

Indigestion

Many persons, otherwise vigorous and healthy, are bothered occasionally with indigestion. The effects of a disordered stomach on the system are dangerous, and prompt treatment of indigestion is important. "The only medicine I have needed has been something to aid digestion and clean the liver," writes Mr. Fred Ashby, a McKinney, Texas, farmer. "My medicine is

Theford's

BLACK-DRAUGHT

for indigestion and stomach trouble of any kind. I have never found anything that touches the spot, like Black-Draught. I take it in broken doses after meals. For a long time I tried pills, which griped and didn't give the good results. Black-Draught liver medicine is easy to take, easy to keep, inexpensive."

Get a package from your druggist today—Ask for and insist upon Theford's—the only genuine.

Get it today.

Mrs. Geo. Wehman, of Brenham, Texas, is visiting her cousin, F. D. Stockbridge and family.

Children From the Playground Have Swim Tuesday

The children who are taking advantage of the Lubbock free Playground were taken to the Tumble N Swimming Pool Tuesday of last week and enjoyed their first swim, supervised by the playground instructor. The water was fresh and fifty-three youngsters had the time of their life swimming and paddling in the water. The following Thursday morning a bunch of forty-five were taken to the Fulton Pool south of town where another well enjoyed party was conducted. Saturday morning the boys ranging from ten to fourteen years, went to the Fulton Pool for a morning swim. They left town at six in the morning and hiked to the pool and had a swim before breakfast.

Tuesday of this week the girls from ten to sixteen went to the Tumble N Pool, also taking a before breakfast swim. After the swim breakfast was cooked and served under the grove in the park. Tuesday evening of last week the children ranging in age from two to twelve were given a picnic on the playgrounds. Each child brought their lunch and lemonade was served by the committee. Eighty-six attended the picnic, which lasted from four to six.

TWO YOUNG GIRLS MAKE TRIP FROM COAST HERE

Misses Elvin and Elizabeth Lemon, six and nine years of age respectively, have recently arrived in Lubbock, making the trip from Corpus Christi alone. Two changes were required for this trip, the first change being made at Temple, where they laid over three hours, and another change at Sweetwater. The children will spend the summer with their aunt, Mrs. Van Sanders.

If It's SERVICE You Want---

If you want real drug service—just outright and strict drug service, what other store can offer you as much as we can?

If its fresh drugs or toilet articles, fine stationery or fresh cigars, what other place can equal our facilities for giving them?

Answer these questions by action.

The City Drug Store "The Rexall Store"

West Broadway

Lubbock, Texas

SWEETWATER IS GETTING READY FOR FREE MAIL

Preparations in the way of street signs being put up where they have become displayed, grading the sidewalks, bettering street crossings where needed, putting up individual letter boxes and overhauling of the numbering of houses which has been heretofore, all preparatory to putting on free mail delivery has been going on for some time in Sweetwater, and is now about completed.

Acting Postmaster Howard said that he has assurances that free delivery will be put on as soon as compliance with the requirements of the Postoffice Department in such matters of detail have been met.

CHURCH OF CHRIST WILL BEGIN MEETING AT IDALOU

R. Sherrod informs the Avalanche that the Church of Christ will begin a protracted meeting at Idalou Friday night, July 22, and will continue for several days. The public is cordially invited to attend all of the services and enjoy good preaching by capable preachers.

REV. AND MRS. LYNN HAVE NEW DAUGHTER

The Avalanche editor met Rev. C. E. Lynn on the street Saturday morning and he passed this bit of news to us with a smile. "An eleven pound girl with black curly hair and dark brown eyes was added to our family this morning." Mother and babe are doing nicely in one of the Lubbock sanitariums, and the father is still able to preach, and says he has seven protracted meetings to hold during the remainder of the summer.

Ready With The Bottled Goods

We are ready to fill your orders for the following bottled goods: Coca Cola, Orange Crush, Lemon Crush, Lime Crush, Green River, Delaware Punch, Strawberry, Lemon Sour, Lemon Sweet, Cream Soda, Cherry Julep, Orange-Soda, Root Beer, Ginger Ale, Vanilla, Peach, Concord Grape, Reif's Special, Ciders, Fountain Syrups, Cones, Straws, Dishes.

We have just received a car load of empty bottles and another car load enroute. We can fill your orders. None too large to handle, and will give prompt service.

THE LUBBOCK CREAMERY

Phone 73 Lubbock, Texas.



say the people of this community about our store.

We are proud to have secured the confidence and patronage of the Hardware buyers of this section. Our success is proving that we have done both.

You may depend upon the truth about our merchandise; the ability to back up everything we claim.

We believe you'll believe what we say, and we would rather have your confidence first than your business;—finally we get both.

Come in and let us show you some seasonable things in Oil Stoves, Refrigerators, Ice Cream Freezers, etc.

COLE-MYRICK HARDWARE and IMP. CO.

North Side Square. Lubbock, Texas

Where do You Eat?

If you have never visited the Manhattan you really are not acquainted with the best eating place in Lubbock.

The Manhattan has one of the most accomplished Chefs in the State. He knows how to cook and is anxious for you to find that out.

The next time you get hungry try the Manhattan.

The Manhattan Parlor and Cafe

West Side Square

O. R. PHILLIPS, Prop.

Phone 254

YOUR EYES

When you go to the "movies," do they seem blurred and indistinct or perhaps hurt your eyes? An advertising expression by some "movie" theaters has its foundation on scientific fact. "If the movies hurt your eyes, it is the eyes and not the movies," is true indeed.

Perhaps you are one of those who has to sit very near in order to read the titles. You may be near-sighted, the Optometrists call this Myopic, and again you may not. Children often hold their books very close and parents jump to the conclusion that John or Mary is near-sighted. Often nothing is further from the truth.

The eye is a faithful servant but when it is on the witness stand, so to speak, when it is being examined as to its own defects, or efficiency, it is often not a competent witness. "If I can not answer questions about my eyes correctly, how" you ask, "will anyone else be able to answer them?" It is here that the training of an Optometrist is called upon. The human eye holds no secrets from him. By means of his instruments, quite independent of your answers, he can find out just the condition of your eyes, whether they are healthy or unhealthy, whether they are near-sighted, far sighted, or correct in focus, whether or not they need glasses and if so what kind.

You may ask where Optometrists receive such training. Columbia University, Ohio University, Rochester Institute and many other Universities and Colleges have courses ranging from two to four years in Optometry or eye measuring.

In all of the States, but Texas, no one is permitted to examine the eyes and fit glasses unless he has shown to a State Board that he has the training and ability to do the work properly. The need for such a law is manifest as surely the eyes of our people require this protection. Another unfortunate feature of the lack of such a law is that the incompetent and unscrupulous spectacle vendors from the 47 regulated States flock to Texas, and victimize our people as they can no longer impose upon the citizens of their own States because of such wise laws.

NOTICE TO KILL PRAIRIE DOGS

Everybody ought to exterminate the prairie dogs on his own land because the law requires it and especially because it is necessary for the protection of himself and his neighbors.

The Commissioners' Court has expected the people to comply with this law without being forced. But many complaints have been filed recently and the Court is ready to enforce the law. Therefore, we beg and demand that every citizen of this county who has any dogs on his land kill them all now. This is the last warning. If this is not done we will proceed according to law.

This legal procedure is unpleasant both to the Court and citizens; besides it is expensive to the land owner.

The Court will purchase the poison at wholesale price and distribute it to the people at cost if they desire it. Get serious about this now and give us your names if you want us to secure the poison at wholesale.

By order of the Commissioners' Court.

P. F. BROWN, County Judge of Lubbock County.

The Avalanche will pay you good price for clean rags.

Fordson TRACTOR



\$625
F. O. B. Detroit

"Yes I've more Time for Myself Since I Got a Fordson"

The Fordson Tractor is taking much of the drudgery out of farm life; it is solving the labor problem; it is reducing the cost of preparing land by almost one half of what it was with horses; and it is saving one third to one half of the farmer's time; and making farm life more attractive.

The Fordson will run your threshing machine—and at the most opportune time for you. It will operate the milking machines, saw your wood, fill your silo, pump the water, and take care of every kind of belt work—

And don't forget—it will plow six to eight acres in a ten hour day, handling two plows with ease.

Thus the Fordson is the ideal year-round tractor. It will pay for its fall and winter keep in many ways.

There's a big story to tell you about the Fordson—and a true one—come in and get the facts. Or, if you prefer, telephone or drop us a card and we will bring them to you.

Lubbock Auto Company
Lubbock, Texas

Master W. B. Rushing and Homer Macy, who spent last week with their aunt, Mrs. W. B. Atkins, returned to their home in Plainview last Saturday.

REWARD

I will pay a liberal reward for the return of a gold fountain pen lost last week. Finder return to Dr. R. B. Hutchinson.

No Worms in a Healthy Child
All children troubled with Worms have an unhealthy color, which indicates poor blood, and as a rule, there is more or less stomach disturbance. GROVE'S TASTELESS CHAM TONIC given regularly for two or three weeks will enrich the blood, improve the digestion, and act as a general strengthening tonic to the whole system. Nature will then throw off or digest the worms, and the child will be in perfect health. Pleasant to take. Six per bottle.

Clyde Fitzgerald, of Borden county, was in Lubbock last Saturday attending to business matters.