A PRETTY MILKMAID

Thinks Pe-ru-na Is a Wonderful Medicine.

MISS ANNIE HENDREN.

MISS ANNIE HENDREN, Rocklyn, Wash., writes:

"I feel better than I have for over four years. I have taken several bottles of Peruna and one bottle of Manalin.

"I can now do all of my work in the house, milk the cows, take care of the milk, and so forth. ***I think Peruna is a most wonderful medicine.***

"I believe I would be in bed to-day if I had not written to you for advice. I had taken all kinds of medicine, but none did me any good.

"Peruna has made me ***a well and happy girl.*** I can never say too much for Peruna."

Not only women of rank and leisure praise Peruna, but the wholesome, useful women engaged in honest toil would not be without Dr. Hartman's world renowned remedy.

The Doctor has prescribed it for many thousand women every year and he never fails to receive a multitude of letters like the above, thanking him for his advice, and especially for the wonderful benefits received from Peruna.

The Virtue of Abbreviation.

A writer in the Evening Standard, complaining of the London habit of abbreviation, says he would like to hang the "fiend who christened the Baker street and Waterloo railway the 'Bakerloo Tube.'" We think he should canonize him. This column speaks with a certain anxiety—for it at least gave currency to both those abbreviations. On the opening day of the Shepherd's Bush and Mansion House line a forgotten omnibus driver fired the gibe, "It ain't nothing but a twopenny tube," at the people who turned from his omnibus and took to the bowels of the earth. The officials who could build a railway could not name it. The driver's gibe fixed the word. In the same way the London public, though quite ready to travel by the Baker street and Waterloo railway, wanted to save its breath, and for the economy of hurried speech the suggestion was here made—Bakerloo. The two words have been taken to the heart of travelers, and received official sanction; for at Trafalgar square you are directed to the "Bakerloo Tube." The phrase is swift, convenient, as a matter of speech, and has just as much relation to literary language as a bill of lading.—London Chronicle.

Sleepy Policeman's Mistake.

An urban councillor of Milton, Sittingbourne, England, got into a compartment at Barking in which a policeman and a prisoner were traveling.

Presently the policeman fell asleep and when the train reached Plaistow the prisoner, failing to arouse his custodian, quietly got out. When the policeman woke up he mistook the urban councillor for his prisoner and tried to force him out to the platform. The councillor resisted, and the train went on to Bromley-by-Bow.

Here the policeman succeeded in hauling the victim out and took him back to Plaistow by train. After a long cross-examination the councillor was liberated and reached home by cab in the small hours of the morning.

BACK TO PULPIT.

What Food Did for a Clergyman.

A minister of Elizabethtown tells how Grape-Nuts food brought him back to his pulpit: "Some 5 years ago I had an attack of what seemed to be La Grippe which left me in a complete state of collapse and I suffered for some time with nervous prostration. My appetite failed, I lost flesh till I was a mere skeleton, life was a burden to me, I lost interest in everything and almost in everybody save my precious wife.

"Then on the recommendation of some friends I began to use Grape-Nuts food. At that time I was a miserable skeleton, without appetite and hardly able to walk across the room; had ugly dreams at night, no disposition to entertain or be entertained and began to shun society.

"I finally gave up the regular ministry, indeed I could not collect my thoughts on any subject, and became almost a hermit. After I had been using the Grape-Nuts food for a short time I discovered that I was taking on new life and my appetite began to improve; I began to sleep better and my weight increased steadily; I had lost some 50 pounds, but under the new food regime I have regained almost my former weight and have greatly improved in every way.

"I feel that I owe much to Grape-Nuts and can truly recommend the food to all who require a powerful rebuilding agent, delicious to taste and always welcome."

Name given by Postum Co., Battle Creek, Mich. A true natural road to regain health, or hold it, is by use of a dish of Grape-Nuts and cream morning and night. Or have the food made into some of the many delicious dishes given in the little recipe book found in pkgs.

Ten days' trial of Grape-Nuts helps many. "There's a reason."

Look in pkgs. for a copy of the famous little book, "The Road to Wellville."

ARMISTICE IS NOW IN EFFECT

Warring Central American Republics Will Try to Settle Differences

Guatemala is Blamed for the Recent Revolution, the Charge Being Made That She Has Been for a Long Time Looking for Trouble.

Washington.—The armistice between the warring Central American republics went into effect at 6 o'clock Wednesday morning.

Mr. Munoz, the Guatemalan minister, called at the state department on Wednesday and announced that he had been advised by his government of the selection of three commissioners and a secretary to represent Guatemala at the peace conference. They will go to San Jose, Guatemala, in time to board the Marblehead.

The Guatemalan minister, Senor Munoz, is much annoyed by reports from Salvadorean points that Guatemala continued fighting after it had agreed to cease hostilities. "Such stories are absolutely without foundation," he said.

President Escalon's special representative, American Consul General John Jenkins, has arrived in Washington from San Salvador and has been in consultation with Assistant Secretary of State Bacon respecting the reestablishment of peace between the hostile Central American republics. Mr. Jenkins, though an American official, was requested to come to Washington when it appeared that Guatemala was about to invade Salvador in relation to the alleged breach of neutrality by that country as an incident to the revolution. The state department consented that he should make the trip, and since his arrival he has been advising the state department as to the true state of affairs in Central America. The pith of his statements in this case is understood to be that Guatemala has been for a long time past intent on picking a quarrel with Salvador and now has seized on this pretext for the attack.

JAPS TRYING EXPERIMENT.

Have Undertaken the Nationalization of the Country's Industries.

Washington.—According to advices received by the bureau of manufactures, the Japanese government has undertaken one of the greatest experiments in the world's history which indicates a clear purpose to protect, supervise, develop and nationalize all Japanese industries. It is stated that the provision for the nationalization of railways was but a single step in the great plan of industrial nationalization toward which the country is fast approaching.

The movement for Manchurian nationalization has received careful attention, and it is now proposed that a company shall be formed by the government and private capitalists jointly for the purpose of operating the railroads, forests and mines in Manchuria. If successful along the lines Japan is now working, it is stated that the individuals and corporations of America that are striving for the trade of the Orient will discover that they are not competing for this trade against individuals and corporations of Japanese, but that they are in commercial conflict with the Japanese nation itself.

DEATH CALLS LADY CURZON.

Was Mary Leiter, Former Belle and Heiress, of Chicago.

London.—Lady Curzon of Keddleston, wife of the former viceroy of India, who has been ill for some days, died at 5:40 o'clock Wednesday evening. She never quite recovered from her serious illness at Walmer castle, Kent, in 1904, and the recent hot weather brought on a pronounced attack of general debility.

Lady Curzon was Miss Mary Leiter, daughter of the late Levi Z. Leiter of Chicago. Lady Curzon was in her own right the possessor of $3,000,000. During a visit to England Miss Leiter met George N. Curzon, eldest son of the Rev. Alfred Nathaniel Holden Curzon, fourth Baron Scarsdale. They were married in 1895, after Curzon had held the office of assistant private secretary to the Marquis of Salisbury, under secretary of state for India and under secretary of state for foreign affairs.

In 1898 Curzon was created first Baron Curzon of Kedleston, and in 1899 was appointed viceroy and governor general of India, which post he resigned in August, 1905, and was succeeded by the Earl of Minto.

SON STABS FATHER.

Quarrel Over Woman Will Probably Result in Murder.

New York.—During a quarrel between Conrad Schirmer and his 19-year-old son, Conrad, at the home of the son's sweetheart, Miss Clara Lazarus, in East 109th street, the youth stabbed his father with a piece of broken glass, inflicting probably a fatal wound. The elder Schirmer objected to the youth's staying out so late at night while courting his sweetheart. Conrad was arrested.

STANDARD OIL INTERESTS OUT.

Rogers and Rockefeller No Longer Mutual Life Trustees.

New York.—The committee of trustees of the Mutual Life Insurance company appointed to nominate a new board of trustees to be voted for at the annual meeting of the company in December, made its final report on Tuesday, and in doing so disclosed the fact that Henry H. Rogers and William Rockefeller had withdrawn from further connection with that body.

TERRIBLE TO RECALL.

Five Weeks in Bed with Intensely Painful Kidney Trouble.

Mrs. Mary Wagner, of 1367 Kossuth Ave., Bridgeport, Conn., says: "I was so weakened and generally run down with kidney disease that for a long time I could not do my work and was five weeks in bed. There was continual bearing down pain, terrible backaches, headaches and at times dizzy spells when everything was a blur before me. The passages of the kidney secretions were irregular and painful and there was considerable sediment and odor. I don't know what I would have done but for Doan's Kidney Pills I could see an improvement from the first box, and five boxes brought a final cure."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

FROG WAS TO BLAME.

Weather Prophet Had Simply Put Faith Where He Believed He Had a Right.

James Wilson, the secretary of agriculture, was discussing an antiquated kind of farming.

"It is about as profitable and logical," he said, "as the weather reading of a Connecticut farmhand I used to know.

"This farmhand claimed that he could read the weather infallibly. On a walk with me one afternoon a frog croaked, and he said:

"'We will have clear weather for 24 hours. When a frog croaks in the afternoon you may be sure of 24 hours of sunshine.'

"We walked on, and in 20 minutes or so a heavy shower came up and we were both drenched to the skin.

"'You are a fine weather prophet,' said I, as we hurried homeward through the downpour. 'You ought to be ashamed of yourself.'

"'O, well,' said the farmhand, 'the frog lied. It's to blame, not me. Am I responsible for the morals of that particular frog?'"

AWFUL ITCHING ON SCALP.

Hair Finally Had to Be Cut to Save Any—Scalp Now in Good Condition—Cured by Cuticura.

"I used the Cuticura Soap and Ointment for a diseased scalp, dandruff, and constantly falling of hair. Finally I had to cut my hair to save any at all. Just at that time I read about the Cuticura Remedies. Once every week I shampooed my hair with the Cuticura Soap, and I used the Ointment twice a week. In two months' time my hair was long enough to do up in French twist. That is now five years ago, and I have a lovely head of hair. The length is six inches below my waist line, my scalp is in very good condition, and no more dandruff or itching of the scalp. I used other remedies that were recommended to me as good, but with no results. Mrs. W. F. Griess, Clay Center, Neb., Oct. 23, 1905."

SOME BEDROOM DON'TS.

Don't lie in the same position all night if you can help it.

Don't cover your head with the bedclothes. Have your covers warm but light.

Don't go to bed hungry. Eat any light simple food that you wish if it agrees with you.

Don't sleep in a room that is too cold. From 55 to 60 degrees is the right temperature.

Don't go to bed with cold feet, but see to it that they are warm and comfortable before you get in bed.

Don't fill your bedroom with bric-a-brac and draperies, but have as little as possible in it to catch the dust.

Don't put your pillows in the sun, as it draws the oil out of the feathers. Sun the bed and bedding, but place the pillows out of the sunlight in a current of air.

The Things We Eat.

Too much meat is absolutely hurtful to the body. Sailors on board of ships get scurvy when their supply of vegetable food is exhausted. The digestive organs of the human body demand vegetable food, and if we don't eat enough vegetables we pay for it dearly.

Nature gave us wheat, and in every kernel of wheat nature has distributed iron, starch, phosphorus, lime, sugar, salt and other elements necessary to make bone, blood and muscle.

EGG-O-SEE is wheat scientifically prepared. Cooked, and made into crisp flakes, EGG-O-SEE goes into the stomach ready for the digestive organs to convert it into life-giving substances with but little effort.

EGG-O-SEE eaters are a clean-eyed, strong and happy lot. The proof of a pudding and the proof of EGG-O-SEE is in the eating. EGG-O-SEE besides being solid nourishment is most palatable. Every mouthful is a joy to the taste and direct benefit to your health. A 10-cent package of EGG-O-SEE contains ten liberal breakfasts. Our friends advertise us. They eat EGG-O-SEE for a while. They grow strong. They are well and happy and they pass the good word along.

Next time you send to the grocer's tell your boy or girl to bring home a package of EGG-O-SEE. Have your children eat EGG-O-SEE. It is their friend. They'll eat EGG-O-SEE when nothing else will taste good.

You try EGG-O-SEE and you can deduct the cost from your doctor's bills.

We send our book, "Back to Nature," free. It's a good bookful of plain, good, common sense. If you want a copy, address EGG-O-SEE Company, 10 First St., Quincy, Ill.

Mother—"Johnny, why are you hopping around on one foot?" Johnny—"We're playing horse, and I'm the one papa bet on."

Mrs. Winslow's Soothing Syrup.
For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

"The best hearts are ever the bravest," said Sterne.

NORTHWEST NOTES

Laramie, Wyo., was first settled in 1868, was incorporated in 1869, and chartered as a city in 1884.

Near Aberdeen, Wash., Fred Wren, while hunting, mistook Mrs. Louise Lecass for a cougar and shot her dead.

G. F. Hayes, an Oregon pioneer, met death by falling down a shaft in the Union Companion mine, near Baker City, Ore.

At Collins Hot Springs, Wash., John E. Lueth of Vancouver, Wash., gave his wife carbolic instead of her medicine. She died in ten minutes.

The city of Rock Springs, Wyo., has a population of about 6,000, and it is said there is no place in the United States where a greater variety of languages is spoken.

At Clealum, Wash., Mrs. D. B. Bucham was thrown from a buggy under the horse's hoofs and kicked to death. She was the wife of the proprietor of the Hotel Reed.

The jury, after deliberating seventeen hours, failed to agree in the case of the United States against Joseph T. Carroll, a Butte lumberman, who was charged with illegal fencing near Butte, and he was discharged.

By the collapse of the east wall of the Butte hotel, which toppled over on and crushed the Southern hotel, a property loss of $60,000 was caused. No one was injured, as all the guests got out of the buildings when the walls began to crack.

A large force of men is still in search of the little Brattain boy who disappeared from Tall Gate, Walla Walla county, Washington. Evidence accumulates that instead of being devoured by a cougar the child was kidnaped by a sheep herder.

That a general strike of the union street car men of Portland must be the result of the present situation is conceded by the officials of the Portland Railway, Light & Power company. The officials of the union say there will certainly be a general strike.

Warner Moody, town attorney of Shoshone, Wyo., was shot and killed about midnight July 20. He was a son of the late United States Senator Moody of South Dakota. Frank Anderson, on hearing the shots, ran out of his tent and was shot in the shoulder. He is not seriously wounded. The assassin escaped in the darkness.

George A. Simonds, one of the personal conductors of the Raymond-Whitcomb excursion party bound for Alaskan points, committed suicide at Seattle by shooting himself in the head, while standing on the wharf, just as the two steamers carrying the members of his party had pulled away from the dock.

Two girls, traveling from Laramie to Ogden, were found in an empty box car at Fort Steele, Wyo. The girls were very dirty, but carried dress suit cases filled with clean linen and their other worldly possessions. They said Laramie was too slow for them and they had set out to make Ogden in a box car.

Custin Lee, an aged man, who recently arrived in Billings, Mont., from Kansas City en route to Seattle, is missing and is believed to have lost his life in the Yellowstone river. His traveling companion, Glenn Smith, a young lad, stated to the police that Lee had gone to the river to bathe, and no trace of him could be found.

Contracts have been let by the Oregon Railroad & Navigation company to Spokane contractors for bridges on the main line of the company between Portland and Huntington. This improvement is in line with the heavy construction work now being done with a view to bringing the road up to first-class condition.

Dan McGowan, a ranchman living near Cutbank, Mont., has been convicted of murder in the second degree for killing Charles Arnold, on March 17 last. Jealousy because of the deceased's attention to his half-breed wife is believed to have prompted the crime.

W. W. Flatt of Smith Brothers' Sheep company pleaded guilty in the United States court at Helena to illegally fencing public lands in Meagher county, Montana, and was fined $500 and sentenced to the county jail for twenty-four hours by Judge Wolverton.

The mills at Butte of the Montana Zinc company, a New York corporation, were totally destroyed by fire, starting from a defective electric wire. The plant is in the old silver mill of the Alice Mining company, the oldest mill of the sort standing in the state of Montana.

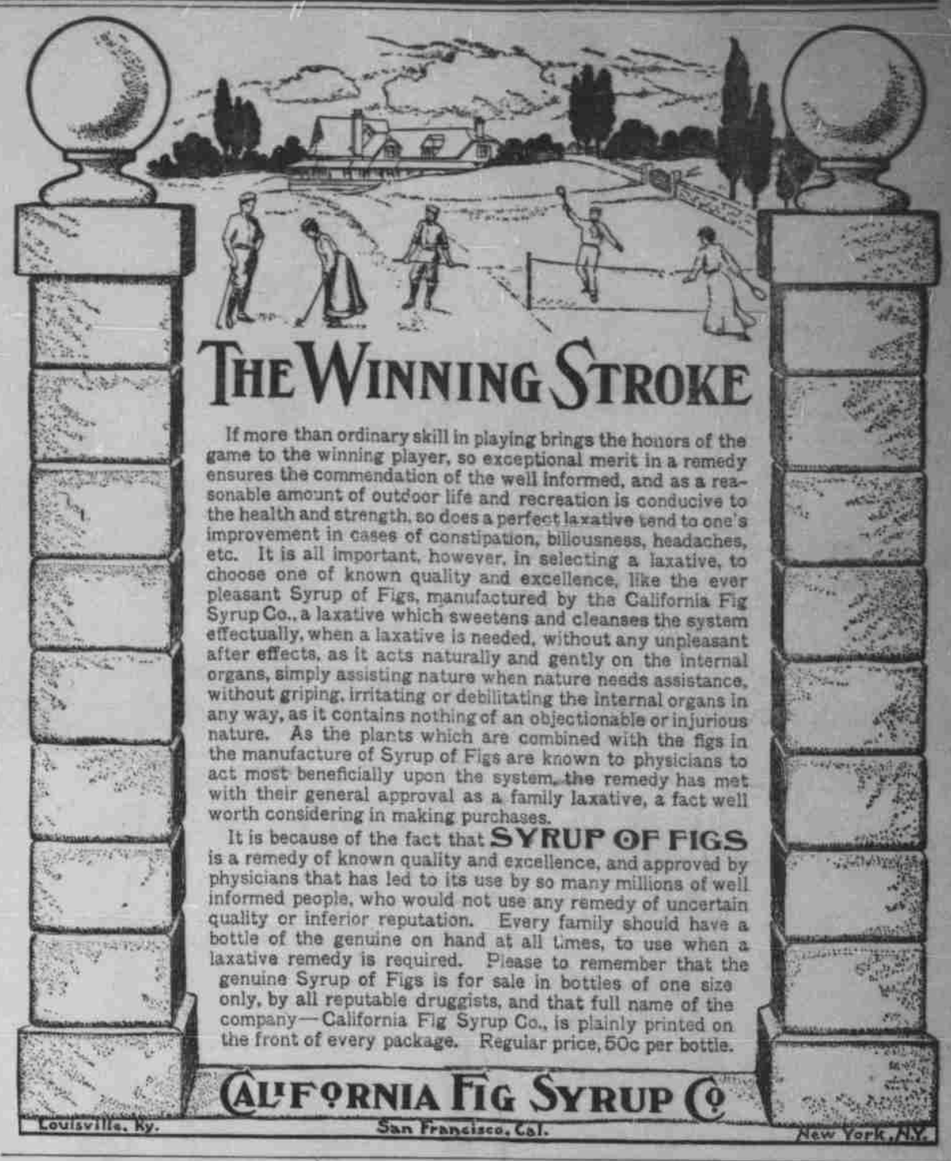
A party of surveyors for the Short Line on the Snake river has had a rather exciting experience at Wild Horse Rapids, 100 miles below Huntington. Their boat upset and everything it contained was lost. The men in the boat at the time escaped with their lives.

Robert Philip Menefee, a well known pioneer, succumbed suddenly to heart disease at Bozeman, Mont. Menefee was 73 years of age and has been a resident of Montana since 1862, coming across the plains in a "prairie schooner." He was one of Montana's first postmasters.

The wife of a foreigner named Hines was killed on the road between Huntington and Burns, Ore. Going down a steep hill they were blocking the wheels of the wagon with rocks, when she slipped and fell under the wheel, which passed over her neck, causing instant death.

A Butte Miner special from Billings, Mont., states that it is estimated from the present number filing upon lands in the Crow Indian reservation that only about 17 per cent of the total number of those who drew winning numbers will take advantage of their rights and select land.

The mystery of the finding near Cheyenne of two deserted wagons filled with bullet holes and stained with blood and with the mangled remains of a man and a boy, has been partially cleared by the identification of the victims as Archie Irvine of Costa, Okla., and his son, Thomas.



WISDOM OF THE ANCIENTS.

Attention to small things is the economy of virtue.—Chinese maxim.

The ways to enrich are many and most of them foul for you.—Terence.

Provided a woman be well principled she has dowry enough.—Plautus.

Where the love of the people is assured the seditious are thwarted.—Bias.

He is truly rich who desires nothing, and he is truly poor who covets all.—Solon.

It is a greater offense to steal dead men's labors than their clothes.—Synesius.

To do a kindness to a bad man is like sowing your seed in the sea.—Phocylides.

We ought either to be silent or speak things better than silence.—Pythagoras.

The public has more interest in the punishment of an injury than he who suffers it.—Cato.

The Age of Greed.

"A few days ago, while walking down an Omaha street, I saw a man ahead of me drop a pocketbook. A messenger boy picked it up. Just then the man missed it and the boy returned it to him without looking inside. The man gave the boy a quarter. The boy accepted it, but was disgusted.

"'Is dat all I git for bein' honest?' he asked. 'Yer a pretty cheap guy!'

"'There's just three dollars in the pocketbook,' said the man.

"'Well, you oughter gimme a dollar, anyway,' the boy replied.

"Had I been the man I'd have been sorely tempted to add a kick to the quarter," concluded the traveling man. "And there are lots and lots of people just like that boy in this world."—Denver Post.

Important to Mothers.
Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it
Bears the Signature of Chas. H. Fletcher.
In Use For Over 30 Years.
The Kind You Have Always Bought.

Cornelius Vanderbilt, in the name of his father, and Alfred G., in the name of his mother, made application for membership in the Rhode Island Society of the Cincinnati as the representative of the Vanderbilt family. The society decided that Cornelius was the proper representative and he was elected with 15 others.

Adam and Eve should have got along better than they did considering that there was never any dispute about one leaving no room in the closet for the other to hang his clothes.

It is no use praying that all the world may have the bread of life when your own life has about as much nourishment in it as a brickbat.

Unless parents set a good example to their children they will furnish a plain reason to be used by them against themselves.—Euripides.

The fanatic would rather see the race go to the pit than that any should reach heaven unlabeled with his fad.

Every man has a subdued contempt for his sex since Adam sought to lay blame on the woman.

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LARGEST SPORTING GOODS HOUSE IN THE UNITED STATES
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A Certain Cure for Tired, Hot, Aching Feet.
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All are selected meats, prepared for your table in a kitchen as clean as your own.
Ready to serve any time—fit to serve anywhere.
All are economical—and all are good.
Whether your taste be for Boneless Chicken, Veal Loaf, Ox Tongue, Potted Ham, Dried Beef, there is no way you can gratify it so well as by asking for Libby's.
Try Libby's delicious cooked Ox Tongue for sandwiches or sliced cold.
Booklet free. "How to Make Good Things to Eat." Write
Libby, McNeill & Libby, Chicago.

ST. CHARLES EVAPORATED CREAM
makes an excellent cream for fruit, especially for such as contain a large proportion of acids. It is better than ordinary cream because it will not curdle. For the same reason it is more digestible and healthful. It can be used by persons with whom dairy cream does not agree.
St. Charles Cream is equal to the best ordinary cream for any purpose. In using it *you take no chances.*
Sold by Best Grocers Everywhere.
ST. CHARLES CONDENSING CO.
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AGENTS WANTED
We want agents to sell our Made-to-Order Suits and Pants. Suits from $10.00 up. Pants $3.00 up. We will give liberal commission to the right men. If you are interested, write at once for sample outfit, particulars and territory. WARRINGTON WOOLEN & WORSTED MILLS, Dept. B, Chicago, Ill.

Defiance Starch is the latest invention in that line and an improvement on all other makes; it is more economical, does better work, takes less time. Get it from any grocer.

READERS OF THIS PAPER DESIRING TO BUY ANYTHING ADVERTISED IN ITS COLUMNS SHOULD INSIST UPON HAVING WHAT THEY ASK FOR, REFUSING ALL SUBSTITUTES OR IMITATIONS.

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Preserved Purified and Beautified by
Cuticura SOAP
The World's Favorite Emollient for rashes, blemishes, eczemas, itchings, irritations, and scalings. For red, rough, and greasy complexions, for sore, itching, burning hands and feet, for baby rashes, itchings, and chafings, as well as for all the purposes of the toilet, bath, and nursery, Cuticura Soap, assisted by Cuticura Ointment, the great Skin Cure, is priceless.
Complete External and Internal Treatment for every Humor, from Pimples to Scrofula, from Infancy to Age, consisting of Cuticura Soap, 35c., Cuticura Ointment, 50c. (in form of Chocolate Coated Pills, 25c. per vial of 60), may be had of all druggists. A single set often cures. Potter Drug & Chem. Corp., Sole Props., Boston, Mass. Mailed Free, "How to Cure Skin, Scalp, and Blood."

THE DAISY FLY KILLER destroys all the flies and will afford comfort to every home—in dining-room, sleeping-room and places where flies are troublesome. Clean, neat, will not soil or injure anything. Try them once you will never be without them. If not kept by dealers, send postpaid for 50c. Harry Somers, 149 Nassau Ave., Brooklyn, N. Y.

HOWARD E. BURTON, ASSAYER AND CHEMIST.
Specimen prices: Gold, Silver, Lead, $1; Gold, Silver, 75c; Gold, 50c; Zinc or Copper, $1. Cyanide tests. Mailing envelopes and full price list sent on application. Control and Umpire work solicited. Leadville, Colo. Reference, Carbonate National Bank.

60 Bus. Winter Wheat Per Acre
That's the yield of Salzer's Red Cross Hybrid Winter Wheat. Send 4c in stamps for free sample of seed, or also catalogue of Winter Wheats, Rye, Barley, Clovers, Timothy, Grasses, Bulbs, Trees, etc., for fall planting. SALZER SEED CO., Box W. S., La Crosse, Wis.

If afflicted with sore eyes, use Thompson's Eye Water