

# FEMININE FANCIES THINGS OF INTEREST TO WOMEN

## For a Transcontinental Trip

A GREAT deal of baggage is not necessary for a transcontinental trip, providing there are no stop-overs at the various cities en route. It has become an easy matter for the checking of baggage, trunks can be checked through to the final destination; there need be no worry for the trunks are on hand at the destination almost as soon as you are.

To check baggage from place to place is annoying to the extreme, and this method is totally uncalculated for in the usual transcontinental trip. It requires considerable preliminary thought, but when the plans are finally made, they should be strictly adhered to throughout.

Many women consider it a nuisance to carry a raincoat or an ulster, but there are many occasions when such a garment is comfortable. The underclothing in an important issue, and no cambie undergarment should ever find a place in the traveler's wardrobe. It should very easily and require considerable room in packing, besides being expensive to launder.

It is a splendid plan to purchase suits of union underwear. One can have the separate garments if preferred, but the material should always be of the knitted variety. It is quite possible to wash these garments at night, and for this reason a cake of soap would always be handy.

It has been found that the best waists for traveling, from every standpoint, are made of China silk. And one of the essentials—by no means should it ever be forgotten—is a long, dark kimono. Almost any sort of inconspicuous cotton or China silk will answer as a material for this. The kimono is absolutely necessary;



## For the Small Girl

Pink and mauve tulle can be made up into very pretty dancing frocks for a little girl. White gauze with a pretty silver embroidered spot also makes up well. The dress is finished with small intertwining bands of mauve Neapolitan violets and pink rambler roses, and the second with a running design of silver leaves in dull and bright metal, with a gray satin sash silver trimmed.

When the little undershirts of flannel or Colonial flannel become too short in the sleeves, they can be neatly cut, joined with fresh material and finished with new wristlets. When such shirts are made at home, or to a special order, some of the material should be kept on hand for this purpose.



## Mr. Justwed Gets in Bad At the Moving Pictures.

OF course Mr. and Mrs. Justwed went to the moving pictures about every other evening—who doesn't these days? It had long since become the most natural thing imaginable for them to drift around the corner after dinner and watch cowboys chase fleeing Indians, see moon-struck maidens sigh for lovers who sought to steal them away from under the parental nose and behold rich young men discover that there is something more in life than whisky and soda if under the loving ministrations of "a poor but honest working girl."

But, all of a sudden, Mrs. Justwed came to the ghastly conclusion that it wasn't quite so natural that Mr. J. should always prefer a certain picture show to all the others in the neighborhood. Ghastly? Yes, for what woman's vanity could be expected to



"This is the one, Blossom," he said. "Bet there's a dozen Redskins killed in the first hundred feet of film." "This is the one, Blossom," he said. "Bet there's a dozen Redskins killed in the first hundred feet of film." "Humph!" snapped Mrs. Justwed again. "You know perfectly well, Homer Justwed, that you don't care for Western films at all—you've said so a dozen times. Why do you pretend that you do—do you think I prefer them?" "Mr. J. looked up at her with mouth literally agape. "For goodness sake, Blossom," he exclaimed. "I wouldn't have your grouch this evening for money! We'll go some other place if you like. But there are three other films here this evening and they aren't Westerns. Here's one called 'Hubby's Busy Day'—and—gee, we must see this one—Helen Ohyoukidd is in the cast—here's her picture on the poster. She's the girl with such an expressive face we saw the other evening—do you remember?" "Remember? Well I should say I do! We've seen her, to my positive knowledge, Homer, the past five evenings straight! But I guess we can stand her again. Come on, get the tickets; the people are simply crowding in and we'll have to stand if—"

"Favorite!" echoed Mrs. Justwed frigidly. "Since when have we had

## Art of Vest-Pocket Housekeeping

THERE is really something most attractive about roaming up a stairway in the early morning with an innocent-looking shoe box under your arm and cooking meals on one of those cute little elec-



the smallest sort are forced to do a portion of their cooking against the rules of landlords, and for this reason the butchers, bakers and delicatessen men have noticed an entirely new sort of custom. They have grown accustomed to gentlemanly young fellows coming into their stores and asking for a couple of pork chops, a loaf of bread and two or three eggs. The young bachelors must also sometimes cook their own meals.

The tricks to which some tenants are driven to keep up appearances and get along from one pay-day to another are enough to make you weep with them. The poor have no business in going into such places, but they will do it. The high rents take too big a slice of the income and the first thing they know they are facing a domestic crisis of a serious sort.

Any number of the best sort of girls have the cutest little ironing outfits hidden away in their wardrobe trunks. Nothing elaborate, of course, but a very practical little outfit that is used quite often. A tiny electrical iron is easily disconnected and put out of sight, in case there are unexpected callers, and the little ironing board takes up hardly any room at all. It can be placed back of the chiffonier, or dropped behind a davenport.

The keenest-eyed janitor or gossiping friend will never know a thing about it. There are countless other devices that are a wonderful help to the young matron, who has not very much money to spend, and yet is forced, simply forced, to keep up appearances or be dropped.

the theater with our wives without being accused of looking at one particular chorus girl the entire evening. And now it's the moving picture girl, is it? Well—my dear—it is to laugh! Come on, let's get out of here—and just you forget about Helen Ohyoukidd, Madam—"

But Mrs. J. wasn't even looking at him. She was absorbed in the new film being run off. "Come on, let's go," whispered Mr. J. again.

"Oh, Homer!" exclaimed Mrs. J. ecstatically. "Just look at that man! Did you ever in your life see such a handsome type of Westerner? Look at his splendid shoulders! Why is it you city men haven't shoulders like

# A CORNER FOR MEN

## A Few Helpful Moments With the "Get There" Club

Exercise, Kid, Exercise! THE subject of this little spasm, Horace, is an old, old one. Maybe you promptly pass up reading all articles on "Exercise" as not worth your while. But don't do it this time. Not that you're going to read anything conscientiously new and original on the subject in "these few words"; or even that the pencil pusher inditing this can offer himself as a "before" and "after" taking. But there are a few little hints he would like to give you—between pulls on that cigarette of yours. Oh, very well, then, go on sucking on that coffin-nail if you must—but don't raise such a smoke that you can't see this print before you. Hearken!

Remember, Horace, what a vast pride you took in your biceps along about the age of ten to fourteen? Um-huh, you even measured your arms with Ma's tape-measure each night to see how much your muscles had grown during the day. And, gee, weren't you the proud kid when the little boy next door gazed in awe and trembling at the size of your tensed biceps. Ye-ah, verily!

But, somehow, these days—since you've grown up—you've come to the conclusion that muscles aren't going to get you very much in the way of a successful career. Why, you can hire a coachman or a day laborer for about the punkerino and half of another one for an entire day. Or, any old time, you can count all around you chaps with bulging sleeves who are mighty glad to draw down their little ten plunks per week—and that's all the good their muscles do them!

Again, you've heard "bugs" on the subject of physical culture croak until they're green in the face about exercise and taking care of one's body, adding ten years to a man's life. "Never sick a day because we keep ourselves fit—better than medicine!" they chortle. And you believe it, or take it with a grain of salt. At all events, unless you are an unusual Horace, you listen indifferently and let it go in one ear and out the other. Now that's all right, Horace, if you insist, and entirely your own bust.

Well, but just look at the matter from another viewpoint for awhile. Exercise, regular, carefully chosen exercise, can be made a business asset—and you can put that down as a settled fact! You take every precaution to insure your job, don't you? And you're always on the lookout for ways and means of bettering yourself, aren't you? And you put in extra hours of work in order to prepare yourself for promotion when it comes, eh? Well then, why not do something for that body of yours that has to bear the wear and tear and strain of every effort you make to succeed in your business!

You may be the very model of sobriety, Horace, and the very spirit itself of the old adage about going to bed early and rising early making a chap "healthy, wealthy and wise." But, all the same, there are mornings when you wake up with your throat feeling like a velvet sofa-cushion, your head more in danger of exploding than any bomb ever made and your liver fairly groaning aloud.

You pick at your breakfast like a worn-out debutante at a midnight lobster Newburgh and you have to fight yourself all day at the office to keep going. Then you toddle wearily homeward and fall into bed, all in. This happens every now and then, doesn't it, Horace?

Well—it needn't! Take your exercise—try it just for a month—and see what holes you can knock in that work of yours and how easily you can do it. Join a gymnasium, Horace, and go there at least twice a week. Spend, say, two evenings a week in a bowling alley instead of lolling around your room, leaning over a pool table or calling for "the game" at an imitation "Old Dutch" liquid emporium under ground. Or, if the gym is beyond your reach financially, go through a few calisthenics in your own room when you wake up in the morning and again before you go to bed at night.

When Spring comes, get out of doors, walk in the country, play tennis, golf, baseball—anything that will take you out where the air is pure and your

## MOST NOURISHING FOODS.

The only two foods which contain all the substances necessary to human life are said to be milk and yolk of eggs. Scientists claim that a man can live in health on these two foods alone.

## The Eggs and Poultry of China

FOR hundreds of years China was the leading poultry producing country in the world. Of the more than three hundred million population of China shown by the last census there are none who do not in the course of a year consume something in the way of poultry—chickens, ducks or geese—and certainly a large number of eggs. For considerable portions of the population poultry is the only animal food used, and for the more well-to-do families it is an ordinary daily meat for the entire year. Ducks are dried, pickled, tinned and otherwise preserved and shipped

## THE LOW SPREADING BUNGALOW.



THIS is a commodious, low spreading bungalow, 27 ft. wide by 44 ft. deep, having six rooms on one floor and a large piazza. A house of this description makes quite an ideal home, and is estimated to build for \$3,200. The ladies like it because it is all on one floor and easy to care for; this plan, however, has two chambers on the second floor.

The entrance is at one side through a broad liberal piazza, with a vestibule and opening into the hall off from which all rooms are reached directly except the kitchen. On the left and front is the living room which is 14 ft. by 19 ft. with a wide central chimney and fire place. The dining room opens in connection with this room, and between the dining room and kitchen is a spacious pantry. The main stairs are reached from a small section of stairs leading up from the kitchen, which adds much to the convenience of the plan.

The three bed-rooms on the first floor are medium size, and all opened directly off from the hall. Each room is provided with a good liberal sized clothes closet. The two second story

## SOME RECENT INVENTIONS.

A ROHEMIAN has invented a process by which beer can be aged in from eight to twelve hours, instead of three months, the usual time.

A newly invented nail splits as it is driven into wood, the parts separating so that it cannot be withdrawn.

For those living in small apartments a New York man has invented a flat gas stove that can be folded against a wall, out of the way, when it is not in use.

A flexible steering wheel shaft for automobiles is a recent French invention.

The familiar electric warming pad has been formed into the shape of a shoe and patented by an Oregon woman for keeping a person's feet warm.

