

## FARMER'S WIFE NEARLY STARVED

Mrs. Peterson Says She Was Afraid to Eat on Account of Trouble That Followed.

"I weighed just a hundred and three pounds when I began taking Tanlac, but now I weigh a hundred and twenty-two pounds," declared Mrs. Amy Peterson, the wife of a prosperous farmer of Lakeville, Mass., a suburb of New Bedford.

"I had acute indigestion," she said "and no one knows how I suffered. I had cramping pains in my stomach that were almost unbearable, and I suffered no end of distress from gas and bloating. Why, I was actually starving to keep from being in such awful misery, and I lost thirteen pounds in weight. Sometimes I wonder how I lived through it all, and I just thought there was no hope for me. I was restless night and day and was easily irritated, and some nights I slept so little it didn't seem that I had been to bed at all."

"But now I feel as strong and well as if I had never been sick a day in my life, and I just know Tanlac is the best medicine in the world. I haven't a touch of indigestion now, and every time I sit down to the table I can't help but feel thankful to Tanlac. I have a wonderful appetite and have gained back all my lost weight and six pounds besides. I am simply overjoyed to be feeling so well, and I just praise Tanlac everywhere I go."

Tanlac is sold by leading druggists everywhere.—Advertisement.

In New York.

"The taxicab driver didn't overcharge us." "And why didn't he? What's his little game?"

## ASPIRIN

Name "Bayer" on Genuine



Take Aspirin only as told in each package of genuine Bayer Tablets of Aspirin. Then you will be following the directions and dosage worked out by physicians during 21 years, and proved safe by millions. Take no chances with substitutes. If you see the Bayer Cross on tablets, you can take them without fear for Colds, Headache, Neuralgia, Rheumatism, Earache, Toothache, Lumbago and for Pain. Handy tin boxes of twelve tablets cost few cents. Druggists also sell larger packages. Aspirin is the trade mark of Bayer Manufacture of Mononitroacetate of Salicylic acid.

The Economist.

An economist, according to the latest definition, is a man who tells you what you should have done with your money after you have done something else with it.

## WOMEN NEED SWAMP-ROOT

Thousands of women have kidney and bladder trouble and never suspect it. Women's complaints often prove to be nothing else but kidney trouble, or the result of kidney or bladder disease.

If the kidneys are not in a healthy condition, they may cause the other organs to become diseased. Pain in the back, headache, loss of ambition, nervousness, are often times symptoms of kidney trouble.

Don't delay starting treatment. Dr. Kilmer's Swamp-Root, a physician's prescription, obtained at any drug store, may be just the remedy needed to overcome such conditions.

Get a medium or large size bottle immediately from any drug store.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.

Sweet Revenge.

Mother-in-Law—I wish I'd won a fortune in the lottery.

Son-in-Law—What would you do with it?

"Disinherit you."—From Kurikaturan (Christanjala).

Cuticura Soothes Itching Scalp

On retiring gently rub spots of dandruff and itching with Cuticura Ointment. Next morning shampoo with Cuticura Soap and hot water. Make them your everyday toilet preparations and have a clear skin and soft, white hands.

She Wants to Know.

"Sale of Poems. Wordsworth, \$1." Thus read a placard in the book department.

"I see you claim those words are worth a dollar," said a thrifty shopper. "But what are they selling at?"

Important to Mothers

Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it bears the

Signature of *Dr. J. C. Fletcher* In Use for Over 30 Years. Children Cry for Fletcher's Castoria

Babies have imagination. Only a baby could treat a cookie as if it were both a toy and an edible.

## EXQUISITE MATERIALS FOR SUMMER PLAYTIME FROCKS



SUMMERTIME sets many lovely scenes as backgrounds for the summer girl, or anyone else who takes these backgrounds into consideration when choosing her frocks. For most of us, practical clothes for this workaday world in which we find ourselves are as important at least as those that are decorative, and it happens that the gingham, chambrays, percales and other dependable cottons that make our frocks for work have attractions equal to those that make the dresses of our leisure hours. Special designers plan these dresses on lines that prove as charming as any others.

But the business of living requires us to have frocks for play and leisure, and summer brings with it the crisp, dainty stuffs that belong to it alone. Organdie and dotted swiss have their day under the skies of summer, and she is wise who makes the most of it. These materials come in the most exquisite and flower-like colorings and in white that looks as cool as snow; they are within the means of everyone and the easiest to make up neatly. The pretty models, as shown in the picture, are very simply designed and very successful. The plain organdie at the left is shown in

white but looks well in any color, and especially so in the popular shades, as peach, jade, orchid, pale pink, blue or canary. Although many organdie and swiss dresses combine two colors, or a color and white, this dress uses only one. It has a straight skirt with wide tucks, a plain waist with tucked vestee, and an ample fichu-collared. The sleeves are elbow length and the girdle is made of organdie.

Many kinds of flowers are made of organdie and used for trimmings on frocks of this material. Peach-colored organdie, in a tucked frock with bodice cut in kimono style, has flat roses in different colors set about its round neck, and makes a wonderful background for them.

Snowy white dots on a blue ground, in the swiss dress at the right, make one think of snowflakes against a dark blue sky and looks cool and crisp as possible. It has a white organdie collar and vestee, short sleeves with double cuffs of organdie bound with dotted swiss and a blue ribbon sash. A few sprays of foliage embroidered in the tunic in white wool finish off a little dress that is equal to almost any summertime function.

## DRESS ACCESSORIES THAT TONE UP SUMMER COSTUME



THERE are as many little things that tone up this summer's costume and lend it an accent, as any season has afforded. There are veils for those who like their softening lines, small fur neck-pieces that are graceful and kind to their wearers, girdles of "ivory" and beads or "composition" in different colors that are new. There are many new necklaces of crystal and of seeds, new styles in beaded purses and others of new kinds of leather, including ostrich skin, and there are even a few new parasols, with those covered with cretonne a cheerful revival. By all such means charming changes and harmonies lend interest to summer costumes.

A pretty company of new shopping bags reveals these necessities made of summer silks as well as of ribbons, Tricolette and heavy crepe weaves are used for them in the same sort of mountings as are used for ribbon. In decorations they seem to have taken their cues from sport hats, the same embroideries in yarn and bead work appear on them. Those of ribbon pre-

sent novelties, like the two pictured here, in which plain satin ribbon and narrow figured ribbons are combined and the bags mounted on metal mountings. The mountings will outwear the fabric, but will serve as well for new materials. An odd bag, suspended from the body of a doll, is shown in the picture, for wear with evening dress.

Strands of beads are the most popular of all purely decorative dress accessories and those of cut crystals vie with the universally worn strands of pearl beads. The glass beads are made in many colors, both in clear and opaque varieties; those that imitate jade are found to harmonize with nearly all summer dresses. Not much jewelry is worn, but a pretty novelty in bracelets is a delicate and flexible band of filigree silver flowers or a strand of rhinestones for the arm.

*Julia Bottomley*  
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## IS BUSY LEGION ORGANIZER

Vice Commander of Body in New York Perfects One of the Most Powerful Units.

Believing that the county organization is a vital part of the American Legion, William F. Deegan, first vice commander of the Legion in New York, has perfected one of the most powerful Legion units in the country.

Among the accomplishments of the Bronx county organization is the placing of bronze plaques on 950 trees as a memorial to the World war dead; employment provided for hundreds of ex-service men by the employment committee, and relief to sick and wounded veterans in New York city hospitals from the Legion's welfare committee.

Mr. Deegan, when asked to give some of his working principles, said: "I insist upon every post being represented at a county meeting held once a month. I visit every post at least once or twice a month and for the benefit of Legionnaires have arranged for a legal committee to take up the principal troubles of the boys, without cost. I find that Legion men have absolute confidence in their officers, provided they know that they do not seek political office at their expense. To that end I make every effort to keep the organization free from men holding appointive offices."

"Personal contact with your post is absolutely necessary—telling them what is going on, listening to complaints and abolishing wherever possible parliamentary procedure, because delegates oftentimes will come to meetings and fear to speak on a subject which is vital to the interests of the organization, because they do not know whether they are in order."

During the war Mr. Deegan was attached to the staff of Gen. George W. Goethals and was assigned to inspect the army bases along the Atlantic coast and inland army depots. He was discharged a major in 1919.

## LEGION MAN ON LONG HIKE

Sergeant Sylvester of Indiana is Scheduled to Walk 737 Miles to Boost Training Camps.

Former doughboys will reflect long upon the sad case of Sergt. Harley C. Sylvester, who likes the walking branch of the service so well that he voluntarily agreed to hike an average of 18½ miles a day for 40 days to tell the peace-loving citizenry why they should learn to fight.

When officials of Fort Benjamin Harrison, Ind., looked about for the representative type of American soldier to advertise the citizens' military training camps to be held during the summer, they found Sergeant Sylvester, overseas veteran and member of the American Legion at the military post, still in the service.

Sergeant Sylvester is scheduled to cover 737 miles during the 40 days. He is visiting towns and cities in Indiana, Ohio and Kentucky. He carries light marching equipment and is the guest of his buddies in the Legion posts along the dusty route.

The American Legion will assist in obtaining recruits for the citizens' military training camps, according to a resolution adopted by the military policy committee of the ex-service men's organization.

## TRANSFERS PAY TO LEGION

Permanently Disabled Yank, Propped Up in Bed, Signs Over Bonus Check to Post.

A striking example of the gratitude of the nation's disabled veterans for those who have aided them in their hours of suffering has come to the attention of Lee C. Prentice post of the American Legion in Fairmount, Minn.

Cletus Lappin, a young soldier severely wounded on the battlefields of France and

now in hospital, rated totally and permanently disabled, received a check in payment for the state bonus while taking treatment in a sanitarium at Fairmount.

Asking to be propped up in bed, Lappin endorsed the slip, good for several hundred dollars, to the Prentice post of the Legion. "When I needed help," said the boy who had given the best of his life to his country, "the Legion boys stood by me. Now I'm going to do my little bit to help them get those clubrooms they are after."

Where Ignorance is Bliss. "If you read more you would know more." "Yes, and miss all the sensational cases by getting rejected for jury duty."—American Legion Weekly.

## Get Ready for Hot Weather By Purifying the Blood

Many people simply melt in summer. They can't work or enjoy life. They lack vitality. Ten to one their blood is impoverished.

Rich, wholesome blood is the basis of vitality. If you have it, you sturdily withstand summer temperatures. But if your blood is poor, loaded with poisons that should be cast out, you are limp and useless in "shirt-sleeve" weather.

To avoid this, get from your druggist S.S.S., the famous vegetable blood tonic and alterative. It is just the thing for poor blooded people. After starting S.S.S., write us about your condition and we will send you expert medical advice free. Address Chief Medical Advisor, 839 Swift Laboratory, Atlanta, Georgia.

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AT ALL DRUGGISTS



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For highly gratifying and most astonishing results in checking diarrhoea, and relieving wind colic, flatulency, constipation, and other disorders of baby and childhood use

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It is the safest and best combination of purely vegetable ingredients that medical skill has ever devised and endorsed as this complete open published formula shows. Read it.  
Senna, Sulphur, Oil of Anise, Cayenne, Glucose, Rhubarb, Sodium Bicarbonate, Fenel, Coriander, Sugar Syrup.  
It costs more to make Mrs. Winslow's Syrup than similar preparations. Yet it costs you no more than ordinary baby laxatives. At all Druggists.  
ANGLO-AMERICAN DRUG CO., 215-217 Fulton St., New York  
General Selling Agents: Harold F. Ritchie & Co., Inc., New York, London, Toronto

## GIVE ILLUSION OF WINDOW EMPRESS LOST HER AITCHES

Chicago Man's Ingenious Idea for Improving Appearance of Room Without Open-Air Outlets.

A neat little illusion that gives to an interior room without a window the appearance of having a couple of windows has grown out of the housing shortage. In one of the remodeled houses the owner has had a window-frame with glass in it set in the wall. There is a space of a piece of studding and then a suggestion of a blue sky.

Curtains are hung over the window and a pair of inside shutters partly closed add to the setting. A plant in a small pot rests on the window sill outside the window. The whole is lighted by electricity, the lamp being out of sight, outside and above the window.

The indirect lighting, the window, the flower and the curtain combine to destroy the feeling that you are in a room with no outlet to open the air and adds a cheerfulness that could be obtained in no other way.—Chicago Journal.

Poisonous Fumes in Workshop.

The village smithy and the plumber's or tinsmith's shop may be not so harmless as they have been supposed. From researches of more than a quarter of a century, Dr. James Gardner, English health officer, concludes that nearly invisible hot fumes, spreading from the chimneys of these workshops, carry a considerable charge of benzene and naphthalene, with manganese and other metallic poisons; and that the inhalation of these vapors tends to affect the skin and respiratory and nervous systems. The eventual result may be some form of skin disease, rheumatism, pneumonia or even cancer. Collecting the poisonous material in a cup or hood for the chimney is a suggested remedy.

Prescription. Physician—What you need is rest. Patient—But I can't get a government job.

Eugenie's Struggles With Unfamiliar English Must Have Been Amusing to Her Hearers.

Dr. Ethel Smith, the well-known composer, who was for 30 years an intimate friend of the late Empress Eugenie, tells the following amusing story concerning their first meeting:

"The occasion I am speaking of, when I first came into personal contact with her, was a meet of the harriers, which took place, at her special request, at Parkborough hall. She came out onto the gravel sweep in front of the house, and her manner was more gracious and winning than any manner I had previously seen, as she bowed right and left to the awestruck field, saying repeatedly: "Put on your 'ats; I pray you, put on your 'ats."

"The master then was presented, and she really and truly did remark to him—as, if you come to think of it, she naturally would—"I 'ope the 'ounds will find the 'are near the 'ouse."—Chicago American.

Average Life of Motor Cars.

As highway transportation develops and passenger cars and truck become practically the sole means of road travel, the proportion of first purchasers of cars and trucks in the total of car sales will decrease, and the demand for new cars each year will become more and more nearly equal to the number of cars which drop out of service. For this reason it is becoming increasingly important for the trade to know how many cars will be required for replacement of those withdrawn from service. Analysis of registration, production, export and import figures over a period of years leads to the conclusion that the average life of two million cars retired from service in the last seven years was about 5.3 years.—Scientific American.

It would take seventeen guardian angels and half dozen policemen to keep some men out of trouble.

## Thousands show you the way

Increasing numbers of people who could not or should not drink coffee and who were on the lookout for something to take its place have found complete satisfaction in

# INSTANT POSTUM

Postum has a smooth, rich flavor that meets every requirement of a meal-time beverage, and it is free from any harmful element.

**Economical—Made Quickly**  
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