

FOOD NEWS

Issued by FEDERAL FOOD ADMINISTRATION For West Virginia. E. W. OGLEBAY, Administrator. L. M. DAVIS, Director of Education. Wheeling, W. Va. Our Slogan—No Saveless Days. SAVE FOOD Our Food Saved Our Allies

WEST VIRGINIA SCHOOLS ARE TEACHING FOOD CONSERVATION

Course of Study is Outlined and Approved by National Educational Association.

The schools and colleges throughout the country are being asked by the United States Food Administration to incorporate in their course of study instructions in the principles of food conservation. This course was recommended by resolutions passed by the National Educational Association and have been approved by Herbert Hoover, United States food administrator. All the leading schools and colleges of West Virginia have been asked to cooperate in extending the school work, and many of the schools already have taken up the work actively. Eighty-four of the high schools took up these courses last year, according to a report to the food administration, made by M. P. Shawkey, state superintendent of free schools, and he further says that he believes that every school that has a teacher competent to do the work has done more or less of it.

West Virginia Wesleyan College has also been teaching the food conservation in their department of Home Economics, and W. B. Fleming, president of that institution, says that their school will gladly cooperate to the limit in the good work which the food administration is doing. Letters from C. B. Clark, president Salem College, and C. A. Tague, head of Morris Harvey College, also report that they will cooperate with the food administration in this work.

During the months of last spring 12 special workers were assigned through a co-operative plan between the food administration and the West Virginia University to give demonstrations in the use of substitutes for wheat flour to groups of women consisting of members of women's clubs, church societies, parent-teachers' meetings, associations, lumber and mining camps, boarding house cooks, colored people and foreign settlements. These meetings were held in 42 counties and 15 homes were represented. The results thus far show a reduction in our consumption from 30 pounds per week per family attending these special meetings to 14 pounds per family.

The 107 farm women's clubs with a membership of over 3,000 women, adopt annually a plan of work for the advancement of the homes of their communities. Monthly meetings are held to consider the progress made and to further develop the plan of club work.

The girls and boys now have a membership of 2,178 and are growing vegetables, canning, making butter and taking regular courses of study in better home methods.

It is doubtful if any state in the union can make a better report than West Virginia's for food conservation work in the schools. All schools of West Virginia should have instructions in the principles of food conservation. This should include interpretation of food conservation regulations. Instructions should be given concerning the quality of supply, amount of such foods and their probable consumption. The food problem is a big one, not only in war times, but in times of peace, and every child should be taught the proper uses of foods and the relative nutritious value of different food products. The course of study from which these suggestions are taken were prepared after the National Educational Association had requested such a course in a resolution passed at the national meeting in Pittsburgh.

George E. Hubbs, of Charleston, has been appointed by Federal food administrator, E. W. Oglebay, as an inspector for the food administration, and his work will be with the growers in the southern part of the state.

CAPT. McCAMIC BACK TO DUTY.

Capt. Chas. McCamic of Moundsville, who has been at home on a furlough for a few months on account of illness and who has been doing special work as field organizer for the Federal food administration, has been called to Washington to enter the service in the Ordnance department, having been transferred from the Quartermaster department. Mr. McCamic is very much improved in health but has not entirely recovered from the throat trouble for which he has been taking treatment from a specialist.

The 1918-19 food program is both a national and a personal obligation. The Nation has never failed to meet all obligations and the individual must not.

NEW COUNTY ADMINISTRATOR

Federal Food Administrator, E. W. Oglebay, has appointed John Tanner, Elizabeth, W. Va., as Food Administrator for Wirt County, and Diago Mendicino, a Clarksburg attorney, Administrator for Harrison.

THEY DOWNED THE HUN!



Never will men cease to sing the praise of this matchless five: Foch, the supreme military genius from the ancient Basque tribe of the French Pyrenees, and his four chief aids, who were in at the death of kaiserism—Pershing (top left) of the United States; Petain (top, right, of France; Diaz (bottom, left) of Italy and Haig (bottom, right) of Great Britain.

REPORT SUNDAY SCHOOL UNION.

Table with 3 columns: Church, Attendance, and other statistics. Includes Lutheran, Methodist, Presbyterian, etc.

Lutheran 154 92 62 The schools made a very poor showing for their opening after a cessation of four weeks.

It is very much desired that all the officers and teachers will plan this week for a rally next Sunday.

It is up to those who are interested to awaken those who are indifferent or else the school will make poor records this winter.

Preston county backstreet, none style, for breakfast each morning. Boyers Restaurant.—Adv.

PERSONALS

Mrs. J. A. Cox of Morgantown is the guest of her daughter Mrs. Ira L. Smith for several days. Miss Ruby Gatrell spent the week-end with friends in Gratton. Mrs. Harry Witzberg went to Clarksburg this morning to spend the day with the family of her brother-in-law, Harry Hood. Miss Harriett Schroeder, vocal in

THE WHOLE POTS-DAMN FAMILY



Here are William Hohenzollern and his tribe. At the left is Freddy W. Hohenzollern, formerly called the "Kronprinz;" at the right is Mrs. Hohenzollern, nee Holstein-Sonderburg, front names Augusta Victoria. The others are: "Left to right) Joac him Hohenzollern, Eitel Hohenzollern, Mrs. Victoria Louise Guelph (her husband is duke of Brunswick), Osca r Hohenzollern, Adalbert Hohenzollern, August W. Hohenzollern. They've seen their best days.

SQUIRREL FOOD—BY AHERN



Director in the Normal School, came down to Gratton Saturday to resume her work. Mrs. Ernest R. Bell and daughter, Betty Lee, who had been the guests of the former's parents, Mr. and Mrs. J. F. Conaway in Washington, D. C., arrived home last night, accompanied by the former's parents, Mr. and Mrs. Conaway. They came on account of the death of Mrs. Conaway's nephew, Fred Floyd, whose body was taken to the Bell home on arrival from Ohio, where his death occurred.

Mrs. C. J. Corbin and daughter, Miss Blanche, and son Ed left last night for Miami, Fla., where they have taken apartments for the winter months. Mrs. Warder Cresson of Philadelphia is here on a visit to her parents, Mr. and Mrs. S. J. Brobst, on Walnut avenue.

Mrs. D. L. L. Yost is ill from tonsillitis at her home on High street. Paul Y. Haymond, who is stationed at Pittsburgh, in a government plant, spent the week end with his parents, Judge and Mrs. W. S. Haymond, at Shadyside.

Mrs. John R. Bennett is in a Baltimore hospital recovering from an operation on her eyes, the original trouble having been greatly exaggerated by a recent severe attack of influenza. Her sister, Mrs. Mary Roemer, of Clarksburg, is with her and her daughter, Miss Amelia, has entered school in Washington, D. C., in order to be near her mother while convalescing.

Miss Iva Montgomery went to New York Saturday to spend a week for Hartley's ready-to-wear department. Miss Zelma Mercer went to Moundsville Saturday to spend the week end with her parents. Mr. and Mrs. J. H. McCormick have returned from a week's visit in Jamestown and Salamanca, N. Y. Mrs. Richard Sedler has returned from Martinsburg, where she was called by the death of her sister, Mrs.

Geo. Wilkinson, caused by influenza. She spent a few days at Hancock, Md., where her brother, Or H. K. Taylor, is ill from the same disease. In three years 21,000 women have been added to the payrolls of the munition factories in England. Chicago has bought for \$100,000 a farm of 371 acres in Lyons township as a house of correction truck patch.

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The West Virginian has been fortunate in securing for immediate distribution a limited number of CRAM'S WALL ATLAS which it can sell to it's readers for seventy-five cents.

This atlas is made to hang on the wall and the front page carries a beautiful picture of the American Flag together with a presidential chart of all the United States and the dates which they occupied in office.

On the reverse of this sheet is fac-simile picture of the Declaration of Independence, together with illustrations of the early Colonial soldiers.

On the second sheet is a map of West Virginia and of Virginia which is in detail and by counties. On the reverse of this sheet is a list of all cities and towns of both states.

On the third sheet is a late map of the European famous battle fronts. This in itself is an educational feature and well worth the price of the entire atlas. On the reverse of the sheet is a list of the various governments of the world and a copy of the President's speech of April 2, 1917, just prior to the declaration of war against Germany.

On the fourth sheet is another map of Europe and the World. The reverse side of this sheet carries much valuable information pertaining to the world's history.

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The West Virginian

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