

A Feeling of Security

You naturally feel secure when you know that the medicine you are about to take is absolutely pure and contains no harmful or habit producing drugs.

Such a medicine is Dr. Kilmer's Swamp-Root, kidney, liver and bladder remedy. The same standard of purity, strength and excellence is maintained in every bottle of Swamp-Root.

It is scientifically compounded from vegetable herbs.

It is not a stimulant and is taken in teaspoonful doses.

It is not recommended for everything. It is nature's great helper in relieving and overcoming kidney, liver and bladder troubles.

A sworn statement of purity is with every bottle of Dr. Kilmer's Swamp-Root.

If you need a medicine, you should have the best. On sale at all drug stores in bottles of two sizes, medium and large. However, if you wish first to try this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Advertisement.

Fatal to Friendship.

"Mr. Wadleigh seems to have few intimate friends."

"It's his own fault."

"Why so?"

"He's always been lending sums ranging from \$10 to \$50 to people who talk as if they would die of chagrin if they owed him money longer than 24 hours, and then proceed to make it a lifetime obligation."—Birmingham Age-Herald.

MOTHER, QUICK! GIVE CALIFORNIA FIG SYRUP FOR CHILD'S BOWELS

Even a sick child loves the "fruity" taste of "California Fig Syrup." If the little tongue is coated, or if your child is listless, cross, feverish, full of cold, or has colic, a teaspoonful will never fail to open the bowels. In a few hours you can see for yourself how thoroughly it works all the constipation, sour bile and waste from the tender, little bowels and gives you a well, playful child again.

Millions of mothers keep "California Fig Syrup" handy. They know a teaspoonful today saves a sick child tomorrow. Ask your druggist for genuine "California Fig Syrup" which has directions for babies and children of all ages printed on bottle. Mother! You must say, "California" or you may get an imitation fig syrup.—Advertisement.

MOTHER, QUICK! GIVE CALIFORNIA FIG SYRUP FOR CHILD'S BOWELS

The Long and Short of It.

"Frank," observed the wife, "you were talking in your sleep last night, and you frequently spoke in terms of endearment of a certain Euphemia. Who is Euphemia?"

"Why, my dear, that was my sister's name."

"Frank! Your sister's name was Mary!"

"Yes, dear, but we called her Euphemia for short."

Whatever his trials, the farmer does not know the horror of having no food in his cupboard.

Sure Relief

BELL-ANS FOR INDIGESTION

6 BELL-ANS Hot water Sure Relief

BELL-ANS FOR INDIGESTION

Let Cuticura Be Your Beauty Doctor

Soap 25c, Ointment 25 and 50c, Talcum 25c.

Liggett & Myers KING PIN PLUG TOBACCO

Known as "that good kind"

Try it—and you will know why

Let Cuticura Be Your Beauty Doctor

FRUIT-FIGOR BRINGS HEALTH

The kind of health that needs no physic, pill, oil, mineral water, internal bath or enema. Gives relief, comfort, energy. Money-back guarantee. Send \$1 for Trial Jar.

STEWART FOOD CO.
102 N. First St. St. Louis, Mo.

SELDOM SEE

a big nose like this, but your horse may have a bunch or brace on his ankle, back, side, knee or throat.

ABSORBINE

will clean it off without laying up the horse. No blister, no hair gone. Concentrated—only a few drops required at application. \$2.50 per bottle delivered. Describe your case for special instructions, and send \$1 to W. F. YOUNG, Inc., 210 Temple St., Springfield, Mass.

The AMERICAN LEGION

(Copy for This Department Supplied by the American Legion News Service.)

WHISTLE BROUGHT HIM FAME

Restaurant Cook, Harry Keynton Jones, Famous as Author of "Rose of No Man's Land."

From out the bustling kitchen of a popular summer resort restaurant near St. Paul, Minn., there issued during the vacation season lilting songs and whistled ditties that sounded so strangely familiar that American Legion service men of the World War decided to investigate. They found the musician to be one Harry Keynton Jones, a five-foot-tall Cockney, also the restaurant cook.

Jones began his musical career as chef of a Winnipeg grenadier regiment during the war. Later he tended the private skiff of Gen. Sir Julian Byng at Vimy Ridge, and more important than that, he wrote "Rose of No Man's Land," the war song that had a long run of popularity. A penny whistle which he bought and played for the prime purpose of amusing his kitchen police caused his rise to music fame, he declared.

In France he was transferred to the officers' mess. There Lieutenant Colonel McRae, who later wrote "In Flanders Fields," heard the penny whistling, and the two became friends. Some time afterward they together turned out the words and music of the No Man's Land song.

Jones, wounded at Cambrai, was invalided back to Canada. After his discharge from the hospital he began a sightseeing tour of the states, depending upon his cooking ability for ready employment. He now has a song with a New York publisher which he hopes to put forth soon.

HEADS WAR DISABLED SCHOOL

Dr. Arthur Davis Dean, Veteran of the World War and Educator of Wide Experience.

Dr. Arthur Davis Dean, recently chosen by the government as school superintendent of all America's war disabled, is himself a veteran of the World War as well as an educator of wide experience and a specialist in vocational training.

During the war, Dr. Dean, a major in the sanitary corps, worked on the physical and mental rehabilitation of the sick and wounded as they were returned to the United States in almost all the large government hospitals of the country. With nine years' experience in vocational education work in New York state, he served as head of the division of vocational schools in the state department of education from 1908 to 1917, when he became professor of vocational education in Teachers' college, Columbia university. He directed the New York state prison survey in 1919 and investigated the possibilities of industrial and agricultural education in Porto Rico for the insular government.

Dr. Dean was born Sept. 15, 1872, at Cambridge, Mass., and was educated at the Massachusetts Institute of Technology. He is a member of Columbia university post of the American Legion.

ONE-ARMED VET ALMOST WON

Ernest Mastro, Second in Swimming Race; Wounded Buddy Winner and Third in Sprint.

The throng of spectators who watched the finish of an exciting sprint during a swimming meet in Madison Square Garden, New York, recently, vigorously applauded the efforts of Ernest Mastro, a little chap who brought up in second place. Their enthusiasm was heightened when the race had finished and they saw Mastro as he was climbing out of the big tank. He had lost his left arm, serving with the American forces in France, and he all but won the event by the sole power of his good right and his abundance of gameness.

However, the winner of the race, William McIntyre, also was wounded in France, the surprised crowd learned later, as was Harold E. Taylor, who finished a close third in the same match. The trio of wounded war veterans are members of the Metropolitan Life post of the American Legion, formed of men and women employees of the life insurance company who served during the World War.

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"Made Me Well and Strong"

ANOTHER WOMAN WHO IS THANKFUL FOR

PE-RU-NA

"I have taken several bottles of Pe-ru-na and had a great benefit. I had pain in my stomach and bowels, but by the use of Pe-ru-na and Maceolin, I am well and strong again. I always keep a few bottles in the house." Mrs. OSCAR GRAY, 2, 7 D St., Box 13, Nichols, Iowa

Mrs. Gray's experience is just more evidence that Pe-ru-na is quite as good a remedy for catarrh of the stomach, bowels or other organs as it is for coughs, colds and nasal catarrh. Pe-ru-na is a wonderfully fine medicine to have in the house for everyday use.

Send to the Parana Company, Columbus, Ohio for free booklet and medical advice.

Tablets or Liquid Sold Everywhere

Polite to Dog.

Little Jacky—Look, mother! That bulldog looks like Aunt Emily.

Mother—Hush, child! Don't say such things.

Little Jacky—Well, mamma, the dog can't hear it.—Boston Globe.

BOSCHEE'S SYRUP

Allays Irritation, Soothes and Heals Throat and Lung Inflammation.

The almost constant irritation of a cough keeps the delicate mucous membrane of the throat and lungs in a congested condition, which Boschee's Syrup gently and quickly soothes and heals. For this reason it has been a favorite household remedy for colds, coughs, bronchitis and especially for lung troubles in millions of homes all over the world for the last fifty-five years, enabling the patient to obtain a good night's rest, free from coughing, with easy expectoration in the morning. You can buy Boschee's Syrup wherever medicines are sold.—Advertisement.

Hard Working Millionaire.

Some people think that when a man has made a fortune he "takes it easy." Listen to Lord Leverhulme:

"For eighteen months now I have been getting up at half-past four in the morning, and have been at work at half-past five after some light gymnastics. It is unavoidable at the present moment in my case, and I have got to do it. If you ask me whether I like it, I am not certain that I do, but I have got to do it."

Profits of Production.

Two farmers met after church as usual and had this conversation:

"Sold your pig?"

"Yes."

"What'd ye get?"

"Thirteen dollars."

"What'd it cost ye to raise it?"

"Paid \$3 for the shoot, \$5 for the lumber in the pen and house and \$5 more for the feed."

"Didn't make much, did ye?"

"No, but I had the use of the pig all summer."—Honolulu Star-Bulletin.

A Lady of Distinction

Is recognized by the delicate fascinating influence of the perfume she uses. A bath with Cuticura Soap and hot water to thoroughly cleanse the pores, followed by a dusting with Cuticura Talcum powder usually means a clear, sweet, healthy skin.—Advertisement.

Unhappy Boy.

The door closed behind an irate neighbor who had come to complain regarding certain of Willie's shortcomings.

A few moments later, as Willie was tearfully preparing for a prematurely early bedtime, he said to his mother:

"I wish we lived in heaven mother."

His mother demanded to know the cause of his sudden aspiration towards better things.

"Oh, well," he sighed, "you know the angels wouldn't be half as hard to please as the neighbors are."

The person who has no will of his own has an incurable malady.

Western Canada Offers Health and Wealth

and has brought contentment and happiness to thousands of home seekers and their families who have settled on her FREE homesteads or bought land at attractive prices. They have established their own homes and secured prosperity and independence. In the great grain-growing sections of the prairie provinces there is still to be had on easy terms

Fertile Land at \$15 to \$30 an Acre

—land similar to that which through many years has yielded from 20 to 45 bushels of wheat to the acre—oats, barley and flax also in great abundance, while raising horses, cattle, sheep and hogs is equally profitable. Hundreds of farmers in Western Canada have raised crops in a single season worth more than the whole cost of their land. Healthy climate, good neighbors, churches, schools, rural telephone, excellent markets and shipping facilities. The climate and soil offer inducements for almost every branch of agriculture. The advantages for

Dairying, Milk Farming and Stock Raising

make a tremendous appeal to industrious settlers wishing to improve their circumstances. For illustrated literature, maps, description of farm opportunities in Manitoba, Saskatchewan, Alberta and British Columbia, reduced railway rates, etc., write

F. H. Hewitt, 2012 Main St., Kansas City, Mo. C. J. Broughton, Room 412, 112 W. Adams St., Chicago, Ill.

Authorized Agent, Dept. of Immigration and Colonization, Dominion of Canada

160 ACRES FARMERS' WESTERN CANADA FREE

Lemon Juice Now Powdered.

One of the newest fruit products is powdered lemon juice. It is pure juice reduced to a perfectly soluble powder. The process is said to be an adaptation of the well-known spray method of reducing milk to powdered form.

NAME "BAYER" IS ON GENUINE ASPIRIN

Take Tablets Without Fear, if You See the Safety "Bayer Cross."

If you want the true, world-famous Aspirin, as prescribed by physicians for over twenty-one years, you must ask for "Bayer Tablets of Aspirin."

The "Bayer Cross" is stamped on each tablet and appears on each package for your protection against imitations.—Advertisement.

Every Individual.

Every individual has a place to fill in the world, and is important in some respect, whether he chooses to be so or not.—Hawthorne.

When death stares a man in the face and he lives to tell the tale he spends a lot of time telling it.

None for Good.

"Now," said the great magician, rolling up his sleeves to show that he had no concealed mechanism to deceive the eyes, "I shall attempt my never-failing experiment."

Taking from his pocket a half dollar he said: "I shall cause this coin to disappear utterly."

So saying he loaned it to a friend.

DYED HER SKIRT, DRESS, SWEATER AND DRAPERIES

Each package of "Diamond Dyes" contains directions so simple any woman can dye or tint her worn, shabby dresses, skirts, waists, coats, stockings, sweaters, coverings, draperies, hangings, everything even if she has never dyed before. Buy "Diamond Dyes"—no other kind—then perfect home dyeing is sure because Diamond Dyes are guaranteed not to spot, fade, streak or run. Tell your druggist whether the material you wish to dye is wool or silk, or whether it is linen, cotton or mixed goods.—advertisement.

No Show for Him.

"Is your husband much of a talker?"

"Really, I can't say. I never gave him chance enough to determine."

The average man appreciates the loan of \$5 today far more than he will a \$500 funeral later.

New Economy in "Home-Baking"

New economy and new satisfaction have been made possible by producing Dr. Price's Baking Powder with Phosphate instead of Cream of Tartar and selling it at 25c. for a large-size 12-oz. can. Think of it!

Dr. PRICE'S PHOSPHATE Baking Powder 25c

For a large size can, 12 oz.

Dr. Price's Phosphate Baking Powder is the most wholesome low priced baking powder obtainable. It contains no alum and is made in the same Dr. Price Factories that have been famous for the quality of their products for nearly 70 years.

FUDGE SQUARES

8 tablespoons shortening
1 cup sugar
1 egg
8 ounces unsweetened chocolate
3/4 teaspoon vanilla extract

3/4 cup milk
1 cup flour
1 teaspoon Dr. Price's Baking Powder
3/4 cup nut meats chopped—not too fine

Melt shortening; add sugar and unbeaten egg; mix well; add chocolate which has been melted; vanilla and milk; add flour which has been sifted with the baking powder; add nut meats and mix well. Spread very thinly on greased shallow cake pan, and bake in slow oven from 20 to 30 minutes. Cut into 2-inch squares while still warm and before removing from pan.

New Dr. Price Cook Book Free

This Cook Book is the latest authority on all that is best in home-baking and contains over 400 delightful, dependable recipes. Do not miss the opportunity to get your copy of this helpful book free.

On Sale at all Grocers