

MRS. G. L. GRESHAM

# Was Given Up BY THE DOCTORS Pe-ru-na Saved Her Life.

It Was Catarrh of the Lungs, so Common in the Winter Months.



MRS. S. JENNIE DRISCOLL

Miss Jennie Driscoll, 870 Putnam Ave., Brooklyn, N. Y., writes:

"If people knew how efficient Peruna was in the cure of catarrh, they would not hesitate to try it. I have all the faith in the world in it, as it cured me, and I have never known of a case when the person was not cured in a short time."—Jennie Driscoll.

Mrs. Col. E. J. Gresham, Treasurer Daughters of the Confederacy and President Herndon Village Improvement Society, writes the following letter from Herndon, Fairfax Co., Va.:

The Peruna Medicine Co., Columbus, Ohio. Herndon, Va. Gentlemen—"I cannot speak too highly of the value of Peruna. I believe that I owe my life to its wonderful merits. I suffered with catarrh of the head and lungs in its worst form, until the doctors fairly gave me up, and I despaired of ever getting well again.

"I noticed your advertisement and the splendid testimonials given by the people who had been cured by Peruna and determined to try a bottle. I felt but little better, but used a second and third bottle and kept on improving slowly.

"It took six bottles to cure me, but they were worth a king's ransom to me. I talk Peruna to all my friends and am a true believer in its worth."—Mrs. Col. E. J. Gresham.

## A PLAIN TALK

On a Plain Subject in Plain Language.

The coming winter will cause at least one-half of the women to have catarrh, colds, coughs, pneumonia or consumption. Thousands of women will lose their lives and tens of thousands will acquire some chronic ailment from which they will never recover.

KEEP PERUNA IN THE HOUSE

Unless you take the necessary precautions, the chances are that you (who read this) will be one of the unfortun-

nate ones. Little or no risk need be run if Peruna is kept in the house and at the first appearance of any symptom of catarrh taken as directed on the bottle.

Peruna is a safeguard, is a preventative, a specific, is a cure for all cases of catarrh, acute and chronic, coughs, colds, consumption, etc.

If you do not receive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.

Wildrake—I bucked up against a faro game last night.

Ascum (sarcastically)—And as a result you broke the bank, eh?

Wildrake—Yes. I did this morning. I suppose Willie will cry, but I simply had to have car fare.—Philadelphia Ledger.

For coughs and colds there is no better medicine than Pisco's Cure for Consumption. Price 25 cents.

C. B. Wade, the Pendleton banker who failed recently, has left with Mrs Wade for a trip to San Francisco. They may go to Honolulu later.

Mr. Jones—Oh, yes; I met Dick Bachelor and told him all about the baby.

Mrs. Jones—Did he listen patiently?

Mr. Jones—Very; he listened so patiently that I was afraid at first he wanted to borrow money.—Puck.

Mothers will find Mrs. Winslow's Soothing Syrup the best remedy to use for their children during teething period.

She—Papa says that if we get married he'll pay half the expenses of furnishing.

He (languidly)—Well, what about the other half?—Ally Sloper's Half Holiday.

## All Humors

Are impure matters which the skin, liver, kidneys and other organs can not take care of without help, there is such an accumulation of them.

They litter the whole system. Pimples, boils, eczema and other eruptions, loss of appetite, that tired feeling, bilious turns, fits of indigestion, dull headaches and many other troubles are due to them.

## Hood's Sarsaparilla and Pills

Remove all humors, overcome all their effects, strengthen, tone and invigorate the whole system.

"I had salt rheum on my hands so that I could not work. I took Hood's Sarsaparilla and it drove out the humor. I continue its use till the sores disappeared." Maria O. BROWN, Rumford Falls, Me.

Hood's Sarsaparilla promises to cure and keeps the promise.



**Whole Wheat Cookies.**  
Break one egg into a cup and beat well with a fork, add two slightly rounding teaspoons of softened butter, 3 tablespoons of cold water and one-half level teaspoon of soda dissolved in a little warm water. Fill the cup with crushed or brown sugar, and turn into a bowl. Mix with two cups of whole wheat flour or a little more or less, and have a stiff dough. Roll very thin, sprinkling the board with white flour to make the rolling easy, and cut in small rounds. Bake on greased pans about 12 minutes, until a delicate brown, which will take less than a quarter of an hour.

**Fruit Cake.**  
Cream a cup of butter with one and a half cups of powdered sugar. Stir in the beaten yolks of six eggs, a pint of flour, a teaspoonful each of cinnamon and nutmeg and a half teaspoonful of cloves. Have ready mixed and dredged with flour a quarter pound of shredded and minced citron, a half pound of seeded and halved raisins and a half pound of stemmed and cleaned currants. Stir this fruit into the batter, add the stiffened whites of the six eggs, then, last of all, a wineglassful of brandy. Turn into a buttered tin and bake about two hours.

**Cold Flaw.**  
Shred white cabbage very fine; throw into cold water for ten minutes, drain and dress with oil, vinegar and salt. Another dressing is a tablespoonful of dry mustard, a teaspoonful of salt and sugar, half of each, mix smooth with a half pint warm water and add a wineglass of melted butter or cream or oil, as preferred. Heat to boiling, stirring all the time. Take from the fire and add two well-beaten eggs. Set over boiling until smooth and thick and add a wineglass of vinegar. Pour over the cabbage when cold.

**Baked Eggs.**  
Put two tablespoonfuls of butter and two of flour in a saucepan; rub together, add a pint of milk, stir until boiling, add a level teaspoonful of salt, half the amount of pepper; cover the bottom of a baking dish with one-half this sauce; break into it six eggs; cover with the remaining half of sauce; dust thickly with grated cheese; stand in a pan of water and then in the oven to bake ten or fifteen minutes; most delicious.

**Haunch of Venison.**  
Make a large sheet of coarse paste of a little lard, flour and enough cold water to mix. Roll the leg in this and put it in the dripping pan in the oven. Allow ten minutes to the pound. Before serving, break off the crust. Serve with jelly sauce made of equal parts of butter, currant jelly and Madeira wine. Melt the butter, add the jelly, and when that is melted, the wine; let it come to a boil and serve.

**Baked Flum Pudding.**  
Roll half a dozen butter crackers fine and soak them in a quart of milk. Cream together a cup of sugar, a quarter of a cup of butter, a pinch of salt, a teaspoonful of mixed ground spices and half a dozen beaten eggs. Add this to the crackers, beat well and pour in another pint of milk. Butter a deep pudding dish, pour in the mixture and bake three hours in a slow oven.

**Nut Scrapple.**  
Take two cups of hominy and a teaspoonful of salt. Cook thoroughly in a double boiler until of a consistency suitable for frying. When done, take from the stove and stir in two coffee cups of ground hickory nut meats; and, while hot, pour into a buttered milk pan. Sliced and fried, this takes the place of meat, and makes a delicious breakfast dish in cold weather.

**Apple Cheesecake.**  
One-half pound of apples, one-quarter pound of sifted sugar, one-quarter pound of butter, four eggs; pare and boil apples sufficient to make one-half pound when cooked, add sugar and butter, and the eggs, leave out two whites, stir and mix well; line some patty-pans with puff paste, put in the mixture and bake twenty minutes.

**Shoulder of Pork.**  
This is cooked exactly like a leg. Leave the skin on, wash well, score in close lines both ways, rub all over with powdered sage and put to cook in a moderate oven with a little boiling water in the pan. Allow twenty minutes to the pound in very moderate oven; baste frequently and serve with apple sauce.

**Graham Muffins.**  
One cup flour, three tablespoonfuls sugar, one cup graham, one tablespoonful melted butter, one cup milk, one teaspoonful baking powder.



Mrs. Anderson, a prominent society woman of Jacksonville, Fla., daughter of Recorder of Deeds, West, who witnessed her signature to the following letter, praises Lydia E. Pinkham's Vegetable Compound.

"DEAR MRS. PINKHAM:—There are but few wives and mothers who have not at times endured agonies and such pain as only women know. I wish such women knew the value of Lydia E. Pinkham's Vegetable Compound. It is a remarkable medicine, different in action from any I ever knew and thoroughly reliable.

"I have seen cases where women doctored for years without permanent benefit, who were cured in less than three months after taking your Vegetable Compound, while others who were chronic and incurable came out cured, happy, and in perfect health after a thorough treatment with this medicine. I have never used it myself without gaining great benefit. A few doses restores my strength and appetite, and tones up the entire system. Your medicine has been tried and found true, hence I fully endorse it."—Mrs. R. A. ANDERSON, 225 Washington St., Jacksonville, Fla.

Mrs. Reed, 2425 E. Cumberland St., Philadelphia, Pa., says:

"DEAR MRS. PINKHAM:—I feel it my duty to write and tell you the good I have received from Lydia E. Pinkham's Vegetable Compound.

"I have been a great sufferer with female trouble, trying different doctors and medicines with no benefit. Two years ago I went under an operation, and it left me in a very weak condition. I had stomach trouble, backache, headache, palpitation of the heart, and was very nervous; in fact, I ached all over. I find yours is the only medicine that reaches such troubles, and would cheerfully recommend Lydia E. Pinkham's Vegetable Compound to all suffering women."

When women are troubled with irregular or painful menstruation, weakness, leucorrhoea, displacement or ulceration of the womb, that bearing-down feeling, inflammation of the ovaries, backache, flatulence, general debility, indigestion, and nervous prostration, they should remember there is one tried and true remedy. Lydia E. Pinkham's Vegetable Compound at once removes such troubles.

The experience and testimony of some of the most noted women of America go to prove, beyond a question, that Lydia E. Pinkham's Vegetable Compound will correct all such trouble at once by removing the cause and restoring the organs to a healthy and normal condition. If in doubt, write Mrs. Pinkham at Lynn, Mass., as thousands do. Her advice is free and helpful.

No other medicine for women in the world has received such widespread and unqualified endorsement. No other medicine has such a record of cures of female troubles. Refuse to buy any substitute.

**\$5000 FORFEIT** if we cannot forthwith produce the original letters and signatures of above testimonials, which will prove their absolute genuineness. Lydia E. Pinkham Medicine Co., Lynn, Mass.

### The Improved Alford Sage Brush Grubber and Land Cleaner

will remove sage brush, rabbit brush, chico greased wood, small willow, etc. It also levels the ground, leaving the soil in perfect condition for planting. Will positively do the work in better manner than 25 men with grubbing hoes. It takes out all brush by the roots, leaving the same in place at regular intervals. Teeth are automatically cleared. No clogging. Will work on stony land. Our booklet, describing the machine in detail, its advantages, cost, shipping weight, etc., sent free to any address upon application.

THE BURTON MFG. CO., 1622 Arapahoe St., DENVER, COLORADO.

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the Greatest Conditioner and Stock Fattener known. HORSES do more work on less feed. COWS give more and richer milk. HOGS grow and fatten quicker if given this food.

**MAKES PIGS GROW. GOOD FOR STUNTED CALVES.** I have been feeding Prussian Stock Food to my stunted calves. It gives them an appetite and makes the pigs grow. I also tried it on stunted calves with satisfactory results.—J. W. BRIDGES, Eagle, Neb.

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Spokane Drug Co., Agents, Spokane, Wash.

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Ask your grocer for

They are not made by the trust. TAKE NO OTHERS.

### Poultry Supplies

Prairie State Incubators are the very best. Send for catalogue—its free.

The Anderson Seed Co. Spokane, Wash.

S. N. U. No. 5, 1904

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More gardens and farms are planted to Salzer's seeds than any other in America. There is reason for this. We own and operate over 6000 acres for the production of our warranted seeds. In order to induce you to try them, we make you the following unprecedented offer:

**For 16 Cents Postpaid**

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- 2000 Daisies, Carrots,
- 2000 Hissing Calers,
- 2000 Rich Navy Lettuce,
- 1000 Spicelid Onions,
- 1000 Rare Lettuce Radishes,
- 1000 Gloriously Brilliant Flowers.

Above seven packages contain sufficient seed to grow 1000 plants, furnishing bushels of brilliant flowers and lots and lots of choice vegetables, together with our great catalog, telling all about Flowers, Roses, Small Fruits, etc., all for 16c in stamps and this notice. Month 100-page catalog alone, 5c.

JOHN A. SALZER SEED CO., La Crosse, Wis.

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