

CHIROPRACTIC THE SENSIBLE, DRUGLESS ROAD TO HEALTH

# CHIROPRACTIC

(Pronounced Ki-ro-prak-tic.)

**By Properly Adjusting Your Spine the Chiropractor Corrects the Cause of Sickness. Then Your Nerves Do their Work and Thus Health Is Restored**

## There Is a Wide Difference of Opinion as to Which is the Best Health Method

I know I am practicing a work that has accomplished much good for the sick of this community. I fully believe my spinal adjustments will effect recoveries in practically all physical ailments. That belief is based on what has really been accomplished by Chiropractic in the past.

### Ask Your Neighbor

My benefitted patients are numerous. No man seeking patronage from the people can give better evidence of the worth of his goods than the whole-hearted testimony of those who use them.

## The Science of Chiropractic

—assumes that the human body is self-competent to care for its health needs, if the way of life force from the brain to all its organs, tissues, and parts is unobstructed. The correctness of the theory has twenty-three years of successful practice to prove it. From a One-Man idea and a One-Man practice the science has grown to nine or ten thousand members. A goodly number of these are men who have given their lives to the study of the health problem and who joined themselves to the Chiropractic work for its advantages over all other health systems.

I have no hesitancy in saying that my business is as soundly established on honest principles as that of any other health mode and that I am certain that hundreds of sick and ailing people in this community can find a ready and substantial relief from their ailments through my spinal adjustments.

## AN ANALOGY

If there is a kink in your garden hose, or a weight thereon and the water does not run freely, you do not look for the trouble at the nozzle. You know that this obstruction keeps the water from flowing. Pressure on a nerve acts in much the same way. Heavy pressure on the nerves that supply a limb induces paralysis. If the nerve supplying the stomach were cut, the stomach could no more digest the food than if it were placed in a bag. PRESSURE on these nerves may cause indigestion or dyspepsia, constipation, etc. Treating the affected organ alone is just like treating the nozzle; is only treating the symptom instead of removing the cause (the pressure.)



Health Force Comes from the Brain to all Body Parts, thru the Nerves.



Displaced Spinal Joints Press Nerve Trunks and Affects Transmission of Life Energy... This is the Cause of Disease.

## ANATOMICAL

The spinal cord leaves the brain at the base of the skull, and enters the spinal column or backbone. The backbone, as can be seen in the illustration, is made up of several smaller bones or vertebrae. Each vertebra has an opening through it, and when placed end to end they form a hollow column; hence the name "spinal column." Now the canal running through the center of this column is for the passage of the spinal cord. As the spinal cord descends it gives off 31 pair of spinal nerves. These nerves emerge through the small openings as shown in Figures 1 and 2. Each nerve as it passes thru its allotted opening completely fills it. After clearing the spinal column each nerve branches and spreads to such an extent that the combined ramifications of the 31 pair reach every part of the body and form such a dense network that we cannot press a pin point to the body without pain. It is by this remarkable system of nerves that the brain is enabled to control and govern the function and action of every organ and tissue in the body.

When this complete control exists we are in a state of HEALTH.

## A Good Many People Believe in Operations

They are very often unnecessary. By Spinal Adjustment I have restored to health many cases of Appendicitis, Tonsilitis, Gall Stones, Adenoids, Tumors, Etc., that were said by some to be incurable by anything but an operation.

Operations should be the very last resort. Give nature the first chance. Save your body organs. They are all useful. He who says that your Appendix and Tonsils are useless is dictating to the Creator.

## The Cause of Rheumatism

It is due to nerve pressure at the spine. There are many preparations on the market used to alleviate this disease. People use them—possibly getting some relief—but the rheumatism sticks to them. It will until its cause is removed. No medicine can reach and remove its cause. I can prove by several affidavits that Chiropractic adjustments will often completely overcome even the most obstinate and severe forms of rheumatism.

## What is Commonly Called Nervousness

—is a condition resulting from inability of the nerves to convey vital energy to body organs in normal quantity owing to pressure at the spine. This results in disease. My adjustments have overcome general Nervousness as well as such disorders as Nervous Indigestion, Dyspepsia, Nervous Asthma, Heart Trouble, Nervous Headache, Etc.

## HOW SUBLUXATION OCCURS

It often occurs that by a fall, wrench blow, or accident one or more of the vertebrae become slightly twisted or SUBLUXATED, as shown in Figure 2. As the illustration shows, this subluxation causes the nerve opening to become much smaller than it should be naturally and in consequence the nerve in passing through this opening gets pinched by the hard edges of the bones. It can easily be seen that a nerve pinched in this manner cannot transmit nerve impulse as well as a nerve free from pressure. As a result of this pressure the tissue at the end of this nerve becomes DISEASED. If this nerve supplies a muscle, that muscle becomes paralyzed. If the nerve goes to the stomach some form of stomach trouble would result. This theory and method of removing PRESSURE UPON NERVES FOR THE ELIMINATION OF THE CAUSE OF DISEASE IS SO DIFFERENT from other systems it may at first thought appear impossible. Results speak for themselves. Ask any one who has ever tried Chiropractic.

**My Work is in Harmony with all the Essential Facts Concerning Nature's Rule in the Body**

Take the attitude of the Scholar and earnest seeker after truth—ask for information, reason and proofs. If you have need of a purely Drugless help for your health, that has produced splendid results for others, I sincerely commend my system of spinal adjustment. Employ this method when you first feel sick and your ailment will not become chronic.

**Chiropractic Is Much Discussed---Study the Above So You May Talk Intelligently of It**

# S. P. MOHNEY, Chiropractor

Graduate of the Famous Palmer School of Chiropractic

**OFFICE IN MASONIC TEMPLE, PARIS, KY.**

Hours: 8 to 12 A. M., and 1:30 to 5:30 P. M.

Cumberland Phone No. 993