

No man is Stronger Than his Stomach

The Medical Adviser by Dr. J. C. Pierce, M. D., Buffalo, N. Y., answers hosts of delicate questions about which every man or woman, single or married ought to know. Sent free on receipt of 31 one-cent stamps to pay for wrapping and mailing.

LET the greatest athlete have dyspepsia and his strength will soon fail. One's stamina—forcefulness and strength of mind or muscle depend upon the blood, and the blood in turn, requires a healthy stomach, for the stomach is the laboratory where the food is digested and such elements are taken up—or assimilated—which make blood. In consequence all the organs of the body, such as heart, lungs, liver and kidneys, as well as the nervous system, feel the bad effect if the stomach is damaged.

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DR. BIGGS SAYS TUBERCULOSIS IS INFECTIOUS.

Replying to an attack on the movement for local tuberculosis hospitals made by the Christian Science Church Dr. Herman M. Biggs, State Commissioner of Health of New York, says in a statement published recently through the Journal of the Outdoor Life, the official organ of The National Association for the Study and Prevention of Tuberculosis, that tuberculosis is an infectious disease and that every precaution known should be taken, especially for the protection of young children. He particularly urges local hospitals.

The occasion of Dr. Biggs' statement is the recent wide dissemination of an article purporting to show that tuberculosis is not infectious. By quoting only a part of a medical paper written by Dr. E. R. Baldwin, of Saranac Lake, the Christian Scientists have given the impression that tuberculosis is not infectious, when, as a matter of fact, Dr. Baldwin laid stress on the extreme danger of the disease to children.

"Tuberculosis is an infectious and communicable disease," says Dr. Biggs. "No age is exempt, and no one is immune against tuberculosis infection, but differences in susceptibility exist at different ages. The frequency of infection increases rapidly from the first year until the age of fifteen perhaps 75 per cent. of the population show a positive reaction to tuberculin, although only a small portion have signs of the disease which can be detected by other means.

"The conviction has been gradually strengthened that the first infection from tuberculosis often occur during infancy and childhood. It seems probable that many of those who develop the disease in adult life have carried the latent infection since childhood, and have no recent and new infection when the symptoms of the disease appear.

"It has also been found by experiment that it is difficult to re-infect an animal that has already been previously inoculated with tuberculosis. Hence, it is inferred that some degree of immunity may be thus produced that may serve to ward off bacilli which might find lodgment in an individual not previously infected. Therefore, it will be understood how the mild infections, which are healed and present in most persons who have reached adult age may, and presumably do, offer some protection against further limited invasions of the tubercle bacilli. While persons are in good health the protection thus offered is an advantage having some resemblance to vaccination, but only very limited in nature and not complete. Prolonged or intimate exposure, however, or exposure to a virulent type of tuberculosis may result in a new infection, even of those who have overcome a previous mild infection. It is, moreover, by no means certain that in debilitated conditions due to other diseases, to disipation or to bad environment, new infections may not occur. We know positively that the first childhood infection may under such circumstances break out anew and thus become a doubtful advantage, a real sword with two edges.

"Considering the natural and acquired resistance to infection by adults, much unreasonable fear or phthisiophobia has prevailed in late years. Because there is no precaution too great for the young and delicate, this does not justify healthy adults in exaggerated fears for their own safety. In view of the present wide distribution of the disease, and lack of adequate means for segregation, some exposure to infection is practically unavoidable. Efforts should be redoubled instead of relaxed for the better isolation, humane care and intelligent treatment of consumptives."

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When the Mexican pot boils over the stench will offend the world.

THEATRICAL.

"Joseph and His Brethren" at the Lexington Opera House

The third of the Century Theatre dramatic spectacles, "Joseph and His Brethren," will come to the Lexington Opera House April 13, 14 and 15. In some respects it is built on a larger scale than either of its predecessors, for it has twelve scenes where "The Garden of Allah" had only eight. There are more than sixty speaking parts. Its success has been phenomenal.

"Joseph and His Brethren" is a vitalized version of the story in the Book of Genesis, written for the stage by Louis N. Parker. Mr. Parker is known chiefly in America for his "Disraeli" and "Pomander Walk," but in England he is known as the author of other successes, including "Drake," the hit of the last London season. "Drake" was given a spectacular production at His Majesty's Theatre by Sir Herbert Beerbohm Tree, who has also produced "Joseph" there this season.

To present "Joseph and His Brethren" the Liebler Company has selected a cast of unusual ability. Brandon Tynan, who has been a star in his own plays and leading man for Nazimova, will play the role of Joseph. James O'Neill, if "Monte Christo" fame, will have the part of Jacob, the patriarch, and in the third act will play Pharaoh. Pauline Frederick, pronounced by artist Harrison Fisher the most beautiful woman in America, and numerous other players of reputation will be seen in the cast, while the heads of the technical departments of the Liebler Company who worked out the so-called "effects" in the play will accompany the big production to the Lexington Opera House.

The company when traveling has almost the proportions of a circus, with its special train of fourteen cars for the people, scenery and live stock. Among the latter are herds of camels, oxen, asses, horses and sheep. The four acts of "Joseph and His Brethren" will be known as "The Coat of Many Colors," "The Temptation," "The Dreams" and "The Deliverer." The scenes will be respectively: "The Tents of Shechem," "The Wells of Dothan," "Jacob's Tent," "The Entrance to Jacob's House," "The Pyramids," and "In Joseph's House." (10-21)

Aged People

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