

TELLS CAUSE OF SEASONAL ILLS

Run Down: Health Makes Body More Liable to Disease.

STOMACH USUALLY TO BLAME

Human Machine Falls When Digestive and Eliminative Processes Get Out of Order, Yielding Poisonous Waste Instead of Strength-Building Nutrient—Tanlac Expert Talks.

Many ills to which people are especially liable at this time of the year are direct results of a disordered stomach and deranged digestion, according to the Tanlac health expert.

"In a majority of cases those who suffer from sickness must blame their stomachs," he said. "We must remember that the strength of the body comes from the digestive system.

Food Becomes Poison.

"When the supply of nutriment needed to keep the human machine falls, the food which should have given strength becomes poisonous waste.

"The stomach has been called 'the chemical laboratory of the body.' There the material taken into the body is rendered into blood, bone and muscle for permanent health, vigor and vitality.

"The success of Tanlac as an aid to digestion, assimilation and the functions which dispose of waste matter has been proclaimed by thousands.

Restores to Normal.

"Tanlac is a vegetable remedy, designed to feed while it heals sick, sore stomachs, and to bring back the digestive system to its normal, natural work. Thus health is restored, yielding energy, ambition and vitality, and giving that feeling of complete well being necessary to the full enjoyment of life by every man and woman.

"With the health and strength that Tanlac gives, people are less subject to disease. Thousands who have taken Tanlac are grateful because it made them well and kept them well."

Tanlac, the master medicine and reconstructive tonic, is sold exclusively in CLAY CITY by Eaton & McGuire.

Other exclusive agents in nearby towns are as follows: Stanton at Hardwick & Co.; Bowen, Day and King; College Hill, Ginter Bros.; Torrent, J. Taylor Day; Irvine, Irvine Drug Co.; Genet, Genet Cash Store; Waltersville, Henry Waldron, and Beattyville, Thomas Pryse.

GENET

Corn husking the order of the day.

C. R. Dulin and other oil men were here last week.

Wm. Hatton and L. J. Howell have moved to Nada.

Everett Randall, our teacher, went home to Stanton last Friday.

Sol Hilton, of Stanton, has moved on the farm of Fuller and Ponder near here.

T. J. Ponder and B. V. Knox went to Nada last Thursday to deliver some corn.

Dillard Smyth and family, of Maucelona, Mich., are visiting friends and relatives here.

J. B. Smyth, Albert Ratliff, Sol Helton, Ike Brown, J. H. Howell have gone to the Estill oil fields.

THE LADIES' HOME JOURNAL, THE SATURDAY EVENING POST and THE COUNTRY GENTLEMAN wish to secure the spare time of a man or woman to act as local representative in Clay City and vicinity, looking after the renewals of their many subscriptions in this section, and introducing these publications to new readers. Payment will be made in salary and commission. Previous experience is desirable but not essential. For details address, with references, Box 634, The Curtis Publishing Company, Independence Square, Philadelphia.

BOWEN.

Miss Lena Holman, who has been visiting relatives here for quite a while, has returned to her home at Terre Haute, Ind.

Miss Bessie Curry, of Fincastle, was visiting friends at this place Saturday and Sunday.

Mrs. Margaret Faulkner, who has been at Asheville, N. C., several months for her health, is now at home feeling quite well.

Mrs. Patsy Holman and Miss Lena Holman were the guests of Mrs. Rex Bowen Friday.

Mr. Bill Garrett, wife and little daughter, of Stanton, were visiting Mrs. Margaret Faulkner and family last Sunday.

Robert Stamper, who is working at Cincinnati, was home a few days last week to see his family and friends.

Mrs. Greene Garrett, of Winchester, Mrs. — Spencer and her mother, Mrs. Eliza Day, of Nada, were the guests of Mrs. Clay McDonald last Wednesday.

Bro. P. O. Derthick and Mr. — Johnson, of Stanton, visited our Sunday School last Sunday. Mr. Derthick helped us with our lesson and gave us some ideas which awakened a new interest in us. We need more such visitors.

VIRDEN

C. C. Curtis made a business trip to Rabbittown last Saturday.

We are sorry to report Mrs. W. H. Smitson is on the sick list this week.

Mrs. Tina Wilson, of Booneville, is visiting her parents, Mr. and Mrs. Preston Combs, and other relatives here this week.

Mr. James Wallas, of Lexington, was here last week painting W. H. Smitson's house, which adds greatly to its appearance.

Quite a number of people of this neighborhood attended the funeral and burial of Mrs. Sarah Adams at Powell's Valley Sunday.

Mrs. Martha Ware returned home Saturday after a week's visit with her daughter, Mrs. Nannie Hughes, near Winchester.

Mr. and Mrs. Killis Ware arrived here Saturday from Marshall, Ind., to attend the funeral of the former's sister, Mrs. Sarah Adams.

This is a true chicken story. One day last week Mrs. Smitson heard some young chickens chirping and set out to locate them. She found the chicks near a large locust tree some distance from the house, but couldn't see the hen. The hen was finally located by her clucking, and found to be in a hole in the tree about ten feet from the ground, where she had hatched twelve chicks. The hen is of the game species and is doing fine with her little family. Now who can beat this?

Get a Transfer.

If you are on the Gloomy Lane, Get a transfer.

If you're inclined to fret and pine Get a transfer.

Get off the track of Doubt and Gloom;

Get on a Sunshine Train—there's room.

Get a transfer.

If you are on the Worry Train, Get a transfer.

You must not stay there and complain;

Get a transfer.

The Cheerful Cars are passing through,

And there is lots of room for you.

Get a transfer.

If you are on the Grouchy Track, Get a transfer.

Just take a Happy Special back.

Get a transfer.

Jump on the train and pull the rope

That lands you at the Station Hope.

Get a transfer.—Ex.

Dies in Estill County.

(Sick) Bill McIntosh, a former resident of Clay City, died in Estill county Oct 21 and was buried at the Winburn graveyard near Hargett. He is survived by several children.



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In the rain all day is generally followed by painful twinges of rheumatism or neuralgia. Sloan's Liniment will give you quick relief and prevent the twinges from becoming torture. It quickly penetrates without rubbing and soothes the sore and aching joints. For sore, stiff, exhausted muscles that ache and throb from overwork, Sloan's Liniment affords quick relief. Bruises, sprains and other minor injuries to children are quickly soothed by Sloan's Liniment. Get a bottle to-day at your Druggist, 25c. Adv.

NOTICE!

That all person holding claims against the estate of Thomas Welch, deceased are requested to present said claims properly sworn to and proven to me on or before November 10, 1916.

P. H. Welch, Administrator, Rosslyn, Ky.

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