

SMOTHERING SPELLS

Sour Stomach, Heart Burn

In October, 1910, we received a letter from Mrs. Hall, from which we make the following extracts:



MRS. JAMES A. HALL,
Box 36, Norris City,
Illinois.

"About twelve years ago my health began to fail. I couldn't eat anything without suffering for it. I had heart burn, sour stomach, palpitation of the heart, smothering spells, pains in my sides and back. In fact, I suffered all over, and a cough almost like consumption. Doctors failed to relieve me; in fact, they didn't seem to know what ailed me. I continued to grow worse until I was able to sit up only a part of the time. I had almost lost all hopes of ever being any better.

"But one day some one threw some books in at my door. I read them and found them to be Peruna books. They described my feeling so truly I sent at once and got a bottle and began taking it. You pronounced my ailment systemic catarrh, and gave me some advice.

"When I had taken two and one-half bottles I began to eat without suffering. I continued to improve. When I had taken eight I was like a new person. That was nine years ago.

"I think Peruna the greatest family remedy there is, for so many ailments are due to catarrhal trouble. I would advise any one afflicted with catarrh to take Peruna and I am sure it will leave."

In the Revised "Tills of Life" we have many similar testimonials which should interest sick people everywhere. Sent free by the Peruna Co., Columbus, Ohio.

People who object to liquid medicines can now obtain Peruna Tablets.

HEALTH BOARD LAYS DOWN RULES FOR CONSUMPTIVES

Acting under the law of 1912, the New Jersey State Board of Health has issued the following rules, which are to be followed by all consumptives in that State:

1. All persons suffering from pulmonary tuberculosis (consumption) shall effectively destroy their sputum (spit).
2. All persons suffering from running sores due to any form of tuberculosis shall burn all soiled dressings immediately after removal.
3. The room occupied by a tuberculosis patient shall have at least one outside window.
4. No person suffering from pulmonary or other communicable form of tuberculosis shall handle food designed for the use of others except when necessary in the performance of their household duties, unless the food be wrapped in such a way as to protect it from contamination, or unless some necessary subsequent process of preparation, such as cooking, will sterilize it and prevent it carrying infection to the consumer.
5. The manufacture of any kind of goods for commercial purposes or the performance of any work known as "shop work" in the home of any person suffering from pulmonary or other communicable form of tuberculosis, is prohibited, unless sterilization is done in strict accordance with the requirements of the local Board of Health.

CHAMBERLAIN'S LINIMENT.

This preparation is intended especially for rheumatism, lame back, sprains and like ailments. It is a favorite with people who are well acquainted with its splendid qualities. Mrs. Charles Tanner, Wabash, Ind., says of it: "I have found Chamberlain's Liniment the best thing for lame back and sprains that I have ever used. It works like a charm and relieves pain and soreness. It has been used by others of my family as well as myself for upwards of twenty years." 25 and 50 cent bottles. For sale by all dealers.

(May) (adv)

News Over the State

Mining Station for Kentucky

Washington—The State of Kentucky will secure a mine rescue station and in all probability it will be located in the Eleventh Congressional District. Some time ago Representative Caleb Powers introduced a bill to establish mine rescue stations at a cost of \$26,500 each at Pineville and Harlan, in the heart of the Kentucky mining region. The Department of the Interior submitted a report recommending that one of these bills pass, but not attempting to specify which one. Powers had a conference with Representative Foster, chairman of the Hous Committee on Mines and Mining, who stated that the committee will soon bring in a bill providing for the establishment of about fifteen of these stations throughout the country, leaving the exact location to be selected by the Interior Department. Kentucky will get one of these stations.

Greene-Glenn Bill Scored.

Covington—The operation of the Greene-Glenn fire insurance bill, passed by the Kentucky General Assembly, was discussed at the nineteenth annual meeting of the Kentucky State League of Local Building Associations. A resolution presented for the appointment of a committee to protest to the Governor regarding the bill was adopted. The committee appointed to go to Frankfort includes Charles A. Baker, of Louisville. The next meeting will be held in Louisville. Officers elected were: Charles Eugene Clark, of Covington president; Thomas A. Baker, of Louisville, vice-president; H. A. Schroetter, of Covington, secretary.

Gifts for State Building.

Lexington—It was stated here that James B. Haggin and J. N. Camden had come to the rescue of Kentucky, which was left without a building at the Panama-Pacific Exposition by the refusal of the Legislature to make an appropriation for that purpose. Mr. Haggin and Mr. Camden, it is said, subscribed \$5,000 each, and as smaller subscriptions have already brought the total amount up to \$17,500, it is believed there is no longer doubt of a suitable building being constructed and a proper representation made of the State's resources at the Exposition.

Fortune for a Leg.

Frankfort—The neat sum of \$15,000 for a leg is the amount a Franklin county jury awarded J. A. Johnson, of Winchester, for his right leg, cut off here last fall by a C. & O. railroad train. Johnson fell while getting on the train and rolled under it.

Verdict of \$5,000

Winchester—The jury in the case of Mrs. Mary E. Haggard against the L. & N. for \$25,000 damages for alleged negligence in connection with the death of her son, Wheeler Haggard, who was killed by a train at Lexington, gave her a verdict for \$5,000. The trial consumed two days.

New Tobacco Factory at Glasgow.

Glasgow—Ray Moore, tobacco buyer on the breaks here for L. W. Burford, of Louisville, and Powell Barlow, of Glasgow, has let the contract for the erection of a large tobacco factory. The new enterprise will be located near the Farmers' Loose Leaf market, and will be completed by July 1, in time for the season. Mr. Barlow is the present manager of the Farmers' Loose Leaf Tobacco Warehouse, and both he and Mr. Moore are experienced tobacco men.

Bleeds to Death.

Winchester—Mary Elizabeth Webb, four-year-old daughter of Elza Webb, bled to death here. Her nose began to bleed several hours before death, and the flow could not be checked.

Methodists Meet.

Mt. Sterling—The Lexington District Conference of the Methodist church closed an interesting session here Friday. Reports from churches and Epworth Leagues show them to be in excellent condition. Special sermons were delivered by visiting ministers, and interesting discussions were held on various topics. Rev. J. R. Deering, of Lexington, presided.

Bid For Text Books.

FRANKFORT—Bids for the adoption of uniform text books will be opened by the State Text Book Commission in this city May 27. This was decided upon by the commission after it organized, the members taking the oath of office before a notary public. In order to correct a defect in the law Barksdale Hamlett, Superintendent of Public Instruction, was elected secretary.

The commission authorized the secretary to advertise in several newspapers and to notify all publishing houses that bids on the State adoption of text books would be opened on May 27.

The commission is hoping for a construction of the law by the Court of Appeals by May 10, in order that it will know how to proceed. It is the intention of the commission to make the State adoption as soon after May 27 as possible.

The commission is composed of Gov. Jas. B. McCreary, ex-officio chairman; Prof. Henry S. Barker, of State University; Lexington; Prof. J. R. Johnson, of the Eastern Normal School, Richmond; Prof. A. C. Burton, of the Western Normal School, Bowling Green; L. C. Foster, Hop kinsville; A. H. Hill, Franklin; L. C. Gregg, Shelbyville; Felix H. Kerrick, of Lyndon; L. D. Strucker, Frankfort; A. C. Collins, Covington; and J. E. Lanter, Winchester; Barksdale Hamlett, State Superintendent of Public Instruction, secretary.

First to Ask State Aid.

Frankfort—Lawrence county is the first to qualify and ask for State aid



Uneeda Biscuit

A crisp, clean, nutritious food. For everybody—everywhere. Fresh in the moisture-proof package, 5 cents.



Zu Zu

The funny little name of the famous little ginger snap that puts fresh "snap" and "ginger" into jaded appetites. 5 cents.



GRAHAM CRACKERS

The natural sweetness and nutriment of the wheat are retained, giving them a delightful flavor. 10 cents.

Buy biscuit baked by
NATIONAL BISCUIT COMPANY
Always look for that name

Wolf, Wile & Co.

Formerly Kaufman, Straus & Co.

Lexington, Kentucky

Lace Curtains and House Draperies

The passing of Easter ushers in the Season of Spring, the rejuvenating of nature which inspires us with the spirit of renewing and remodeling our Home Environment. Newly papered rooms call for Window Drapery, whether it be Lace Curtains or the more pretentious Damask Curtains, or perhaps a combination of both Lace with sunfast overdrapes, sideropes, vallances is a matter for you and the expert draper to decide upon. We are at your service with our advice as well as our stock of

House Drapings

Specialties in Marquisettes and Scrims at attractive prices. Novelties in cretonnes from 15c a yard up. Upholstery materials in the greatest variety and at lowest prices. Lace edges and Guimps of every style and to match all materials; 3,000 yards of 40-inch wide Scrim in white and cream at 12 1-2c a yard. This article compares favorably with the usual 25c quality. New willow furniture pieces and new lamps continually received.

Call for our booklet entitled "Draping the Home."

Wolf, Wile & Co.

Formerly Kaufman, Straus & Co.

Lexington, Ky.

BORLAND'S

The Home of Good Wall Paper

WALL PAPER TALK No. 4.

A comfortable, cosy living-room, decorated in warm tints of color that give it that homey look, that charming air of restfulness, or to have the entrance or hallway to make a good impression. Therefore, when it comes to wall-papers, come to a dealer that will show a good assortment. Don't be satisfied with any old wall-paper just because it is cheap, when you can get such pretty, durable papers for so little money by coming to us.

These thousand rolls wall-paper, 1c per roll. Come in and pick it out.

LOOK US UP!

514 Main St., Next to Mrs. Mamie Parker.

TELEPHONE 159

Important!

The Ladies are invited to attend the Pattern Demonstration

Wednesday May 6,

given by Miss Anna Carver for the Pictorial Patterns. It will be interesting and instructive.

One Day Only

KINDLY CALL AT

Twin Bros. Department Store,

Seventh and Main Sts., Paris, Ky.

Every time we read "Maid Muller," we wonder why the fool Judge didn't get her telephone number and explain matters over the phone.

Niagara Falls, Yellowstone Park and the Panama Canal are not such wonderful sights after you have had a rear view of a fat girl sitting on one of the dinky stools with the small round tops that you find around a soda fountain.

Experiments show that while birds will consume more feed when fed three meals a day, they will make a more efficient use of food if fed only twice.

Keep the floor of the houses so covered with soft material, such as straw, etc., as to make it impossible for the birds to wear the toes down to the quick in scratching.

under the new law levying a 5-cent State tax for road improvements. State Commissioner of Roads R. C. Terrell received notice from the Fiscal Court of Lawrence county that it had appropriated \$12,000 out of the 1915 levy for reconstruction of the roads leading from the county seat to the county line, and asking that the State contribute an equal amount to be fund.

Burned to Death

Owenton—Mrs. Lawrence Kelly, living near here, lighted a match to look for a watch hand, and her clothing took fire, burning her to death. She ran to a neighbor's house several hundred yards away.

STOCK AND FARM NOTES

"Blue Grass," writing in the Farmers' Home Journal, says:

"McCray Bros., in the deal recently closed in which they sold Patty McDonald to D. Nym McCullough, of Atlanta, Ga., secured of that gentleman the high-class three-year-old saddle gelding, Chocolate Boy, the son of Highland Gay that will be remembered as the winner of second money to the All Peavine colt, now owned by W. C. Massie, of Paris.

"The youngster has a good trot, one could not well expect anything else as he is out of a daughter of Rex McDonald, while the Highland Gay's generally had a correct trot or pretty nearly one, and it has not been decided yet whether he will be used as a three-gaited gelding or gaited.

"McCray Bros. have a three-year-old filly by Bourbon King out of the dam of Marvelline, the first good horse that they ever showed, that is considered quite a crack, though her education was begun so late that she may not be seen until the late fairs if at all, in 1914.

"The first foal to arrive at the farm of E. K. Thomas & Son, at North Middletown, is a bay colt by Bourbon King, out of Selina, by Bourbon Chief. Selina is one of their most highly-prized mares and she has crossed especially well to Bourbon King, as among her produce are Graceful Queen, now owned by McCray Bros., and Caywood and Grand Monarch, still the property of the Messrs. Thomas.

"Graceful Queen is now a four-year old and was campaigned successfully the past season by Robert McCray in the three-year-old saddle, harness and championships.

"Grand Monarch is now but two but was shown a few times the past season, winning third in the National Saddle Horse Futurity when the verdict of a good percentage placed him higher in the score.

"This is the first bay colt that she has produced, all the previous males having been chestnuts."

CORTRIGHT METAL SHINGLES

Never Warp, Crack, Rot, Curl or Burn—Like Wood Shingles



They can be laid right over an old wood-shingle roof without dirt or bother, and they make it stormproof and fireproof. They're inexpensive. For particulars address

BEST & HAWKINS, Millersburg, Kentucky.