ANDESTINE UMMONS



Dear Doctor: There Dear Doctor: There'
something the
matter:
I'm really awfull)
ill.
Each nerve is jus'
worn to a tat
ter—
I yearn for a powder or pill.
I want to be loosening stoppers
And rubbling or
liniment, too,
And fooling with
medicine droppers—

(I'm writing in secret to you.)

mother would

heal m by
thinking.
My siste by
psychical waves—
A tonic I'd love to
be drinking;
That's what my
poor inner mat
craves.
But mother sits by
in abstraction
Attempting the
true thought w
strike, strike, And sister's unlim bered for action But so far is fail

ing to psych.

When mother adjures me to ponder
On beautiful pictures of health
My stubborn reflections will wander
To you and your powders by stealth,
When sister's subliminal notions
Impinge on my heretic brain
I dream of your salves and your lotions
And all of their efforts are vain.

Come, doctor, bring your anti-toxin,
Your calomel, quinine and pills,
Your peptoids from sheep and from oxen.
Your tinctures and products of stills—
But doctor, dear doctor, be careful
Lest mother and sister should know;
Approach me with caution most prayerful.
Come up the back way on tinton

Come up the back way on tiptoe.

Slip in through the kitchen; be quiet,
Come up the back stairs to my bed,
Or else an incipient riot
Will center about my poor head.
Come, smuggle the medicines to me
While mother and slster are out;
They think of the good they can do me—
I know what I'm thinking about.

OLD MAN GIDDLES BSERVES.



st-told lie in the

"Glad to see

that the cold weather will stop

the anti-peek-aboo cranks.

Lem Short is disgusted. He took up physical culture just when knotted muscles ceased to be a curiosity to the general run of people.

Be as busy as the bee, son, but don't be like the bee, so terribly busy you don't see that somebody is stealing honey you gather.



A man never cuts recipes out of the household column except when he is hungry.

It does a man good to worry. The man who never worries usually has patches on his pants and nothing in his pockets.

An Open Letter.

To the Editor of Advice to Our Girls Column:-Three months ago 1 wrote you, asking you what would be the most effective way of dissuading a young man from attempting to kise me. I explained that he had been calling for several weeks, and each time he called he tried to kiss me. I thought you would tell me some perfeetly genteel, and at the same time positive, method of showing him that his actions were not viewed with fans were not viewed with favor, but the only answer I have seen in your column that might be construed as referring to my query was a formula for removing scent of onions from the breath. After watching the paper all this time I took the matters into my own hands, and last night when he tried to slip his arm around me I hit him on the point of the jaw and then gave him a straightarm jab in the eye. When he ran down the street people fled from him in alarm and the police turned in a I hope I have done nothing unladylike, but when you won't hasten to the rescue, I have simply got to let my gymnasium training help out as far as it will go.

Beneficial Climate.

"your auto does not cough and gasp and pant as it did a few weeks ago. Have you had it fitted with new en-

medin Stesbit Olive Parta Strothus

TheKITCHEN

THE SONG OF THE DIRT. (With Apologies to Thomas Hood.)

IFH fingers dusty and grimed.
With blistered palms, and red,
and red,
A woman got down on
her knees to sweep
The dust from under
the bed.

Sweep, dust. sweep—with a broom and a piece of old shirt, And yet, in accents full of hope,
With broom and mop
and lots of soap,
She sang this song of the dirt:

Scrub, scrub, scrub down on the kitchen floor,
And rub, rub, rub till I can wash no more.

more.

Seams and gursets are torn.

And buttons come off the shirt,

But while the linen is wearing out, out, We're getting rid of the dirt.

Sweep, dust, sweep, with a broom and a piece of old shirt, And still with a voice of cheerful pitch, (What fun they miss, the idle rich)! She sang this song of the dirt.

The Home "Office."

This suggestion was made in an old number of a magazine, and just recently brought to light. It is so good as to bear repeating.

Have a "home office"—a place where the housewife can go at once, in the dark, if need be, and there get paper, pencil, ink, old bills, receipts, and the daily account book. If there is no room for a separate "office" set aside a corner in any little used room, and regard it as sacred to the house business. Then when there is a bill presented, or the man of the house asks for the grocer's account, there is no confusion, no hurried examination of boxes, old trunks, dusty drawers or neglected corners. Things are in or der and proper place, and excitement, perhaps, tears, are saved. Go, to the "home office." The desired bill, checkbook, recipe, will be found in the desk, the table or shelf (all three should be there), set apart for the housekeeper and the home.

Idea for Table Decoration. Instead of a centerpiece of flowers, pretty effect is obtained by simulating a lawn in the center of the table. About it place tiny pots of flo ble. About it place tiny pots of flowers, or little Dutch tubs, filled with any chosen flower. The square of lawn can be effected by a square of green plush edged with smilax. Or it the plush be not handy, use ferns, or even moss, if it can be kept dry, so as to protect the cloth.

The little pots scattered about give

Baskets of flowers here and there too, make a charming effect if the table is long and bare.

HAM FROM HOME.



HEN my wife goes to see her Ma,
She comes back, loaded down
With everything — from home-made bread
To doughnuts, golden brown.

She has a glass of jelly,

or
A little pot of jam,
And, sometimes, in her
telescope
Is stowed a whole,
boiled ham.

They say that "absence makes the heart Grow fonder," day by day, And that is true, yet, I confess, I often stop and say:

"Why doesn't wife come home?" and

when
The front door-bell starts ringing,
Although my "heart has fonder" g
I wonder what she's bringing?

The query is often made: "Is it possible to regulate flesh by diet, and is mfedicine safe?"

These are questions for the family physician to decide, but it is safe to say that diet does, to a great extent govern the accumulation Sweets, of course, rather than acids, and to increase weight, and drinking water is good for those inclined to thinness. Starchy foods, potatoes, rice, etc., make flesh, and much exer cise tends to reduce it. Above all, per haps, does temperament govern, and habit of life is a strong factor. For instance the woman who lounger about all day, is going to have a hard time keeping her flesh within the pre-scribed fashionable limits.

For her whose object is flesh, the following lines must be followed negatively, but the lady of embonpoint will to well to treasure them learn them by heart and take for daily guidance: If you wish to grow thinner

And take to light claret instead of pale ale, Look down with an utter

Contempt upon butter,
And never touch bread till it's toasteor stale.

Hints on Cabbage.

Cabbage, is, in the first place, more but there are ways of cooking which 'Leffingwell," we say to our friend, preserve the best in the vegetablenot as indigestible as has been popu larly supposed. If water is boiling and well salted, the cabbage will not have the disagreeable odor while cook "No," he explains. I took it through Arizona and New Mexico on a road trip and the climate did wonders for pink it has cooked too long.

Would Enjoy good health, with its blessings, must un-

All Who

derstand, quite clearly, that it involves the question of right living with all the term implies. With proper knowledge of what is best, each hour of recreation, of enjoyment, of contemplation and of effort may be made to contribute to living aright. Then the use of medicines may be dispensed with to advantage, but under ordinary conditions in many instances a simple, wholesome remedy may be invaluable if taken at the proper time and the California Fig Syrup Co. holds that it is alike important to present the subject truthfully and to supply the one perfect laxative to those desiring it.

Consequently, the Company's Syrup of Figs and Elixir of Senna gives general satisfaction. To get its beneficial effects buy the genuine, manufactured by the California Fig Syrup Co. only, and for sale by all leading druggists.

KNEW APPROPRIATE THING.

Clerk May Have Meant Well, But It Is Somewhat Doubtful If He Made a Sale.

Clerks in bookstores are expected to know the inside of every book, and to be able to advise prospective customers much as a doctor prescribes for a patient. A writer in Tit Bits relates the following rather one-sided conversation which took place in a bookstore. The lady entered in a hurry.

"I've only got a little time," she said to the clerk, "and I want to get my husband a book for his birthday. Show

me what you have.
"I don't want anything too expensive, and I don't want anything cheap, either. He's a mild-mannered man, and not fond of sports, so don't show me anything in that line. And don't show me anything in the way of trashy novels; and I might as well say right off that you can't persuade me to buy history or biography.

"I'm in a dreadful hurry, and I've wasted too much time here already Of course you don't know my husband, but from all I've said can't you suggest something appropriate?"
"Yes, ma'am," said the clerk, hum-

bly, looking along the shelves. "Here's a book called 'How to Manage a Talking Machine."

NEW LIFE AND STRENGTH

Obtained Through Proper Action of the Kidneys.

Mrs. Josiah Straw, 526 N. Broadway, anton, So. Dak., says: "I surfered for some time with rheumatic pains in my limbs and was



eak and languid. The irregularity of the kidney secre tions also caused much annoyance. After using Doan's Kidney Pills I did

not have these troubles. They seemed to put new life and strength into my system and helped me in every way. My husband had an experience almost the same, and it is with pleasure that we both recommend Doan's Kidney Pills."

Sold by all dealers. 50 cents a box Foster-Milburn Co., Buffalo, N. Y.

Hear! Hear!

The city beautiful movement if properly pushed will help not only the individual, but the entire community, and especially the property owner and also more or less involved. Are you contributing to the movement? If not, where is your public spirit and

Catarrh Cannot Be Cured Catarrh Cannot De Cureu with Local Applications, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internal remedies, the second of the best physicians in this country for years and is a regular prescription. It is composed of the best tonics known, combined with the best blood purifiers, acting directly on the nucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing catarrh. Send for testimonials, free. F. J. CHENEY & CO., Propa, Toledo, Q. Sold by Druggista, price 75s.

Sold by Druggists, price 75c. Take Hall's Family Pills for constipation. An Obstacle to Mutual Esteem, Natives who grow fat and muscular on a chunk of pineapple or the fin of a haddock can never enter into per fect brotherhood with us who live to eat, while they merely eat to live .-Singapore Straits Budget.

Ask Your Druggist for Allen's Foot-Ease. "I tried ALLEN'S FOOT-EASE recent-ly, and have just bought another supply. It has cured my corns, and the hot, burn-ing and itching sensation in my feet which was almost unbearable, and I would not be without it now.—Mrs. W. J. Walker, Camden, N. J." Sold by all Druggists, 25c.

Suns, Stars, Comets & Co. "Why do they so often name news papers after the heavenly bodies?" That's easy-because they shed light upon the earth."

For Headache Try Hicks' Capudine.
Whether from Colds, Heat, Stomach or Nervous troubles, the aches are speedily relieved by Capudine. It's Liquid—pleasant to take—Effects immediately. 10, 25 and 50c at Drug Stores.

Fly time and baseball are very properly contemporaneous.

FEW CARESSES IN HER LIFE

Infinite Pathos in Remark Made by Little Philadelphia Child of the Slums

Dr. Herman L. During, superintendent of the Philadelphia City mission, has for many years devoted his life to the poor. Dr. During is the inventor of the pretzel test for street beggars. When a street beggar pleads starvation, you buy him a big German pretzel at the nearest stand. If he eats the pretzel, he is honest; if he refuses it, he is a fraud.

Dr. During in his work among the poor has learned many odd, quaint things that he relates superbly, for he is a born story-teller. In an address at Bala, apropos of the hard, rough lives of the children of the poor, he related a dialogue between two little girls in Rum alley.

"Maggle, wuz ye ever kissed?' said the first tot.

"'On'y wunst in me life wot I kin remember.' said the second. 'When I wuz in de Honnyman hospital wid a broken arm one o' de lady nusses kissed me, an' I blushed like a child."

SKIN TROUBLES CURED.

Two Little Girls Had Eczema Very Badly-In One Case Child's Hair Came Out and Left Bare Patches.

Cuticura Met with Great Success

"I have two little girls who have been troubled very badly with eczema One of them had it on her lower limbs. I did everything that I could hear of for her, but it did not give in until warm weather, when it seem-ingly subsided. The next winter when it became cold the eczema started again and also in her head where it would take the hair out and leave bare patches. At the same time her arms were sore the whole length of I took her to a physician, but them. the child grew worse all the time. Her sister's arms were also affected. I began using Cuticura Remedies, and by the time the second lot was used their skin was soft and smooth, Mrs. Charles Baker, Albion, Me., Sept. 21; '08." Potter Drug & Chem. Corp., Sole Props., Bosto

Work Ahead for Josh.

"I'll be kind o' glad when Josh gits home from school," said Farmer Corn-"I have an idea he can be tossel. right useful." "Are you going to put him to work?" "Maybe. I've exhausted all the language I know on that team of mules. But I haven't given up hope. I want to see whether Josh can startle 'em some with his college yell."-Washington Star.

Rough on Rats, unbeatable exterminator Rough on Hen Lice, Nest Powder, 25c. Rough on Bedbugs, Powder or Liq'd, 25c. Rough on Fleas, Powder or Liquid, 25. Rough on Roaches, Pow'd, 15c.,Liq'd, 25c. Rough on Moth and Ants, Powder, 25c. Rough on Skeeters, agreeable touse, 25c E. S. Wells, Chemist, Jersey City, N. J.

For the Spelling Class. "I prophesy an agreeable ecstasy in perceiving the unparalleled embarrassment of a harassed postilion while gauging the symmetry of a potato peeled by a sibyl." Dictate this senence and find how many of your

friends will be able to spell it aright! Examine carefully every bottle of CASTORIA a safe and sure remedy for infants and children, and see that it

Rears the Signature of hat Hillthing In Use For Over 30 Years. The Kind You Have Always Bought.

Two Ways. "Does Mrs. Gabby disseminate cirmiacent information?" "No, she doesn't; she just gossips about the neighborhood."

For Colds and Gripp-Capudine. The best remedy for Gripp and Colds is Hicks' Capudine. Relieves the aching and feverishness. Cures the cold—Headaches also, It's Liquid—Effects immediately—10, 25 and 50¢ at Drug Stores.

A Diplomat. Mother-Aren't you ever going to get over fighting, Willie? Willie-Yes'm, when I'm licked.

Try Murine Eye Remedy For Red, Weak, Weary, Watery Byes. Compounded by Experienced Physicians. Conforms to the Pure Food and Drugs Law. Murine Doesn't Smart. Soothes Eye Pain. Try Murine for Your Eyes.

Poeticus-What age do you think most charming in a woman? Cashit-A rich heritage.

Free! A 10c package of Garfield Tea to anyone mailing us this notice, with name and address, and names and addresses of 10 friends not now using the Ideal Laxative. Garfield Tea Co., Brooklyn, N. Y.

All pleasure must be bought at the price of pain. For the true, the price is paid before you enjoy it; for the false, after you enjoy it.-John Foster.

Those who keep Hamlins Wizard Oil in the house do not have to buy any other remedy for sore throat. No other remedy will cure this trouble so quickly or so surely. Remember this. Look out for dark days when the

weather man predicts light rains. Mrs. Winglow's Soothing Syrup. For children teething, softens the gurus, redu fammation, allays pain, curss wind colic. 25ca

When the calf kicks, 'tis time to

Unswer This Question

When thousands of women say that they have been cured of their ailments by a certain remedy, does this not prove the merit of that remedy?

Thousands of women have written the story of their suffering, and have told how they were freed from it by Lydia E. Pinkham's Vegetable Compound — for thirty years these reports have been published all over America.

Without great merit this medicine could never have gained the largest sale of any remedy for woman's ills never could have become known and prized in nearly every country in the world.

Can any woman let prejudice stand between her and that which will restore her health? If you believe those who have tried it you know this medicine does cure.

Read this letter from a grateful woman, then make up your mind to give Mrs. Pinkham's medicine a chance to

Brooklyn, N. Y.—"I am a firm believer in Lydia E. Pink-ham's Vegetable Compound. I was a great sufferer from organic ham's Vegetable Compound. I was a great sufferer from organic female troubles for years, and almost despaired of ever being well again. I had bearing-down pains, backache, headache and pains in my abdomen, and tried Mrs. Pinkham's Compound as a last resort. The result was astonishing, and I have used it and advocated it ever since. It is a great boon to expectant mothers. I have often said that I should like to have its merits a search-light so that women would thrown on the sky with a search-light so that women would read and be convinced that there is a remedy for their sufferings.

"My husband joins me in its praise. He has used it for kidney trouble and been entirely cured."—Mrs. E. A. Bishop, 1915. Atlantic Ave., Brooklyn, N. Y.

For 30 years Lydia E. Pinkham's Vegetable Compound has been the standard remedy for female ills. No sick woman does justice to herself who will not try this famous medicine. Made exclusively from roots and herbs, and has thousands of cures to its credit. Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health free of charge. Address Mrs. Pinkham, Lynn, Mass.



eeley For WHISKEY ure

The Only Genuine KEELEY INSTITUTE in Arkansas.

and DRUG USING

A course of Hot Springs Baths given each patient. Write for Information.

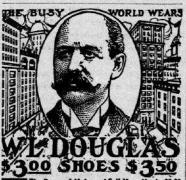
HEADACHE Positively cured by

IVER PILLS.

these Little Pills. tress from Dyspepsia, In-digestion and Too Hearty Eating. A perfect ren edy for Dizziness, Nav ed Tongue, Pain in the Side, TORPID LIVER.

They regulate the Bowels. Purely Vegetable. SMALL PILL. SMALL DOSE. SMALL PRICE.





The Reason I Make and Sell More Men's \$3.00 and \$3.50 Shoes Than Any Other Manufacturer

is because I give the wearer the benefit of the most complete organization of trained ex-perts and skilled shoemakers in the country. Shoes pert and skilled shommlers in the country.

15.00 and The selection of the lanthers for each part of the 34.48 st. 48 st.



DROPSY NEW DISCOVERY: gives good for the simonials and 10 days' treatment FREE DB. H. H. GREEN'S SOMS, BOX R. ATLANTA, GA.

DEFIANCE STARCH englest to work with and

NOTHING LIKE IT FOR-

THE TEETH Paxine excels any dentifrica-removing tartar from the teeth, besides destroying, all germs of decay and disease which ordinary tooth preparations cannot do.

THE MOUTH Paxtine used as a mouth-wash disinfects the mouth and throat, purifies the breath, and kills the germs which collect in the mouth, causing sore throat, bad teeth, bad breath, grippe, and much sickness. THE EYES when inflamed, tired, sche and burn, may be instantly relieved and strengthened by Paxtine.

CATARRH Paxtine will destroy use familiar that cause catarth, heal the infamiliar and stop the discharge. It is a same flammation and stop the disch remedy for uterine catarrh.

Paxtine is a harmless yet powerful ermicide, disinfectant and deodorizer. germicide, disinfectant and deodorizer. Used in bathing it destroys odors and leaves the body antiseptically clean. LARGE SAMPLE FREE!

THE PAXTON TOILET CO., BOSTON, MASS.

for twenty years, and I can say that Cas-carets have given me more relief than any certainly recommend them to my friend as being all that they are represented." Thos. Gillard, Elgin, Ill.

Pleasant, Palatable, Potent, Taste Good. Do Good. Never Sicken Weaken or Gripa. 10c, 25c, 50c. Never sold in bulk. The gen-nine tablet stamped C C C. Guarantsed to cure or your money back. 224

FOR EVERY LIVING THING ON THE FARM

HUMPHREYS' VETERINARY SPECIFICS Hogs and Poultry mailed FREE. phreys' Med. Co., 77 Ann Street, New York

FEVER AND AGUE positively cured in one day. Address Joseph Goulet, 107 Olo St., Woonsocket, R. L.

W. N. U., MEMPHIS, NO. 21-1909.

You Look Prematurely Old