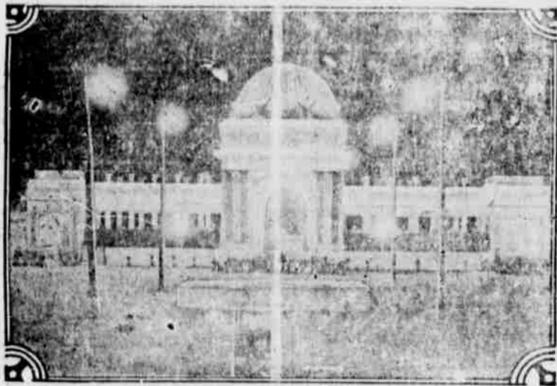


This is a photograph of the Ifugao Igorrot rice terraces, which are among the most remarkable of their kind in the world. They are one of the many marvelous sights for the tourist to see in the Philippine Islands and are to be found in the Ifugao district of the Mountain province, Northern Luzon.

The height of these terraces, which are held up by stone walls, is from 4 to 15 feet, averaging 8 feet high. It is estimated there are 12,121 miles of eight-foot stone walls in the Ifugao terraces, which is approximately half the distance around the world.

These terraces are skillfully irrigated by water brought in troughs along the precipitous mountain sides over long distances.

MANILA CARNIVAL BIG ATTRACTION OF FAR EAST



This is the season of the year when the Philippines become the playground for the entire orient. It is carnival season in Manila.

In 1908 the first Philippine carnival was held on historic Wallace Field in Manila in February, when the climate of the islands is at its best, and each succeeding year there has been a larger and more elaborate celebration. The 1920, or Victory Carnival, will be the greatest event of its sort ever held anywhere in the Far East.

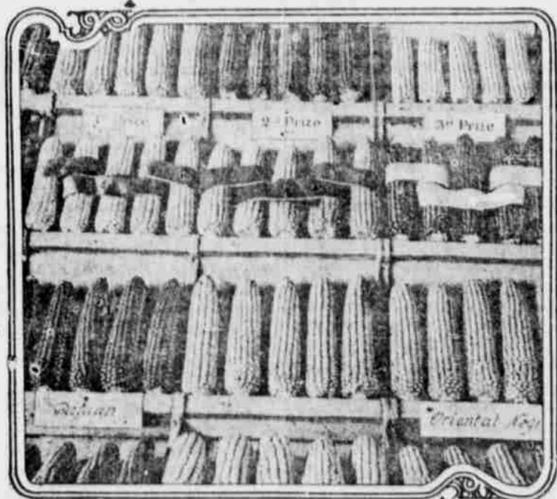
There are commercial and government exhibits in connection with the carnival, and on no other occasion is it possible to gain at once such a comprehensive idea of the production and

development of resources of the archipelago as that which is offered the visitor at the carnival city.

In the evenings the carnival becomes the center of Philippine and oriental social activity. A huge open air auditorium serves for the elaborate nightly balls, and on its mammoth floor thousands of couples swing together to the strains of music furnished by the famous Constabulary and other military bands. Probably at no other place in the world will one see an equally impressive cosmopolitan spectacle.

The Manila visitor who can plan his trip to arrive at the Pearl of the Orient for carnival time may well deem himself fortunate.

How Would You Like to Harvest Two Crops of Corn a Year as They Do in the Philippines?



No, reader, this corn was not grown by one of our local farmers! It wasn't grown in the United States, even. It was grown in the faroff Philippine Islands by Filipino schoolboys. Two fine crops of corn a year are produced in the Islands.

The Philippines are doing some wonderful things in the agricultural line. The Philippine government has fine agricultural schools throughout the islands, and the Philippine legislature, composed entirely of Filipinos, is each year making larger and larger appropriations for this important work. The staple food of the islands is rice.

Other important Philippine crops are hemp, sugar cane, coconuts, coffee, tapioca and pineapples. Lumber is also an important industry.

There are hundreds of thousands of acres of land lying idle in the Philippines, which have a greater area of fertile land than Japan—this in spite of the fact that the population of the Philippines is 11,000,000 while that of Japan is around 55,000,000. There is every reason to believe that some day the Philippines will have a population as large as that of Japan today. The Filipinos are the only Christian people in the orient, and their young men are working night and day to prepare

FILIPINAS GET BALLOT BEFORE AMER. SISTERS

Senora de Veyra Describes Status of Women in the Philippines.

The Filipino woman is destined to be in the world's spotlight more than ever before as a result of the news just received by cable from Manila to the effect that the Philippine senate has passed the equal suffrage bill giving women full political rights with men. This would indicate that the Filipina may beat her American sisters to the ballot box.

The Filipina has many admirers who predict she will make good if she gets the vote, just as she has made good in the very important role she has occupied in the family and business life of the Philippines ever since the introduction of Christianity in the islands three centuries ago.

"America's advent in the Philippines discovered a wonderfully interesting, responsive little being, the Filipino woman," writes one American concerning



MRS. JAIME C. DE VEYRA, A Filipina who is doing important work for her people in the United States.

the Filipina. "Mothering the only Christian people in the far east, she holds a place of authority, love and respect in family and social life that is not accorded to women in countries neighboring the islands, or in India, China or Japan."

A Filipina who is doing an important work for her people in the United States is Mrs. Jaime C. de Veyra, wife of the resident commissioner from the Philippines. Not only has she frequently addressed the wives of members of Congress in Washington as to conditions in the new Philippines, but she has visited various cities, speaking before women's clubs. The senora wears, in giving her talks, one of the beautiful gowns of her home land, a delicate pineapple fabric, hand-woven and hand-embroidered, shaped like a gauzy-winged butterfly.

"In many ways the path of the women of the Philippines is easy," says Senora de Veyra. "Laws made by her have combined the best of American and Spanish precedents, and she has come into her own with far less struggle than either her American or her Spanish sisters. Married women may hold property in severalty. They are guardians of their own children. These are vested rights and cannot be taken away from her."

"Professional opportunities are as good for women as for men in the land from which I come. The Filipina is by custom the dictator in the home. She is usually the keeper of the family treasure. Practically all of the small shops in Manila are conducted by women. Women are already members of the Philippine Bar Association—a thing still impossible in Great Britain. They are also successful as physicians."

Life is really a fifty-fifty proposition for women in the Philippines, according to the senora, who has taken such a prominent part in women's work there that she has sometimes been referred to as "the little mother of them all." She was the assistant matron of the Normal Hall Dormitory for Girls when she married. She speaks English fluently and puts her little talks "over" with real tact. She has four children. An evidence of her enterprise was her action last year in mastering shorthand so she might be "useful to her husband at home in the evenings in case he wishes to dictate a few letters or a speech."

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Mechano-Therapy is a scientific method of finding the cause of disease in the spinal column (back bone), and correcting that cause by adjusting the vertebrae (segments) of the spine to eliminate any pressure on the nerves that pass out from the spinal cord to supply all parts of the body with nerve force (life). When this is done nature will make you well. Mechano-Therapy adjustments open the channels for nature to do her work.

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So-called headaches, eye diseases, deafness, epilepsy, vertigo, insomnia, wry neck, facial paralysis, locomotor ataxia and other inco-ordinations are caused by pressure on nerves at this point.

Pressure on nerves in this part of the spine is the cause of so-called throat trouble, neuralgia, pain in arms, goitre, nervous prostration, la grippe, dizziness, bleeding from nose, disorder of gums, catarrh and other so-called "diseases."

Pressure on nerves here will cause so-called bronchitis, felons, pain between the shoulder blades, hay fever, writers' cramp, and other troubles.

Nerve pressure at this point causes so-called nervousness, heart disease, asthma, pneumonia, tuberculosis, difficult breathing and other lung troubles.

So-called stomach and liver troubles, enlargement of the spleen, pleurisy and a score of other troubles are caused by pressure on nerves in this part of the spine.

At this point we find the cause of so-called gall stones, dyspepsia of upper bowels, fevers, shingles, hiccough, worms, and many other inco-ordinations.

Pressure on nerves at this point will cause so-called Bright's disease, diabetes, floating kidney, skin diseases, boils, eruptions and rheumatism.

Such troubles as so-called appendicitis, peritonitis, lumbago, etc., yield to Mechano-Therapy adjustments in this part of the spine.

Why have so-called constipation, rectal troubles, sciatica, etc., when adjustments at this part of the spine will eliminate the cause?

A slight displacement of one or both hip bones will produce so-called sciatica, together with many "diseases" of pelvis and lower extremities.

For any of these ailments, or that dreaded pain in the side and back see

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GOVERNOR LEADS LONE FIGHT FOR MR. BOOZE.

New Jersey Executive Asks His State to Contest 18th Amendment.

(Star News Service)

TRENTON, N. J., Feb. 13.—Gov. Edward I. Edwards, of this State is the most conspicuous antagonist that has so far arisen to oppose enforcement of the 18th or prohibition amendment. Despite his zeal in this matter it is claimed for him by his friends, that he has not tasted liquor for 30 years. He opposes the amendment as an encroachment upon state's rights. Attracted by the energetic efforts of Governor Edwards, who is a democrat, the Hon. William J. Bryan, democratic and prohibitionist, has accused Edwards of striving to "bury the democratic party in the same grave with John Barleycorn. The battle in New Jersey, led by Gov. Edward I. Edwards, for state rights as against constitutional prohibition is being fought along two lines: An effort to induce the legislature to contest the validity of the 18th amendment in the United States Supreme court and to enact a state law permitting the sale in New Jersey of beverages containing more than one-half of 1 per cent of alcohol.

Steps necessary to fight the prohibition amendment in the Supreme court have been considered in conferences between the new governor and the state attorney general. Two bills have been introduced in the legislature, one to permit the sale of beverages with 4 per cent of alcohol contents and the other 5 per cent.

SOUTH HAVEN NEWS.

Mrs. Rebecca Gooch is on the sick list. Mr. and Mrs. Jake Ensley celebrated the 12th birthday of their daughter, Ora Lee. Cloths were laid for 15 pupils and the teacher, Ora Lee has the best wishes of her school mates and her teacher, that she will be a beacon light for her race.

streets Meeting House. The occasion was charge of Anna Biddle Siring, chairman of the committee on anti-lynching, appointed at the last yearly meeting.

She read a letter from the new mayor. "I am glad to note your interest in the Colored people, and wish I might be at your meeting, but an other important engagement prevents," the letter said.

Leslie Pinckney Hill, principal of Cleyny Training School, was the first speaker, telling of the 300,000 who crossed the sea at the call of the United States to fight for the democracy they could not practice, and when they came back, they naturally expected the treatment here that had been accorded them in France, when for the first time in their lives, they were met and treated as human beings.

Dr. Hill outlined four ways in which the Negro plans to work:

1. Make fact known.
2. Work in schools.
3. Equal rights for all.
4. Backed by ballot.

"The Negro Abroad," was treated by J. Harry Seregrins, Y. M. C. A. worker among the Negro soldiers in France.

Dr. Wm. J. Hall, of Swarthmore, spoke of "The Golden Rule in Relation to the Negro."

"We owe a debt to the Colored citizen," he said and advised the application of the Golden Rule. "He needs to be measured not by our measure, but by the measure of God."

Previous to the meeting supper was served in Y. M. C. A. auditorium the Cleyny octette furnishing the music.

BLACK PUGILIST GETS PASS-AGE ON U. S. BOUND SHIP.

Mexico City, Feb. 13.—Jack Johnson, former champion heavyweight pugilist of the world, said Wednesday he had engaged passage on the steamship Monterey and would arrive in New York the first week in March. He declared he was confident he could arrange differences with the United States district attorney at Chicago so that he might

A. F. L. TROUBLE BREWING IN MISSISSIPPI.

Southern Unions Resent Organization of Negro Unions.

A. N. P. Service.

JACKSON, Miss., Feb. 13.—Trouble is brewing in union labor organizations when the Mississippi branch of the berhip from the American Federation of Labor it is said is in prospect because of the activity of the latter body in forming labor unions among Negroes in this state.

When the Mississippi branch of the Federation of Labor held its annual convention here, a goodly number of delegates were astonished to find 20 or more Negro delegates in attendance, duly accredited from local unions of carpenters, plasterers, brick layers, etc., in the principal cities of the state.

It is said that these labor unions were formed by national organizers from other states, representing the American Federation of Labor, who were working in Mississippi without the knowledge or consent of the state organization.

What took place in the secret or executive sessions of the Federation has not been made public, but from reliable sources, it is learned that some very salty speeches were made on the subject, and some of the delegates threatened to withdraw their union from affiliation with the American Federation of Labor.

A resolution was adopted and sent to President Gompers, requesting that in the future southern labor leaders be allowed to handle southern questions in their own way, and that organizers who are not familiar with problems in the south be kept away from this section.

COMMUNITY CONFERENCE ON "POST WAR NEGRO."

Negroes Treated as Human Brother For First Time in France.

A. N. P. Service.

Philadelphia, Pa., Feb. 13.—"The Post-War Negro" was the topic discussed at the third community conference held at Fifteenth and Race

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