

# MT. STERLING A DVOCATE.

A WEEKLY JOURNAL, IDENTICAL IN INTEREST WITH ITS OWN PEOPLE.

VOL. IX.

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NO. 51

## Our Prices on Furniture.

Are lower than any other house in this section, and our stock is both large and varied. Just take a look through our store, get our prices and be convinced that we can save you money.

## Carpets.

We have a full line and our prices are all right.

## Mattings.

We are just in receipt of a large shipment of well assorted patterns.

## Linoleums, Oil Cloths, Rugs, Etc., Etc.

All at close prices.

Undertaking a specialty.

## Sutton & Harris,

Wizer Building, Mt. Sterling, Ky.

## IS RULED BY HABIT.

Some Common But Curious Facts About Sleep.

That sleep is ruled by the habits of the individual is extremely evident. An instance is given in which a person who had taken passage on board a warship was rudely awakened by the morning gun, which startled him exceedingly. On succeeding mornings the gun woke him at first sharply, and then much more quietly, until at length he slept on without being disturbed at all in his slumbers by the report. It is also notable that when a special habit of life has become part and parcel of the daily routine, sleep is liable to be disturbed by even the slightest appeal which ordinarily wakes the individual in the exercise of his profession, while noises of much more grievous character fail to effect that result. The doctor wakes on the slightest agitation of his night bell, while the clerk of the needle awakes the tired telegraphist when a loud noise might fail. Sir Edward Codrington was serving in the early days of his naval experiences as signal lieutenant to Lord Hood at the battle of Toulon. His duty was that of watching for and interpreting the signals by the lookout frigates, and in incapacity he remained on deck for 18 or 19 hours out of the 24. Exhausted with the strain of watching, he went below to obtain sleep, and reposed soundly, undisturbed by any ordinary noise; yet whenever a comrade lightly whispered in his ear the word "Signal," he at once awoke, ready for duty. The cause of sleep is as yet a matter of scientific debate. In the present state of our knowledge there can be no absolute certainty in the matter.—Dr. Andrew Wilson, F. R. S. E., in Harper's Magazine.

## STUDYING THE OYSTER.

Is Disease Spread by This Innocent-Looking Bivalve.

For some years past oysters have lain under the suspicion of not being so innocent as they look, and dark tales have been told of disease spread by their means. The subject has been scientifically investigated in England during the last three years by Profs. Herdman and Boyce, who have recently communicated their results in a paper read before the Royal society. This paper supplements the preliminary papers they have communicated in reports before the British association. The primary object of their investigations has been to study the oyster under unhealthy conditions, especially the so-called "greening" of oysters. It soon became evident that there are several distinct kinds of greening in oysters. Some of them, such as the green Marennes oysters and those of some rivers on the Essex coast, are healthy; while others, such as some Falmouth oysters, containing copper, and some American oysters, rebbed on the British coast, which have the pale green "leucocytosis" described by the authors in a paper to the Royal society, are not in a healthy state. They find that some forms of greenness are undoubtedly associated with the presence of a greatly increased amount of copper in the oyster, while other forms of greenness, such as that of the Marennes oysters, have no connection with copper, but depend upon the presence of a special pigment called "marennin." Both the green American and the Falmouth oysters owe their greenness to the presence of copper, which copper they find is situated chiefly in the blood cells of leucocytes. Curiously enough, however, experiments in feeding oysters with weak solutions of various copper salts gave no clear evidence of any absorption of the metal accompanied by greening.—N. Y. Times.

## GOT HIS JOB BACK.

Losers of the Fight Was Probably Winner in the End.

Owing to the illness of his regular boy, a young doctor engaged a new lad named Tommy Jones. Tommy was a jewel, and when Joe, the first page boy, was quite well again, the doctor was loth to let Tommy go. But Joe wanted to come back to his pleasant berth, and pleaded with his former employer. A new way out of the dilemma seemed to present itself, for the doctor said: "Joe, if you can put the other boy out you can have your job back." "Do you mean that I must lick him?" "That's about it." "All right, sir." When Dr. M. returned to his surgery that night he met a sight he never bargained for. The glass in the door was smashed to atoms, a marble clock on the mantelpiece was minus dial, glass and hands, while a handsome chair reposed on three legs. But Joe was in victorious possession, nursing a swollen cheek. "Tommy's gone, sir," he said, with a grin.—Weekly Telegraph.

## A Definition.

A blue jay; one who has been bunched.—L. A. W. Bulletin.

## ROYAL BAKING POWDER

ABSOLUTELY PURE  
Makes the food more delicious and wholesome

## AN AFRICAN HARE.

Preferred the Mercy of a Snake to That of a Man.

Once, many years ago, I was riding in search of small game upon the veldt in the Transvaal, says Rider Haggard in Longman's, when a hare jumped up before me. Halting the horse, I shot at it from the saddle, and with the second barrel broke one of its hind legs and injured the other. Springing from my horse, and without reloading the gun, I ran to catch it, but as it could still travel faster than I did I saw with chagrin that it would reach a hole for which it was heading (in Africa these hares go to ground if pressed) before I was able to overtake it. Presently it came to the hole, but instead of bolting down it sat quite still upon the hither side. Thinking that the animal was expiring, I crept up cautiously and stretched out my hand to seize it. The next instant I received one of the sharpest shocks that I can remember to have experienced, for on the other side of the hole, within about four feet of my face, like some child of evil magic, there rose up suddenly the hugest cobra ("ringhals," I think the Boers call it) that I have ever seen. The reptile, which appeared to me to be about six feet long, stood upon his coiled tail, and, puffing out his horrible and deadly hood, flickered his tongue and spat upon me. There was no reason why he should not have struck me also, since for the moment I seemed paralyzed and did not move. Recovering myself, I sprang backward and began to search in my pocket for a cartridge to put into my gun, whereupon the great snake, sinking down again, with a single swift movement vanished into the hole which was between it and me.

Now, as the "ringhals" had gone, I thought that at any rate I might as well secure the hare, which all this while, petrified with terror, had been crouching by the top of the hole. So once again I leaned toward it. It heard me and tried to run away, but was evidently too weak. Then it looked first back at me and next at the burrow down which the snake had vanished, and, seeming finally to decide that the mercies of a cobra are greater than the mercies of man, it uttered a scream and followed the reptile into the hole. I stood still and listened. Presently from under the earth came the sound of a rush and a scuffle, followed by another pitiful scream. Then all was still.

## Got In for Nothing.

A boy accompanied his father to church last night, and when the collection was taken up the youngster closely watched the performance. When the collectors had made their returns the boy said to his father: "Half of them got in for nothing."—Athenian Globe.

## Murderers Go Free.

It is alleged that the death penalty is rarely enforced in Germany, Austria, Denmark or Sweden. In New York 11 out of 12 murderers escape without any punishment, and in the United States only one murderer in 50 suffers capital punishment.

## A Natural Supposition.

Was the milky way spilled when the great dipper upset?—L. A. W. Bulletin.

## The Grape Cure.

One of the most splendid cures for all ills in Europe is the grape cure, practiced in Germany, and it is said that anyone taking the treatment drops off the wear and tear of five years—actually renews himself by so much. The sanitariums where this treatment is given are beautifully and healthfully situated and comfortably appointed. The patient is given nothing but unfermented grape juice for a period of four weeks—beginning with a generous amount, decreasing to a minimum allowance (as little as the system will bear without great weakening), and gradually increased to the first amount.

\$1,500 to loan on city or farm property for a period of three years all in one sum.

## BREVITIES OF FUN.

Upto Date Advice.—Palmer Coyne—"Put not your trust in riches." Byrne Coyne—"No; put your riches in trusts."—Life.

Mrs. Yeast—"I never saw anyone get away with pigs' feet like my husband." Mrs. Crimsonbeak—"Unless it was the pig himself."—Yonkers Statesman.

Bacon—"I suppose, like most women, your wife wants the earth?" Egbert—"Well, yes; but I have learned that she don't want it on her parlor carpet."—Yonkers Statesman.

An Illustration.—"I can't believe that this wireless telegraphy is possible." "Why, of course it is. Hasn't your wife ever let you know clear across a crowded room that you were making a fool of yourself?"—Philadelphia North American.

"Is it true, professor, that the English call hornets 'wasps'?" "That depends, my dear young lady, on circumstances. An Englishman stung by a hornet is apt to call it about the same names an American would."—Indianapolis Journal.

A Dissembler.—Mr. Isolate, of Lonelyville—"I don't think our new neighbor, Mr. Plaza, will ever make a thorough suburbanite." Mr. Hermitage, of ditto, interestedly—"No?" Mr. Isolate, in confidence, deprecatingly—"No. He has painted his market basket green, and carries a trout rod with him whenever he goes to the city, to give persons the impression that he is going fishing."—Puck.

He was suing for a divorce. "Judge," he said, and there was a pitiful tremor in his voice, "every night she made up the most awful clafing-dishes messes that mortal man ever sampled!" "But you didn't have to eat them," said the judge, sharply. The plaintiff looked at the judge pityingly. "You don't know my wife, judge," he simply said. He got his decree.—Cleveland Plain Dealer.

## SOME CURIOUS PRODUCTS.

Dresses and Cannon Balls Are Grown on Trees.

The oil of the nut of the argan tree, which exists in Morocco, is useful to the natives both for burning and cooking purposes. When made into oilcake it is invaluable to the natives and their cattle in time of drought. The best charcoal is made from the argan tree, and the dry timber is excellent for firewood.

There is said to be a tree in Bombay called the sack tree, because from it may be stripped a very singular natural sack which resembles felt in appearance. In the West Indies is found a tree the inner bark of which resembles lace or network. This bark is very beautiful. It consists of layers which may be pulled out into a fine white web three or four feet wide. It is sometimes used for ladies' dresses. The marguey tree of Mexico affords material for paper, and from the juices is distilled a favorite beverage. From its heavier fibers the natives manufacture strong cords and coarse, strong cloth. Among the plants of Guinea one of the most curious is the cannon ball tree. It grows to the height of 60 feet, and its flowers are remarkable not only for their beauty, but also for their fragrance. Its blossoms are of a beautiful crimson, appearing in large bunches and exhaling a rich perfume. The fruit resembles enormous cannon balls, hence the name. However, some say it has been so called because of the noise which the balls make in bursting. From the shells domestic utensils are made, and from the contents are obtained several kinds of acids, sugar and gum, as well as the materials for making an excellent drink in sickness. But, singular as it may appear, this pulp, when in a perfectly ripe state, is very filthy, and the odor from it is exceedingly unpleasant.—Ladies' Home Journal.

## A SIERRA BEAR STORY.

Antone Was Not Quite Ready to Be Eaten.

Once I spent a night with two Portuguese shepherds, who were greatly troubled with bears, from two to four and five visiting them nearly every night, says John Muir in the Atlantic. One evening, before sundown, a bear, followed by two cubs, came for an early supper, as the flock was being slowly driven toward camp. Joe, the elder of the shepherds, warned by many exciting experiences, promptly climbed a tall tamarack pine, and left the freebooters to help themselves; while Antone, calling him a coward, and declaring he was not going to let bears eat up his sheep before his face, set the dogs on them and rushed toward them with great noise and a stick. The frightened cubs ran up a tree and the mother ran to meet the shepherd and the dogs. Antone stood astonished for a moment eyeing the oncoming bear, then fled faster than Joe had, closely pursued. He scrambled to the roof of their little cabin, the only refuge quickly available; and fortunately the bear, anxious about her young, did not climb after him, only held him in mortal terror a few minutes, glaring and threatening, then hastened back to her cubs, called them down, went to the frightened, huddled flock, killed a sheep and feasted in peace. As soon as the bear left him, fearing she would return, Antone called piteously for cautious Joe to show him a good safe tree, up which he climbed like a sailor climbing a mast, and held on as long as he could with legs crossed, the slim pine recommended by Joe being nearly branchless. "So you are a bear-ward as well as Joe," I said, after hearing the story. "Oh, I tell you," he said, with grand solemnity, "bear face close by look awful; she just as soon eat me as not. She do so as of all my sheep b'long everyone to her own self. I run to bear this kind no more; I take tree every time."

## HOW TO LENGTHEN LIFE.

Take Plenty of Water Inside as Well as Out.

Dr. R. H. Dalton says that, although to suggest that methodical use of cold water as a beverage in the absence of thirst as a means of augmenting the chance of longevity may render a man liable to be dubbed a fool, if not a lunatic, the idea has a soundly physiological origin, and is well supported by experience. Solid and dry as the human body appears, water constitutes more than one-fourth of its bulk, and all the functions of life are really carried on in a water bath, and, although the sense of thirst may be trusted to call for a draught of water, when required, the fluid can be imbibed most advantageously for many reasons beside merely satisfying thirst. In the latter stage of digestion, when communication of the mass is incomplete, it is much facilitated by a moderate draught of water, which disintegrates and dissolves the contents of the stomach, fitting it for emulgence and preparing it for assimilation. Hence the habit of drinking water in moderate quantities between meals contributes to health, and indicates the fact that those who visit health resorts for the purpose of imbibing the waters of mineral springs might profit by staying at home and drinking more water and less whisky. Water is the universal solvent of nature, and the chief agent in all transformations of matter. When taken into an empty stomach it soon begins to pass out through the tissues by an osmotic process into the circulation to liquefy effete solids whose excretion from the system is thus facilitated. Very few people think of the necessity of washing the inside of the body, and he who would be perfectly healthy should be as careful about the cleanliness of his stomach as that of his skin.—Family Physician.

## The Palace.

The Palace Hotel, Sixth and Vine, Cincinnati, is a popular resort. The rates are \$2 to \$3 per day, American plan, and \$1 up, European plan. The fare is good, and prompt attention is given the guests. Remember the Palace when in the city. 45-tf

\$15,000 to loan in three sums of \$5,000 each for three years. Farm property only. 50-2t.

## Bucks For Sale.

Shropshire, Southdown and Oxford Bucks for sale.

Cas. P. Goff, Paris, Ky.

## Enoch's Bargain House!

## Wall Paper.

We have just received our NEW SPRING LINE of WALL PAPER, which is now complete, and is one of the biggest and prettiest lines we have ever shown.

Prices ranging from 5c a bolt up.

## Stoves.

We carry a line of Stoves, which is unequalled.

In our O. K. JEWELLS we guarantee every back 5 years.

## 5c and 10c Counters.

Everybody looks for our 5 and 10 cent Counters.

They are now full and complete with new and attractive goods. BIG BARGAINS.

## Dry Goods.

We are closing out our Dry Goods at one-half price to get rid of them.

Call and look at them.

Our windows are always full of big bargains. Notice them.

TINWARE, QUEENSWARE, GLASSWARE, HARDWARE.

OUR MOTTO:—"Big Sales and Little Profit."

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W. J. Lykins & Co.

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## Commission Merchants,

Butter, Eggs, Flour, Grain, and all kinds of Country Produce.

126 East Front Street, Near Main. CINCINNATI, O.

Shippers can depend upon prompt sales and quick returns. Refer to National Lafayette Bank and merchants generally.

Wheat and Oats handled 2c per bushel commission. Stocks furnished to responsible parties.

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## NEW HOTEL,

6, 7 and 9 E. SIXTH STREET, NEAR VINE.

Cincinnati, O.

Fine Sleeping Rooms.

New Dining Rooms.

San Francisco Bakery

James T. McKee, formerly of Mt. Sterling, Ky., is connected with this hotel.

Howard's Dairyman is one of the best of its class published. Every person who owns a milk cow should be a subscriber to it. With the ADVOCATE we furnish it for 75c, the two for \$1.75. Subscribe at once and learn the latest methods of handling milk and butter.

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"Ring out the old Ring in the new  
Ring out the false Ring in the true"

We bring to you the new and true from the piney forests of Norway

**DR. BELL'S Pine-Tar-Honey**

Nature's most natural remedy. Improved by science to a Pleasant, Permanent, Positive Cure for coughs, colds and all inflamed surfaces of the Lungs and Bronchial Tubes.

The sore, weary cough-worn Lungs are exhilarated; the mucus-bearing mucus is cut out; the cause of that tickling is removed, and the inflamed membranes are healed and soothed so that there is no inclination to cough.

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**BE SURE YOU GET  
Dr. Bell's Pine-Tar-Honey**

I AM 82 YEARS OLD, and never used any remedy equal to Dr. Bell's Pine-Tar-Honey. It gives quick and permanent relief in grip as well as coughs and colds. It makes weak lungs strong.—Mrs. M. A. Metcalfe, Duluth, Minn.

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