

Health of American Women

A Subject Much Discussed at Women's Clubs—The Future of a Country Depends on the Health of Its Women.



Mrs. T. C. Willadsen Miss Mattie Henry

At the New York State Assembly of Mothers, a prominent New York doctor told the 500 women present that healthy American women were so rare as to be almost extinct.

This seems to be a sweeping statement of the condition of American women. Yet how many do you know who are perfectly well and do not have some trouble arising from a derangement of the female organism which manifests itself in headaches, backaches, nervousness, that bearing-down feeling, painful or irregular menstruation, leucorrhoea, displacement of the uterus, ovarian trouble, indigestion or sleeplessness? There is a tried and true remedy for all these ailments, Lydia E. Pinkham's Vegetable Compound has restored more American women to health than all other remedies in the world. It regulates, strengthens and cures diseases of the female organism as nothing else can. For thirty years it has been curing the worst forms of female complaints.

Such testimony as the following should be convincing.

Mrs. T. C. Willadsen, of Manning, Ia., writes:

Dear Mrs. Pinkham—
"I can truly say that you have saved my life and I cannot express my gratitude to you in words. For two years I spent lots of money in doctoring without any benefit for menstrual irregularities and I had given up all hopes of ever being well again, but I was persuaded to try Lydia E. Pinkham's Vegetable Compound and three bottles have restored me to perfect health. Had it not been for you I would have been in my grave to-day."

Lydia E. Pinkham's Vegetable Compound Succeeds Where Others Fail.

Miss Mattie Henry, Vice-President of Danville Art Club, 429 Green St., Danville, Va., writes:

Dear Mrs. Pinkham—"Many years' suffering with female weakness, inflammation and a broken down system made me more anxious to die than to live, but Lydia E. Pinkham's Vegetable Compound has restored my health and I am so grateful for it that I want every suffering woman to know what Lydia E. Pinkham's Vegetable Compound will do for her."

When women are troubled with irregular, suppressed or painful menstruation, weakness, leucorrhoea, displacement or ulceration of the womb, that bearing-down feeling, inflammation of the ovaries, backache, bloating, (or flatulency), general debility, indigestion, and nervous prostration, or are beset with such symptoms as dizziness, faintness, lassitude, excitability, irritability, nervousness, sleeplessness, melancholy, "all-gone" and "want-to-be-left-alone" feelings, blues, and hopelessness, they should remember there is one tried and true remedy. Lydia E. Pinkham's Vegetable Compound at once removes such troubles. No other medicine in the world has received such unqualified endorsement. No other medicine has such a record of cures of female troubles. Refuse to buy any other medicine, for you need the best.

A light heart, a cheerful countenance, and all the charms of grace and beauty are dependent upon proper action of the bodily organs. You cannot look well unless you feel well.

Mrs. Pinkham invites all sick women to write her for advice. Her advice and medicine have restored thousands to health. Address, Lynn, Mass.

AFFAIRS AT THE STATE CAPITOL.

Committeemen Will Bear the Brunt of Battle This Week—Pipe Line Contest.

Austin, Texas, Feb. 20.—The shifting drama on the legislative stage will this week be transferred from the floor of the house to the precincts of the committee rooms. The important tax bills having already passed to engrossment will now, including the intangible asset bill, go speeding to the senate with a chorus of eyes that will drown the feeble opposition out of hearing.

Meanwhile in the committee rooms the bills regulating pipe line oil companies will evoke a battle royal. Indeed no piece of legislation of this session has stirred so much feeling as that fight among the oil men. They are camped here some thirty or forty strong, fairly bristling with arguments and oratory. One fiery debate last week ended in fistfights and Friday night the opposing forces indulged in a personal dispute which grew so warm that the committee on private corporations threatened to adjourn unless better order was maintained. It seems to be a phase of that ancient quarrel between the pipe line companies and the producers of oil and to a disinterested observer it looks as if each of them was seeking benefits at the expense of the other. One thing is certain: Unless they get together and agree by mutual concession on some definite program there is not much chance of securing legislative action this session.

Already over 500 bills glut the calendar, and talk of adjournment on March 10 is idle. The majority of the legislators seem unwilling to stay here at \$2 a day in adjudge differences that affect only sections of the state.

The prospects of favorable action on the Southern Pacific merger bill are better. The people most affected, with the single exception of the town of Victoria, are a unit in favoring the measure. Farmers, lawyers, merchants and others are here eager to buttonhole even the casual stranger.

STOESSSEL A COWARD.

According to Paroled Russian Officers at Victoria.

Victoria, B. C.: Aboard the steamer Tartar, which arrived yesterday, were Lieutenants Bellow and Bondy, officers of the Russian cruiser Sevastopol, captured at the fall of Port Arthur. They were released by the Japanese after giving their parole. The captain of the Sevastopol and a number of other prisoners recently released, are expected to reach San Francisco shortly.

Lieutenant Bellow characterizes General Stoessel as a coward.

"The world will know Stoessel as he is," said Bellow. "He is a coward. Stoessel was burrowed a great deal of the time in a cave. The real heroism was Mnie Zouhonet, who, when her husband was killed, took command of a battery of three 11-inch guns at a point commanding the water supply, and held them until she was killed. The garrison was decimated by false reports of the approach of Kuropatkin's army, and the Baltic fleet."

A number of outbreaks have been started recently by Russian prisoners at Matuyama.

Count Solsky Named.

St. Petersburg: It is stated that Count Solsky, president of the economic department of the council of ministers, and who enjoys the confidence of Emperor Nicholas, will be nominated for the post of president of the projected reconstructed council of ministers.

Uprising Denounced.

New York: The Russian Cathedral of St. Nicholas held a pantheistic, or regular mass for the Grand Duke Sergius of Russia yesterday. The scene was most impressive, as the great congregation, holding lighted candles, responded to the chants of the black-robed priests officiating at the catafalque which had been placed in the center of the choir.

Another Atlantic Cable.

New York: Another Atlantic cable is to be laid by the Commercial Cable Company, and bills for its laying already have been introduced. The route has been determined, and it is expected that the new cable will be in operation during the coming summer. Clarence Mackay said yesterday that a new ship would be named on this cable.

and explain the untold benefits to South Texas this consolidation will bring. San Antonio, too, has not been slow to see on which side her bread is buttered and delegations of the faithful will be on hand Monday to boost the interest of their town.

Then, too, in committee meeting this week the two bills providing a new charter for the city of Houston will probably come up. And some think possibilities of a small sized tempest lurk in this situation.

The Houston representatives are on the alert, but the others ask in vexed tones, "What is it all about?"

The fight over the proposed county of Ross, to be formed out of parts of Eastland, Brown, Callahan and Colman counties, will also reach a climax today. Big deputations are already here. Representatives all the way from the town of Tin Can and to the town of Desdemona are here and this local fight has attracted much interest, because there is something doing in it every minute of the day.

Petitions against the anti-free pass bill continue to pour in and word is passed that the committee on common carriers has begun to amend it. When they are through amending it there will probably be nothing of the original senate bill left, and the remains will doubtless be decently interred when they reach the house—if they ever do reach it.

Meanwhile the house has somewhat slackened in its zeal for working. Long hours spent indoors coupled with incessant bad weather has brought an epidemic of influenza and bad colds. Many members are laid up in bed and all of them more or less are complaining.

As a result, one hears openly expressed the desire for a speedy return to the quiet of their own homes and it is hardly probable that a quorum can be held long on that pitiful \$2 a day that comes after March 10. It is a bit of an anomaly to pay the partners and the lawmakers the same salary.

Probable Route of Russian Fleet to the Neighborhood of Japan.



(The route is indicated by a dotted line. After leaving Chagns Islands, 1,700 miles northeast from Madagascar and about the same distance west of Sumatra, the fleet may, it is predicted, coal at Lampong bay on the south coast of Sumatra, pass through Lombok straits, to Banca Islands, northward of the Celebes group, and thence proceed to the Bonin Islands, stopping on the way at the Caroline Islands to coal.)

Atlanta's Troubles.

Atlanta, Ga.: A cold rain is falling, freezing on the wires and trees as it falls, and threatening a repetition of the disastrous sleet storms of the past two weeks. No damage has been reported so far, but unless conditions change communication with the outside world may be interrupted with again.

Oil Men on the War Path.

Richmond, Ind.: Alarmed over the advances made on the Indiana oil fields by the Standard Oil Company, oil men in this state are organizing to join in the fight on the great corporation. They have received inspiration from the action taken in Kansas. The plans include the erection of an independent refinery in Indiana.

Sylvania Captured.

Tokio: The navy department announces the seizure of the British steamer Sylvania, bound for Vladivostok with Cardiff coal. The place where the seizure was made is not stated.

Fire on Barges at Baku.

Baku: An explosion on board a barge yesterday set fire to several other barges at a landing stage. It is stated that twenty people perished.

BEAUTIFUL WOMEN

HOW THEY MAINTAIN THE CHARMS OF THEIR SEX.

The Importance that Attaches to the Care of the Blood if One Wants Bright Eyes and a Clear Complexion.

Every sensible woman naturally wishes to appear attractive. She knows the value of bright eyes, delicate complexion and lively spirits. She knows also that good health is at the basis of her charms, and that good blood is the source of good health.

Miss Mamie Conway has a complexion which is the admiration of all who know her. Asked if she could make any suggestions that would be helpful to others less fortunate, she said:

"My complexion would not have pleased you, if you had seen it two years ago. It was then about as bad as it could be, and it gave me a great deal of dissatisfaction. If you want a good complexion you must take care of your health, especially of the condition of your blood. My health was at that time completely broken down. I was nervous, had frequent headaches, a torpid liver and a great deal of pain in that region. I suffered also from indigestion. It was clear that my blood was in bad condition, for pimples broke out all over my face."

"It is hard to realize that, for there isn't the slightest trace of such blemishes now."

"It was unfortunately quite otherwise then, and a long time passed before I found anything that gave me any relief. I became very weak and listless. The doctor's medicine did me no good, and I took a number of highly recommended tonics with no better result. As soon, however, as I began to use Dr. Williams' Pink Pills for Pale People my complexion cleared up, and after I had taken two boxes there was not a sign of a pimple left on my face. My cheeks became rosy, I gained flesh and have had perfect health ever since."

Rosy cheeks and sparkling eyes are merely signs of healthy blood. They have come not only in the case of Miss Conway, whose home is at 1341 East Eighth street, Canton, Ohio, but to thousands of women for whom Dr. Williams' Pink Pills have made new blood. There is no surer way for you to obtain them, than to buy a box of these pills from any druggist and try them for yourself. They correct irregularities and banish weakness.

SHIPS TOWED BY ICEBERGS.

Great Masses Move Against Wind and Vessels Are Moored to Them.

It has been found that the currents round the coast of Newfoundland make at times a wide difference in the direction of the drift of icebergs and that of the fat or pan ice, which, having no great depth, is governed in its motions by the surface currents and the winds.

The icebergs, the larger part of which are submerged to a great depth, says the New York Herald, follow only the movements of the ocean water as a whole and are influenced by the winds. Thus a huge iceberg may often be seen majestically maintaining its slow advance in opposition to the wind and across the general motion of the fields of fat ice surrounding it. The sealers often take advantage of this fact, by mooring their vessels to an iceberg to prevent their ship drifting to leeward. The movement of these great mountains of ice is practically irrealizable.

A London mother offered to sell her baby for a quart of beer. This fact came out at a subsequent inquest into the child's death.

"No matter how carefully you train your boys," remarked Uncle Allen Sparks, "when they grow up to be men they are likely to go into politics just the same."

THE NEIGHBORS ALL USE THEM NOW.

Quick Cure of Rheumatism by Dodd's Kidney Pills. How They Saved the Shop of a Kansas Blacksmith—Cure was Permanent too.

Goodland, Kan., Feb. 20th.—(Special)—So quick and complete was the cure of N. E. Albertson, a local blacksmith, that it almost seems like a miracle. He had Rheumatism so bad he feared he would have to give up his shop. One box of Dodd's Kidney Pills drove away all the pains and they have never returned. Speaking of his cure Mr. Albertson says:

"I had Rheumatism in my shoulders and arms for years. Part of the time it was so bad I could not sleep at night. My arm hurt so that it seemed I would have to give up my blacksmith shop. I went to the drug store and bought one box of Dodd's Kidney Pills and took them. I have not had the Rheumatism since. A great many of the neighbors are using Dodd's Kidney Pills since they saw how they cured me."

When you give fight in a political campaign you are a great leader; when you give wrong a deposed boss.

This is cure for the best medicine we ever used for all ailments of the throat and tonsils.—B. O. Shaker, Washington, Ind., Feb. 10, 1905.

Men may differ on their theories of sunspots, but they agree on the sun's shine.

Salzer's National Oats
Greatest oat of the century.
Produced in Ohio, Wis., Minn., Ill., Mo., Ia., and in S. Dakota.
100 lbs. per sack.
You can beat that record in 1905.
For 20c and this notice
we mail you free lots of farm seed samples and our big catalog, telling all about this oat wonder and thousands of other seeds.
JOHN A. SALZER SEED CO.
WIS.

Positive, Comparative, Superlative
"I have used one of your Fish Brand Stickers for five years and now want a new one, also one for a friend. I would not be without one for twice the cost. They are just as far ahead of a common coat as a common one is ahead of nothing."
(NAME ON APPLICATION)
Be sure you don't get one of the common kind—this is the mark of excellence.
TOWER'S FISH BRAND
A. J. TOWER CO.
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TORONTO, CANADA
Makers of Wet Weather Clothing and Hats

WHAT'S THE USE OF SAYING "GIVE ME A 5-CENT CIGAR," WHEN BY ASKING FOR A
"CREMO"
YOU GET THE BEST 5-CENT CIGAR IN AMERICA
"The World's Largest Seller"

CRYSTAL WHITE LAUNDRY SOAP
Largest Pure 5c Bar.

Chinese farmers are beginning to demand modern tools, especially such as are useful for intensive farming.

Most of Your Neighbors will take advantage of the offer made by the Vernal Remedy Company, of Le Roy, N. Y., to send free a trial bottle of Vernal Palmationa (Palmato Berry Wine), the household remedy that is attracting the attention of physicians and the public at large, for the reason that it is the best specific known for the quick and permanent cure of all diseases of the stomach, liver, bowels, and urinary organs. Only one dose a day. Sold by druggists.

The man who courts trouble is soon married.

It Does.

You still have that cough, it seems. We have told you where it would land you. Again we advise you to use Simmons' Cough Syrup. It relieves the oppression, loosens the phlegm and cures you. Use it and gain rest, sleep and health.

The more you put in a slot machine the more the owner takes out.

TO CURE A COUGH IN ONE DAY
Take 1 tablet 3 times a day. All coughs cured in 24 hours. If it fails to cure, it is not a cough. It is a sign of a more serious disease.

Nineten competitors took part in a race in Paris for men with wooden legs. The winner did a mile and a half in twelve minutes.

The Texas Optical Co.
H. F. COHEN, Optician
Specialist, 605 Main St., Houston, Texas. Eye Fitting our specialty. Artificial Eyes. Eyes Rested Free.

BUY YOUR RICE FROM THE RICE FARMER, and save two middle-men's profits.
100 pound sack of beautiful, clean, whole grain rice, delivered to your railroad station. Freight prepaid. For \$4.00, sample free. Address J. E. LABANISS, Rice Grower, Katy, Texas.

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Solely Sold by Druggists.